GLEN COVE
HERALD





A trot around the city
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Season ends for downtown market
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Roksana Amid/Herald

City Councilmen Grady Farnan, far left, and Michael Ktistakis, Deputy Mayor Donna M. McNaughton, Mayor Pamela Panzenbeck, Veterans Day honoree Robert Hanan, Nassau County Legislator Delia DeRiggi-Whitton and Judge Joseph Capobianco gathered to recognize Hanan's military service at Glen Cove's annual Veterans Day ceremony.

Annual ceremony at G.C. library honors veterans

By ROKSANA AMID
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Glen Cove residents, elected officials and military veterans gathered at the Glen Cove Public Library on Nov. 11 to honor those who served in the nation's armed forces, recognizing Vietnam War veteran Robert "Bob" Hanan for his courage in combat and continued dedication to fellow veterans.

The city's annual Veterans Day ceremony, co-hosted by the mayor's office and Veterans of Foreign Wars Post 347, celebrated Hanan's military service and the sacrifices made by generations of American service members. Hanan, who moved to Glen Cove in 2022, was selected for the recognition by his fellow veterans.

Mayor Pamela Panzenbeck described the honor as particularly meaningful because Hanan had been chosen by those who understood the experiences and responsibilities of military service. She emphasized the importance of remembering those who served, particularly those who made the ultimate sacrifice.

CONTINUED ON PAGE 11

Faith and generosity give Pastor Lanham new hope

By ROKSANA AMID
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In the quiet hours of a difficult Tuesday morning two weeks ago, Tammy Lanham sat with her Bible, overwhelmed by the uncertainty of her husband's battle with cancer. After a year of treatments, an unsuccessful surgery and disappointing medical results, she was running out of answers.

Her husband, Tommy, pastor of Glen Cove Christian Church, has been fighting rectal cancer since last year. His tumor had grown, and doctors feared the disease might have spread to his liver and a lung.

Tammy had spent countless hours researching treatment facilities around the world, eventually discovering Hope 4 Cancer, a faith-based cancer treatment center in Cancún, Mexico. But its price of nearly $60,000 was beyond their means.

That morning, she turned to prayer. "This is too heavy," she recalled telling God. "We need some hope. I need something positive, anything positive, just anything, any type of hope."

Then she asked for a sign: a $10,000 donation.

Later that evening, during a virtual meeting with church leaders, Tammy's phone buzzed. "Tammy and Tommy, I would like to gift you $10,000 for treatment wherever you choose to go," the message, from a donor, who the couple knows but wants to remain anonymous, read.

"We had not told anybody," she said. "I hadn't even told my husband that I had asked God about that $10,000. I had not told a single human being."

The following day, a second anonymous donor wrote a $40,000 check. Within 40 hours, the couple had secured almost enough money for the treatment. A GoFundMe campaign, private donations and congregational support helped bring the total to nearly $65,000, covering travel expenses as well.

"I never in my life would have ever dreamt that that would've happened," Tammy said.

For the Lanhams, the generosity affirmed the faith that had sustained them through a difficult year.

Tommy was diagnosed with Stage 3 rectal cancer in 2025. According to the American Cancer Society, 50,000 new cases of rectal cancer are expected in the United States this year.

He underwent several surgeries, most recently in May, when surgeons unsuccessfully attempted to remove a fist-sized tumor. After his surgery, he lost 15 pounds.

CONTINUED ON PAGE 6

HERALD
Community Newspapers

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Turkey trot is a Thanksgiving tradition

By ROKSANA AMID
ramid@liherald.com



Photos courtesy Carolyn Dilgard Clark

Friends met before the 2023 turkey trot to warm up before their run.



Isabella Dilgard-Clark and LucretiaDilgard also ran in 2019.



Isabella Dilgard-Clark and August Jiminez helped raise funds for the annual Thanksgiving Day Turkey Trot in 2022.

For many Glen Cove residents, Thanksgiving begins not around the dinner table, but on the streets of their hometown, where hundreds of runners and walkers gather for a holiday tradition that has combined exercise, community spirit and charitable giving for over 10 years.

The Glen Cove Education Foundation will host its annual Turkey Trot 5K Run/Walk on Thursday, Nov. 26, beginning at 9:30 a.m. at Glen Cove High School. The rain-or-shine event raises money to support educational programs and improvements throughout the Glen Cove City School District.

The event typically attracts between 300 and 400 participants, according to Glen Cove Education Foundation President Danielle Fugazy Scagliola, who also serves on the Glen Cove City Council. She emphasized that the race welcomes people of all ages and athletic abilities.

"It raises money for the Glen Cove School District," Fugazy Scagliola said. "And it is family friendly. Everybody shows up and we encourage participants. Some people walk, some people run. People do all kinds of things."

While experienced runners compete for their fastest times, others participate simply to enjoy the holiday atmosphere, often arriving in festive costumes.

"Some people come dressed like turkeys," Fugazy Scagliola said. "Of course, we get some serious runners, but it's mainly families who just come out for fun on the day, before they get with their family and eat a big meal."

Among those returning to the starting line is Philip Dilgard-Clark, a 2024 Glen Cove High School graduate who now attends Hobart and William Smith Colleges, where he continues to compete in cross-country running.

Dilgard-Clark, who previously ran cross-country for Glen Cove High School, has participated in Turkey Trot since it began. Having finished second in the past four races and previously claimed first place, he admits that the event brings out his competitive side.

"It was always kind of a great way to end off the season by getting a good fast time in and having a good time," Dilgard-Clark said.

For him, however, the experience extends well beyond crossing the finish line.

"I think there's something really special about running, and especially about a run like this, where we're running on the streets of Glen Cove," he said.

As runners navigate the course, residents often gather outside their homes to encourage participants. Dilgard-Clark particularly enjoys passing familiar faces along Old Tappan Road, where friends cheer him on.

"Whether you're coming in first or last, you've showed up and you're trying your best," he said. "I think that makes people excited to see other people."

Supporting the education foundation also carries personal significance for Dilgard-Clark, who credits the district with providing opportunities during his school years.

"I graduated from the school district, they gave us a lot of support," he said. "I think it's good to give back."

Carla Dilgard shares that enthusiasm and has made Thanksgiving morning races a tradition for more than two decades.

Having participated in turkey trots since college, Dilgard said she is particularly grateful that Glen Cove hosts its own event, allowing her family to celebrate the holiday alongside neighbors and friends.

She also brings a festive touch to the occasion, dressing in a tutu and turkey-themed accessories while encouraging her husband and daughter to wear holiday hats.

"It's nice to see your neighbors," Dilgard said. "I'm so happy that Glen Cove has its own."

For Dilgard, the scenic course, which passes through residential neighborhoods and near Pryibil Beach, is another reason to return each year.

She said the race provides an opportunity to connect with people she might not otherwise encounter during a holiday typically reserved for family gatherings.

"On Thanksgiving, it's such a beautiful day to run and be grateful," she said. "It's a day of thanks, and it's nice to get out there and really just get to see friends."

Beyond the holiday festivities, the Turkey Trot supports the Glen Cove Education Foundation's mission of enriching students' educational experiences. The nonprofit has helped fund school improvements, extracurricular activities and educational resources across the district.

Among its contributions, the foundation has provided flexible classroom seating to create more adaptable learning environments for students. In 2024, it also donated $25,000 toward a grand piano for the Glen Cove High School and another $25,000 toward a new scoreboard for the high school's turf field. The projects reflect the foundation's efforts to support classroom learning, performing arts and athletics through community fundraising.

"It's a lovely tradition," Dilgard said. "I'm so happy that we have it in Glen Cove."

Does our home have too much support?

Ask The Architect



MONTE LEEPER

Q. We're planning to do some work to our house, small changes, and had an architect look at our plans from when we lifted our house during the New York Rising program in 2014. He said that the foundation had been done wrong, that there were "way too many" support piles and that there was something called a "spread footing" that we didn't need. He said it was a huge waste of money. Is there something wrong with having a spread footing?

A. From your description, your foundation is a mixture of two different systems. If it was really done that way, then there *was* a huge waste of money. Spread footings add a lot of extra cost and weight, neither of which are needed or beneficial.

The reason it isn't needed is that a pile foundation has poles or massive "screws" forced down into the earth to a point of "refusal," where they can't be pushed further without excessive force. When piles, as they're called, have reached a point where they're supported below by substantial material, they're topped off with "pile caps," which are often large cubes of concrete with steel reinforcing rods, configured to resist the tremendous downward and upward forces. So you have a slender column in the earth with a massive cap.

The columns are spaced, or are supposed to be spaced, based on calculated loads, so that there are just enough, not too many or too few, to carry the loads down through the piles to the earth below. What distributes the load of the walls, floors and roof are the foundation walls, which act like beams, spanning from pile cap to pile cap, many feet apart. Experience tells me that since the average home weighs around 60,000 pounds and each pile can take roughly 12,000 pounds, the loads are properly supported on all sides without such close spacing, as you described.

Spread footings are installed when the foundation walls are resting on soil without the need for piles below. The spread is done to distribute the load over a larger area, to resist settling and uplift when soils expand and force the foundation walls upward, an action most people are unaware of. Spread footings, in your case, only add to the load of the walls. If there's any chance that the piles will slip downward, which does happen, the extra weight of the unnecessary concrete "spread" adds to the downward force.

The people designing and installing the foundations may have some basic understanding of the concepts, but apparently not enough to know when and where to apply them. During the rebuilding process, after Hurricane Sandy, I saw many projects where work was done incorrectly. People were very trusting, and just wanted to get back to normal. Yes, it was a waste of money and materials.

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Attorney advertising

Protecting Your Future
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Please join attorney Michael Ettinger for a live webinar, "Four Advantages of Using Trusts," on Wednesday November 11 at 6:30 p.m. Register in advance at trustlaw.com

Tax-Deferred Exchanges with DSTs

We often meet older adults who have investment property, such as homes or buildings, that they have been managing for many years. They are now getting tired of being a landlord or are experiencing health issues that make owning the properties burdensome. None of their children are interested in taking over either.

Faced with a large capital gains tax if they sell, and knowing that if they can hold on until they pass the children will pay no capital gains tax, they face a dilemma.

Many people know that you can avoid the capital gains tax with a 1031 tax-deferred exchange. The problem traditionally was that you were going from the frying pan to the fire. What's the use of trading one property to manage for another property to manage — it doesn't solve the problem.

Enter the Delaware Statutory Trust (DST). Instead of investing in another piece of property you can invest in an entity that owns real property and pays you an income. Not only that, but you may also take depreciation.

There are numerous other advantages to owning a fractional share of such a real estate investment:

1. Get more income by exchanging non-income producing assets (empty buildings, vacant land) or under-performing assets, for higher quality assets that produce monthly income.

