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Courtesy CTI

Rabbi Irwin Huberman, who died on Aug. 1, right, played guitar alongside cantor Gustavo Gitlin during a performance at Congregation Tifereth Israel.

Rabbi Irwin Huberman, 73, of Congregation Tifereth Israel, dies

By ROKSANA AMID

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Emily Plassmann-Yaniv, a former Glenwood Landing resident, wasn't Jewish when she became pregnant with her first child in 2020, but she knew she wanted Judaism to be part of the family she was beginning.

Raised Christian, Plassmann-Yaniv had developed an appreciation for Jewish traditions, and wanted to convert before giving birth so her children could grow up with the traditions that were important to their father, Eytan Yaniv. Unmarried and navigating the conversion process during the coronavirus pandemic, she turned to Cantor Gustavo Gitlin, whom she had met years earlier at an event at Sea Cliff Beach with Con-

gregation Tifereth Israel, in Glen Cove. Gitlin explained her situation to Rabbi Irwin Huberman, who agreed to guide her through the conversion.

Over the next several months, Huberman met one on one with Plassmann-Yaniv, working with her on prayers, readings and her connection to Judaism. She recalled that he never judged the circumstances that brought her to him, and made sure that conversion remained something she wanted for herself.

"He made it very comfortable," Plassmann-Yaniv said. "He was supportive that I chose to do this while I'm pregnant."

By December 2020, she had converted. When she struggled to find a court date to marry Yaniv before their daughter was

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Museum offers '250 years on North Shore'

By ROKSANA AMID

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As the United States celebrates its 250th anniversary, the North Shore Historical Museum is looking beyond the familiar Revolutionary War stories of Boston and Philadelphia and focusing on what the fight for independence meant much closer to home.

The museum's new exhibit, "250 Years on the North Shore," explores the Revolutionary era through the experiences of Long Islanders, while connecting the nation's founding to later chapters of Glen Cove history. The exhibit, which runs through November, features artifacts, historical accounts and illustrations, along with photographs and a flag from Glen Cove's 1976 Bicentennial celebration.

"We always so often think about Boston and Philadelphia, the Revolutionary War, but Long Island, for example, Brooklyn, Manhattan, this area became very important," said

Richard Harris, a museum board member and professor of humanities, assistant dean and director of humanities at Webb Institute, in Glen Cove.

British forces, Harris explained, took control of Long Island early in the war and held it for seven years. The region was politically divided as well,

We can maybe look at these photos, relate to them and see familiar faces.

KOOROSH LEIBOWITZ
North Shore Historical Museum board

with many residents remaining loyal to the Crown while others supported independence. For local Patriots, Harris said, living in British-controlled territory meant they were often outnumbered by Loyalists.

The exhibit took roughly 10 months to develop, and was assembled by several museum board members, who divided the research among different aspects of the Revolutionary period and its local connections. Harris focused on the broader history and major events and personalities, while Jonathan Sherman concentrated on Long Island. Board member Koorosh Leibowitz developed a section examining Glen

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Courtesy Glen Cove Senior Center

One of the center's most memorable trips was aboard the Spirit of NY Cruise. Members had a lunch buffet and enjoyed the incredible sights of New York City.

Senior Center captures memories in first yearbook

By ROKSANA AMID

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For members of the Glen Cove Senior Center, friendships formed over lunches, exercise classes, trips and birthday celebrations have become an important part of their lives. Now, those memories will have a permanent place on the page.

The Senior Center will debut its first yearbook Aug. 21, compiling photographs from events, programs and memorable moments throughout 2024 and 2025. The book will be released during the center's monthly birthday celebration, a tradition that brings members together on the third Friday of each month.

Christine Rice, executive director of the Senior Center, said the idea grew from wanting members to have something tangible that captured their experiences and, more importantly, the friendships they have developed at the center.

"This Senior Center has created an environment where they can make friends that they never thought they would be continuing to make," Rice said. "They all say, I've had best friends in my life. These people are really now my best friends."

Those relationships can become increasingly important as people grow older, Rice said, particularly as longtime friends die or move away to live closer to family. At the center, she has watched new friendships develop into relationships that extend beyond its walls.

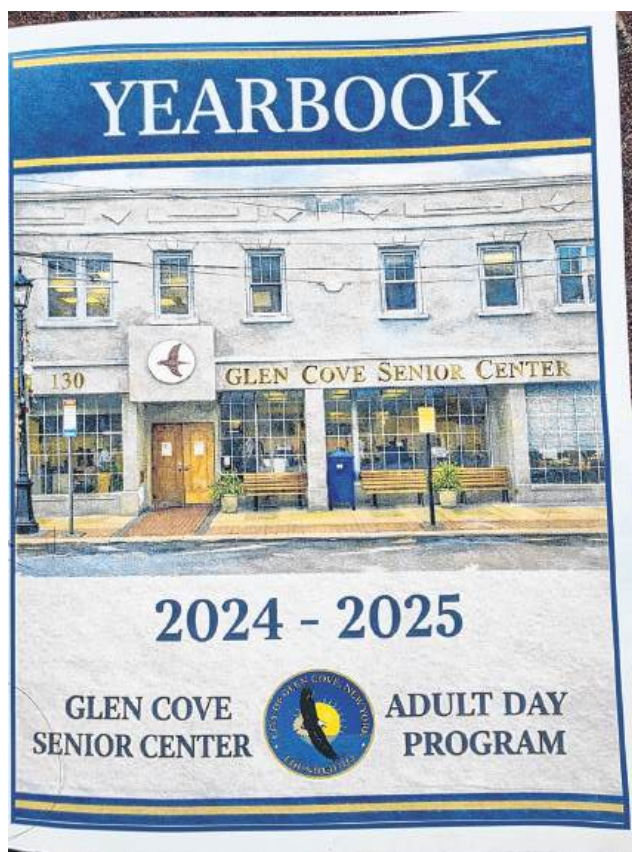
The yearbook was designed with those connections in mind. Rice said organizers worked to include as many members as possible, whether in individual or group photographs. After considering a black-and-white format, they ultimately chose color.

