

GLEN COVE
HERALD





A social media star visits Glen Cove
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ELECTION RESULTS

State Assembly District 13
Charles Lavine (D)
60% PROJECTED WINNER
Conner Dunleavy (R)
40%

Nassau County District 11
Delia DeRiggi-Whitton (D)
61% PROJECTED WINNER
John Canning (R)
39%

State Senate District 7
Jake Blumencranz (R)
52% PROJECTED WINNER
Rory Lancman (D)
48%

Attorney General
Letitia James (D)
60% PROJECTED WINNER
Saritha Komatireddy (R)
39%

New York State Comptroller
Thomas DiNapoli (D)
64% PROJECTED WINNER
Joseph Hernandez (R)
35%

For pending races, visit LIHerald.com for updates.

GOVERNOR'S RACE RESULTS

Kathy Hochul (D)
60%
WINNER





Bruce Blakeman (R)
39%

CONGRESSIONAL DIST. 3 RESULTS

Tom Suozzi (D)
57%
WINNER





Mike LiPetri (R)
43%

Blue wave sweeps the North Shore

By ROKSANA AMID
ramid@liherald.com

A blue wave swept across Long Island's North Shore on Tuesday, as Democrats prevailed in several closely watched races for Congress and the State Legislature, according to unofficial election results. Republican Jake Blumencranz bucked the trend, leading Democrat Rory Lancman in the race for an open State Senate seat in the 7th District.

Democratic Gov. Kathy Hochul also secured a second term as governor, defeating Nassau County Executive Bruce Blakeman by a wide margin statewide. But the contest was far closer in Blakeman's home county, where Hochul held a narrow lead of just 2,604 votes, according to the Nassau County Board of Elections.

Hochul received 3,550,354 votes statewide, or 60.1 percent, compared with Blakeman's 2,345,191, or 39.7 percent, according to online reports Wednesday morning.

"Serving you has taught me that leadership isn't about just having the courage to make the tough calls," Hochul said in her victory speech. "It's about the humility to go through it all, and I answer to you, the people of New York."

In Nassau County, Hochul received 249,895 votes, or 50.21 percent, compared with Blakeman's 247,291 votes, or 49.68 percent.

As he conceded, Blakeman called for unity following the election. "You win some, you lose some," he said. "The fact of the matter is that now we pull together, we move forward, we have the best interests of the people in our heart."

> Let's work together, Democrats and Republicans, to make Americans' lives more affordable.
>
> **REP. TOM SUOZZI**

In New York's 3rd Congressional District, Democratic Rep. Tom Suozzi defeated Republican Michael LiPetri Jr. in a rematch of their 2024 contest. According to Nassau County's unofficial returns, Suozzi received 102,635 votes, or 53.39 percent, compared with LiPetri's 89,125 votes, or 46.36 percent. The district also includes parts of Queens.

Suozzi, a former Glen Cove mayor and Nassau County executive, returned to Congress in February 2024 after winning a special election to replace expelled Republican Rep. George Santos. Suozzi's re-election campaign drew national Republican attention, including visits by House Speaker Mike Johnson and Vice President J.D. Vance.



"The good news is democracy works," Suozzi said following his victory. He criticized the involvement of national Republican leaders, emphasizing that their efforts to defeat him had failed.

Despite the contentious campaign, Suozzi said that affordability would remain his central priority in Congress. "Everybody knows why things are more expensive," he said. "The tariffs are why things are more expensive. The war is why things are more expensive."

He also pointed to federal debt, interest rates and changes to health insurance subsidies as contributing to financial pressures on American households.

Suozzi said voters were looking for solutions rather than continued political confrontation. "They don't want the blame game," he said. "They don't want the finger-pointing. They don't

CONTINUED ON PAGE 9

Melissa Baptiste/Herald
Above, Democrat Tom Suozzi declared victory on Tuesday night, defeating Mike LiPetri for the second election in a row.

HERALD
Community Newspapers

3 THINGS TO KNOW NATIONAL DIABETES AWARENESS MONTH

November is national diabetes month

BY ROKSANA AMID

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November is National Diabetes Awareness Month, a time to raise awareness about a chronic disease that affects millions of Americans and highlight the importance of early detection, treatment and prevention. Diabetes occurs when the body cannot produce enough insulin or use it effectively, causing blood sugar levels to rise. Left untreated or poorly managed, the disease can lead to serious complications, including heart disease, kidney damage and vision loss. Here are three things to know about diabetes and the efforts being made to combat it.

1

Understanding the different types of diabetes

Diabetes affects people of all ages, but the two most common forms, Type 1 and Type 2, have different causes and treatment requirements.

Type 1 diabetes is an autoimmune disease in which the immune system attacks the insulin-producing cells in the pancreas. People with Type 1 diabetes require insulin to survive. Although it is frequently diagnosed in children and young adults, the condition can develop at any age.

Type 2 diabetes occurs when the body becomes resistant to insulin or cannot produce enough to maintain healthy blood sugar levels. It accounts for approximately 90% to 95% of diagnosed diabetes cases in the United States.

Unlike Type 1 diabetes, Type 2 can be prevented or delayed through lifestyle changes.

2

Recognizing symptoms and preventing complications

Early detection plays an important role in managing diabetes, particularly because symptoms can develop gradually or go unnoticed.

Common warning signs include frequent urination, excessive thirst, unexplained weight loss, fatigue and blurred vision. Some people also experience slow-healing wounds or recurring infections.

Type 1 diabetes symptoms can develop rapidly, sometimes over several weeks, while Type 2 diabetes may progress slowly over several years. Some individuals with Type 2 diabetes experience no noticeable symptoms before receiving a diagnosis.

Health care providers use blood tests, including the A1C test, to measure blood sugar levels

3

Glen Cove's commitment to diabetes research

Diabetes awareness has a longstanding connection to Glen Cove through Cooking for a Cure, a community fundraiser supporting the Diabetes Research Institute Foundation.

Nassau County Legislator Delia DeRiggi-Whitton and Glen Cove restaurateur Jeanine DiMenna helped establish the event after DeRiggi-Whitton's daughter, Amanda, was diagnosed with Type 1 diabetes at age 3.

Over the years, the fundraiser has brought together local restaurants, businesses and residents to support research aimed at developing treatments and ultimately finding a cure.

The event celebrated its 20th installment in April 2026 and has raised more than $1.5 million for diabetes research.

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OBITUARY

Theresia Vetrone

(1943-2026)

Theresia Vetrone (née Kluba), 82 of Cranberry Township, PA, formerly of Glen Cove, NY, passed away on Sunday, October 25, 2026 in Cranberry Township, PA. Most know her as "Terry." Terry is of Polish descent and was born into tough circumstances in Germany during World War 2. She emigrated as a young child with her immediate family to the United States in 1950. She is predeceased by her father, Piotr Kluba (1991); mother, Stefania Kluba (1999); brother, Stanley Kluba (2007); & beloved husband, Hon. Joseph L. Vetrone (2008). She is survived by her four children-Joseph (Diane), James, Joyce (Kevin) & Jon (Linda); five grandchildren-Nicole (Matt), Matthew (Cory), Sean (Serena), Jordan & Jenna (Andre); & great-grandchild Ella. Terry worked as a Legal Secretary and later worked for the Glen Cove City School District in different administrative jobs. Terry lived in Sea Cliff until marrying Joe in 1968, and lived in their house in Glen Cove until 2024 when she moved to Cranberry Township. Funeral Service was at St. Boniface Martyr in Sea Cliff on Monday, November 2 at 10:00 a.m., followed by interment at Catholic Cemetery of the Holy Rood in Westbury. In lieu of flowers, the family asks that donations be made in Theresia Vetrone's memory to either St. Jude Children's Research Hospital https://www.stjude.org/donate/donate-to-st-jude.html?sc_icid=home-btn-donatenow or to Cove Animal Rescue https://www.coveanimalrescue.org/

A social media star inspires students

By ROKSANA AMID
ramid@liherald.com



Photos courtesy Glen Cove Schools

Social media personality Carter Kench visited Robert M. Finley Middle School on Oct. 30, serving as a guest judge for the school's annual Halloween costume contest.



YouTube and TikTok creator Carter Kench met with Glen Cove High School students to discuss his experiences building an online following and pursuing a career in digital



Social media personality Carter Kench visited Robert M. Finley Middle School and met with students to discuss costume production.

For Glen Cove High School senior Charlotte Dilgard-Clark, interviewing someone with millions of social media followers was an opportunity unlike anything she had experienced in her school's broadcasting program.

Dilgard-Clark, an aspiring communications student who has conducted interviews and produced podcasts through the school's media programs, found herself face to face with YouTube and TikTok personality Carter Kench on Oct. 30. What began as an opportunity to meet a familiar face from social media became a lesson in pursuing creative ambitions.

"I've been watching his videos online for a long time, and it was kind of surreal, but just so much fun talking to him in person," Dilgard-Clark said.

Kench's visit was part of an educational experience organized by Friends of Arts & Music Enrichment Glen Cove, known as FAME GC, in partnership with the Glen Cove City School District. The event brought students from Robert M. Finley Middle School and Glen Cove High School together for Halloween festivities, hands-on production experience and conversations about careers in digital media.

The morning began at Finley Middle School, where Kench joined Glen Cove High School alumna Melinda Basaca, associate costume director at The Public Theater, and high school senior Alexandra Southe as guest judges for the school's annual Halloween costume contest.

Students in sixth through eighth grades showcased their costumes on a runway, while high school fashion students took responsibility for coordinating the production.

Under the guidance of teacher Lee-Ann Palazzo, the students managed participants, organized the runway and oversaw backstage operations, gaining experience similar to that of a professional fashion show.

Kench, who was invited to participate by FAME GC, said meeting the students was particularly meaningful.

"I was over the moon to hear about this, because I just love meeting, and getting to see the people that I make videos for in person," he said.

The festivities continued at Glen Cove High School, where students from Podcast Cove interviewed Kench before a live audience. GCTV students also conducted interviews, giving aspiring broadcasters opportunities to practice their reporting skills.

The discussion explored personal branding, monetization, partnerships and the skills needed to build a career in the rapidly expanding creator economy.

For FAME GC Vice President Maria Laino DeLuca, the visit represented an opportunity to connect traditional arts education with emerging professional fields.

"The creator economy is something that's not going away," DeLuca said. "It's becoming a valid career path."

She explained that the organization regularly brings professionals from different artistic and creative backgrounds into schools, but Kench was its first visiting content creator.

Rather than limiting his appearance to a presentation, organizers wanted students to participate in different aspects of the event, from costume production to interviewing and technical operations.

DeLuca said the experience was intentionally multidisciplinary, allowing students to see how their classroom skills could translate into professional opportunities.