2. Diversify with an entity that owns multiple locations and a broad range of asset classes (commercial, industrial, multi-family, etc.).

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4. Raise the quality of your investment with assets you would be unable to afford yourself such as Class A office buildings with strong tenants, professional management, and greater long-term investment potential.

To accomplish a 1031 exchange into a DST you will need a Qualified Intermediary (QI). One such QI is Adam Grier at 646- 773-2884 or adam@1031finance.com.

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THE GREAT BOOK GURU

Community chaos

Dear Great Book Guru,

So many Halloween parties and events this past weekend! Great fun, but now I must get back to my reading goal for the year - a book a week. I think a short, riveting psychological thriller would be just the thing. Any ideas?

Returning Reader



ANN DIPIETRO

Dear Returning Reader,

Karin Fossum is a favorite of mine and her short novel "The Caller" is particularly good. Fossum is an award-winning Norwegian writer known for her attention to detail and her concern for the impact crime has on community.

In "The Caller" we meet Johnny Beskow - a troubled teen who wants the rest of his village to suffer as he has suffered. The pranks he plays are not necessarily criminal, but they are extraordinarily cruel.

He tricks a couple into thinking their infant daughter is injured and when the police refuse to charge him, the parents find themselves at odds and ultimately divorce. His next prank causes a middle-aged couple valiantly coping with illness to give into despair.

When he posts a premature obituary of a spry elderly woman in a local newspaper, she finds herself losing joy and hope.

Johnny's story is interesting, but it is the poignant portraits of his victims that make this book so compelling, underscoring how a small act of cruelty can easily destroy our sense of community and the devastating impact this can have on our lives. Highly recommended.

Would you like to ask the Great Book Guru for a book suggestion? Contact her at annmdipietro@gmail.com.

CRIME WATCH

ARRESTS

- Police Officer O'Neil arrested a 31-year-old Glen Cove man on Nov. 3 for aggravated unlicensed operation , obstructed view, unlicensed operation and unsafely turning on Willow Street.
- Police Officer O'Neil arrested a 44-year-old Glen Cove man on Nov. 4 for driving while intoxicated, unsafe turn and obstructed view on Hazel Street.
- Police Officer Fernandez arrested a 36-year-old Glen Cove man on Nov. 5 for Glen Cove City Court arrest warrants for criminal mischief and driving while intoxicated on Cedar Swamp Road.
- Police Officer Mozer arrested a 21-year-old Glen Cove man on Nov. 6 for rape, sexual abuse and endangering the welfare of a child on Craft Avenue.
- Police Officer Grabowski arrested a 38-year-old Glen Cove woman on Nov. 6 for three counts of criminal possession of stolen property and three counts of grand larceny on Mason Drive.

People named in Crime Watch items as having been arrested and charged with violations or crimes are only suspected of committing those acts of which they are accused. They are all presumed to be innocent of those charges until and unless found guilty in a court of law.

GLEN COVE HERALD

HOW TO REACH US

Our offices are located at **2 Endo Blvd. Garden City, NY 11530** and are open from 8:30 a.m. to 5:30 p.m., Monday through Friday.

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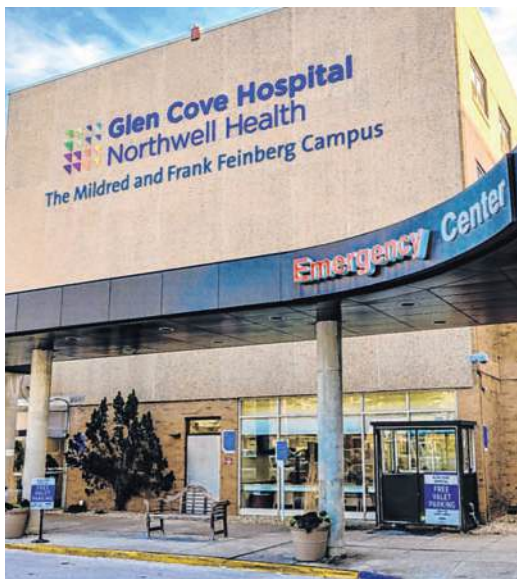
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Glen Cove Hospital opens new cardiac imaging center

Northwell's Glen Cove Hospital celebrated the opening of its new R.H. Cushman Cardiac Imaging Center on Oct. 22, expanding access to advanced diagnostic technology for patients with heart conditions while honoring a longtime hospital patient whose generosity helped make the project possible.

The center features the Revolution Apex cardiac CT scanner, which produces detailed images of the heart and coronary arteries. The technology allows physicians to evaluate coronary artery disease, blocked arteries and other cardiac conditions without requiring patients to travel to outside facilities for specialized imaging.

By bringing the technology directly to Glen Cove, hospital officials aim to improve access to cardiac diagnostic services and help physicians make timely decisions about patient care.



Courtesy Northwell Health

Glen Cove Hospital opened of its new R.H. Cushman Cardiac Imaging Center on Oct. 22, expanding access to advanced diagnostic technology for patients with heart conditions.

The center is named in honor of Roderick "Rod" Cushman, whose relationship with Glen Cove Hospital spanned nearly five decades. Following his death, Cushman's estate donated $1 million to help fund the advanced scanner, reflecting his longstanding connection to the hospital and the medical professionals who cared for him.

Cushman had experienced several heart attacks and relied on Glen Cove Hospital for medical attention throughout his life. His wife, Verena, remained attentive to warning signs that could indicate another cardiac emergency, underscoring the importance of accessible medical services for patients managing serious heart conditions.

The couple's experiences with cardiac care helped shape a legacy that will now benefit other patients seeking diagnosis and treatment closer to home.

The project also received $250,000 in state funding secured with support from Assemblyman Charles Lavine, helping expand the hospital's cardiac imaging capabilities.

Lavine was scheduled to attend the Oct. 22 opening, recognizing the investment in advanced health care technology and its potential benefits for North Shore residents.

The new imaging center represents an expansion of Glen Cove Hospital's diagnostic capabilities, providing physicians with additional tools to identify cardiovascular conditions and determine appropriate treatment options.

For patients and families, access to advanced cardiac imaging locally may reduce the need for travel while helping physicians evaluate potentially serious heart conditions more efficiently.

-Roksana Amid

NEWS BRIEF

Alzheimer's and dementia presentation

The City of Glen Cove, in partnership with the Alzheimer's Association's Long Island Chapter, will host a community presentation Nov. 19 to raise awareness about Alzheimer's disease and other forms of dementia, while highlighting resources available to individuals, families and caregivers.

The free, hourlong program, titled "The Impact of Alzheimer's and Dementia in Our Community," will take place from 6:30 to 7:30 p.m. at Glen Cove City Hall, 9 Glen St.

The presentation will explore how Alzheimer's disease and other forms of dementia affect individuals and families, the challenges caregivers face and the importance of education, early recognition and community support. Attendees will also learn about resources and services available to Long Island residents navigating dementia-related diagnoses.

According to the Alzheimer's Association, more than 7 million Americans are living with Alzheimer's disease, while more than 13 million people provide unpaid care to individuals affected by the condition.

Alaina Nathan, senior manager of programs for the Alzheimer's Association's Long Island Chapter, has emphasized the importance of making dementia education accessible in communities such as Glen Cove.

Residents interested in attending or learning more about the presentation can contact the Alzheimer's Association at (800) 272-3900.

–Roksana Amid

ONCE AGAIN THE HERALD IS HOLDING THEIR

WRAPPING PAPER DESIGN CONTEST

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Grand prize: Winners will have their design printed as wrapping paper in the Herald and will be featured in an article in their local Herald newspaper.
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HELPFUL HINTS

- **Must use 8 1/2 x 11" unlined paper, copy paper or construction paper.**
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For more information click on the email for Iris Picone at ipicone@liherald.com or 516-569-4000 ext 310

He's stayed hopeful during a difficult year

CONTINUED FROM PAGE 1

With the help of specially prepared milkshakes at Scoop N' Fruit Ice Cream and exercise sessions at Level Up Glen Cove, he regained strength.

Beginning in August, Tommy underwent another chemotherapy regimen, receiving six treatments before stopping in mid-October. Subsequent scans showed slight tumor growth and suspicious spots on his liver and lung. Although metastasis remained unconfirmed, no further surgery was considered for the time being.

Additional testing identified a gene mutation that can influence cancer growth, and treatment decisions. That setbacks prompted Tammy to investigate treatment centers in Egypt, Sweden, China, Australia, Canada and Mexico as well as the United States. Hope 4 Cancer caught her attention when she came across a video featuring a 53-year-old rectal cancer patient describing the facility's daily worship services.

"I immediately was like, what?" Tammy recounted. "I did not realize that any of these places were faith-based. And this one is."

Nonetheless, the Lanhams carefully examined favorable and unfavorable reviews of the facility, including concerns about safety, expenses and whether patients faced pressure to purchase additional services. "We looked at the good, the bad and the ugly," Tammy said.

After speaking with former patients and weighing their accounts, the couple concluded that positive experiences outweighed their concerns. Their church's leadership unanimously supported the trip, despite the responsibilities that would fall on other members during their absence.

"I'm shaking because I'm like, oh my gosh, we're going to look in another country for medical treatment," Tammy recalled. They left for Mexico Tuesday morning.

Hope 4 Cancer's 22-day program includes hyperbaric oxygen, intravenous vitamin C, ozone therapy and hyperthermia — and daily worship beginning at 7:45 a.m. Although the facility has not promised a cure, the Lanhams hope its approach will offer another possibility while Tommy remains in contact with his oncologist.

"We gave the conventional therapies a year, and we're not stopping now — we're still meeting with my oncologist and stuff," Tommy said. "But we gave them a year, and I'm worse off now than I was a year ago."



Courtesy Tammy Lanham

Members of Glen Cove Christian Church have rallied around the Rev. Tommy Lanham, center, as he has faced mounting challenges during his battle with rectal cancer.

For Tommy, continuing to seek treatment reflects the optimism that has shaped his ministry. "If we had said, oh, man, nothing's worked, this is hopeless, then we wouldn't have looked for other options," he said. "But we look for other options because we do have hope."

> I shed a lot of tears — happy tears — because of the overwhelming love that has been shown to us through all this.
>
> **THE REV. TOMMY LANHAM**
> Pastor,
> Glen Cove
> Christian Church

Among those who helped the couple was Nancy Bennett, a Glen church member whose sister, Gloria Cannon, received treatment at Hope 4 Cancer in 2015 after breast cancer spread to her brain. Although Cannon died the following year, Bennett said that the experience provided comfort during her sister's final months.

"She felt loved," Bennett recalled. "She felt cared for."

Cannon became friends with the facility's founder, Dr. Antonio Jimenez. Bennett contacted him about Tommy's situation, asking whether financial assistance was available. It was not, but Jimenez donated $5,000 toward Tommy's treatment in Cannon's memory.