Rice recalled growing up in a home where her mother kept shelves of family photo albums that she and her siblings would pull out and look through together. She hopes the yearbook can offer members a similar opportunity.

"Being able to look back and even seeing yourself, no matter who you are, seeing yourself in a picture with your friends, it just gives you a really good feeling," Rice said. "And it gives you memories that you can keep forever."

Corinne Kaufman, a member of the Glen Cove SAGE Foundation board, said the yearbook can also serve as a connection to the center for members who may temporarily be unable to attend.

"I think it's a real touchstone, particularly if somebody's had surgery or they're not able to come here," Kaufman said. "They can reminisce about people that



Roksana Amid/ Herald

The Glen Cove Senior Center is releasing its first yearbook.

they've met and things that they've done here. It has value."

The center produced 250 copies with support from sponsors, allowing it to provide yearbooks to members. There is also space in the back for signatures. Members can pick up their copies from 10 a.m. to noon Aug. 21, including those unable to stay for lunch and the birthday celebration.

For Glen Cove resident Laraine Peterson, 85, who has been a member for 12 years, the center has already become a second home.

After retiring from a 48-year career at a hospital, Peterson said she struggled with suddenly having nowhere to go each morning. Her daughter eventually brought her to the Senior Center.

Peterson soon began participating in exercise programs and trips, including visits to Broadway shows.

"It makes you feel like you're at home, like you



Courtesy Pete Budraitis

Legislator Delia DeRiggi-Whitton celebrates birthdays at the Glen Cove Senior Center

belong here," Peterson said. "This is the best place that could happen to me."

That sense of belonging is also reflected in the monthly birthday celebrations, started by former councilwoman Joan Meehan, that will accompany the yearbook's debut.

During the monthly celebrations, County Legislator Delia DeRiggi-Whitton presents red roses to members celebrating birthdays and invites each to share what they are thankful for and their advice for living a long and happy life. Members then sing "Happy Birthday" in several languages.

DeRiggi-Whitton said she began giving roses while serving as the senior liaison on the Glen Cove City Council because she wanted members to have something to take home from the celebration. Red, she said, symbolizes the love the center's community has for them.

"Having everyone who is celebrating state something about the secret to a happy life has truly enriched my life over the years," DeRiggi-Whitton said. "My one regret is that we didn't videotape these pieces of advice, because they are truly priceless."

The Glen Cove SAGE Foundation, the center's fundraising arm, will continue supporting its programs with a golf outing Oct. 1 at the Glen Cove Golf Course, followed by dinner at The Metropolitan at 5 p.m.

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The Attitude of Gratitude

Gratitude has to do with appreciation. Appreciation means to add value to. Things that appreciate tend to grow, just as being grateful for something or someone raises its or their value in our estimation. Even though, at any given time, countless more things are going right than going wrong in most of our lives, too many of us focus more on what's going wrong and take for granted what's going right — our health, our loved ones, our resources.

"Gratitude interventions" is the term used for cultivating the attitude of gratitude in our lives. The father of positive psychology, Martin E. P. Seligman, suggests an exercise called "Three Good Things" whereby at the end of the day you write down three good things that happened to you and why. The "why" is very important.

An app called "Gratitude Plus" allows you to (1) share gratitude with your favorite people (2) easily reflect on the good in your life (3) create groups with friends and family (4) hear from people around the world (5)

track progress and understand trends (6) use streaks to build a habit (7) get creative with a variety of prompts, and (8) stay positive with daily affirmations. As to the latter, your writer has found reading daily affirmations to be an invaluable resource for maintaining a positive mindset. The great motivational speaker Zig Ziglar notably said that "People say that motivation doesn't last. Neither does bathing — that's why we recommend it daily". Daily positive affirmations may be found by googling "daily affirmations" and choosing one of the free services that appeals to you.

An analysis of 38 gratitude studies concluded that "gratitude interventions can have positive benefits for people in terms of their well-being, happiness, life satisfaction, grateful mood, grateful disposition, and positive affect, and they can result in decreases in depressive symptoms".

"When I started counting my blessings, my whole life turned around."

— Willie Nelson

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CRIME WATCH

ARRESTS

■ A 30-year-old Glen Cove man was arrested on Aug. 9 and charged with driving while intoxicated, drinking alcohol in a motor vehicle, improper turn and obstructed view on Elm Avenue.

■ A 43-year-old Glen Cove man was arrested on Aug. 8 and charged with driving while intoxicated, failure to wear a safety belt and failure to keep right on Elm Avenue.

■ A 27-year-old Glen Cove man was arrested on Aug. 7 and charged with aggravated driving while intoxicated, driving while intoxicated, failure to stop at a stop sign and obstructed view on Johnson Street.

■ A 23-year-old Bayville man was arrested on Aug. 6 on Glen Cove arrest warrants for driving while intoxicated, unlicensed operation and driving while ability impaired. He was also charged with aggravated unlicensed operation, unlicensed operation and throwing refuse onto a highway on Charles Street.

■ A 30-year-old Glen Cove man was arrested on Aug. 6 and charged with driving while intoxicated, failure to keep right and no vehicle inspection on Sea Cliff Avenue.

■ A 30-year-old Huntington man was arrested on Aug. 6 and charged with driving while intoxicated, drinking alcohol in a motor vehicle while on a highway, inadequate lights and no taillights on Fourth Street.

■ A 56-year-old Glen Cove man was arrested on Aug. 5 and charged with possession of an alcoholic beverage on Glen Street.