The event also marked an important milestone for Glen Cove High School teacher Valerie Lasser, who teaches television production and podcasting.

A 1990 graduate of the school, Lasser returned to teach after a 30-year career that included work as a film editor. She launched the school's podcasting program last year and has since expanded it into two courses.

Kench's appearance marked the program's first studio podcast recorded before a live audience.

Lasser said the classes emphasize listening, conversation and storytelling while introducing students to sound design, distribution and other technical aspects of podcast production.

"It's opened up a lot of doors, I think, for a lot of students to get creative and think about storytelling and live conversations and sound design and music," she said.

The program has already generated substantial interest, with more students seeking to participate than are currently enrolled.

For Dilgard-Clark, however, the day's most memorable lesson was not about building an audience or generating revenue. It was Kench's advice about approaching creative work with curiosity rather than pressure.

"He spoke about how his view when he first started on YouTube was always just to view it as a hobby, have fun, and see where it leads him," she said.

As she prepares for life after graduation, the message resonated.

"It was really nice hearing someone say, have fun," she said.

This home purchase had too many complications

Ask The Architect



MONTE LEEPER

Q. We were about to buy a house, and discovered a lot of permit problems. There was an illegal deck, fences and an attached garage. We only discovered this because we hired an architect who looked into things for us that our attorney seemed to think were unimportant. The real estate agent also thought the items were simple, but after we had the problems investigated, we learned, just in time, that the costs for the garage, with a zoning variance, the permits for the deck and air conditioning weren't simple, and instead of the $20,000 we were told it might cost, it could be double that, since the deck and air conditioning were tied to a storm-repair permit and needed to meet flood requirements. We canceled the sale and will now struggle to get our non-refundable deposit back due to the lack of good faith of the seller. We just wanted people to know that only the architect helped us learn where we were headed and what our expenses could be.

A. People rarely think to call an architect in matters like this. I think that in 45 years, only 10 or so people have asked to investigate the part nobody else tells you about. Real estate agents, about half the time, are very interested in making sure their clients understand the open issues, which leaves 50 percent who want to close and move on.

I once gave a seminar to a bar association about the pitfalls of little things that are very important, and most didn't know that some municipalities still require repair permits from Hurricane Sandy, even after all these years, complete with plumbing and electrical inspections. Many weren't concerned about fence permits, even for fences that have been there, on previous surveys, for generations, but had no permit recorded. Most had no idea not only that permits are required in many jurisdictions for air conditioning units, but also that units may need to be moved, complete with new refrigerant lines, calculations for cooling design, and a certificate showing the flood height to avoid storm damage in flood zones.

Decks, sheds, pools and the garage you mentioned all need permits — and, if any of those items are too close to a property line, zoning variances, which in some municipalities can take nearly a year to go through the process of legalization.

Because there are so many requirements, there are many pitfalls that professionals guiding you through a sale need to address. It's appreciated that you realize that either the owner sells a clear property or you inherit the expenses to correct the problems. Good luck!

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Leaving a Family Business

A farmer came in to see us a while ago with this dilemma. He had a working farm where his twenty something daughter and her husband were engaged full-time. His other daughter worked in the arts in New York City. He wanted to keep the farm in the family, but didn't know how.

He initially wanted to leave the farm and his other assets to the two daughters in equal shares. We cautioned against this since, we advised, no one likes to do all the work and then split the profits. Additionally, real estate prices could be considerably higher on his death and there might not be enough money in the estate for the working daughter to buy out her sister. We also had to consider the sweat equity the young couple would be building up over the years working the farm. Here's how the matter was ultimately resolved to the client's satisfaction.

We deeded the farm now to the working daughter (not her and her husband quite yet) reserving a "life estate" in the farmer so that he had a right to live there for the rest of his life and preserving his senior tax exemption on the property. We established the value of the property today, and made a bequest on his death, from the farmer's living trust, of a like amount in cash to the sister before the balance of the trust was divvied up.

Now the young working couple are secure in their future, the non-working daughter gets her fair share of the estate and the farmer is protected in his rights for life. Most important of all, he has the peace of mind in knowing that the farm will stay in the family.

If you're a business owner, and have one or more children working in the business, you have the same issues. We generally like to see the "working" children take over the business and other assets used to even out the estate distribution with the "non-working" children. Where there are not enough other assets to make the distribution even, then life insurance or a mortgage can be used for this purpose, or the "working" children can pay off the "non-working" children over a period of years at a rate the family business can afford.

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THE GREAT BOOK GURU

Musical musings

Dear Great Book Guru,

The Sea Cliff Civic Association's Cider Social last week was such a great introduction to all the fun Sea Cliff has to offer in the Fall! While enjoying the many young witches and goblins frolic, I overheard people talking about a new book by a favorite author mine…Barbara Kingsolver. Have you read it?

Cider Socialite



ANN DIPIETRO

Dear Cider Socialite,

Barbara Kingsolver is a huge favorite of mine too and her latest novel "Partita" does not disappoint. The title comes from the musical term meaning a composition of dance-inspired movements, and music infuses this book in a myriad of ways.

The story is told in the first person by Livia Cable, an extraordinarily talented pianist who has led a tragedy-filled life. We first meet Livia as a middle-aged woman living on a dairy farm with her devoted husband, Charlie, and giving piano lessons to her Tennessee neighbors' children.

We quickly go back in time to her childhood where the first of many tragedies occurs - her beloved older brother commits suicide and Livia - as children will - blames herself. Her parents refuse to recognize her grief and become enraged when she shows signs of musical genius.

Winning a scholarship to a prestigious Indiana university, she cuts ties with her past and embarks on a magical musical career…until tragedy strikes again and her life as a pianist comes to an end. Throughout the years, she wonders what secrets surround her ill-fated family, so when a lover from years ago calls, she seizes on the opportunity to revisit the past and make things right.

We watch with interest and fear as Olivia "dances" her way through this journey. Recommended.

Would you like to ask the Great Book Guru for a book suggestion? Contact her at annmdipietro@gmail.com.

CRIME WATCH

ARRESTS

- Police Officer Troia arrested a 40-year-old man on Oct. 28 form Brooklyn and for aggravated unlicensed operation and unlicensed operation.
- Police Officer O'Neil arrested a 33-year-old Bayville man on Nov. 2 for aggravated unlicensed operation, circumventing an interlock device, failure to stop at a stop sign, unlicensed operation and broken glass on Continental Place.
- Police Officer Pedraita arrested a 37-year-old Glen Cove woman on Nov. 1 for assault and endangering the welfare of a child on Danis Avenue.
- Police Officer Theodorou arrested a 46-year-old Glen Cove man on Oct. 28 for multiple building code violations related to City of Glen Cove Court arrest warrants, aggravated unlicensed operation, unlicensed operation and having no stop lights on Prospect Ave.

People named in Crime Watch items as having been arrested and charged with violations or crimes are only suspected of committing those acts of which they are accused. They are all presumed to be innocent of those charges until and unless found guilty in a court of law.

GLEN COVE HERALD

HOW TO REACH US

Our offices are located at **2 Endo Blvd. Garden City, NY 11530** and are open from 8:30 a.m. to 5:30 p.m., Monday through Friday.

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Band to honor veterans with patriotic

The Northwinds Symphonic Band will pay tribute to the nation's military veterans and active-duty service members with a free concert, "Salute to Veterans," on Sunday, Nov. 8, at 3 p.m. at the Wunsch Arts Center in Glen Cove.

Under the direction of conductors Helen P. Bauer and Concetta Stevens, the band will present an afternoon of patriotic music celebrating the courage, dedication and sacrifices of the men and women who have served in the U.S. armed forces.

The program will feature a variety of works by American composers, ranging from stirring military marches to dramatic musical depictions of historic battles.

Among the selections will be John Williams' lighthearted march from the 1979 film "1941" and Jay Dawson's "Gettysburg: The Third Day," a dramatic composition depicting the Civil War battle, complete with a battlefield cannonade.

The concert will also feature works by composers Steven Reineke, James Swearingen and Jerker Johansson, whose compositions capture the experiences and valor of American soldiers during wartime.

In recognition of the nation's military branches, the band will perform "Salute to the Armed Forces," honoring those who have served in each branch of the military. The program will also include John Philip Sousa's beloved patriotic march, "The Stars and Stripes Forever."

Two guest vocalists will join the band for special performances.

Broadway singer and actress Amy Jo Phillips will perform the inspirational ballad "You Raise Me Up" and the classic "Blue Moon." Tenor Joe Stroppel will lend his voice to the patriotic hymn "I Vow to Thee, My Country" and the American standard "God Bless America."

The concert comes just days before Veterans Day, observed annually on Nov. 11, offering community members an opportunity to recognize the contributions of military personnel through music.

The performance will take place at the Wunsch Arts Center, located inside Robert Finley Middle School at 1 Forest Ave. in Glen Cove. The venue is wheelchair accessible, and admission is free.

For additional information about the concert, call 516-375-4957 or email helenpbauer@gmail.com. The concert also provides the opportunity for younger generations to learn about the sacrifices made by service members

–Roksana Amid

City seeks a new Christmas tree

The City of Glen Cove is seeking a donated Christmas tree to serve as the centerpiece of its annual holiday celebration and tree-lighting ceremony on Saturday, Dec. 5, in Village Square.

The city is looking for a beautiful, healthy tree measuring between 25 and 30 feet tall. Residents who have a suitable tree on their property and would like to contribute to the community's holiday festivities are encouraged to contact the Mayor's Office.

The annual celebration will begin at 1:30 p.m., bringing the community together for an afternoon of holiday festivities. The official tree lighting is scheduled for 4:45 p.m., marking a highlight of the city's seasonal celebration.

The donated tree will help create a festive setting for the event and provide a focal point for residents gathering to celebrate the holiday season. The city is inviting residents to take part by donating a tree that can be enjoyed by the community.

Residents interested in donating a tree can contact the Mayor's Office at (516) 676-2004. They can also reach out by email to Roni.Jenkins@glencoveny.gov or sgtripp@glencoveny.gov.

The city is encouraging anyone with a suitable tree to consider donating it and helping make this year's holiday celebration special for Glen Cove residents and visitors.



Courtesy Roni Jenkins

The City of Glen Cove is seeking a donated Christmas tree to serve as the centerpiece of its annual holiday celebration and tree-lighting ceremony.

With the Dec. 5 celebration approaching, the search for a tree offers residents an opportunity to contribute to a community tradition and help bring holiday spirit to Village Square.

–Roksana Amid

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HERALD SPORTS



Terry Uellendahl/Herald photos

Glen Cove celebrated its second county title in five years last Sunday night after topping Garden City in penalty kicks..