For Bennett, helping Tommy was deeply personal. After losing her sister, she found support at Glen Cove Christian. She recalled hesitantly entering the church for the first time three years ago and asking Tommy whether she was allowed to attend.

"He said, welcome home," Bennett recalled.

Tommy later baptized her, and Bennett credits his family with helping her rebuild her life. "Tommy and his family have helped me immensely," she said. "And my whole life has really come alive now."

Despite his illness, Tommy continues preaching most Sundays and overseeing church programs. In September he traveled to Kentucky for the Enthusiasm Experience, a multi-day personal development event he founded. He and Tammy have also been taking ballroom dancing lessons.

Still, his physical limitations have become more noticeable. "I need a little more sleep than I used to," he said. "It takes me a little longer to get ready for the day. I take more naps than I used to."

Church leaders have assumed some of his responsibilities, allowing him to rest when necessary.

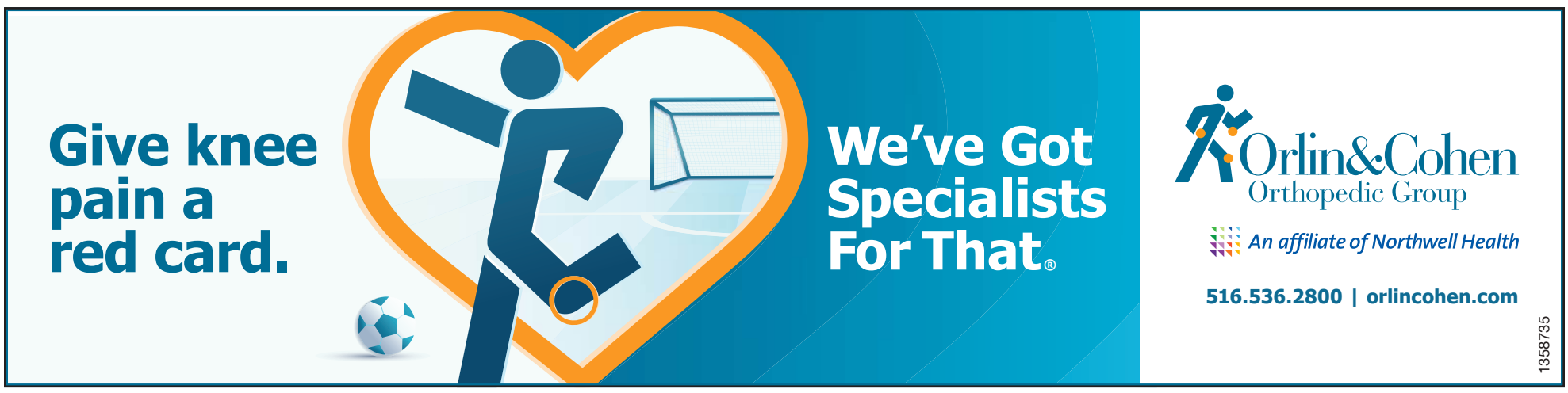
The three-week-long trip to Cancún will mean the couple will spend Thanksgiving away from their two children, another sacrifice during an uncertain year.

Tammy hopes their experience will encourage others facing overwhelming circumstances. "If what we're going through can make somebody else stronger," she said, "it can give somebody else inspiration and hope."

She acknowledged the uncertainty of her husband's prognosis, but remains determined to face it with faith. "I want people to realize, hey, if we're facing death, then that's what we're facing," she said. "But until that point gets here, we're going forward with hope."

For Tommy, healing remains the ultimate goal. But amid the setbacks, the community's generosity has already given him something profound.

"I have not shed a tear over the fact that I have cancer," he said, "but I shed a lot of tears — happy tears — because of the overwhelming love that has been shown to us through all this."



Pumpkins to be composted at Orkestai Farm

By JULIA CAPITELLI
jcapitelli@liherald.com

Community members will come together to compost and plant garlic for Orkestai Farm's final community day of the season. The nonprofit on the grounds of Planting Fields Arboretum is collaborating with other local environmental activists to compost pumpkins from this fall.

Orkestai is a no-till organic community farm founded in 2014. Its mission is to support creative participation in society and create an inclusive environment. One of its programs is the Organic Growers Course where staff works primarily with neurodivergent adults, teaching them about farming. Community days include farming activities open to the community at large.

"In the last couple of years, or three years almost," said Alethea Vasilas, co-director and co-founder of Orkestai Farm, "we have several different groups, all of a sudden, that have been super interested in composting."

Vasilas explained that the Science Museum of Long Island was the first entity to reach out about composting pumpkins. The museum hosts an annual pumpkin smash and asked if pumpkins could then be composted at the farm. Pumpkin composting has now become a part of community day. The compost produced will be used at Orkestai.



Courtesy Laura Russo

According to Laura Russo, between 50 and 60 pumpkins have been collected at Campground this year.

"People can also participate, not just in the drop-off, but they can actually come be embodied, help turn the pumpkins into the compost," Vasilas said, "and they can learn something along the way as well as connect to what the meaning is of composting or treating the Earth well."

Sea Cliff resident Laura Russo started collecting pumpkins to be composted last year at Campground Craft Beer & Coffee after one of the owners offered her the opportunity. Campground also serves as a drop-off spot for participating families to bring their buckets in the community composting program in Sea Cliff.

Collection began just after Halloween. According to Russo, between 50 and 60 pumpkins have been collected this year.

"It's actually very functional because the pumpkins are going to Orkestai," Russo said, "and Orkestai needs compost for their fruits and vegetables and flowers that they grow." She added that it keeps pumpkins out of the regular waste stream and prevents them from potentially ending up in a landfill.

Vasilas said that the goal is to remember humanity's interconnected nature with the planet and to come together to improve the environment.

"Also just the mechanics of getting foodstuffs out of the waste system," she added, "and instead of creating all of these mountains of garbage, this is new life in some way coming from all of this decomposition, and I think it gives people a sense of hope."

Orkestai's final community day of the season is Nov. 14. Pumpkin collection will continue at Campground until after Thanksgiving to be composted at Nassau County Soil and Water District.

If pumpkins need to be picked up to be brought to Campground, residents can email CCinSeaCliff@gmail.com.

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A century of shaping Long Island's future

By ALYSSA R. GRIFFIN
agriffin@liherald.com

The Long Island Association celebrated its 100th anniversary on Nov. 4 at the Crest Hollow Country Club in Woodbury, marking a century of business leadership, economic development and advocacy across Nassau and Suffolk counties. The event brought together business leaders and supporters to reflect on the region's transformation and recognize three people whose contributions helped shape Long Island's economy.

In 1926, much of the Island was made up of potato fields and farms. The Southern State Parkway had yet to open, and the suburban communities and business landscape that define the region today were still taking shape.

> It is incredible to be able to celebrate 100 years of anything.
>
> **STACEY SIKES**
> Acting president and CEO, Long Island Association

The LIA's founders recognized the region's potential and established an organization dedicated to advancing its economic interests. Today Long Island is home to nearly 3 million people and tens of thousands of businesses.

Stacey Sikes, the LIA's acting president and CEO, said the anniversary offered an opportunity to reflect on the region's progress and future challenges.

"It is incredible to be able to celebrate 100 years of anything," Sikes said. "We have the opportunity tonight to reflect back on how far Long Island has come as a region since 1926."

Collaboration among businesses was a central theme. Sikes emphasized that working together and advocating at the federal, state and local levels can advance economic progress.

The organization's next century. she said, will focus on regional challenges while preserving Long Island's suburban quality of life.

The celebration honored three individuals for their contributions to the region's economy and the LIA: board Chairman Lawrence J. Waldman, former chairman and current board member Robert B. Catell, and former president and CEO Kevin S. Law.

Waldman, who's known as Larry, has served the LIA for more than 30 years, previously as treasurer and chairman of its audit and finance and education committees. He began his career at KPMG in 1972, and served as managing partner of its Long Island office from 1994 to 2006.

Waldman also chaired the Long Island Power Authority's board from 2012 to 2013, and served on the State University of New York board of trustees. A Freeport native, he has taught graduate-level accounting at Hofstra University for more than 20 years.

"I feel great about this," Waldman told the Herald. "I think Long Island is a great community. We live here, we work here and we want to make it even better."



Tim Baker/Herald photos

The Long Island Association's acting president and CEO, Stacey Sikes, left, at the group's 100th-anniversary celebration on Nov. 4.



Long Island Association honorees Robert B. Catell, left, Lawrence J. Waldman and Kevin S. Law were recognized for their contributions to the region's business community and economic development.



Billy Haugland, left, Adam Silvers, Linda Armyn and Sikes raised a glass in trubute to the LIA's first 100 years.

Law led the LIA for a decade before joining TRITEC Development Group in 2021 as a principal. During his tenure, he helped secure more than $5 billion in infrastructure investments for Long Island, according to his biography.

His career includes leadership positions at LIPA and in Suffolk County government. He also chairs the Long Island Housing Partnership, the Stony Brook University Council and Empire State Development.

"It's a privilege and an honor to be honored," Law said. "As LIA begins its second century in existence, they continue to fight for and advocate for Long Island."

Catell, a longtime energy executive, previously chaired the LIA and served as chairman and CEO of the KeySpan Corporation. Following National Grid's acquisition of KeySpan, he became chairman of its U.S. operations.

Catell currently chairs the Advanced Energy Research and Technology Center at Stony Brook, supporting energy research and innovation.

"I am truly honored to receive the Distinguished Leadership Award, along with my longtime dear friends Larry Waldman and Kevin Law," Catell said. "We wanted to become part of the community, and we joined what we felt, and really is, the premier business organization, not only on Long Island but also in New York state."

The celebration also featured the Harry Chapin Award for Community Service, which was presented to Chapin's son, Josh Chapin. The award honors the legacy of the late Long Island singer-songwriter and humanitarian, whose dedication to fighting hunger and supporting those in need continues to inspire community service across the region.

The LIA also recognized volunteers who have served on its board for 20 years or more, and businesses with memberships dating to 1926, including the Long Island Rail Road, National Grid and more.

As the organization began its second century, the celebration recognized its past leadership and renewed its focus on business collaboration, advocacy and regional economic growth.

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Joanne Yee/Herald photos

The Deep Roots Farmers Market ended its season on Nov. 7, carrying forward founder Amy Peters' vision of connecting the community with local growers and businesses.