■ A 46-year-old Manhasset man was arrested on Aug. 3 and charged with aggravated unlicensed operation, inadequate headlights, facilitating aggravated unlicensed operation, failure to properly secure a child under 4 and unlicensed operation on Cedar Swamp Road.

■ A 28-year-old Brentwood man was arrested on Aug. 2 and charged with driving while intoxicated and unsafe lane change on Charles Street.

■ A 26-year-old Glen Cove man was

arrested on Aug. 1 and charged with aggravated driving while intoxicated, drinking alcohol in a vehicle while on a highway, inadequate lights and unsafe lane change on Hendrick Avenue.

■ A 31-year-old Glen Cove man was arrested on Aug. 1 and charged with aggravated family offense and criminal contempt on Smith Street.

■ A 24-year-old Glen Cove woman was arrested on July 31 and charged with obstructing governmental administration and resisting arrest on Brewster Street.

■ A 27-year-old Glen Cove man was arrested on July 31 and charged with driving while intoxicated, speeding and unlicensed operation on Brewster Street.

■ A 51-year-old Holbrook man was arrested on July 30 and charged with aggravated unlicensed operation, unlicensed operation and suspended registration on Raymond Street.

■ A 29-year-old Glen Cove man was arrested on July 30 and charged with criminal possession of a controlled substance on Charles Street.

■ A 37-year-old Glen Cove man was arrested on July 30 and charged with criminal possession of a controlled substance on Charles Street.

■ A 59-year-old Bronx man was arrested on July 29 on Glen Cove City Court warrants charging him with two counts each of criminal possession of stolen property, petit larceny and criminal possession of a controlled substance on Hicksville Road in Bethpage.

■ A 25-year-old Smithtown man was arrested on July 28 and charged with aggravated unlicensed operation of a motor vehicle, failure to signal a turn and unlicensed operation on Landing Road. He was also charged on Glen Cove City Court arrest warrants for aggravated unlicensed operation, unlicensed operation and speeding.

■ A 43-year-old Glen Cove man was arrested on July 27 and charged with aggravated family offense and criminal mischief on Brewster Street.

People named in Crime Watch items as having been arrested and charged with violations or crimes are only suspected of committing those acts of which they are accused. They are all presumed to be innocent of those charges until and unless found guilty in a court of law.

GLEN COVE HERALD

HOW TO REACH US

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THINGS TO KNOW

HOLOCAUST MEMORIAL & TOLERANCE

Preserving history and its lessons

By KAYLA DECHTER

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The Holocaust Memorial & Tolerance Center of Nassau County, tucked inside Glen Cove’s Welwyn Preserve, connects Holocaust history with the experiences of survivors and liberators who made Long Island home. Founded by Holocaust survivors, the center combines museum exhibitions, memorial spaces and educational programs designed to preserve history while confronting antisemitism, prejudice and intolerance today.

1

■ Its exhibits give Holocaust history a Long Island connection

The center’s 3,300-square-foot permanent exhibition tells the story of the Holocaust through six galleries featuring photographs, artifacts, archival footage, multimedia displays and testimony. While tracing events from Jewish life in Europe before World War II through the rise of Nazism, the concentration camp system, liberation and its aftermath, the museum also emphasizes connections closer to home. Artifacts belonging to people who later settled on Long Island are incorporated into the exhibition, along with firsthand accounts from local Holocaust survivors and liberators. The galleries also examine genocide and intolerance since 1945 and explore the roles of perpetrators, bystanders and “upstanders” — people who choose to resist prejudice.

2

■ Education is a major part of the center’s mission

The center is more than a museum. Educational programs bring Holocaust history to students from elementary school through college, while additional training is offered for educators and other professionals. Programs for students can combine docent-led museum tours, survivor or second- and third-generation testimony, workshops and opportunities for reflection. One program, “Through the Eyes of Children,” introduces younger students to the Holocaust through the experiences of someone who survived it as a child. Another, “One Act of Courage,” challenges students to consider their own ability to respond to hatred and discrimination. The center also offers a program in its Children’s Memorial Garden, where plaques commemorate children killed during the Holocaust and World War II, as well as rescuers who risked their lives to save others. The center says it serves more than 35,000 students and professionals annually.

3

■ Its mission extends beyond remembering the Holocaust

Remembering the Holocaust remains at the heart of the center’s work, but its mission also asks visitors to consider how its lessons apply to the present. The organization uses Holocaust education to address antisemitism, racism, bullying and other forms of intolerance and encourages people to recognize and resist prejudice. Its programming extends beyond school groups to teachers, nurses, police cadets and members of the wider community. For Glen Cove residents, that work is taking place in their own backyard. The center is located at 100 Crescent Beach Road in Welwyn Preserve and is open to individual visitors as well as organized groups. Self-guided visitors do not need advance reservations, while docent-led tours require advance booking.

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A lifelong educator takes the lead at Connolly

By ROKSANA AMID

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For Farrah Feygis, becoming an educator began long before she stepped into a classroom professionally.

As a child growing up in Oceanside, Feygis would line up her stuffed animals, younger brother and even her cat and turn them into students for imaginary lessons. Behind those childhood games was the influence of her grandfather, an assistant principal in the New York City public school system whose example helped shape her understanding of what an educator — and eventually a school leader — could be.

“He left a lasting impression about the importance of education, as well as the impact that a strong leader can have on the school community,” Feygis, 38, said. “And that truly inspired me to want to serve my community as an adult and become a leader.”

Now Feygis is bringing that philosophy to Glen Cove as the new principal of Connolly Elementary School, following more than a decade as a classroom teacher and several years working with educators and school leaders on literacy instruction.

Her connection to education continued through high school, when she tutored students through the National Honor Society and participated in a child development course that allowed her to



Courtesy Farrah Feygis

Farrah Feygis, the new principal of Connolly Elementary School, visits a classroom as she begins getting to know students and staff.

work inside the same elementary school she had attended.