Big Red captures county title in shootout

By DYLAN BUTLER
sports@liherald.com

Dreams come true. Just ask David Bernal.

Glen Cove's goalkeeper provided the heroics to lift it to a 5-4 penalty kick shootout win after playing top-seeded Garden City to a scoreless draw in the Nassau Class AA boys soccer final Sunday night at Farmingdale State College.

"Ever since I was little, seeing the past county champions win, it's always been a dream of mine winning this, and now we've finally done it," Bernal said. "It's a dream come true."

It is Glen Cove's fifth county title and first since 2022, when the Big Red defeated Garden City, 2-0. After knocking off the two-time defending New York State 'AA' champions, Glen Cove (15-2-1) advance to the Long Island Class AA final against Huntington.

"It's definitely rewarding that we won. I'm glad that we had the opportunity to celebrate together, and I'm looking forward to making more memories," Glen Cove coach Brian Smith said. "The resiliency, the grit, the mental toughness to get in front of the ball when the other team is really bringing it. We never faltered."

Bernal's heroics weren't reserved for the shootout. The senior came up huge during a wild sequence in the final minute of the second overtime, first diving to deny Joey LoPiccolo's shot from the edge of the 18-yard box.

The rebound fell to Jack Cobb, whose shot caromed off the post. After Matthys de Rechter's follow-up shot was blocked, Will Buccellato served a ball in to Tommy Schreier. But Bernal made a kick save on the point-blank chance to force the shootout.

In the penalty kick shootout, both teams were clinical, with Schreier, Francesco Mazzella and Nick Fiducioso scoring for Garden City (14-5-0), and Luis Gomez, Hector Santiago and Jack Martinez converting for second-seeded Glen Cove in the first three rounds.

In the fourth round, Bernal, who saved a penalty kick late in a 2-0 win over seventh-seeded Bellmore JFK in the quarterfinals, dived to his right to save Collin Gibbons' attempt.

"I'm proud of him," Smith said. "We had a really good defensive showing, but he was the MVP of that game."

Cameron Allan then buried his chance to put pressure on Gianluca Damiano. But the Trojans senior kept his team in the shootout.

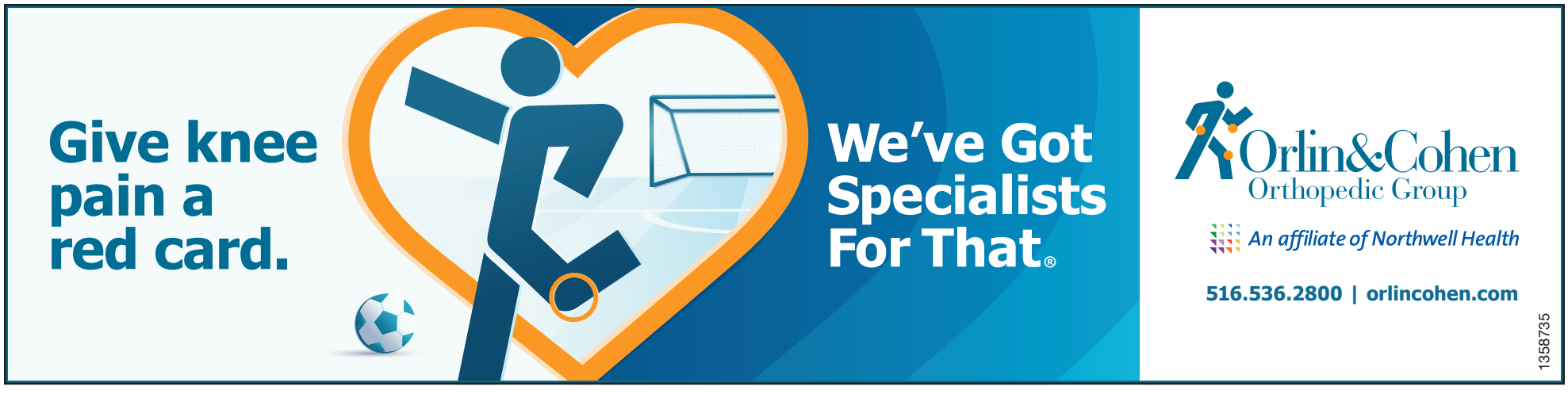
That sent Kosta Tsirkas to the spot with a chance to clinch the county championship for Glen Cove. The senior's attempt went off the legs of Garden City goalkeeper Jack Armstrong and trickled over the line, setting up a wild celebration for Glen Cove.

In the semifinals, the Big Red knocked off third-seeded Roslyn, 4-0, with Santiago scoring a pair of goals in the first half and Tsirkas tacking on an insurance goal in the second half. Bernal made six saves.

"I'm really incredibly grateful for the opportunity to win and grateful for being able to share more memories with the guys that we have right now because we're winners, we're champions," Smith said. "We all battled together and showed the grit, the resiliency, and the brotherhood, the family."



Glen Cove's Wilson Padilla, left, and Garden City's Henry Koester battled for possession.



Catholic Health names Frank Kurre its CEO

After a four-month leadership vacancy, Catholic Health has named longtime board leader and health care executive Frank Kurre as its next president and CEO, a position he will assume Jan. 1.

Kurre, a Catholic deacon, will succeed Patrick M. O'Shaughnessy, who stepped down in June after serving in the position since 2021.

Kurre was appointed by the Most Rev. John O. Barres, bishop of the Diocese of Rockville Centre, and the corporate members of Catholic Health. He brings more than three decades of service on the organization's boards and committees, and currently chairs its Transformation Steering Committee.

Kurre has also held leadership positions at two global firms, including Grant Thornton, where he was managing partner of the Northeast Region and led its Metro New York and New England market territory. He also served as national managing partner of the firm's higher education and not-for-profit practices. Before joining Grant Thornton, he was a partner at Arthur Andersen.

A graduate of St. John's University, where he earned a degree in accounting in 1984, Kurre received a master's in pastoral studies from the Seminary of the Immaculate Conception in 2013. That same year, he was ordained a deacon for the Diocese of Rockville Centre.

His service also includes positions on the boards of St. John's, Chaminade High School and the Institute for Catholic Schools. He was also a member of Catholic Health's board of directors and chaired its Compliance and Audit Committee.

"Catholic Health is a special organization with tremendous strengths and opportunities for the future," Kurre said. "I am honored to serve alongside our physicians, nurses, technicians and employees as Christ's Healing Hands to our patients and their families. Everything we do must remain rooted in the Catholic faith we proudly proclaim and in our commitment to delivering compassionate health care to all who come to us."



Courtesy Catholic Health

Frank Kurre has been appointed president and CEO of Catholic Health, effective Jan. 1. Curry, a Catholic deacon, has worked in the Long Island health care system for over three decades.

Kurre will lead the system's ongoing transformation, with the goal of making Catholic Health the premier health system on Long Island. The effort will be guided by the organization's core values of integrity, compassion, accountability, respect and excellence.

Barres, who chairs Catholic Health's corporate members, said that Kurre's professional background and religious vocation were important qualifications for the role.

"Deacon Kurre brings a record of excellence from both his career and his vocation as a deacon and dedicated family man," Barres said. "His deep commitment to the mission of Catholic Health will be reflected in his service to the clinicians, staff, and all who come seeking care. Deacon Kurre is the unanimous choice of the Corporate Members Board, and we are pleased to welcome him as the new leader of our hospitals and related entities."

Catholic Health is a faith-based health care system serving Long Island, with approximately $4.5 billion in annual revenues and other operating support, and roughly 18,000 employees. Its network includes acute-care hospitals with more than 1,900 certified beds; Catholic Health Physician Partners, a network of more than 3,700 providers, ambulatory and urgent care locations; primary and specialty physician practices; and home care, hospice, rehabilitation and other community-based services.

The system provides care across a range of specialties, including cardiovascular services, cancer care, surgery, neuroscience, musculoskeletal care, women's health, pediatrics, emergency medicine and behavioral health.

–Brian Kacharaba

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One of Democrats' focuses was affordability

CONTINUED FROM PAGE 1

want the attacks and counterattacks. Let's work together, Democrats and Republicans, to make Americans' lives more affordable."

In the contest in the 13th Assembly District, Democratic incumbent Charles Lavine held a substantial lead over Republican challenger Conner Dunleavy. Lavine received 24,929 votes, or 59.50 percent, compared with Dunleavy's 16,927 votes, or 40.40 percent, according to unofficial Nassau County returns.

Lavine, whose district includes Glen Cove and surrounding North Shore communities, said the results reflected something broader than a partisan shift. "I don't like to refer to it as a blue wave," he said. "To me it is a red, white and blue wave. I think the American people have awakened to the crisis that we face, and they have, as we always do, risen to meet the challenge."

The Democratic gains did not extend to the 7th State Senate District, where Republican Jake Blumencranz led Democrat Rory Lancman in the contest for the seat previously held by Republican Jack Martins. Blumencranz, a state assemblyman, received 61,246 votes, or 51.96 percent, compared with Lancman's 56,472 votes, or 47.91 percent.

Lancman, a former state Assemblyman and New York City councilman, had sought to return to Albany, while Blumencranz campaigned to move from the Assembly to the Senate.



Melissa Baptiste/Herald

The mood was celebratory among Nassau County Democrats amid a blue wave on election night.

At the county level, Democratic incumbent Delia DeRiggi-Whitton held a commanding lead over Republican John Canning in the 11th Legislative District, which includes Glen Cove and other North Shore communities. DeRiggi-Whitton received 16,323 votes, or 61.41 percent, compared with Canning's 10,238 votes, or 38.52 percent.

DeRiggi-Whitton, who has represented the district since 2012, said that strengthening the Legislature's oversight of county government would be among her priorities. "I have many [top priorities]," she said, "but mainly that I want to really bring back the checks and balances of the Nassau County government and make sure that the Legislature has a true role."