Farmers Market closes another season

What began with a single vendor in a Sea Cliff church courtyard has grown into one of Glen Cove's cherished community traditions. Deep Roots Farmers Market wrapped up its 2026 outdoor season on Saturday, Nov. 7, at Village Square, concluding 23 weeks of bringing fresh produce, locally made foods and artisan goods to the heart of downtown. Founded in 2014 by the late Amy Peters at St. Luke's Church in Sea Cliff, the market steadily expanded, eventually finding a home at Garvies Point in 2021. Following Peters' death in 2024, the Glen Cove Chamber of Commerce took over management in 2025, preserving her vision of connecting local farmers, small businesses and residents. This year marked another chapter in the market's evolution, with its move to Village Square bringing the weekly gathering into Glen Cove's downtown business district, where vendors and shoppers continued a tradition rooted in community, local agriculture and supporting small businesses.

–Roksana Amid



Deep Roots Farmers Market brought farmers, artisans and shoppers together for 23 weeks this year, continuing a tradition that began in Sea Cliff in 2014.



The Glen Cove Chamber of Commerce welcomes different types of businesses, like bakeries and sauce makers, to the market.



Local vendors showcase their products at Deep Roots Farmers Market, which has become a community gathering place for residents looking to support small businesses and local agriculture.

Vietnam veteran Bob Hanan is honored

CONTINUED FROM PAGE 1

"His service to his country and continued dedication to fellow veterans exemplify the spirit of Veterans Day," Panzenbeck said.

Hanan was drafted into the U.S. Army in 1965 and served with the 4th Infantry Division until 1967. After completing training at Fort Lewis in Washington state, he was deployed to Vietnam, where he spent 11 months.

Although originally trained as a radio teletype operator, Hanan was reassigned to combat duty for two months after his unit suffered casualties. His service earned him the Combat Infantryman Badge, National Defense Service Medal and Vietnam Service Medal. Hanan's contributions did not end when he returned home from Vietnam.

After his discharge, Hanan worked as a radio teletype operator for three years before pursuing higher education. He earned an undergraduate degree from Baruch College, a master's degree from Lehman College and his certified public accountant license.

His career included teaching at Queens College, Baruch College and Palm Beach Community College before concluding his professional life with the Internal Revenue Service.

Howard Stillwagon, commander of the post, reflected on the shared commitment that unites veterans across generations, regardless of whether they experienced combat. He noted that military service brings together Americans from different backgrounds, ages and experiences through a common willingness to defend their country.



Roksana Amid/Herald

Glen Cove youngsters with signs they made expressing their gratitude to military veterans, joining the community in honoring those who served the country.

"Not all veterans have served in war, but a common bond that they share is an oath in which they express their willingness to die defending this nation," Stillwagon said. "First and foremost, we owe them our freedom. And today, especially, we owe them our gratitude."

Stillwagon reflected on the origins of Veterans Day, which traces its history to Nov. 11, 1918, when an armistice ended the fighting in World War I. Originally observed as Armistice Day to honor those who served in that conflict, the holiday was expanded in 1954 when President Dwight D. Eisenhower signed legislation changing its name to Veterans Day, recognizing American veterans of all wars. Unlike Memorial Day, which honors those who died in military service, Veterans Day recognizes all who have served in the nation's armed forces, both living and deceased.

When Hanan addressed those gathered Wednesday, his remarks were brief, expressing gratitude for an honor he considered deeply meaningful.

"I just want to say thank you for this once-in-a-lifetime honor," Hanan said, thanking Stillwagon, fellow VFW members and Panzenbeck for their support.

Nassau County Legislator Delia DeRiggi-Whitton also praised Glen Cove's longstanding commitment to veterans, acknowledging the efforts of current and former mayors to recognize their service.

Her remarks included a personal syory of Anthony "Tony" Jimenez, a decorated Vietnam veteran, former Glen Cove councilman and longtime veterans advocate who died in April at age 74.

"This is my first Veterans Day without Tony Jimenez," DeRiggi-Whitton said, recalling how he would text her to pick him up early for the annual ceremony. "I just miss him so much"

"To all of our veterans, may we honor you each and every day, not just on Veterans Day," Panzenbeck said. "Your bravery has secured our freedom, and your sacrifices will never be forgotten."

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A night dedicated to heart health

By ABIGAIL GRIECO

agrieco@liherald.com

Mount Sinai South Nassau celebrated the people helping shape the future of health care on the South Shore during its annual "Soiree Under the Stars" on Nov. 7, bringing together nearly 400 hospital supporters, medical professionals and community leaders to raise funds for an expansion of cardiovascular services.

Held at The Lannin in Eisenhower Park, the gala benefited the Oceanside hospital's "Bringing Heart Home" campaign, which supports the introduction of advanced cardiac surgical services, including adult open-heart surgery, and expanded cardiac care closer to home.

The hospital held its first annual gala in 1958 as the Carnation Ball, which has remained a signature fundraiser for decades and was rebranded as "Soiree Under the Stars" in 2017.

Tony Cancellieri, co-chair of the hospital's Advisory Board and co-chair of this year's Soiree, said the initiative was among the hospital's largest fundraisers and represents a significant step in its efforts to provide South Shore residents with access to specialized cardiovascular treatment without needing to travel to Manhattan or other medical centers.

"This is a dream that we had 12 years ago," Cancellieri said. "We wanted to take this community hospital — that's going to be 100 years old in two years — and turn it into a regional medical center."

The expansion includes plans for a Cardiac Catheterization and Electrophysiology Lab and a new CT-Angiography Lab, strengthening the hospital's ability to diagnose and treat complex heart conditions.

Cancellieri said the hospital has invested significantly in its infrastructure over the past decade, adding operating rooms, critical care beds and an expanded emergency department while strengthening its trauma and stroke services.

The evening also honored individuals whose leadership, generosity and dedication have helped advance the hospital's mission.

Steven Gold, a Hewlett Harbor resident and longtime hospital benefactor, was recognized for his decades of service and philanthropic support.

Gold has served on Mount Sinai South Nassau's Advisory Board since 2011, holding leadership positions including Development Committee chair and co-chair of the Soiree.

"Steven Gold is one of our longest serving volunteer board members, and he has been a supporter of the hospital for decades," Dr. Joshua Kugler, the hospital's interim president, said. "Anytime we need something, he is there. He embodies the South Nassau spirit."

Gold is known for his leadership of Gold Pure Food Products, commonly known as Gold's Horseradish, a family business founded by his grandparents. He served as president until the company was sold in 2015.

He also serves on the board of SIBSPlace, a Mount Sinai South Nassau program supporting children whose siblings face serious illnesses.

Two members of the hospital's medical and nursing teams were also recognized for their contributions to patient care.

Dr. Aaron E. Glatt, chair of the Department of Medicine, chief of Infectious Diseases and hospital epidemiologist, received the Mary Pearson Award, named for the hospital's founding administrator. The honor recognizes individuals whose contributions significantly advance the hospital's commitment to the community.

Glatt, who has held his leadership positions since 2015, oversees the department's clinical, academic and administrative operations and the hospital's nationally recognized antimicrobial stewardship program.

During the pandemic, he helped guide the hospital's response, including monoclonal antibody treatments, vaccine distribution and the launch of Mount Sinai's Vaxmobile.

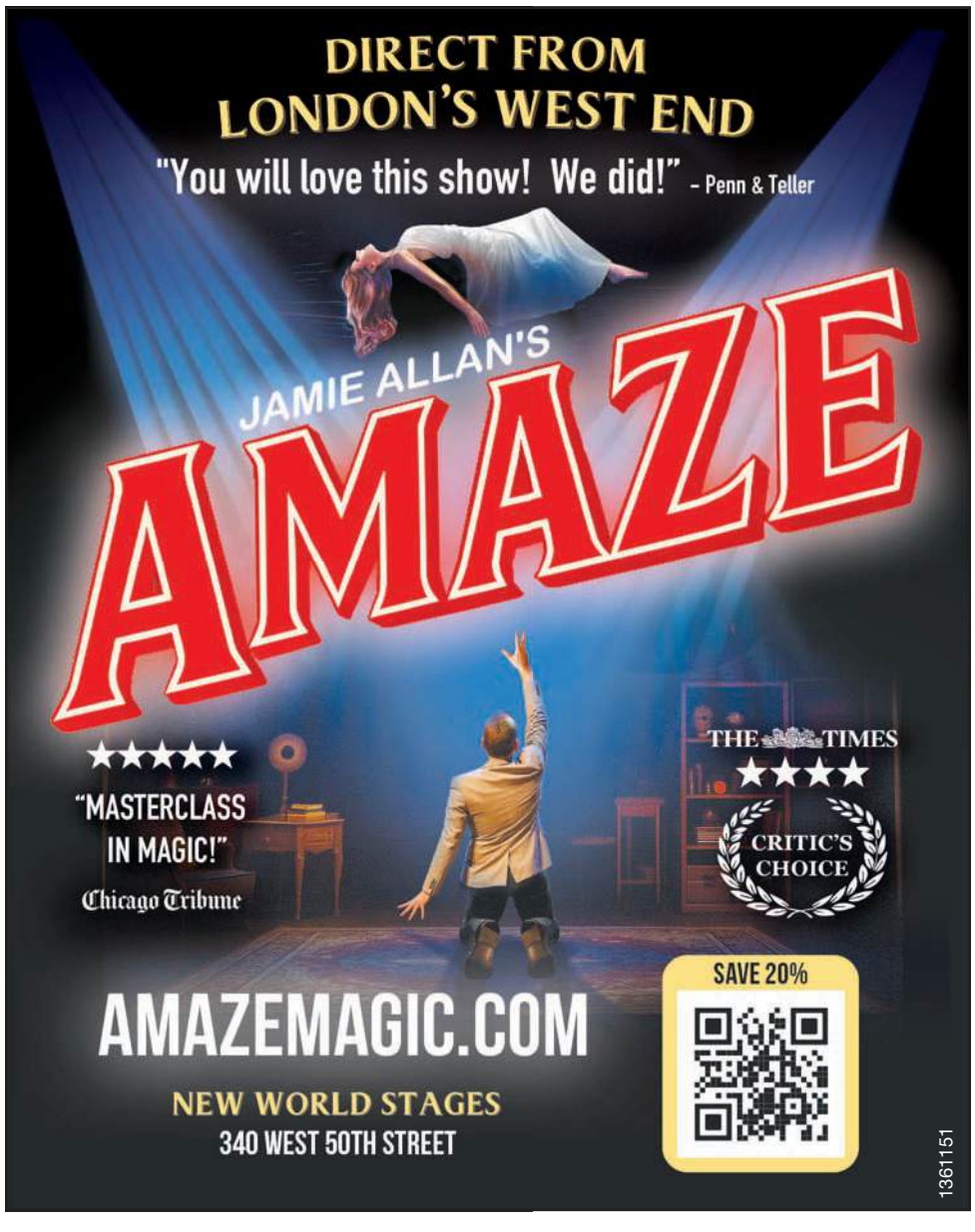
He is also a professor of medicine at the Icahn School of Medicine at Mount Sinai and an ordained rabbi.