Feygis went on to earn a bachelor's degree in early childhood and elementary education and psychology from Hofstra University Honors College. She later earned a master's degree as a literacy specialist from Teachers College, Columbia University, and a Certificate of Advanced Study in Educational Leadership from SUNY Oswego.

She spent a decade teaching in Brooklyn schools in the New York City Department of Education, from 2012 to 2022, and served as a United Federation of Teachers chapter leader. She later became a staff developer with Advancing Literacy

at Teachers College, working with roughly 15 schools and helping educators implement research-based literacy practices. She also founded her own literacy educational consulting company.

“Literacy is essential for all facets of life,” Feygis said. “It’s the main tool that people will use — that the kids will use as they get older and currently — to read, write, speak, make sense of the world.”

At Connolly, however, Feygis said her first priority is not arriving with a predetermined list of changes. Instead, she wants to understand the school and the people who already make up its community.

She began doing that before officially

starting July 1, attending end-of-year events in May and June and meeting students, staff and families. Over the summer, she also held voluntary conversations with teachers to hear their perspectives.

Superintendent Alexa Doeschner said that early presence stood out.

“She did not wait for July,” Doeschner said. “She came to end of year events, met families, and started learning who our students are. That tells you something about how she leads.”

Feygis said those conversations repeatedly returned to one description of Connolly: family.

“We celebrate diversity. We embrace inclusivity,” she said. “We really are committed to meeting the needs of the whole child.”

Feygis plans to continue building those relationships through regular “Coffee with the Principal” sessions, an open-door policy and individual staff check-ins. She also intends to remain visible to students in classrooms, hallways and the cafeteria.

“I truly believe that it is essential that we as educators have a collective responsibility to provide all students with access to a rigorous and joyful and inclusive curriculum,” Feygis said. “And in order to achieve that, I believe in the strong partnerships and collaboration between the different stakeholder groups.”

GLEN COVE HERALD — August 13, 2026

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Rabbi Huberman built a legacy of inclusion

August 13, 2026 — GLEN COVE HERALD

CONTINUED FROM PAGE 1

born, Huberman stepped in again, helping arrange the wedding at the synagogue on New Year's Day with only about 12 hours' notice.

It was one of many ways in which Huberman sought to make Judaism welcoming and accessible during his nearly two decades at Congregation Tifereth Israel, where those who knew him said he built relationships by meeting people wherever they were in their lives and their faith.

Huberman, the longtime rabbi of the Glen Cove congregation, died Aug. 1 in Bayamón, Puerto Rico, from complications of emergency heart surgery. He was 73.



Courtesy CTI

Rabbi Irwin Huberman, longtime spiritual leader of Congregation Tifereth Israel, was remembered for his warmth, humor and commitment to making Judaism welcoming and accessible to all.

characterization they turned into a running joke.

"I said, what does that mean? I don't have a brain?" Gitlin recalled. "And he said, yeah, I don't have a heart?"

What united them, Gitlin said, was a desire to strengthen Jewish life through kindness. "The challenge was to build the synagogue with kindness," Gitlin said. "He taught kindness. He taught by example."

Huberman believed in le-karev, a Hebrew concept Gitlin described as bringing people closer. Having grown up in an Orthodox household with many rules about what could and could not be done, Gitlin said, Huberman came to believe that emphasizing restrictions wasn't the way to bring people closer to Judaism.

Instead, he tried to say yes.

"We are in the business of continuity," Gitlin recalled Huberman often saying.

That approach helped reshape Congregation Tifereth Israel. Phyllis Spector, its ritual vice president, said the synagogue grew from roughly 150 members when Huberman arrived to more than 350, while its Hebrew school grew to the point that it began running out of classroom space.

As younger Jewish families settled in Glen Head and Sea Cliff, the congregation looked for new ways to reach them, including holding Shabbat on the beach. Music became part of services, interfaith families were welcomed and customs from different Jewish traditions



Roksana Amid/Herald

Huberman, dressed as Moses, displayed a scroll before reading from the Megillah at the synagogue's Purim celebration earlier this year. "It's up to us to continue with his work," Cantor Gustavo Gitlin said.

were incorporated into congregational life.

"No matter where you are on your Jewish journey, there's a place here," Spector said.

Rachel Ilberg, 19, of Glen Head, came to CTI as a child after feeling overwhelmed by the emphasis on learning Hebrew at another synagogue. At CTI she found a community that placed greater emphasis on Jewish culture and community than fluency in Hebrew.

When Ilberg traveled to Israel for a vacation at 12-years-old, a month before her bat mitzvah at CTI, Huberman helped her celebrate at Robinson's Arch, near the Western Wall. Reading Torah in Jerusalem without speaking Hebrew fluently was intimidating, she recalled.

"He truly stood behind me the whole time and helped lead things along," Ilberg said. When nerves made her want to rush, she recalled Huberman reminding her, "Be in the moment. Don't feel any pressure."

Long before Huberman became a rabbi, he spent his life telling other people's stories.

Born on June 30, 1953, in Montreal, to Leon and Charlotte Huberman, he graduated from Carleton University, in Canada, in 1974 with a bachelor's degree in journalism, and worked as a photographer for the Ottawa Citizen. He later moved to Fort McMurray, Alberta, where he founded the Fort McMurray Express, one of the area's first newspapers, while becoming involved in the local Jewish community.

His daughter, Jessica Doyle-Huberman, remembers being brought along on assignments while her father ran the newspaper. She attended blood drives, met politicians and watched him research human-interest stories.

"The important questions that he was trying to uncover, and the human stories that he was trying to get, I got to see that firsthand," Doyle-Huberman said.

After moving to Edmonton in 1993, Huberman worked in government and

became increasingly involved with Congregation Beth Shalom, in Edmonton, teaching bar and bat mitzvah students and helping with Shabbat and High Holiday services. In 2005, encouraged by his wife, Patte, he began studying at the Academy for Jewish Religion in New York.