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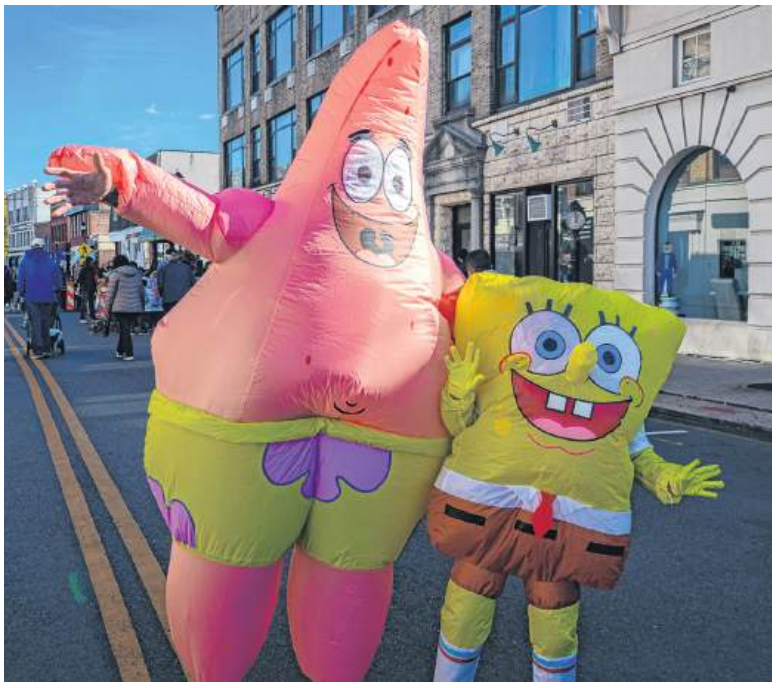
Photos courtesy Aidan Adycki

Colorful costumes bring plenty of Halloween magic to the annual Glen Cove Downtown BID parade.

Halloween magic takes over downtown

Downtown Glen Cove was transformed into a Halloween wonderland on Oct. 31 as the Glen Cove Downtown Business Improvement District hosted its annual Halloween Parade and Festival. Little ghouls, superheroes, princesses and other costumed characters took to the streets for an afternoon of spooky fun, with families enjoying trick-or-treating at participating downtown businesses, pumpkin painting, pony rides, mini golf, games, bounce houses and music from a DJ. The festivities also featured a costume contest for children ages 12 and younger, giving young revelers a chance to show off their Halloween creativity. From colorful costumes to festive activities, the event brought families together for a spirited celebration and filled downtown Glen Cove with Halloween excitement.

–Roksana Amid



Children and families dressed in Halloween costumes fill the streets for the annual Glen Cove Downtown BID Halloween Parade.



Families gather to celebrate Halloween during an afternoon of festive fun in downtown Glen Cove.



Young revelers show off their Halloween spirit in creative costumes during the downtown parade.



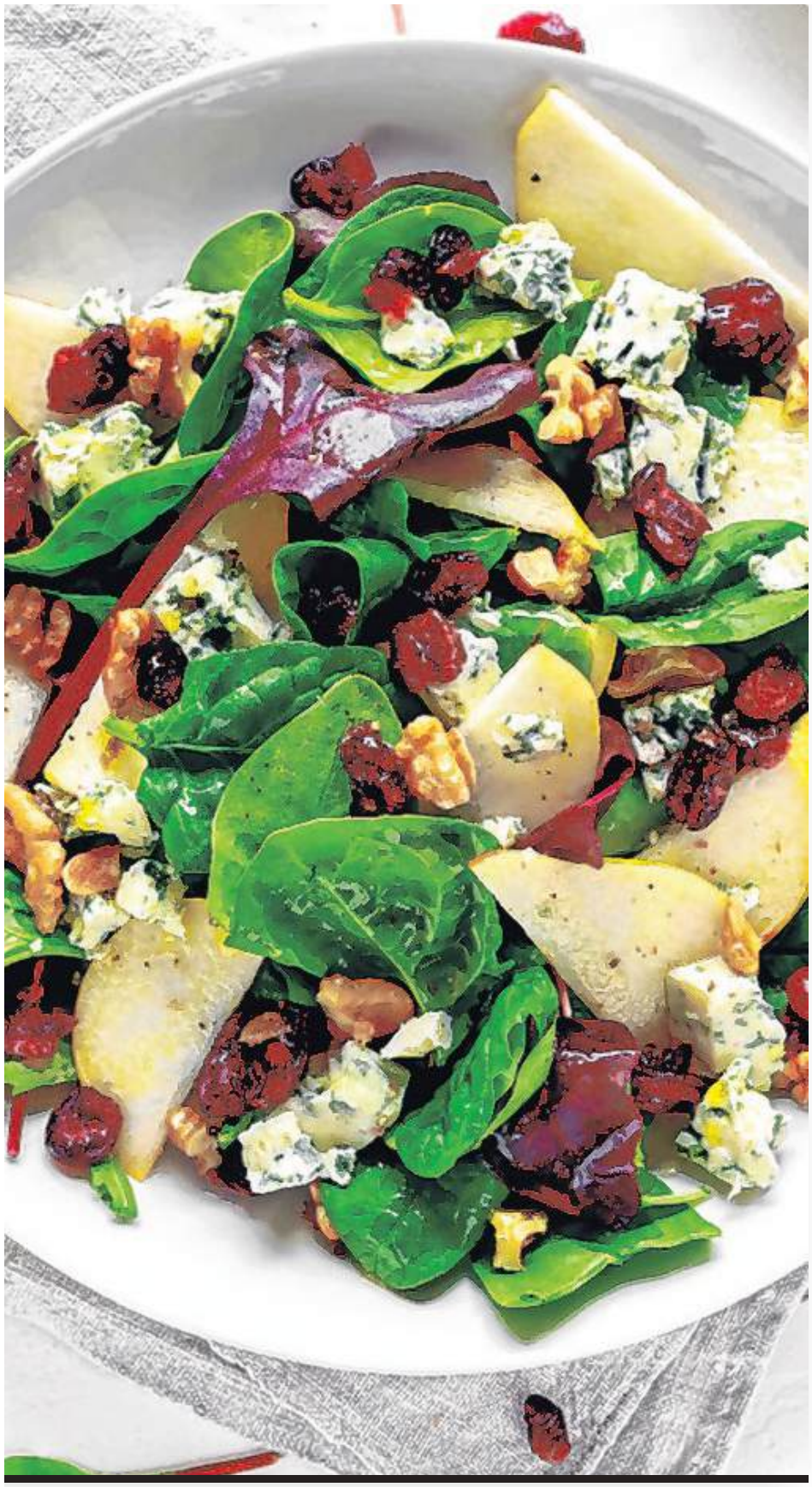
Families enjoy the Halloween festivities and activities at the annual downtown parade and festival.

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Cover Story

AROUND THE TABLE

Enjoy the flavors of the season with a fresh take on festive eating

Holiday meals are about more than what's on the plate. They're about treasured recipes, familiar aromas and gathering together. Eating well doesn't mean giving up creamy casseroles, decadent desserts or the dishes that make the season special. With a few smart ingredient swaps and fresh additions, you can enjoy festive meals that combine flavor, tradition and nutrition.

The secret is balance, not deprivation. A little creativity can make holiday favorites more nourishing without sacrificing the taste and comfort that make them worth serving.

If you think festive meals mean rich, creamy casseroles while "healthy" means a lonely plate of kale and broiled fish, it's time for a rethink. You can enjoy festive, hearty dishes that are full of flavor and better for you.

Give favorite recipes a fresh twist

You don't have to reinvent a holiday menu to make it more nutritious. Simple substitutions can lighten familiar recipes while preserving their appeal.

For beef stroganoff, try replacing some of the beef with chicken, using olive oil instead of butter and swapping some sour cream for plain, unsweetened yogurt. Greek yogurt adds protein and creaminess; stir it in over low heat or off the heat to help prevent curdling.

The same approach works in creamy casseroles and dips. Depending on the recipe, yogurt can replace some of the sour cream or mayonnaise, while herbs, garlic, mustard and black pepper add flavor without relying solely on salt.

For a fresher take on green bean casserole, sauté fresh or frozen green beans with mushrooms, onions and bell peppers. If the crunchy onion topping is nonnegotiable, finish with a modest sprinkle to preserve that familiar touch.

You can also reduce the cheese in cornbread casserole or replace some of the sour cream with plain yogurt, adjusting the other ingredients as needed to maintain the texture.

Start with one or two changes, taste as you go and keep the ingredients that make a family favorite special.

Make the table a feast for the eyes

Color, texture and presentation can make a meal feel festive before the first bite. Pair rich dishes with vibrant sides, such as roasted Brussels sprouts with pomegranate seeds, citrus salad or crisp vegetables with a yogurt-based herb dip.

Fresh herbs, citrus slices and toasted nuts can add flavor and visual appeal. For appetizers, balance heavier selections with fruit, hummus,

vegetables or shrimp cocktail, an elegant source of lean protein.

Offering a variety of appealing choices allows guests to build plates that suit their tastes and dietary needs. And don't overlook the pleasure of slowing down, savoring each bite and enjoying the company around the table.

Keep the favorites, find the balance

Some holiday foods are worth waiting all year for, whether it's a treasured cookie recipe, pecan pie or a glass of eggnog. You don't have to eliminate them to eat well.

Instead, serve the dishes you love alongside vegetables, fruit and other nourishing options. Smaller portions of especially rich foods can leave room to sample a variety of flavors without making any favorite off-limits.

Simple preparation changes can also make a difference. Roast vegetables instead of frying them, use herbs and spices to build flavor, and serve sauces or dressings on the side.

For a lighter main course, consider baked salmon with lemon and herbs, shrimp sautéed with vegetables or a seafood stew. Pair it with roasted seasonal vegetables and a baked sweet potato for a colorful, satisfying meal.

Start a new holiday tradition

A healthier holiday menu can inspire new ways to gather, too. Consider an international-themed potluck featuring a cuisine you've always wanted to explore.

Choose a country or region, invite guests to contribute a dish and create a menu with a variety of vegetables, whole grains, seafood and legumes.

Regional music and simple decorations can complete the experience. To keep costs manageable, coordinate the menu in advance and ask guests to prepare one course or contribute ingredients. Be sure to account for food allergies and dietary restrictions.



Other traditions might include trying a new vegetable dish each year, exchanging family recipes or preparing a meal together before the festivities begin. These activities make food part of the celebration beyond what's served.

Pass along healthy habits

Holiday traditions can shape how children and future generations think about food. Involve them in planning menus, shopping for ingredients and preparing dishes to build cooking skills and encourage curiosity about new flavors.

Offer a variety of foods without labeling favorites as forbidden or making indulgences a source of guilt. Learning that nutritious choices and celebratory treats can coexist helps foster a balanced approach to eating.

A healthier holiday table doesn't require a complete menu overhaul. Add color, experiment with ingredients and savor the foods that make the season meaningful.

The best holiday meals nourish both body and spirit. With a few thoughtful changes, you can preserve the flavors and traditions you love while building healthy habits that last well beyond the holidays.





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Balancing act

More merry delights, one choice at a time

Mashed potatoes and gravy, Grandma's apple pie and other beloved holiday dishes are part of what makes the season special. But when festive treats seem to appear everywhere, it can be challenging to enjoy the foods you love while maintaining healthy habits.

From office parties and family gatherings to food gifts, the holidays present plenty of opportunities to indulge. The key to navigating them isn't avoiding every treat or sticking to a rigid diet. It's planning ahead, making mindful choices and remembering that one meal doesn't define your health.