Tim Baker/Herald

Dr. Aaron E. Glatt, left, chair of medicine and chief of infectious diseases, received the Mary Pearson Award from Mount Sinai South Nassau interim President Dr. Joshua Kugler.

"Dr. Glatt's clinical acumen has been key to Mount Sinai South Nassau's advancements in patient safety, quality, infection prevention, and antibiotic administration and the multiple awards the hospital has received for patient safety and the quality of care," Dr. Alan Wong, the hospital's chief medical officer, said. ship."





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NEWS BRIEFS

An important discussion for caregivers

The Grenville Baker Boys & Girls Club and Glen Cove Hospital are partnering to host a community conversation focused on hospice, palliative care and the needs of family caregivers.

The program, titled "Caring for Our Loved Ones — Supporting Those Who Care," will take place Tuesday, Dec. 1, at 6 p.m. at the Grenville Baker Boys & Girls Club in Locust Valley.

The event is part of the club's Community Cares Conversation initiative, which brings community members together to discuss issues affecting individuals and families.

Two medical professionals will lead the discussion: Dr. Allison Nguyen, a hospitalist and palliative care physician, and Eva Turel, a registered nurse specializing in palliative care who also leads a caregiver support group.

The conversation will explore the differences between hospice and palliative care, two forms of medical support that are often associated with serious illness and end-of-life decisions. Participants will have an opportunity to learn about the services available to patients and their families, as well as considerations involved in making decisions about care.

The program will also address advance directives and do-not-resuscitate orders, commonly known as DNR orders. These documents and medical instructions can play important roles in communicating a patient's wishes and guiding decisions when serious health concerns arise.

Another central focus will be the emotional and practical challenges experienced by family caregivers. Caring for someone with a serious or long-term illness can involve balancing medical appointments, household responsibilities and personal obligations while responding to the needs of a loved one.

The discussion will address managing caregiver stress and identifying resources that can provide assistance to patients, families and those responsible for their daily care.

The program will also emphasize the importance of supporting caregivers themselves, whose well-being can be affected by the demands of caring for another person.

Residents interested in attending or seeking additional information can contact Tara Butler-Sahai at (516) 759-5437, ext. 214, to RSVP.

The Dec. 1 conversation will begin at 6 p.m. at the Grenville Baker Boys & Girls Club in Locust Valley. Community members are invited to attend, ask questions and learn about available support.

–Roksana Amid

The city seeks a new Christmas tree

The City of Glen Cove is seeking a donated Christmas tree to serve as the centerpiece of its annual holiday celebration and tree-lighting ceremony on Saturday, Dec. 5, in Village Square.

The city is looking for a beautiful, healthy tree measuring between 25 and 30 feet tall. Residents who have a suitable tree on their property and would like to contribute to the community's holiday festivities are encouraged to contact the Mayor's Office.

The annual celebration will begin at 1:30 p.m., bringing the community together for an afternoon of holiday festivities. The official tree lighting is scheduled for 4:45 p.m., marking a highlight of the city's seasonal celebration.

The donated tree will help create a festive setting for the event and provide a focal point for residents gathering to celebrate the holiday season. The city is inviting residents to take part by donating a tree that can be enjoyed by the community.

Residents interested in donating a tree can contact the Mayor's Office at (516) 676-2004. They can also reach out by email to Roni.Jenkins@glencoveny.gov or sgtripp@glencoveny.gov.

The city is encouraging anyone with a suitable tree to consider donating it and helping make this year's holiday celebration special for Glen Cove residents and visitors.



Courtesy Roni Jenkins

The City of Glen Cove is seeking a donated Christmas tree to serve as the centerpiece of its annual holiday celebration and tree-lighting ceremony.

With the Dec. 5 celebration approaching, the search for a tree offers residents an opportunity to contribute to a community tradition and help bring holiday spirit to Village Square.

–Roksana Amid

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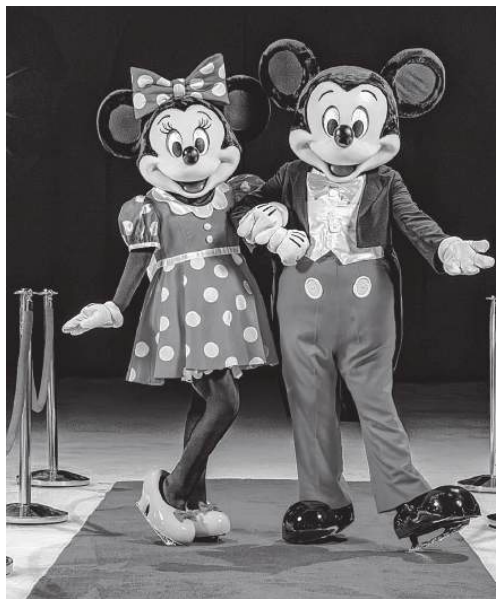
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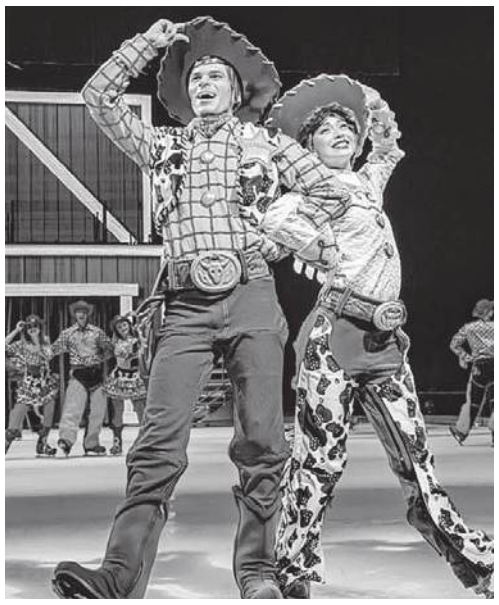
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STEPPING OUT







Photos courtesy Feld Entertainment

Mickey, Minnie and the gang welcome everyone to a star-studded gala.

Woody and Jessie leap into action when they arrive on the red carpet.

Mirror, mirror on the wall: The Evil Queen from Snow White and the Seven Dwarfs makes her debut on ice.

Ready, set, spotlight

Mickey and his pals roll out the red carpet

By Karen Bloom

The lead-up to Thanksgiving means its time, yet again, to feast on some Disney magic. The latest Disney On Ice tour has arrived UBS Arena, now through Nov. 15.

Disney On Ice presents Spotlight Magic! invites fans to step into the spotlight and join a glamorous red-carpet celebration packed with never-before-seen performances and more than 30 Disney characters. As always Mickey, Minnie and the crew get audiences ready for what's in store from the moment everyone settles in their seats.

As the spotlight travels through vibrant worlds everyone knows so well, heroes, sidekicks, and even villains, take center stage for magical moments.

The production turns up the star power with a lineup of exciting firsts.

From "Zootopia 2," pop sensation Gazelle and that sly Gary De'Snake, join Judy Hopps and Nick Wilde for a new adventure. Angel, the pink-furred sweetheart from "Lilo & Stitch," makes her highly anticipated debut, soaring high above the arena on a sparkling chandelier before reuniting with Stitch in a heartwarming onice moment. Adding to the excitement, Disco Ball Mike Wazowski arrives straight from "Monsters, Inc." with his signature sparkle, delighting audiences with a dazzling appearance.

It's a spectacular mashup of Disney favorites, unforgettable characters and high-energy fun. Beloved stories from "Beauty and the Beast," "Tangled," "Toy Story," "Moana," and "Monsters, Inc., " keep everyone transfixed.

Adding a deliciously wicked twist is a dazzling showcase of iconic Disney villains, including the Evil Queen, Gaston, Maleficent, and Ursula, making their spectacular debut. The excitement builds with an soundtrack that mixes Disney Channel favorites such as "Pumpin' Up the Party" from "Hannah Montana," "A Night to Remember" from "High School Musical 3: Senior Year" and "Good to Be Bad" from "Descendants 3," with timeless classics such as "You've Got a Friend in Me" ("Toy Story"), "Be Our Guest" ("Beauty and the Beast"), "I've Got a Dream" ("Tangled"), and "I Am Moana" ("Moana").

Those beloved characters and their adventures spring to life, whisking audiences into a world where imagination knows no bounds and, in true Disney fashion, anything can happen if you just believe.

For 25-year-old Jessie Santee, that magic is more than a performance — it's a way of life. The Rochester, Minn.-based skater, who joined Disney On Ice in 2019, is living a dream she has cherished since childhood.

In fact, you could say Disney On Ice runs in her family. Her parents performed with the company for 13 years — and met while skating in the show. Her older brother, Ryan, 32, and sister, Sarah, 28, have also followed in their footsteps, both becoming performers themselves.

"It's all quite crazy," Santee says with a laugh.

Growing up, she was naturally immersed in the magical world of Disney, and it wasn't long before she was hooked.

"Our parents were really good about putting us into every sport they could. They didn't want to force us into skating or loving to skate. They wanted us to do what made us the most happy. That's the craziest part. We all share the same love for performing and the company."

For the Santee family, as with every skater on the tour, all roads lead to Disney.

"Every time the show came near us we were always wanting to go. Disney On Ice is such a big thing, in the skating world and for everyone. We always took the opportunity to go."

As a child, Santee adored "Cinderella" and "Toy Story." Today, she gets to step into that world, portraying Jessie, the fearless, spirited cowgirl from the "Toy Story" franchise.

Her path, however, took a turn away from competitive skating.

"Once I became a teenager, the competitive side [of skating] wasn't as fun to me. I loved our local ice show. I always wanted to perform," she recalls.

Now, she gets to do what she loves most — bringing Jessie's adventurous spirit to life on the ice and sharing that excitement with audiences.

As always, the skating brings a new dimension to the stories we all know so well. You'll see thrilling stunts, mesmerizing choreography and exciting visuals that fully immerse audiences. The solos, pairs and fast-paced ensemble sequences, along with acrobatic routines, keep everyone transfixed to the action on the ice.

Those acrobatic thrills add another dimension to production, as high-flying performers take the action skyward with aerial feats and gravity-defying stunts.

"The production is really amazing," Santee says, enthusiastically. "There are a lot of new features. In the Toy Story segment we have the Green Army men who are on a bungee apparatus. We have moments such as that not on the ice. You have to look up. It's exciting and unexpected."

Excitement is certainly descriptive of the entire spectacle.

"Getting to share the joy and the passion for what I do, and feeling the energy of the audience and making those connections one on one with families is very special. Knowing that just for a couple of hours I can make someone smile or laugh is the most rewarding part," Santee continues. "It's also much fun to see the audience dressed as their favorite characters."

A final word: "There's not just one spotlight. There's a spotlight on all of us and we can all shine in our own ways."