Huberman came to CTI as a student rabbi in 2006, and was ordained in 2010.

His previous lives remained part of the rabbi he became. Spector remembered his love of reading and music, particularly the guitar. He sometimes led services with a 1967 Gibson Hummingbird given to him by his father, and his musical tastes extended well beyond religious music.

For Doyle-Huberman, understanding her father's public life took time. She said that an interview she once heard with Sean Lennon, in which he

described what it was like growing up as John Lennon's son, helped her understand her own childhood with a father whose work often took him away from home.

"I didn't get to spend a lot of time with him, but I got to watch him change the world," she said.

As an adult, Doyle-Huberman came to see his work as an effort to make the world his children and grandchildren inherited better than the one he had found.

Huberman's final weeks unfolded far from the congregation he had led for nearly 20 years. He became ill while visiting the Virgin Islands last month and was airlifted to Puerto Rico for emergency heart surgery. Although the surgery went well, Doyle-Huberman said, complications followed, and he died roughly two and a half weeks later.

Ten minutes after her father's death, Doyle-Huberman said, it rained in Puerto Rico for the first time in three months. He was a man she described as "larger than life," so, she said, the moment felt fitting.

At a shiva after Huberman's death, Gitlin heard another rabbi offer a different way of thinking about loss: Don't think of Huberman as someone who "passed away," but as someone who "passed our way."

The words resonated with Gitlin because of something Huberman himself had said when people asked what Judaism said about the afterlife. There were many possible answers, Gitlin recalled, but Huberman believed that part of the answer could be found in how a person was remembered by family and by the people whose lives he or she touched.

For Gitlin, that means that the work Huberman began at Congregation Tifereth Israel didn't end Aug. 1. "It's up to us to continue with his work," Gitlin said. "Continue with his legacy."



Courtesy Rachel Ilberg

Rachel Ilberg celebrated her bat mitzvah in Israel with Huberman at Robinson's Arch, near the Western Wall. Huberman helped guide Ilberg through the ceremony, encouraging her to "be in the moment" as she read Torah in Jerusalem.

Back TO School



SMART ESSENTIALS



Cover Story

Trade the flip-flops for backpacks: Prep now to get everyone school-ready



Getting kids ready for a new school year is about more than updating their wardrobe or organizing carpools with fellow parents. Reacclimating everyone in the family to the routine of school after a relaxing summer is a significant undertaking.

Just as your family hits its peak summer groove, the back-to-school countdown begins. It's a seasonal shift that brings a familiar mix of relief and stress to parents and students alike. Even the most adaptable kids can find the leap from lazy, unscheduled days to rigid routines jarring.

Rather than letting the September surge catch you off guard, start laying the groundwork now. A few intentional adjustments late in the season can turn an overwhelming transition into a calm, confident start.

Ease Into The Rhythm

Abrupt wake-up calls on day one rarely go well. Rather than forcing a sudden shock to the system, start tapering back late summer bedtimes two weeks before school begins. Shift sleep and wake times back by 15-minute increments every few days.

Don't forget mealtime timing: if summer snacking has derailed regular breakfast and lunch hours, gradually realign them with the school clock so morning bell appetites don't catch kids off guard.

Build A Central Command Station

As extracurriculars, club meetings, and weekend sports stack up, keeping track of family logistics becomes a full-time job. Designate a high-traffic area — like the kitchen wall or entryway — as your family's command center.

Visual calendars: Hang a large dry-erase or paper calendar where everyone can see it.

Color-coding system: Assign each family member (or activity type, such as sports, academics, and chores) their own distinct marker color for instant readability.

The daily landing zone: Create a designated drop spot with labeled bins or hooks for backpacks, lunchboxes, and sports gear to prevent morning scrambles.

Tame The Paper Trail

Lost permission slips, crumpled notices, and forgotten homework are classic early-year pain points. Stop the paper shuffle before it starts by establishing a clear intake process.

Set up an "Inbox" tray near your

command station where kids deposit forms requiring signatures or teacher notes as soon as they walk through the door. Pair this with an inviting, well-lit homework station stocked with essential supplies—pencils, highlighters, paper, and calculators. Keeping this space free from screens and clutter trains the brain to lock into focus mode. A quick night-before check ensures signed papers and finished assignments make it safely back into the backpack.

Set Intentional Family Goals

Back-to-school season offers a fresh start for everyone, not just academically. Hold an informal family meeting over dinner to discuss individual and collective goals for the upcoming year.

Encourage kids to set a mix of academic milestones (like mastering long division), personal growth targets (like trying a new club), and family contributions (like managing their morning routine independently). This practice reinforces core values, builds accountability, and gives kids a sense of ownership over the months ahead.

Beat The Rush On Supplies

Waiting until the final weekend to shop guarantees picked-over shelves, long checkout lines, and unnecessary anxiety.

Take inventory of what you already have at home before buying new items. Spreading purchases across several weeks late in the summer lightens the strain on your budget and gives you time to track down specialized items or sales on bigger-ticket essentials like backpacks and durable lunch totes.

Readiness Checklist

3 Weeks Out: Inventory existing supplies. Avoid last minute store rushes and budget spikes.

2 Weeks Out: Begin shifting bedtimes and wake-up times by 15 minutes. Reset internal biological clocks gradually.

1 Week Out: Set up command station, inbox tray, and study area. Establish physical organization zones early.

Days Before: Hold the family goal-setting chat and pack bags. Build mental readiness and excitement.

Checking out:

Navigating back-to-school spending

Between high-end tech requirements, athletic gear, and updating wardrobe staples, back-to-school prep across Long Island, like elsewhere, continues to carry a significant price tag. Recent national retail data shows families with K-12 students plan to spend an average of \$863.86 per household on back-to-school items this year, pushing total spending to a record \$43.3 billion, a 9.8 percent increase over the previous year, according to the National Retail Federation. The average spending per household represents a modest increase of about \$5 per family over last year.