"From Halloween through New Year's, there's always a decision to make about food," says Dr. Marci Gluck, an NIH psychologist who studies obesity and eating behaviors. As celebrations approach, she recommends thinking ahead and creating a realistic plan.

Start by identifying your priorities. You might want to avoid overeating, stay active, reduce stress or simply feel your best throughout the season. Make room in your schedule for grocery shopping, home-cooked meals, regular physical activity and a little downtime.



You don't need to deprive yourself, eat only boring foods, or take your treats with a side order of guilt. Instead, by practicing a bit of defensive eating and cooking, you can come through the holidays without making "go on a diet" one of your New Year's resolutions.

Just as important, give yourself some flexibility. An all-or-nothing approach can turn a single indulgence into a source of guilt — and make it tempting to abandon your goals altogether.

Make mindful choices

Holiday tables often offer more tempting options than anyone needs, making it difficult to decide what to enjoy and when to pass. Rather than sampling everything simply because it's available, focus on the foods you truly love.

Small decisions can add up. Choose water more often, reach for fruit when you want a lighter snack, and look for opportunities to move throughout the day. When a craving strikes, pausing to consider whether you're hungry, thirsty or simply responding to what's in front of you can help you make a more intentional choice.

Be an active participant at the table, which can also make holiday meals more satisfying. Slow down, savor each bite and enjoy the conversation around the table.

Know your triggers

For some people, certain foods make moderation especially difficult. Nutrition experts recommend recognizing personal "trigger foods" — items that can prompt overeating or make it harder to maintain healthy routines.

Everyone's relationship with food is different. Some people can enjoy a favorite dessert and comfortably move on, while others find that certain foods make it harder to stick with their intentions. Knowing your own patterns can help you decide what works best for you.

It's also important to respect other people's choices. Avoid pressuring guests to try a dish, finish their plates or take home leftovers. What feels manageable for one person may be challenging for another.



3 THINGS TO KNOW THEODORE ROOSEVELT

Presidential birthday facts

By WILL SHEELINE

wsheeline@liherald.com

Theodore Roosevelt, the 26th president of the United States, was born on Oct. 27, 1858. More than a century after his death, Roosevelt remains one of the most colorful figures in American history, remembered for his conservation efforts, adventurous spirit and larger-than-life personality.Beyond his political accomplishments, Roosevelt had a fascinating personal life filled with unusual hobbies, memorable mishaps and stories that reveal a man who rarely did anything halfway.

In honor of Roosevelt's birthday, here are three things to know about the former president that might surprise even history buffs.

1

He married his first wife on his birthday

Roosevelt's birthday marked more than the anniversary of his birth. On Oct. 27, 1880, he married his first wife, Alice Hathaway Lee, in Brookline, Massachusetts, on his 22nd birthday.

Lee died on Valentine's Day in 1884, two days after giving birth to their daughter, Alice Lee Roosevelt. Roosevelt was devastated by the loss. His mother, Martha Bulloch Roosevelt, also died on Feb. 14, 1884, the same day as his wife.

Roosevelt recorded his grief in his diary with a simple black cross and the words, "The light has gone out of my life."

He eventually returned to public life and married Edith Kermit Carow in 1886. The couple had five children together.

2

A hunting trip inspired the teddy bear

One of the most enduring stories associated with Roosevelt involves a bear hunt in Mississippi in November 1902.

Roosevelt traveled to Mississippi to hunt black bears. During the expedition, his hunting companions tracked down a bear, captured it and tied it to a tree, offering the president an easy opportunity to shoot it.

Roosevelt refused, considering the circumstances unsportsmanlike.

The incident attracted national attention after political cartoonist Clifford Berryman depicted the president refusing to shoot the bear. The cartoon inspired Morris Michtom, a Brooklyn candy shop owner, to create a stuffed toy bear named after Roosevelt.

3

His children's White House pets included a pony and a badger

Roosevelt and his family brought considerable energy to the White House during his presidency from 1901 to 1909. His five children with Edith were known for their lively antics, while the family kept an assortment of animals that would have been unusual in most presidential households.

Among the animals was a pony named Algonquin. According to accounts of the Roosevelt family's White House life, the children once brought the pony into the White House elevator to visit their brother Archie while he was recovering from an illness.

The family also kept a badger named Josiah, a bear, a hyena, a macaw and a lizard, in addition to more traditional cats, dogs and other birds.

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STEPPING OUT



Pumpkin Bread



Pumpkin Pie



Roasted Pumpkin Soup

Pumpkin, please

Trade Halloween treats for a fresh take on a fall favorite

By Karen Bloom

Pack away the candy and bring on the cozy kitchen vibes! As the holiday countdown begins, it's time to crank up the oven, break out the mixing bowls and savor the flavors of fall. Pumpkin takes center stage, ready for its next act.

Pumpkin Bread

Super-moist and packed with flavor, this can be made into a simple pumpkin loaf; or enhanced with chocolate chips and/or nuts. Or raisins. Or butterscotch chips.

- 1 cup (198g) vegetable oil
- 2 2/3 cups (528g) granulated sugar
- 4 large eggs
- 2 scant cups (425g) or one 15-ounce can pumpkin purée
- 2/3 cup (152g) water
- 3 1/3 cups (400g) unbleached All-Purpose Flour
- 1/2 teaspoon baking powder
- 1 teaspoon baking soda
- 1 1/2 teaspoons table salt
- 1 teaspoon ground nutmeg
- 1 teaspoon vanilla extract
- 1 cup (113g) chopped walnuts or pecans
- 1 1/2 cups (255g) chocolate chips, optional, or diced crystallized ginger, golden raisins, or dried cranberries
- Coarse sparkling sugar, for sprinkling on top, optional

Glaze (optional)

- 1 cup (113g) confectioners' or glazing sugar
- 2 tablespoons (28g) butter, melted
- 1 tablespoon milk

Preheat the oven to 350°F. Lightly grease two 8 1/2" x 4 1/2" loaf pans (if you're making the plain version of the bread); two 9" x 5" loaf pans (if you're adding chocolate chips and nuts); or one of each, if you're making one plain loaf, and one loaf with chips and nuts.

In a large bowl, beat together the oil, sugar, eggs, pumpkin, and water.

Add the flour, baking powder, baking soda, salt, nutmeg, and vanilla, stirring to combine.

Mix in the chips and nuts, if you're using them. To make one loaf with chips/nuts, one loaf without, divide the batter in half. Leave one half plain, and add 3/4 cup chips and 1/2 cup nuts to the other half.

Spoon the batter into the prepared pans. Sprinkle the tops of the loaves with coarse sparkling sugar.

Bake the bread for 60 to 80 minutes, or until a cake tester or toothpick inserted in the center of the loaf comes out clean; and that same tester inserted about 1/2" into the top of the loaf doesn't encounter any totally unbaked batter.

Remove the bread from the oven, and cool it on a rack. When it's completely cool, wrap it well in plastic wrap and if time allows, store it overnight before serving. Waiting to enjoy the bread allows the flavors to meld and texture to completely set.

The next day, stir together the glaze ingredients. Drizzle the glaze over the bread and cut into slices to serve.

Storage information: Store leftover bread, tightly wrapped, at room temperature for several days. Freeze for longer storage.

Pumpkin Pie

Pie is always a fitting sweet treat, especially during the holiday season. This recipe, courtesy of Emily Luchetti's "Classic Stars Desserts" (Chronicle Books, is a standout for your table.

- 3 large eggs
- 1/2 cup firmly packed light brown sugar
- 1/2 cup dark corn syrup
- 1 1/2 cups heavy whipping cream
- 1 1/2 cups pumpkin purée, homemade (see below)
- 1 tablespoon rum
- 1 teaspoon ground cinnamon
- 3/4 teaspoon ground ginger
- 1/2 teaspoon salt
- 1 prebaked 9 1/2-inch pie crust

1 recipe chantilly cream (see below)

Preheat the oven to 350 F.

In a large bowl, whisk together the eggs and brown sugar until blended. Add the corn syrup and whisk until smooth. Whisk in the cream, pumpkin purée, rum, cinnamon, ginger, and salt until well mixed. Pour into the prebaked pie crust.

Bake until the filling is set, about 30 minutes. Let cool to room temperature. Serve with the chantilly cream.

Chef's tip: The pie may be made a day in advance, covered and refrigerated. Bring to room temperature before serving.

Roasted Pumpkin Soup With Pumpkin Crisps

When chilly days require something to warm you up from the inside out, nothing can beat a soothing soup.

- 3 to 3 1/2 pounds pumpkin
- 6 tablespoons olive oil
- 2 onions, chopped
- 3 garlic cloves, chopped
- 1 3-inch piece of fresh ginger root, grated
- 1 teaspoon ground coriander
- 1/2 teaspoon ground turmeric
- Pinch of cayenne pepper
- 4 cups vegetable stock
- Salt and ground black pepper
- 1 tablespoon sesame seeds
- Fresh cilantro leaves, to garnish

For the pumpkin crisps

- Wedge of fresh pumpkin, seeded
- 1/2 cup olive oil

Preheat the oven to 400 F. Prick the pumpkin around the top several times with a fork. Brush the pumpkin with plenty of the oil and bake for 45 minutes or until tender. Leave until cool enough to handle.

Take care when cutting the pumpkin, as there may still be a lot of hot steam inside. When cool enough to handle, scoop out and discard the seeds. Scoop out and chop the flesh.

Heat about 4 tablespoons of the remaining oil (you may not have to use all of it) in a large pan and add the onions, garlic and ginger, then cook gently for 4 to 5 minutes. Add the coriander, turmeric, and cayenne, and cook for 2 minutes. Stir in the pumpkin flesh and stock. Bring to a boil, reduce the heat, and simmer for about 20 minutes until tender.

Cool the soup slightly, then puree it in a food processor or blender until smooth. Return the soup to the rinsed out pan and season well.

Meanwhile, prepare the pumpkin crisps. Using a swivel-blade potato peeler, pare long thin strips off the wedge of pumpkin. Heat the oil in a small pan and fry the strips in batches for 2 to 3 minutes, until crisp. Drain on paper towels.

Reheat the soup and ladle it into bowls. Top with the pumpkin crisps and garnish each portion with sesame seeds and cilantro leaves. Makes 6-8 servings.



Jason Isbell

Jason Isbell brings his acclaimed songwriting and soulful voice to the Tilles Center stage for an intimate solo performance that puts the music and the stories behind it front and center. Known for his raw, unflinching lyrics and keen eye for life's complexities, the Grammy-winning singer-songwriter has earned a reputation as one of the most compelling voices in modern Americana. Stripped-down arrangements leave room for every lyric to resonate, giving audiences a closer look at the emotion, grit and craftsmanship that define his music. Hear favorites from across his celebrated catalog in a rare solo setting, where Isbell's storytelling takes the spotlight and every song feels personal.