WHERE & WHEN

- Now through Sunday. Nov. 15; times vary
- Tickets available at ticketmaster.com or disneyonice.com
- UBS Arena, 2400 Hempstead Tpke., Elmont



'Love Stories: Neat Or On The Rocks'

Robert Arleo's new musical serves up romance in all its messy, exhilarating glory. The litigator turned lyricist tells of love, laughter and heartbreak in "Love Stories: Neat Or On The Rocks." Set in the fictional Hadleys bar, the show brings together 12 colorful characters, each with a tale of love — from first sparks and courtship to marriage, separation and heartbreak. Their confidants? Two veteran bartenders who have heard it all and aren't shy about dispensing a little hard-earned romantic wisdom. Each story gives way to an original Arleo song, striking a chord with anyone who has ever fallen head over heels, had their heart broken or wondered what went wrong. These tunes are sure to make the audience recall their own love experience (be it neat or on the rocks).

Saturday, Nov. 14, 7 p.m. Tickets available at tillescenter.org. Tilles Center, LIU Post campus, 720 Northern Blvd., Brookville.



Patton Oswalt

Patton Oswalt brings his razor-sharp wit and unmistakable comedic style to the Paramount stage on his latest tour. The Emmy- and Grammy-winning comedian, actor and writer, has built a career on smart, offbeat observations that draw from pop culture, politics, science fiction, comic books and everyday absurdities. His background as an English major at William & Mary fuels his cerebral approach to comedy, where literary references and superhero lore can collide in the same rapid-fire routine. A longtime force in the alternative comedy scene, Oswalt helped push stand-up beyond the traditional setup-and-punchline formula, developing a style that blends incisive commentary, unexpected tangents and meticulously crafted storytelling.

Thursday, Nov 19, 8 p.m. Tickets available at ticketmaster.com or paramountny.com. The Paramount, 370 New York Ave., Huntington.

YOUR NEIGHBORHOOD CALENDAR

NOV 13 Lights, Camera, Hempstead House

A castle, a campus, a hotel, a Turkish spa – when it comes to movies and television, Sands Point Preserve's Hempstead House has played them all. While it began as the Gold Coast home to Daniel and Florence Guggenheim, this architectural marvel has become one of the most versatile media locations of the modern era. Join us for a unique look at the mansion through the lens of Hollywood. Take a look at clips from "The Gilded Age," "Boardwalk Empire," "The Americans," and many more — all that inextricably feature Hempstead House — and then tour the very rooms where the cameras rolled. Discover the secrets of how one house can play a hundred different roles and always steal the show! For ages 17+. $25

- **Where:** 127 Middle Neck Road, Sands Point
- **Time:** 11 a.m., also Nov. 14, 11 a.m. and 1 p.m.
- **Contact:** sandspointpreserve conservancy.org or call (516) 571-7901

NOV 14 Ecotherapy Walk

Join certified guide Linda Lombardo on an Ecotherapy Walk at Sands Point Preserve to explore the colors and texture of Autumn. Ecotherapy, also known as Forest Bathing, is not simply hiking in the woods, or a walk on a beach. The focus is on connection and relationship, allowing the heart to open to the beauty of the natural world, and at the same time, understand our belonging in that world. Register for individual walks or a series of three. $135 for series of 3, $120 members; $49 per session, $44 members.

- **Where:** 127 Middle Neck Road, Sands Point
- **Time:** 10:30 a.m.
- **Contact:** sandspointpreserve conservancy.org or call (516) 571-7901

Native American Fall Festival

Join in the annual holiday event — a popular longstanding tradition — that honors the spirit and traditions of Long Island's early residents at Garvies Point Museum and Preserve timed to coincide with Thanksgiving. Varied activities include tool and pottery-making, spear-throwing and the use of the atlatl (a spear-throwing tool), primitive fire building (without matches!), storytelling hisstory with Chief Redfeather of Montaukett Tribe. and on-site campfire cooking. Sample some authentic native foods and learn about the process of creating "dugout" canoes. Also see displays of artifacts from the museum collection and an authentic reproduction of a wigwam, and more. $15, $10 seniors 62+, $8 5-12.

- **Where:** 50 Barry Drive, Glen Cove
- **Time:** 10 a.m.-4 p.m.; also Nov. 15
- **Contact:** garviespointmuseum.com or (516) 571-8010



NOV 22 Orville Peck

Masked country trailblazer Orville Peck brings his unmistakable baritone, cinematic storytelling, and bold blend of classic country and modern style. Experience one of music's most distinctive live performers. Orville Peck made his "absurdly successful" (Vogue) Broadway debut in Cabaret last year. Now the country-music crooner who's collaborated with everyone from Elton John to Willie Nelson to Kylie Minogue brings his Man Turned Mule tour to the Paramount stage. The tour spotlights the release of his latest album "Mule." Peck's fourth LP unfolds as a chronological timeline of the year that reshaped his life, tracing the collapse of addiction, the difficult pursuit of sobriety, and the slow, often uncertain process of rebuilding," press materials noted of Peck's new album. "Told with unflinching honesty, humor, and compassion, Mule finds Peck confronting love, loss, and identity through songs that move fluidly between classic country storytelling, bluegrass, and expansive Americana."

- **Where:** The Paramount, 370 New York Ave., Huntington
- **Time:** 8 p.m.
- **Contact:** ticketmaster.com or paramountny.com

NOV 15 Shop Glen Cove Showcase

Get a head start on holiday shopping at the Glen Cove Chamber of Commerce's Shop Glen Cove Showcase. Browse merchandise from local businesses and vendors while discovering gift ideas and supporting the community's small businesses.

- **Where:** Knights of Columbus, 81 Sea Cliff Ave., Glen Cove
- **Time:** Noon-5 p.m.
- **Contact:** glencovechamber.org or (516) 676-6666

NOV 17 Local Heroes Day Luncheon

The Glen Cove Senior Center hosts a special luncheon recognizing local heroes and their contributions to the community. Seniors are invited to participate in this afternoon gathering celebrating service and dedication.

- **Where:** Glen Cove Senior Center, 130 Glen St., Glen Cove
- **Time:** Noon-1 p.m.
- **Contact:** glencoveny.gov or (516) 759-9610

Pre-Council Meeting

The Glen Cove City Council meets for a pre-council session to discuss municipal business and review matters scheduled for consideration at upcoming council meetings. Residents can follow discussions about city operations, projects and local government priorities.

- **Where:** City Hall, 9 Glen St., Glen Cove
- **Time:** 6:30-8 p.m.
- **Contact:** glencoveny.gov or (516) 676-2000

NOV 18 Glen Cove BOE meets

The Glen Cove City School District Board of Education holds its next regular meeting to discuss district operations, educational programs, policies and other school-related business. The public session offers residents an opportunity to follow decisions affecting local schools.

- **Where:** Glen Cove High School auditorium, 150 Dosoris Lane, Glen Cove
- **Time:** 7:30 p.m.; executive session, if anticipated, at 6 p.m.
- **Contact:** glencoveschools.org.

Lindbergh's Transatlantic Flight

May 20, 2027 marks the 100-year anniversary of Charles Lindbergh's Transatlantic Flight from Roosevelt Field, New York to Le Bourget Airport, Paris. Join Frank Ullman, member of the Sands Point Preserve Conservancy Board of Directors at Sands Point Preserve for a talk on Lindbergh and the transatlantic flight. The session highlights theconnections between the pilot and Harry Guggenheim, the longest resident at the property now referred to as the Sands Point Preserve.

- **Where:** 127 Middle Neck Road, Sands Point
- **Time:** 6:30-8 p.m
- **Contact:** sandspointpreserve conservancy.org or call (516) 571-7901

NOV 19 Alzheimer's/ Dementia Workshop

Learn about the impact of Alzheimer's disease and dementia during an informative community program presented by the Alzheimer's Association in partnership with the City of Glen Cove. Explore how these conditions affect individuals, families and caregivers, while learning about local resources and ways to support those living with dementia. Opportunities to get involved in the fight against Alzheimer's disease are also highlighted. Advance registration is recommended.

- **Where:** Glen Cove City Hall, 9 Glen St.
- **Time:** 6:30-7:30 p.m.

DEC 3 Monthly meditation

Sands Point Preserve's historic mansions and waterfront grounds are the backdrop for an evening of nature-based mindfulness and meditation with Hildur Palsdottir, first Thursday monthly. Classes are held in the beautiful rooms of the Preserve's mansions, or in the Hempstead House Garden when weather permits. Explore techniques specifically aimed at stress reduction. Hildur adapts ancient Buddhist teachings to modern applications for calming the mind. In addition to facilitating these monthly groups, Hildur offers support with establishing a home meditation practice. No feeling is final. $17 per class.

- **Where:** 127 Middle Neck Road, Sands Point
- **Time:** 6-7 p.m.
- **Contact:** call (516) 571-7901 or sandspointpreserveconservancy.org

Having an event?

Items on the Calendar page are listed free of charge. The Herald welcomes listings of upcoming events, community meetings and items of public interest. All submissions should include date, time and location of the event, cost, and a contact name and phone number. Submissions can be emailed to kbloom@liherald.com.

3 THINGS TO KNOW ABOUT HEALTHY SKIN

November is national healthy skin month

By ROKSANA AMID

Ramid@liherald.com

November is National Healthy Skin Month, an observance promoted by the American Academy of Dermatology to encourage proper skin care and awareness of skin cancer risks. Glen Cove dermatologist Dr. Eve Lupenko has emphasized the importance of year-round sun protection, choosing effective sunscreen and recognizing factors that contribute to skin damage.

1

Choosing the right sunscreen

Choose a sunscreen labeled broad spectrum, since they protect against UVA and UVB ultraviolet rays. UVA exposure contributes to premature aging, while UVB rays cause sunburn; both can contribute to skin cancer.

Glen Cove dermatologist Dr. Eve Lupenko has advised consumers with sensitive skin to consider mineral sunscreens containing zinc oxide or titanium dioxide. Lupenko says sunscreen should be applied before going outdoors and reapplied regularly, especially during water activities.

"If you're sweating or swimming, look for water-resistant formulas — but even then, reapply after 80 minutes max," she said.

The American Academy of Dermatology recommends broad-spectrum, water-resistant sunscreen with an SPF of at least 30.

2

Clothing as additional protection

Sunscreen is only one part of protecting skin from ultraviolet exposure. Clothing, shade and accessories such as wide-brimmed hats can reduce the amount of sunlight reaching the skin, but not all fabrics offer equal protection.

"A white T-shirt only gives you about an SPF of four," Lupenko said. "That's barely anything. If you're going to use clothing for sun protection, wear dark or brightly colored fabrics — or, better yet, clothes labeled with a UPF rating of 50 or more."

UPF stands for ultraviolet protection factor, a measurement used for clothing and other fabrics. Higher ratings indicate that less ultraviolet radiation passes through the material.

People spending extended periods outdoors should also seek shade when possible.