"Affordability is a concern for families and a top priority for retailers as we enter the back-to-school season," said NRF Chief Economist and Executive Director of Research Mark Mathews. "Shoppers are keeping value front and center as they look for ways to make their dollars go further."

Economists and retail analysts note that the record total is being driven primarily by broader participation and higher prices on essential items rather than increased consumer confidence. Because inflation and supply costs have kept prices elevated, families are spending more total dollars even though many report buying fewer non-essential discretionary items.

Here, where suburban living often means multi-school commutes and competitive youth sports programs — the local cost of getting classroom-ready often scales even higher. Here's how households are strategically managing their wallets this season.



'Micro-Shopping' Over Mall Runs

The era of the single, epic weekend shopping spree at the mall is shifting. Today, parents are adopting a "micro-shopping" strategy to soften the financial blow.

National statistics show that over 62 percent of back-to-school shoppers began purchasing items as early as July. By spreading purchases across mid-summer promotional events and late-August store runs, parents can absorb costs over multiple paychecks rather than taking a heavy hit all at once.

Furthermore, about 47 percent of families report buying only day-one essential supplies now, choosing to replenish notebooks and buy secondary fall clothing later in September once teachers finalize specific classroom requirements.

Secondhand Swaps And Local Groups

Hyper-local Facebook groups, neighborhood networks and community sports swaps are seeing significant traffic.

Outfitting a student for district sports or school band can add hundreds of dollars to a family's bill. Trading outgrown soccer cleats, baseball bats, or band instruments with neighbors has quickly become standard practice for budget-conscious parents looking to stretch their dollars.

Photo: Parents are rethinking the traditional back-to-school shopping spree, shopping smarter and more strategically.

Peer pressure: Getting your kids ready to face the challenge

By Chelle Cordero

The first time you hold your child in your arms, you make promises to love, protect and always be there. Then reality intrudes.

Unfortunately for us and fortunately for them, things such as school force us to release our little ones for a while and put them in the care of teachers and school administrators. Suddenly, our precious bundle faces a must-be-decided-now quandary and finds that mommy or daddy isn't there to make all the decisions. Sometimes the situation is even scary. Challenges face our children in the form of peer pressure, drugs, sex, and bullying.

Clinical psychologist Dr. John Duffy says: "Parents do need to talk with their kids about bullying, sex and peer pressure. Many parents I've worked with over the years will provide time for a lecture, often a one-time-only lecture. But they will often fail to provide time for ongoing discussion of these topics, which is what children really need.

"I work with teens and tweens. They are at particular risk for peer pressure. Many are bullied in ways we could not have even imagined a generation

ago (texting, social media). They need parents who can help them in real time. The stronger the connection between parent and child the likelier a parent's word will be heeded and the likelier a parent's limits will be honored."

When you have that all-important conversation, Dr. Fran Walfish recommends: "The most important thing your child or teen needs on his first day of school is to not feel lonely or isolated. Talk with your kid about what it takes to be a good friend. Teach your child to follow her instincts.

"Most kids know right from wrong. Teach your kid to listen to his internal voice and follow his intuition, not the crowd. I would wait to discuss sex and cyber-bullying and other issues so as not to bombard and overwhelm your child before school starts. Too much talk can raise anxiety when your goal here is preparation and to reduce anxiety."

Stay Involved — And Communicate

Keeping the lines of communication open is vital. Your child needs to know that you are willing to listen, discuss and not judge. Learn to listen to your child; don't just lecture and assume he will do only what you've told him. Lead by



Peer pressure starts when kids are young, so it's important to talk with your kids about it early.

example; it's hard to persuade a child not to drink while you're knocking back a frosty mug of beer. Make sure that your child is involved in activities that inspire a sense of belonging. Make sure you know what television shows and movies your child is seeing, and talk with him about the values and situations portrayed.

"I'd position it more as 'making good choices' versus 'peer pressure,' because big picture, if your kid makes good choices throughout life, he/she is

setting himself/herself up for success," advises Amy Kossoff Smith, founder of The MomTini Lounge. "I'd advocate sitting down before school to talk about your routine/expectations, and in that context, say that there will be many opportunities to decide what is best for him/her and that you hope he/she will come to you for advice when needed and will make good choices, especially when presented with ideas or opportunities that may not lead to a good outcome."

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Courtesy Glen Cove Mayor Facebook Page

City youth go on a fishing trip

Summer campers with the Glen Cove Youth Bureau recently spent a day fishing, learning new skills and enjoying a barbecue hosted by the Glen Cove Anglers. Youth Services and Recreation Executive Director Spiro Tsirkas thanked the Glen Cove Anglers for welcoming the campers and providing the barbecue. He also recognized the staff of Never Enuff Fishing for working with the children, teaching them fishing techniques and helping make the outing a memorable experience.

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L.I.'s role in Revolution comes into focus

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CONTINUED FROM PAGE 1
Cove's Bicentennial.

Sherman, a Sea Cliff art conservator, said that one of the challenges was reducing the enormous amount of material he discovered into digestible exhibit panels.

"It's really hard to edit everything down to these cards, because I know it's a lot of reading, but there could have been a lot more," Sherman said. "In a way, it would have been easier, from everything I learned, to write the thesis than it is to divide everything up into little cards."

His research revealed a Long Island far more politically complicated than the simplified Patriot-vs.-British narrative often associated with the Revolution. Sherman said that Long Island was heavily Loyalist, but divisions existed. The South Shore generally leaned toward Britain, while the North Shore, with its closer connections to New England, had stronger support for independence.