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Rush Tribute Project

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NOV 5

On exhibit

Louis Comfort Tiffany: Artist of the Gilded Age brings together the Nassau County Museum of Art's unparalleled collection of more than 130 oil and watercolor paintings by one of America's most celebrated artists. This landmark exhibition marks the first time the museum presents the full scope of its Tiffany paintings, an extraordinary group made possible through a generous, anonymous gift that represents the largest private collection of Tiffany paintings. While best known for his stained-glass windows, lamps, and decorative objects, this exhibit highlights a rarely seen dimension of his artistic practice: the paintings that he personally created at the beginning of his career. Through Nov. 8.

- **Where:** 1 Museum Drive, Roslyn Harbor
- **Time:** Ongoing
- **Contact:** nassaumuseum.org or (516) 484-9338

NOV 6

First Fridays: The Wonderful World of Everett Shinn

Experience Shinn's Rococo Revival work at Planting Fields State Park, where the Coe family commissioned the artist to create decorative objects and murals specifically for their home. Learn the story behind the decorative panels in Mai Coe's Dressing Room and enjoy an exclusive viewing of the Tea House, where guests will learn about the recent restoration of the building and interior elements. The session offers a behind-the-scenes look at some of the most treasured works of art and historic spaces at Planting Fields, what it takes to care for and preserve them, and the stories that bring them to life! $25 per person.

- **Where:** Main House, 1395 Planting Fields Road, Oyster Bay
- **Time:** 10-11 a.m.
- **Contact:** plantingfields.org or call (516) 922-9210

NOV 7

Deep Roots Farmers Market

Shop fresh and local at the Deep Roots Farmers Market! Enjoy a vibrant selection of Long Island-grown produce, artisanal goods, fresh baked items, handmade crafts, and more. The market also features live music, family-friendly activities, and community vendors. Come support local farmers and makers, rain or shine!

- **Where:** 100 Village Square, Glen Cove
- **Time:** 9 a.m.-1 p.m.
- **Contact:** deeprootsfarmersmarket.com



Nov 19

Patton Oswalt

Patton Oswalt brings his razor-sharp wit and unmistakable comedic style to the Paramount stage on his latest tour. An Emmy- and Grammy-winning comedian, actor and writer, Oswalt has built a career on smart, offbeat observations that draw from pop culture, politics, science fiction, comic books and everyday absurdities. His background as an English major at William & Mary fuels his cerebral approach to comedy, where literary references and superhero lore can collide in the same rapid-fire routine. A longtime force in the alternative comedy scene, Oswalt helped push stand-up beyond the traditional setup-and-punchline formula, developing a style that blends incisive commentary, unexpected tangents and meticulously crafted storytelling. His acclaimed specials include "Talking for Clapping," which earned him both an Emmy and a Grammy, along with "Annihilation," "I Love Everything" and "We All Scream." His talents extend well beyond stand-up. He played Spence Olchin on " The King of Queens" and voiced Remy in Pixar's Ratatouille," among other films and is also a bestselling author. Whether riffing on geek culture or dissecting the absurdities of modern life, Oswalt delivers comedy that is as intellectually nimble as it is irreverent.

- **Where:** The Paramount, 370 New York Ave., Huntington
- **Time:** 8 p.m.
- **Contact:** ticketmaster.com or paramountny.com

Storybook Studio

Nassau County Museum of Art welcomes families to step into the pages of beloved children's books and watch stories come alive through art! In this highly interactive, collaborative workshop, children ages 4-7 and their parents/caregivers team up to explore literature through tactile crafting, playful mechanics, and creative engineering. Each session begins with an engaging reading of a celebrated storybook, followed by a hands-on art project that transforms abstract themes into beautiful, functional and kinetic sculptural objects. This is a true partner class! Come ready to cut, color, tape, and create right alongside your child. $25 One adult/child ($20 members), $5 additional child.

- **Where:** Manes Center, 1 Museum Drive, Roslyn Harbor
- **Time:** 10-11 a.m., also Dec. 5
- **Contact:** nassaumuseum.org or (516) 484-9337

NOV 8

In concert

Sands Point Preserve's reserve's historic mansions and waterfront grounds are the backdrop for the latest edition of its unique chamber music series at Hempstead House, themed "Song for Autumn." Through music born of migration and transformation, voices from different cultures meet in an intimate conversation — between homeland and elsewhere, tradition and reinvention, remembrance and hope. Like the changing season itself, the program reflects on what we carry with us, what we leave behind, and what emerges along the way. duoJalal ensemble-in-residence performs, featuring Kathryn Lockwood, viola, and Yousif Sheronick, percussion, with violinists MinYoung Kim and Ben Russell, cellist Eliana Razzino Yang, Mark Dover on clarinet. With wine reception following. $61, $50 members.

- **Where:** Hempstead House, 127 Middle Neck Road, Sands Point
- **Time:** 3 p.m.
- **Contact:** sandspointpreserve conservancy.org or call (516) 571-7901

North Shore Historical Museum Director Reception

The North Shore Historical Museum welcomes its new director, Gaitley Stevenson-Mathews, during a reception celebrating his appointment.

- **Where:** North Shore Historical Museum, 140 Glen St., Glen Cove
- **Time:** 3 p.m.
- **Contact:** (516) 801-1191

NOV 10

City Council meeets

The Glen Cove City Council meets to discuss city business and matters affecting the community.

- **Where:** Glen Cove City Hall, 9 Glen St.
- **Time:** 7:30-8 p.m.
- **Contact:** (516) 676-2000

NOV 11

Veterans Day 2026

Join the City of Glen Cove and VFW Post 347 as the community comes together to honor the courageous men and women who have served the nation. Pay tribute to America's veterans and thank them for their courage, sacrifice and service. Additional details, including this year's honoree, will be announced as they become available.

- **Where:** Glen Cove Public Library, 4 Glen Cove Ave..
- **Time:** 11 a.m.
- **Contact:** (516) 676-2000

NOV 14

Ecotherapy Walk

Join certified guide Linda Lombardo on an Ecotherapy Walk at Sands Point Preserve to explore the colors and texture of Autumn. Ecotherapy, also known as Forest Bathing, is not simply hiking in the woods, or a walk on a beach. The focus is on connection and relationship, allowing the heart to open to the beauty of the natural world, and at the same time, understand our belonging in that world. Register for individual walks or a series of three. $135 for series of 3, $120 members; $49 per session, $44 members.

- **Where:** 127 Middle Neck Road, Sands Point
- **Time:** 10:30 a.m.
- **Contact:** sandspointpreserve conservancy.org or call (516) 571-7901

NOV 19

Alzheimer's/ Dementia Workshop

Learn about the impact of Alzheimer's disease and dementia during an informative community program presented by the Alzheimer's Association in partnership with the City of Glen Cove. Explore how these conditions affect individuals, families and caregivers, while learning about local resources and ways to support those living with dementia. Opportunities to get involved in the fight against Alzheimer's disease are also highlighted. Advance registration is recommended.

- **Where:** Glen Cove City Hall, 9 Glen St.
- **Time:** 6:30-7:30 p.m.

Having an event?

Items on the Calendar page are listed free of charge. The Herald welcomes listings of upcoming events, community meetings and items of public interest. All submissions should include date, time and location of the event, cost, and a contact name and phone number. Submissions can be emailed to kbloom@liherald.com.

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Propel's quality certificate rescinded

By WILL SHEELINE
wsheeline@liherald.com



Julia Capitelli/Herald

North Shore Interim Superintendent Tom Dolan opened the news conference held by six school districts.

The Village of Sea Cliff and North Shore-area school districts are challenging the state's approval of the Propel NY Energy transmission project, arguing that regulators failed to adequately address environmental risks, school safety and whether the $3.26 billion project remains necessary in light of changes in offshore wind development.

The challenges come as the state has withdrawn Propel's water quality certification, and is directing the developer to submit a formal certification application after Sea Cliff questioned how the approval was issued and whether the public had adequate opportunities to review the evidence related to the environmental impact.

The state Public Service Commission, which approved the overall project on Sept. 17, issued a water quality certification on Oct. 2, but withdrew it on Oct. 19 following objections from the village, according to Bruce Kennedy, Sea Cliff's village administrator. The PSC had not responded to a request for comment by press time.

The village and three area school districts, including North Shore, have filed petitions for a rehearing to challenge the commission's approval. They seek reconsideration of the decision and argue that important questions about the impacts of the project remain unresolved.

Christine Panzeca, a Glen Head resident who opposes Propel, said the filings reflect concerns that regulators have approved the project without adequately supporting their conclusions. "The overwhelming theme here is that the PSC and Propel are ignoring the impacted communities to push forward their project," Panzeca said.

The water quality certification is required by the federal Clean Water Act. Kennedy wrote in a statement that Sea Cliff challenged the certification because the village could not identify a formal application by Propel in the public record, determine what public review had taken place or establish how the state had addressed the project's potential environmental damage to Hempstead Harbor.

"What I find particularly troubling is that the state issued a water quality certification on Oct. 2," Kennedy wrote, "but after the village challenged that action, the state withdrew the approval and directed Propel to submit the very application that should have been available for public scrutiny before any certification was granted."

Kennedy explained that the village has raised concerns about disturbance of the harbor bottom, destruction of shellfish habitat and potential damage to an ecosystem that local communities have spent decades restoring.

Propel spokeswoman Marykate Guilfoyle claimed that the certification's rescission would not affect the project's progress. "This is purely an administrative activity," Guilfoyle wrote in a statement. "All aspects of this permit and project — our route, environmental studies, modeling and monitoring, and construction means and methods — are well documented and available in the public record."

She added that Propel had resubmitted its application and would continue advancing permitting in order to begin construction later this year.

Kennedy wrote that submitting an application does not establish environmental compliance, and called for a transparent review, meaningful public participation and a decision based on scientific evidence.

The school districts' petition argues that the commission's Sept. 17 order contained errors of fact and law, overlooked material evidence and relied on unsupported assumptions about the effectiveness of proposed mitigation measures.

The districts contend that the commission did not adequately address potential effects on student safety, school operations, transportation and their educational environments. They also argue that the order fails to account for financial and operational burdens on public schools and unresolved questions about electromagnetic field exposure near school facilities.

"Although the school districts presented substantial evidence concerning the Project's adverse impacts on student safety, school operations, transportation operations, and educational environments," the petition states, "the order largely responds with conclusory findings, generalized references to future coordination, and unsupported assumptions regarding mitigation effectiveness."