3

Skin protection matters year-round

National Healthy Skin Month takes place in November, but skin protection remains important throughout the year. Ultraviolet radiation can reach the skin in colder weather, and clouds do not block all damaging rays.

"Even cloudy days and cold months contribute to skin damage," Lupenko told the Herald. "And for many people, the risk is compounded by genetics. Melanoma can run in families."

Family history is one reason to discuss personal skin cancer risk with a dermatologist. People should also watch for new or changing spots and seek medical evaluation for concerning changes.

"You'd be surprised how many people avoid sunscreen because it feels sticky or burns their eyes," Lupenko said.

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Planning the second Sea Cliff film fest

Organizers, stakeholders meet to review inaugural event, look ahead

By JULIA CAPITELLI

jcapitelli@liherald.com



Julia Capitelli/Herald photos

Katie Taber, left, and Patrick Wright, right, are two of the festival's organizers for 2027. The 2026 film festival was Sea Cliff's first.

Sea Cliff Arts Council board members and local filmmakers have begun planning for the 2027 Sea Cliff Film Festival. Organizers met with major stakeholders, like volunteers, sponsors, filmmakers and venue hosts to share their vision for the second annual festival.

The festival is set for June 12 and 13, with a kickoff screening on June 9 and an opening night preview event for filmmakers, sponsors and donors on June 11. Among films set to be shown are narratives, documentaries and animated films, both feature-length and short-form.

Organizers planned the 2026 festival in 100 days; from the day they officially decided to hold the event to opening night. Arts council Chief Operating Artist Meaghan Travis said at the Nov. 4 meeting that the grant secured by Nassau County Legislator Delia DeRiggi-Whitton was the "tipping point" that led to the decision.

"The amount that we accomplished in that 100 days was incredible," said Katie Taber, festival co-director. "That was both due to the strong team we had, the ability to trust each other and to keep sort of everything moving forward as fast as we could." She added that the event was community built and thanked volunteers, sponsors and venue hosts.

Travis presented statistics from the 2026 film festival, saying that 315 households purchased tickets from 95 ZIP codes. More than 1,000 screening reservations were made, 194 day passes and 339 individual tickets were sold. Attendees were primarily from Nassau County, but tickets were purchased by people in seven states outside of New York and one in Paris, France.

"If we can get to people that are already here, this close and this many households, and that was just done in 100 days," Travis said, "what are we setting ourselves up to do for the next?"



Co-Directors Katie Taber, left, and Mark Sobel along with Sea Cliff Arts Council board members met with stakeholders about next year's film festival.

One film shown at the 2026 festival, "The Librarians," a documentary exploring book bans and censorship in the United States, has since won the Emmy Award for exceptional merit in documentary filmmaking. Three other films shown in 2026 are now on streaming platforms, one is in theaters and one is expected to arrive in theaters before the end of the year.

Taber explained that organizers chose to hold the festival on the second weekend in June again to show Sea Cliff at its best and to fit into the national festival timeline.

"As a small festival," she said, "we have to fit in with some of the larger premiere festivals so that we have access to some of those films that have premiered, that it's not too late after them, that folks haven't come up with their distribution."

Sea Cliff School, St. Luke's Episcopal Church, the arts council building and several local businesses served as venues in 2026. Organizers said they plan to add a new venue for 2027 but have not yet named it. Co-Director, arts council Producer-at-Large and Village Trustee Mark Sobel added that along with a filmmakers lounge, organizers plan to include a VIP lounge including food and music.

Sobel praised volunteers for their work at the 2026 festival and said that one of the next steps is to find a place for filmmakers visiting Sea Cliff to stay, adding that filmmakers that visited in 2026 enjoyed the village.

"The way we envision it is not only that we get more venues," Sobel said, "we get more people, but we get more interest and we start getting people coming out here, and the businesses in town start doing better. The restaurants start doing better."

Taber emphasized that she intends for artists on the filmmaker circuit to talk about Sea Cliff as a great place to go for a film festival. She added that she wants to elevate the audience experience and branding around the village, making the event more identifiable.

The 2026 festival had the theme "films that make a difference," featuring films tackling different issues. conversations were sparked.

HERALD PUBLIC NOTICES

LEGAL NOTICE

KindergartenandPre--KindergartenRegistrationforthe2027-2028-SchoolVear

KindergartenRegistration:

- RegistrationforKindergartenwillbeginon**December1,2026.**
- TheGlenCoveSchoolDistrictnowoffersonlineregistrationforthe2027-20-28 schoolyear.To register, please visit our website: https://www.glencoveschools.org/district1/registration
- StudentsmustbeGlenCoveresidents.
- Childrenmustbefive(5)yearsoldonorbefore1-2/1/27
- Transportationwillbeprovided forkindergartenstudents.
- Ensurethatallrequired documentsareuploadedduringtheonlineregistrationprocess.
- Schoolhoursarebetween8:40am-3:40pm

Full-DayPre-Kindergarten Registration:

- RegistrationforPre-Kindergartenwillbegin on**December1,2026.**Please note that enteringthelotterydoesnotguarantee aplacement in thePre-Kprogram.
- TheGlenCoveSchoolDistrictnowoffersonlineregistrationforthe2027-20-28 schoolyear.To register, please visit our website: https://www.glencoveschools.org/district1/registration
- StudentsmustbeGlenCoveresidents.
- ThePre-KLotterywillbeheldonFebruary10,2027.
- Familiesmustregisterandproveresidencybeforethelotterydate.
- Childrenmustbefour(4)yearsoldonorbefore12/1/27
- Transportationwillnotbeprovidedfor Pre-Kstudents.
- Schoolhoursarebetween8:30am-2:30pm
- Beforeandaftercare isnowavailablethroughLaFuerza.

RegistrationRequirementsforBothKindergartenandPre-K:

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Foranyquestions,pleasecall**(S16)801-7008.**

AdditionalInformation:

- Formoredetails,visittheGlenCoveSchoolDistrictwebsiteunder**OurDistrict>Registration.**
- You mayalsovisittheDistrictOffice(Thayer House) at **154DosorisLane**orcontact individual school buildings.

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Even if we don't know any veterans, we still honor them



MICHAEL O'NEILL

This week we paused to honor our veterans. I find myself thinking about how we carry that appreciation into the rest of the year.

The armistice that stopped the fighting in World War I took effect on Nov. 11, 1918. The following year, President Woodrow Wilson proclaimed the first observance of Armistice Day, honoring those who served and sacrificed, and in 1938, Congress established it as a federal holiday. It was renamed Veterans Day in 1954 to honor all American veterans. Its purpose expanded, but its foundation remained the same: gratitude, remembrance and awareness of the cost of peace.

That gratitude remains, but I sometimes wonder whether we feel as connected to the people and stories behind the holiday as we once did.

Perhaps part of the reason is that fewer of us have a personal connection to military service. After World War II and the Korean War, so many families had someone who had served — a father, brother, uncle or neighbor. In 1980, veterans made up about 18 percent of American adults, but by 2022 that number had fallen to 6 percent. Stories once shared around the dinner table are now something many families hear only occasionally.

As fewer Americans experience military service through their immediate families, the distance between understanding sacrifice and simply acknowledging it can grow.

> Fewer Americans these days have a personal connection to military service.

The Greatest Generation is also passing from living memory into history. For those who lived through World War II, ceremonies recalled sacrifices they had witnessed firsthand. Younger generations increasingly experience them through books, photos and stories. Keeping that history meaningful requires us to tell those stories — and to listen.

It's heartwarming to hear someone greet a veteran or someone in uniform with "Thank you for your service." Those words matter, and I don't suggest that Americans have stopped caring about veterans or the sacrifices they have made. But as fewer of us have a personal connection to military service, our communities have a greater responsibility to keep those stories alive and ensure that veterans' service and sacrifice are remembered.

In Amityville, we recently celebrated the 80th anniversary of the Sgt. John J. Kreyer and Pvt. Edward V. Asip Veterans of Foreign Wars Post 7223. The post's name connects generations of local sacrifice. Kreyer, a 1942 Amityville High School graduate, died in action during World War II, on April 16, 1945. In 2022 the post was renamed to included Asip, also an Amityville High graduate and the village's only casualty of the Vietnam War, who was killed on May 8, 1967.

Their names remind us that the history of military service belongs to our own community. Behind each name was a family, friendships and a future that would never be fully lived.

An anniversary such as this also reminds us how veterans' organizations maintain that connection. Their continued presence gives us an opportunity to bring generations together and ensure that local service and sacrifice remain part of our shared memory. Our Hometown Hero banners have lined our streets for years, but I still take time to look at them. Some names are familiar; others are not. Each photo makes me think about the person in it, their story, and how much they mean — or meant — to those who love them. A photo on a streetlight is a simple gesture, but for a family, that recognition can mean so much.

The Kiwanis Club's Field of Honor offers that same connection with its beautiful display of waving flags. Together these tributes bring service and sacrifice into our everyday lives, giving us a reason to pause, remember, and share those stories with the next generation.

Although Veterans Day has passed, the opportunities to honor those who served are still all around us. Talk to a veteran. Ask a question. Listen to a story. Take a moment to look at a Hometown Hero banner with your children or grandchildren and talk about the person pictured.

We can't expect the meaning of Veterans Day to carry itself from one generation to the next. We must carry it forward.

Nov. 11 reminds us to pause, to remember, and to show up. What we do on the days that follow matters just as much.

Michael O'Neill is the mayor of Amityville.

Albany must protect Long Islanders from online scams



MAXWELL GREENBERG

Older Americans are losing staggering sums to fraud. Last year, people over age 60 reported more than $7.7 billion in losses to the FBI, with the average loss exceeding $38,000. Because many scams are never reported, the true cost is much higher. New Yorkers of all ages are estimated to lose about $8.7 billion annually to online scams and crimes.

Increasingly, scammers are reaching potential victims through advertising on social media. Gov. Kathy Hochul and lawmakers in Albany should protect New Yorkers by cracking down on scam ads and requiring platforms to act when they know or have reason to know that fraudulent content is being promoted or displayed.

Earlier this year, Attorney General Letitia James identified victims in Glen Cove, New Hyde Park and Commack who lost money after clicking on fraudulent investment advertisements on Facebook or Instagram. One victim lost more than $1.3 million, including savings set aside for her children's college tuition, after responding to a fake Facebook ad.

Fraudulent ads are increasingly difficult to distinguish from legitimate content. They can feature familiar names and faces, imitate real investment opportunities and use artificial intelligence to create convincing images and videos. When they appear alongside posts from friends, family and local businesses, they can easily blend into an ordinary social media feed. Meta is not doing enough to stop them.

> They're targeting older adults, and A.I. is making the problem worse.