The exhibit traces the period leading to war, including the Boston Massacre, the Boston Tea Party and the publication

of Thomas Paine's "Common Sense," before moving through major battles and the British surrender at Yorktown. A separate section focuses on the Battle of Long Island, also known as the Battle of Brooklyn.

But the museum also brings the story forward two centuries.

While searching its archives, Leibowitz discovered a box containing materials from the Glen Cove Bicentennial. He incorporated photos and other memorabilia into the exhibit, giving visitors a glimpse of how the city marked the nation's 200th birthday 50 years ago.

"We can maybe look at these photos, relate to them, see some familiar faces," Leibowitz said, noting that the images show local politicians and residents celebrating. "It looks like a ball at the Bicentennial."

Leibowitz also uncovered an older document that provided an unexpected parallel to the Revolution: the July 3, 1917, referendum on Glen Cove's separation from the Town of Oyster Bay.

The dispute, he said, centered largely on taxes, with



Roksana Amid/Herald

Satya Gidwani, 11, of San Francisco, looked over the "250 Years on the North Shore" exhibit at the North Shore Historical Museum. Satya, who was visiting family in Locust Valley, shared his knowledge of Long Island's involvement in the Revolutionary War.

Glen Cove residents believing they contributed more to Oyster Bay's tax base than they received in services. The city ultimately broke away, adding to the exhibit what Leibowitz jokingly described as Glen Cove's "own little revolution."

The history was already familiar to at least one young visitor. Satya Gidwani, 11, of San Francisco, was visiting family in Locust Valley when he stopped at the museum and enthusiastically began recalling what he knew about the

events of the Revolution that took place on Long Island.

"I've heard about the American Revolution that was on Long Island, like the Battle of Long Island and Brooklyn Heights and the Battle of Setauket," Satya said.

For Harris, those local connections can make a period known only from textbooks feel new again.

"This is a period — the personalities, which I think almost everyone has read about in American history books, high school courses and so forth," Harris said. "But there's so many interesting personalities and stories that never appeared in the books or details about what happened."

For visitors, the exhibit, which runs through November, offers a reminder that the Revolution wasn't simply something that unfolded elsewhere. For seven years, Long Island was occupied territory, its communities divided by competing loyalties and its geography strategically important to the war.

For more information visit: northshorehistoricalmuseum.org

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NEWS BRIEFS

Dunning is chief legal operating officer

Daniel Gale Sotheby's International Realty has promoted Carol A. Dunning to chief legal and operating officer, expanding her leadership role within the Cold Spring Harbor-based real estate company.

In the position, Dunning will oversee the company's legal and risk management functions, corporate governance and core business operations. She will work with the chief executive officer, board of directors and corporate leadership team as the firm continues to grow its residential, commercial and property management businesses.

Dunning joined Daniel Gale Sotheby's International Realty as general counsel in 2020 and has since taken on a broader role within the organization. After being appointed chief legal officer, she became increasingly involved in the company's strategic initiatives and operations.

Before joining Daniel Gale Sotheby's, Dunning spent more than three decades in private practice, concentrating on real estate and business law. Her experience



CAROL A. DUNNING

includes brokerage law and compliance, residential and commercial real estate transactions, and real estate mergers and acquisitions.

In addition to her work with the company, Dunning serves on the board of directors of the Daniel Gale Charitable Foundation. She is a graduate of Boston College Law School and the University of Pennsylvania.

Daniel Gale Sotheby's International Realty has operated for more than a century and serves communities

across the New York metropolitan area. The firm is a Sotheby's International Realty affiliate serving Brooklyn, Queens, Long Island, the North Fork and the Hamptons.

The company operates residential, commercial and property management divisions throughout the region. Dunning's expanded role places her among the senior executives responsible for overseeing the firm's operations and supporting its continued growth.

—Roksana Amid

Brisbois celebrates new Garden City office

Greg Katz and Meredith Ross are among the attorneys at Lewis Brisbois Bisgaard & Smith LLP as the national law firm expanded its Long Island presence with a new office in Garden City.

The firm celebrated the opening with a July 28 ribbon-cutting ceremony attended by more than 100 guests, including attorneys, clients, members of the judiciary, business leaders and Nassau County Executive Bruce Blakeman, who is also the Republican candidate for governor.

The nearly 5,000-square-foot office, which opened in April, is centrally located to serve clients throughout Nassau and Suffolk counties and the New York metropolitan area.

"The opening of our Garden City office reflects our longstanding commitment to Long Island and the clients, businesses, and communities we have served here for more than two decades," Greg Katz, managing partner of Lewis Brisbois' New York offices, said in a news release. "This office allows us to better serve our Long Island clients, provide attorneys with a convenient local workplace, and strengthen our ability to attract top legal talent seeking the resources of a national platform combined with a meaningful local presence."

He said the office will provide a convenient location for attorneys and cli-



Courtesy Chezzam Events

**National law firm — Lewis Brisbois Bisgaard & Smith LLP
— opened a new office in Garden City.**

ents while helping the law firm recruit legal talent seeking a local presence backed by a national practice. The firm has represented businesses and organizations for more than 20 years on Long Island.

Lewis Brisbois Bisgaard & Smith LLP is a full-service AmLaw 100 law firm with offices across the country. The firm represents companies ranging from Fortune 500 corporations to small and medium-sized businesses, as well as public entities, insurers, and individuals, across a broad spectrum of litigation, transactional, and regulatory matters.

Since opening its Garden City office, the firm has joined the Nassau County Bar Association, Suffolk County Bar Association, Long Island Metro Business Association and the Garden City Chamber of Commerce.

— Jeffrey Bessen

STEPPING OUT



Photos courtesy LICM

The industrious honey bee buzzes into the spotlight to captivate museum visitors.

Busy as a bee Inside the hive at Long Island Children's Museum

By Karen Bloom

There's a national day to celebrate just about everything, so it's only fitting that one of nature's most important — and often misunderstood — creatures has one of its own.