The districts, which include Roslyn and Syosset, are seeking a stay of the commission's order while their petition is considered. District representatives, including those from Garden City, Hicksville, and Manhasset school districts, were scheduled to hold a news conference on Thursday, at the North Shore School District's transportation facility in Glenwood Landing, to address their petition.

Guilfoyle wrote that the commission thoroughly evaluated the issues raised by the districts, and added that Propel had engaged with schools along the route for years to identify necessary safety measures and to share details of construction and scheduling.

Sea Cliff's petition also challenges the PSC's assessment of Propel's public need, arguing that cancellations and delays of offshore wind development have undermined the project's original justification.

The village disputes the commission's reliance on an estimated 1,866 megawatts of offshore wind generation as evidence of need, arguing that Empire Wind 1 Project— an offshore wind farm developed by Equinor located in the Atlantic Ocean south of Long Island — which accounts for 810 megawatts, connects to New York City's electrical grid rather than Long Island's.

According to the village's petition, South Fork Wind and Sunrise Wind — two other offshore wind farm projects — are the projects identified in the commission's order that connect or are planned to connect to Long Island, totaling roughly 1,056 megawatts.

The filing also questions whether electricity generated in eastern Long Island can be delivered to Propel's proposed connection given existing transmission constraints.

Propel maintains that the project offers reliability benefits and can transmit electricity regardless of its generation source. The company has also argued that detailed construction plans and environmental protections will be addressed in the later phases of its environmental management and construction plan.

The village, and the school districts, are seeking a rehearing and an interim stay of the commission's order.

The commission's decision to withdraw the water quality certification adds another step to Propel's permitting process, but did not reverse the Sept. 17 approval of the overall project.

Additional reporting by Julia Capitelli.

HERALD PUBLIC NOTICES

LEGAL NOTICE
SUPREME COURT COUNTY OF NASSAU.
BONITA WEST LLC, Plaintiff -against- ANTHONY DIBLASIO, et al Defendant(s).
Pursuant to a Judgment of Foreclosure and Sale dated July 14, 2026 and entered on July 27, 2026, I, the undersigned Referee will sell at public auction on the North Side steps of the Nassau County Supreme Court "Rain or Shine" located at 100 Supreme Court Drive, Mineola, NY on November 18, 2026 at 2:30 p.m. premises situate, lying and being in the City of Glen Cove, Town of Oyster Bay, County of Nassau and State of New York, bounded and described as follows: BEGINNING at a point on the east side of Maryland Avenue, 296.29 feet southerly from a stone monument set at the intersection of the South line Landing Road and the East line of Maryland Avenue, as measured along the East line of Maryland Avenue; from said point beginning; being a plot 74.46 feet by 40 feet 74.46 feet by 40 feet.
Section: 31 Block: 46 Lot: 5
Said premises known as 9 MARYLAND AVENUE, GLEN COVE, NY
Approximate amount of lien $7,113.42 plus interest & costs.
Premises will be sold subject to provisions of filed Judgment and Terms of Sale.
Index Number 617387/2025.
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{* Glen Cove*}

Will we see an eerie repeat of Yalta on Ukraine's behalf?

Nearing the close of World War II, President Franklin Roosevelt, Great Britain's prime minister, Winston Churchill, and Soviet Premier Joseph Stalin met at Yalta to divide the postwar world into spheres of influence. FDR's and Churchill's intent was to create a structure whereby countries that had been invaded by German dictator Adolf Hitler would regain their independence, and the major powers would prevent future invasions of sovereign nations.



PETER KING

Their hopes were dashed almost immediately, as Stalin established Soviet rule over Eastern Europe, creating what Churchill would label the Iron Curtain. One tyranny had been replaced by another. FDR died soon after Yalta. His successor, Harry S. Truman, a traditional Democrat, realized that America could not afford to be isolationist and delude itself into believing that wars in Europe would not impact America, and took strong action to counter the Soviets.

Truman also realized that the Soviet Union, like Germany, was too powerful for individual European nations to withstand. There had to be a unified effort, with America in the lead. Thus was born the North Atlantic Treaty Organization, which, whatever its faults, has proved to be the most effective military alliance and deterrent force in history, preventing any invasion by any European nation against another for almost eight decades.

> A Trump-Putin-Xi summit? Why wouldn't Zelensky be there?

Fortunately, the Republican leaders at the time discarded isolationism and forged a bipartisan foreign policy, which, in addition to NATO, supported aid to Greece and Turkey as well as the Marshall Plan to rebuild Western Europe. This would eventually lead to the collapse of the Soviet Union in 1991, and the entrance into NATO of the captive nations that had been subjugated to Soviet rule.

But Vladimir Putin, who assumed control of a diminished but still nuclear-armed Russia in the late 1990s, retained the Soviet goals of weakening NATO and expanding Russian influence and power into those former captive nations. Putin's goals, unfortunately, coincided with a resurgence of American support for isolationism. Putin invaded sovereign, independent Ukraine in 2022, which was clearly reminiscent of Hitler's aggression in the 1930s.

Russia's invasion was met by heroic resistance from Ukraine and leadership from its president, Volodymyr Zelensky, which in turn was reminiscent of Churchill and the British people in the early days of World War II. Fortunately, the U.S., under President Biden's leadership, allied with Europe and imposed severe economic sanctions on Russia while aiding Ukraine with military supplies and armaments. That enabled Ukrainian forces to inflict more than a million Russian casualties and halt Russian advances.

Unfortunately, with the war now stalemated on the battlefield and Russia's economy shattered, President Trump has reversed American policy and leaned toward isolationism and enabling Putin by reducing military aid to Ukraine, lifting Russian sanctions, blaming Zelensky for causing the war and calling for his removal as president. All this while Russia continues rocket and missile attacks on innocent civilians in Ukraine, which has accepted the American peace proposals that Putin has rejected.

In a reversal of form, though, Europe has stood strong with Ukraine, providing it with almost twice as much aid as the U.S. It has done all this while Trump wages verbal and diplomatic war with NATO and member nations including Great Britain, Denmark and Italy as well as the pope. Trump is now reportedly considering a summit meeting in Asia with Putin and China's dictator, Xi Jinping — but without Zelensky — to determine Ukraine's fate.

This is eerily reminiscent of Yalta, where, without the participation of their leaders, Eastern European countries had their fates determined based on misguided trust in Stalin's good faith — much as Trump now expresses faith in Putin. The philosopher George Santayana warned that those who fail to learn from the mistakes of the past will be condemned to repeat them. Let us pray that Trump heeds that warning.

Peter King is a former congressman, and a former chair of the House Committee on Homeland Security. Comments? pking@ liherald.com.

In Glen Cove we can't do enough for our veterans

November is the month of Veterans Day. While we should celebrate our veterans every day, the 11th of November is set aside as the official day. In Glen Cove we honor our veterans with a ceremony at the Dough Boy, the monument on the property of the public library. There are the traditional speeches, and each year an honoree is chosen by the members of the Veterans of Foreign Wars.



PAMELA PANZENBECK

The 2026 honoree is Robert Hanan, a Vietnam War combat veteran. I was introduced to Bob, and found him to be a humble, pleasant gentleman. He is so grateful for this honor. Joining him at the ceremony will be his wife of 57 years, Andrea, along with their son, Dean, daughter-in-law, Christina, and two grandchildren, ages 13 and 11.

After living in the Palm Beach area of Florida, the Hanans moved to Glen Cove in 2022 to be closer to their grandchildren. A very special congratulations to the Hanan family.

Bob was drafted into the Army in 1965, and served until 1967 with the Fourth Infantry Division. He earned the Combat Infantryman Badge, the National Defense Service Medal and the Vietnam Service Medal. Reflecting on his time in the Army, he said he was proud of the opportunity he was given to serve his country, and recognized the importance of remembering those who made the ultimate sacrifice.

> Stop and visit one of the monuments. Take the time to read the names. Say a prayer.

After completing his military service, Hanan utilized the skills he acquired in the Army, working as a radio teletype operator before earning his undergraduate degree from Baruch College and his master's from Lehman College, and becoming an accountant. Throughout his career, he worked as an adjunct instructor at Queens College, Baruch College Continuing Education, and Palm Beach Community College. He finished his career at the Internal Revenue Service.

Hanan's commitment to veterans continued long after his military service ended. While living in Florida, he was active in the Vietnam Veterans of America, serving as treasurer. After moving to Glen Cove, he joined VFW Post 347, maintaining his connection to the veterans community.

In Glen Cove we pay honor to our veterans all year long. On a personal note, before I was mayor, I accepted the challenge of the refurbishment of the city's veterans monuments. I thank some of our local Boy Scouts, who were happy to take on the challenges of renovating or refurbishing local monuments for their Eagle Scout Projects. They all did amazing work for us, and for that we are eternally grateful.

When I was a brand-new mayor in 2022, Lydia Wen, a local resident and the wife of a veteran, approached me to ask for support for the Glen Cove Salutes banner project. I couldn't say yes, yes, yes quickly enough. These veterans banners are on display in Morgan Park from Memorial Day through Veterans Day. It's such a popular project, and we thank Lydia for taking it on. She is currently sponsored by Post 347 and the Tribute and Honor Foundation. It's a labor of love for both entities.

In addition, the foundation hosts an inspirational gala every February, honoring local veterans and supporters. It's genuinely a feel-good event on a cold Winter night. If you love to support veterans, this is your opportunity to do so.

In addition to Seven Marathons in Seven Days each Spring, Team EVA — Every Veteran Appreciated — hosts a marathon on Veterans Day to raise money and awareness for veterans. The organization is currently planning drive-up events in Nassau and Suffolk counties that will offer veterans frozen turkeys and trimmings on a first-come, first-served basis. "Every Veteran Appreciated Every Single Day" is the theme for Team EVA.

During this season when we have so much to be thankful for, stop and visit one of Glen Cove's monuments to veterans and take the time to read the names. Say a simple prayer or a quiet thank-you to them. When you're out and meet up with a veteran, thank him or her. You'll bring a smile to his or her face.

Where would we be without their sacrifice? I can't imagine.

Pamela Panzenbeck is the mayor of Glen Cove.

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HERALD EDITORIAL

E-bike safety can't wait for another bad crash

Electric bikes have become a familiar sight on Long Island streets, offering an affordable way to get to school, work, the store or the train station. But as their popularity has grown, so have concerns about dangerous riding, illegal vehicles and serious injuries. Nassau County needs to turn its attention to e-bike safety and create a comprehensive plan to protect riders, motorists and pedestrians.

The warnings are no longer theoretical. On. Oct. 26, two 15-year-olds on an electric motorcycle crashed into a car in East Northport, injuring the teens and the motorist and seriously injuring the car passenger.