Recent research found that Facebook and Instagram are among the platforms most commonly associated with online scams. In fact, internal Meta documents reported by Reuters projected that roughly 10 percent of the company's 2024 revenue, about $16 billion, would come from advertisements promoting scams and banned goods. The same documents estimated that Meta's platforms served about 15 billion "higher-risk" scam advertisements every day.

Artificial intelligence is making the problem even more difficult. Scammers can now imitate voices, fabricate videos and create fake endorsements that make an advertisement appear legitimate. The better those tools become, the harder it will be for even cautious users to tell the difference.

At Stay Fraud Free, we work directly with seniors across Long Island to help prevent fraud before it happens. The volunteer organization was created to help older adults recognize common scams and protect their personal and financial information. Through presentations and community outreach, we walk through suspicious offers, common scam tactics, and what to do when you think you are being targeted.

For people living on retirement savings or fixed incomes, the financial consequences of fraud can be especially devastating. A successful scam can take money accumulated over decades, and victims may have little opportunity to recover what they lose.

Scammers may target older adults today, but increasingly sophisticated ads, and the enormous reach of social media, put every user at risk. Families and community organizations can help people recognize fraud, but stopping the spread of known scam ads cannot fall to consumers alone.

Stay Fraud Free will continue to help people recognize scams before they become victims. But known fraudulent ads should not continue to reach users while scammers profit from deception and platforms collect advertising revenue. New Yorkers deserve stronger protection from known scam ads on social media.

Maxwell Greenberg, the founder of Stay Fraud Free Long Island, a volunteer organization that educates seniors about scams and fraud prevention, is a 2026 graduate of Oceanside High School and a freshman at Harvard University.

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HERALD EDITORIAL

Hate has no place in our communities

Hate has no place on Long Island. Neither does political intimidation, violence or the increasingly angry rhetoric that too often passes for public discourse. Whether directed at someone because of their religion, race, ethnicity or political beliefs, attempts to threaten, intimidate or dehumanize others must be condemned without hesitation or qualification.

That should not be a controversial position. Yet in an increasingly polarized society, even the simple act of condemning hatred has become selective. Too often, outrage depends on who is targeted, who's responsible or which political, religious or ideological group is involved. That must change.

Recent incidents across Long Island offer a troubling reminder of how deeply bigotry and intimidation can affect our communities. Swastikas were discovered carved into seats aboard a Long Island Rail Road train on the West Hempstead Branch. In Merrick, a school district notified families about antisemitic imagery and writings involving a middle-school student. A swastika was etched into a window of the LIRR station in Inwood.

Meanwhile, anti-Muslim graffiti was reported at the construction site of the Islamic Center of Mastic-Shirley, and anti-Muslim vandalism was found on stop signs in Deer Park.

And in West Hempstead, a 29-year-old man was arrested after allegedly attempting to set fire to Young Israel of West Hempstead using a burning lawn sign. He faces arson and criminal mischief charges. Authorities had not publicly identified a motive in their initial account, and it is important not to presume one.

Not every incident has been classified as a hate crime, and allegations must be distinguished from facts. But the appearance of hateful symbols and messages at places of worship, schools, public transit facilities and throughout our neighborhoods should concern every Long Islander. These aren't simply someone else's problems. They affect the sense of safety and belonging that every community should be able to offer its residents.

The same principle applies to political intimidation. Suspicious packages sent to government offices, threats against elected officials and candidates, and the growing acceptance of threatening language as a legitimate form of political expression are all deeply troubling.

Disagreement is fundamental to democracy. Intimidation is not. We have spent years watching political frustration turn into personal hostility, with threats and weapons sometimes replacing words and debate. The consequences reach beyond those directly targeted. They weaken public trust, discourage civic participation and make it harder for people with different views to find common ground.

There is a dangerous tendency to view those outside our political, religious or cultural circles as something less than ourselves. That "othering" makes it easier to dismiss their concerns, excuse hostility toward them or remain silent when they are threatened. It happens across the political spectrum, and no ideology is immune.

Our elected officials, community leaders and residents all have a responsibility to reject that behavior. Condemning antisemitism while ignoring Islamophobia is not moral consistency. Speaking out against racism only when it affects our own community isn't enough. And rejecting political violence only when it targets someone with whom we disagree is no meaningful defense of democracy.

That doesn't mean we should avoid difficult conversations or disagreements. Quite the opposite. A healthy democracy depends on vigorous debate, peaceful protest, competing ideas and the freedom to challenge those in power. But those freedoms require us to recognize the humanity of others, even when we strongly disagree.

Anger and frustration are understandable in difficult times. Turning those emotions into threats, vandalism, violence or hatred is never acceptable. Those who cross that line must be held accountable, regardless of their ideology or whom they target.

Long Island is home to people of different faiths, backgrounds, cultures and political beliefs. That diversity should be a source of strength, not a reason for suspicion or division.

We shouldn't have to agree on everything to agree on this: No one should fear for their safety because of who they are, what they believe or whom they support. There is no place for hate in our neighborhoods.

LETTERS

Blakeman and Ferretti lost because they're out of touch

To the Editor:

Elections have consequences.

Donald Trump certainly proved that following his 2024 victory. And now, because of their sweeping successes across the country, Democrats will be able to start implementing progressive policies at the federal, state and local levels.

In Nassau County, the electoral consequences could include construction of thousands of badly needed homes, along with transportation alternatives to overloaded car-centric infrastructure.

Gov. Kathy Hochul, who defeated Bruce Blakeman in his home county, has a mandate to move forward on those fronts. Fellow Democrat Joe Scianablo, the incoming Town of Hempstead supervisor, will serve as a powerful ally following his defeat of Republican incumbent John Ferretti.



OPINIONS

I mean . . . absolutely nothing

I mean, have you noticed how many people begin sentences with "I mean"?

I mean, it's everywhere. Athletes, actors, political commentators, game show contestants, interviewers, interviewees. Everybody seems to be meaning something before they've said anything. It's like beginning a conversation by saying, "In other words…"



MICHAEL BLITZ

Ask a baseball player how he felt about striking out with the bases loaded and he'll tell you, "I mean, obviously I wanted to get a hit." Ask an actor how she portrayed her character so convincingly and she'll say, "I mean, there's a lot of her in me."

I mean …what exactly?

Once upon a time, "I mean" served a useful linguistic purpose. It introduced a clarification, correction or elaboration of something already said. "He's a difficult person. I mean, he's not unpleasant, just impossible to have a conversation with." Perfectly reasonable. Something was said, and something else was offered to clarify it.

Now we've apparently decided to clarify ourselves in advance. Before uttering a single substantive word, we announce that we're about to explain what we'll mean by something we haven't yet said.

Linguists call expressions like these "discourse markers." They're conversational devices, much like "well," "you know" and "like." They don't contribute to the meaning of a statement, but they help speakers get started.

Fair enough. Language evolves. Yesterday's oddity becomes tomorrow's convention. Still, there's something wonderfully absurd about beginning a statement with a clarification of absolutely nothing.

> Once upon a time, the discourse marker 'I mean' served a useful purpose.

And if you think that's peculiar, consider what happens in the world of politics. There the problem is often reversed. Instead of clarifying something that hasn't yet been said, elected officials are adept at saying things that they subsequently refuse to clarify. A typical exchange:

"Congressman, do you support the president's proposal?"

"What the American people want is leadership that puts hardworking families first, and that's what I'll continue fighting for."

"But do you support the proposal?"

"What's important here is that we stop playing partisan games. Americans want leadership!"

"And the proposal?"

"I mean, frankly, the other side is the problem. I mean, it's disgraceful."

Three answers. Zero information. The congressman hasn't said anything requiring clarification. What he means is, "I'm determined not to mean anything."

Political evasiveness is hardly new. But today's practitioners have elevated the nonanswer into an art form. Some answer questions they weren't asked. Others attack the questioner. Some repeat rehearsed slogans, regardless of the subject. Some just lie. Others bury the question beneath an avalanche of disconnected words.

Disturbingly, these techniques frequently work. A politician who responds aggressively, confidently and at length may appear to have answered a question even when the response contains nothing resembling an answer. We've become accustomed to judging political performances rather than evaluating political statements. Did the congresswoman put that pesky reporter in his place? Apparently, whether anyone actually answered the question has become a secondary consideration.

Of course, there's an important distinction between saying something meaningless and saying something you don't mean. A politician may articulate a perfectly understandable position while privately believing the opposite. The words are clear; the sincerity is missing. And that's another increasingly familiar political maneuver: telling constituents, donors, party leaders and television audiences whatever each wants to hear, even when the messages are contradictory.

The objective isn't necessarily to communicate a belief. It's to survive the next election, avoid offending a donor or escape an uncomfortable interview. Words become instruments of self-preservation rather than communication.

Perhaps politicians have found the perfect use for "I mean." It's a phrase that suggests an intention to communicate something meaningful without requiring anything meaningful to follow.

One troubling consequence is that we begin to accept this as normal. We stop expecting answers and insisting on explanations. We stop caring about meaning. We become spectators at performances in which the appearance of conviction substitutes for the expression of actual convictions.

There's nothing dangerous about an athlete beginning with "I mean." It's merely an irritating verbal tic. But when the people entrusted with governing us routinely substitute evasion, deception and meaningless rhetoric for honest communication, something far more important is at stake.

I mean, shouldn't we expect our elected officials to say what they mean? And, perhaps more important, to mean what they say?

Michael Blitz is professor emeritus and former chair of the Department of Interdisciplinary Studies at the City University of New York's John Jay College of Criminal Justice.

LETTERS

Blakeman and Ferretti opposed Hochul's attempt to lift zoning barriers to high-density housing, including some developments near Long Island Rail Road stations. That opposition can be seen as one of the factors contributing to their defeats. A survey conducted earlier this year found that 70 percent of Long Islanders favor building housing near rail stations, while 53 percent support giving the state power to override local opposition to new residential projects.

Democratic victories in Nassau County further mean that a significant share of new housing will be priced at levels that young families can afford. In a debate with Hochul, Blakeman actually boasted that his exclusionary policies have helped put the cost of housing beyond the reach of many potential buyers. "If you bought a house four years ago in Nassau County for $600,000," he said, "it's now worth $850,000 because of my policies."

Yes, that's great for sellers. But no, that's terrible for wage-earners looking to make a home in Nassau County.

Blakeman and Ferretti stand for a 1950s vision of suburbia that's woefully out of touch with the economic, social and environmental realities of the 21st century. Trump has been crouched in the same backward-looking stance that ignores the needs of middle-class Americans. Their retro ideologies were repudiated on Election Day — in Nassau, in Suffolk and in hundreds of other counties.

And now Democrats can begin to move Long Island and the rest of the nation forward. Because elections do have consequences.

KEVIN J. KELLEY
Atlantic Beach

FRAMEWORK by Tim Baker



An avian gathering in Mill Pond Park, on the Wantagh-Bellmore border.

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