In September, a 13-year-old riding westbound on Hempstead Turnpike, in East Meadow, struck a stationary vehicle in a parking lot, suffering multiple lacerations and other injuries, and a 63-year-old e-bike rider in Uniondale struck a curb and was thrown over the handlebars, sustaining a head injury. In July, a 14-year-old riding an e-bike in Bethpage suffered severe body trauma in a collision with a car and was airlifted to a hospital in critical condition.

These incidents, reported by Nassau County police, underscore the risks for riders of varying ages and the need for a coordinated response.

Nassau County Police Commissioner Patrick Ryder has identified e-bikes as a major concern. The police are dealing with several e-bike enforcement cases daily, officials said. That level of activity reflects a problem demanding sustained attention, not occasional crackdowns.

Suffolk County offers a useful model. Last December, its Legislature adopted stricter rules for e-bikes and electric scooters. Among the requirements are a minimum rider age of 16, helmets for all riders, a prohibition on riding on sidewalks and restrictions on roads with speed limits above 30 mph.

The rules also address reckless operation, passengers and compliance with traffic controls. Violations can result in summonses and, in certain cases, impoundment. Suffolk police began enforcing the new requirements this year, including seizing illegal electric dirt bikes.

Suffolk has also focused on public education, including a school safety poster contest intended to make young people more aware of the risks and the rules of e-bikes. That combination of regulation, enforcement and education is the kind of approach Nassau County should embrace.

Nassau, however, faces an additional challenge: confusion over which electric vehicles are legal. County officials have cited an older law, originally designed to address all-terrain vehicles, as a basis for enforcement against certain e-bikes. Meanwhile, state law establishes categories of legal electric-assist bicycles, with restrictions on age, speed and where they may operate. In March, Nassau legislators introduced a proposal to bring county rules more closely in line with state law while continuing to prohibit riding on sidewalks and highways.

The debate needs resolution. Riders should not have to guess whether their bicycles are legal, and police should not have to navigate conflicting interpretations while responding to dangerous behavior. Nassau's lawmakers should clarify the law, establish consistent standards and explain them publicly. Any new restrictions must be legally sound, enforceable and focused on safety.

The county should also identify high-risk locations, such as Hempstead Turnpike, and work with local governments to determine where targeted enforcement, better signage, safer crossings and other traffic-calming measures are warranted. Police should regularly report on e-bike crashes, injuries, violations and impoundments to measure whether the efforts are working.

Education must be part of the solution, too. Schools, parents, retailers and police should work together to explain age limits, helmet requirements, speed restrictions and the dangers of riding powerful, improperly equipped vehicles. Parents must understand that buying an electric bike for a child does not automatically make it safe or legal for that child to operate.

E-bikes can be useful transportation when operated responsibly and within the law. But convenience cannot come at the expense of public safety. The next step is for Nassau County leaders to deliver a clear, coordinated plan before another family receives a devastating phone call. The time to act is before the next crash, not after it.

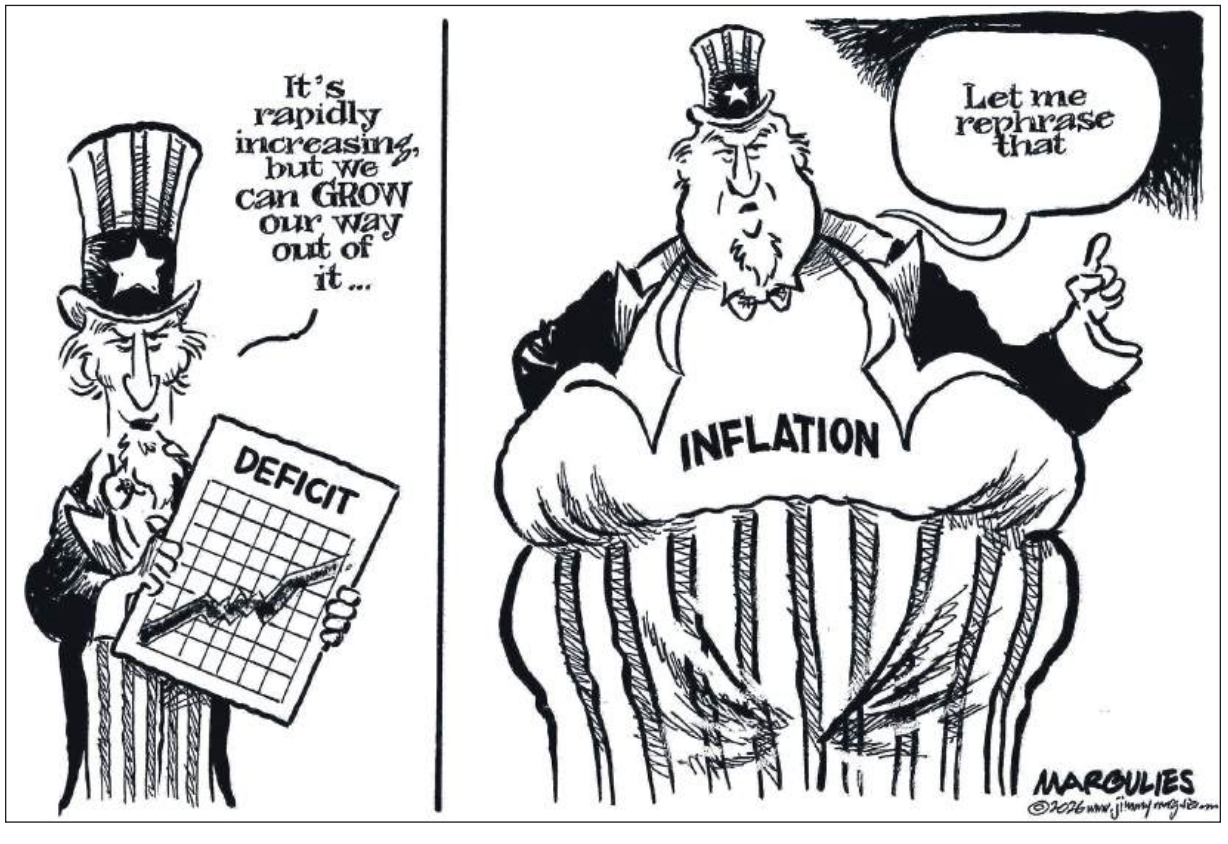
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OPINIONS

Where's a real defense secretary when we need one?

Elections produce heroes and villains. There's no doubt that President Trump, post-election, will be at the top of the enemies list, but it will take some time for the Democratic Party to develop a plan to allow the president to qualify for official lame duck status. A few female cabinet members have been shown the door, so it's time to single out the most disliked male member of the White House team.



JERRY KREMER

While there are a lot of people upset with Robert F. Kennedy Jr. and his anti-vaccine philosophy, the leading candidate for impeachment or other procedural torture is the so-called secretary of war, Pete Hegseth. Our country has had lots of secretaries of defense, but none has created such a negative aura as Hegseth. Calling generals "fatties" and other demeaning names, he has undermined the country's respect for an agency that makes life-or-death decisions about our national survival.

The first step in trying to reshape the Department of Defense was Hegseth's decision to rename it the War Department. Maybe he plays a lot of video games in his spare time, but considering the fact that Trump ran on a platform promising no more foreign wars, remaking the agency into a war department was just a silly diversion that has cost taxpayers millions of dollars in printing costs and changed the agency's image.

> For Pete Hegseth it's the War Department. Maybe it's a video game thing.

That misjudgment was followed by Signalgate. Hegseth shared sensitive information on possible U.S. strikes on Yemen's Houthis with his wife, brother and personal lawyer. That mistake alone could have cost him his job, but he got a pass from the White House. His management of the Ukraine war has been a disaster, as he has mismanaged the volume of arms designated for that conflict. He has made poor allocations of weapons and, in some cases, held back information about arms from Secretary of State Marco Rubio or the White House.

Hegseth has just as questionably managed Caribbean boat strikes, approving numerous follow-up killings that appear to fit the definition of war crimes. His handling of military personnel has been borderline cruel. Over a period of two years he has ousted or lost to retirement a wave of senior officials who have countless years of priceless military experience. He dismissed the Army chief of staff, Randy George, with no explanation. He has fired numerous female and minority officers, manifesting what seems to be a mean streak.

Hegseth has been called a number of unflattering names by Republican Senators Ted Cruz and Susan Collins, as well as a few House members with extensive military experience. A resolution calling for his impeachment is pending, and it's possible that bipartisan members will advance it when the House reconvenes. And then there's the crazy proposed defense budget, which totals $1.5 trillion.

Hegseth has appeared before a number of legislative committees, and has not provided their members with any breakdown of needed allocations. A few times he has jousted with members on both sides of the aisle. They have frequently asked him how much the war on Iran has cost, and what is needed to finish it. Reporters have asked about shortages of arms and drones needed to stop potential attacks. Hegseth claims our military has all the arms it needs, but his responses have been questionable, to say the least.

There is little doubt that not long after Election Day, the U.S. will accelerate its war effort in Iran. No one has a clear idea, but it's likely that our military will attack Iran's nuclear sites as a way of giving Trump an off-ramp to declare the conflict over. If the next round of aggression fails, it's possible that the president will point a finger at his secretary of war. There are targets on the backs of RFK Jr. and Education Secretary Linda McMahon as well, but because what's happening with Iran is so unpopular, Hegseth may be the first to go.

Jerry Kremer was a state assemblyman for 23 years, and chaired the Assembly's Ways and Means Committee for 12 years. He currently chairs the Capitol Insight Group, a government relations firm. Comments? jkremer@liherald.com.

LETTERS

Is A.I. taking over our printing businesses?

To the Editor:

It is disheartening to see so many local businesses, local government agencies, and even our local school districts resort to artificial intelligence to create low-effort and homogenous fliers and signage. The "ChatGPT Flier Epidemic" has stripped businesses, schools and local institutions of any unique identities.

This A.I. slop is easy to detect: the use of several fonts in one sign, cartoon-like food, arrows pointing the wrong way, multiple ribbons, floating objects, mismatched shadows. Beyond being downright uninspiring, there are real environmental consequences to creating this artificially generated crap. These signs rely heavily on data centers for processing, which uses an obscene amount of water and electricity and unnecessarily increases carbon emissions.

Beyond the unrealistic hamburger or person with six fingers, it is especially heartbreaking to see our schools resort to A.I.-generated signage. The dangers of A.I. in schools, especially for younger children, are well documented. Yet we're using A.I. to design their Homecoming fliers and menus. Why?

We are condoning the sloppy, lazy way out. I implore local businesses and schools to stop using A.I. to create their signs. There are so many better alternatives. Keep it simple. Have children draw the artwork. Use actual photos of food and places. We are better than this.

MADELINE LANGLIEB
North Woodmere

Comments about our stories? Send a letter to the editor to execeditor@liherald.com.

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