That would be the honeybee. Long Island Children's Museum invites families to take a closer look at the tiny pollinators that play an outsized role in our ecosystem, on Aug. 15, National Honey Bee Day. The museum has been home to over 20,000 honeybees year-round since 2012, when a hive was introduced to the Feast for Beasts exhibit, which opened in January of that year. Visitors were welcomed to the first "Honey Hoopla" then so that everyone could experience the first harvesting of honey from that hive.

More than a decade later, the event has become a popular annual tradition.

Today, the museum maintains four active hives, including an enclosed observation hive inside the Feasts for Beasts gallery. Housed between large panes of plexiglass and connected to the outdoors through a protected tube, thousands of honeybees come and go through a portal that allows them to leave the building, forage in the museum's pollinator garden and return to the hive, where they work together to sustain the colony. Visitors can safely watch honeybees build honeycomb, care for their queen and work together. Special red lighting helps families observe the hive with minimal disruption to the bees' natural behavior.

The fruit of their labor? Lots of honey, naturally.

Families are welcome to taste many different varieties of honey during a tasting session, including, of course, from the museum's honey harvest. Color, aroma and taste can change based on the nectar of the flower. Everyone can sample various honeys and try to match the flavor profile to the specific honey type.

"A lot of people maybe don't know that honey can taste different from different varieties of flowers or the location where it is. We're going to be

offering honey varieties that the kids can taste test and try to match up," Ashley Niver, the museum's director of education, says.

Bee-themed activities are designed to highlight the insects' importance to the environment. Children can create a colorful Busy Bee Hat, while adults and kids alike can meet beekeeper Mark Rogan, one of the museum's exhibit technicians. He shares insights into bee management, explains how honeybee colonies work and will help visitors spot the queen inside the observation hive.

"He'll be up in the hive showing how to find the queen and explaining what the care is like," museum spokesperson Stephanie Siler says. "He'll also talk about the observation hive and the three other hives on our roof, answering questions about the bees' daily care and how we harvest the honey."

Everyone can even try on a life-size beekeeper suit, offering a hands-on glimpse into the world of beekeeping. The observation hive itself — an actual working hive — remains one of the museum's most unique exhibits. Because the bees are free to travel outdoors and back into the hive throughout the day, through a portal, museum staff can never be certain exactly how many are in residence.

"We like to say that they're the only animal in our collection that we don't know how many we have because they're always coming and going, and they're the only animal that has free roam of the museum," Siler says, jokingly.

While this is all designed to be fun, the program also carries an important conservation message. Climate change, habitat loss and pesticide use continue to threaten honeybee populations, contributing to colony collapse disorder and declining numbers worldwide.

Visitors will learn that honeybees are responsible for pollinating some of Long Island's most abundant crops including melons, pumpkins, tree nuts and berries and that the population is in danger and decreasing rapidly. Without these pollinators, we would lose some of our favorite foods such as chocolate, grapes, apples and pears.

To help support bee conservation, the museum continues its Name a Honey Bee Campaign. For a \$10 donation, folks can symbolically name one of the museum's bees, with both the bee's new name and the donor recognized on a display.

Beyond raising funds, museum leadership's goal is to replace fear with fascination.

"It's very easy for people to feel fearful of bees because they don't want to be stung, and maybe they assume that all bees are looking to sting and cause harm," Niver adds. "But the reality is that the honey bees are very docile, and they are just looking to make their honey. They're really our friends."

Siler understands those fears firsthand.

"For me personally I was terrified of bees, growing up," she says. "So I hope that every child gets to experience them up close and leaves with a new-found appreciation. Not just because they make honey, but because they're essential to our gardens, our food."

Whether sampling fresh honey, searching for the queen bee or discovering how a bustling hive works, everyone will leave with a deeper appreciation for one of nature's smallest yet most essential creatures. This is an opportunity to inspire the next generation of environmental stewards by showing that protecting pollinators begins with understanding them. In the process, families may find themselves buzzing away with a newfound respect for the tiny insects that help keep our gardens, farms and dinner tables thriving.



Mike DelGuidice

There are cover bands, and then there's Mike DelGuidice. The multi-instrumentalist whose deep-cut knowledge of Billy Joel's catalog earned him a spot touring alongside the legend himself, is back to his favorite stomping ground: The Paramount. His long-running residency is less of a concert and more of a victory lap. Alongside his hit-for-hit recreation of Joel's legendary discography, DelGuidice puts his own songwriting chops on full display — weaving in original tracks from albums like "My Street" and "Mask Production." From playing his own chart-topping tracks — including "Ordinary Guy," the theme song for Kevin James' *Kevin Can Wait*, to touring the world with his idol, DelGuidice is the real deal.

Friday, Aug. 14, 8 p.m. Tickets at ticketmaster.com or paramountny.com. The Paramount, 370 New York Ave., Huntington.



The Midtown Men

Broadway meets classic rock 'n' roll as The Midtown Men return to Eisenhower Park for an unforgettable evening of music and nostalgia. Featuring four original stars of the Tony Award-winning musical *Jersey Boys* — Christian Hoff, Michael Longoria, Daniel Reichard and J. Robert Spencer — the acclaimed quartet brings the timeless sounds of the 1960s to life with soaring harmonies, dynamic performances and plenty of infectious energy. These Broadway veterans, with their powerhouse band, are realizing the dream they brought to life as the iconic Four Seasons. This is the next chapter for these accomplished entertainers.

Saturday, Aug. 15, 7 p.m. Harry Chapin Lakeside Theatre, Eisenhower Park, East Meadow. Contact nassaucounty.gov for info and updates.

YOUR NEIGHBORHOOD

CALENDAR

AUG 13

On exhibit

Louis Comfort Tiffany: Artist of the Gilded Age brings together the Nassau County Museum of Art's unparalleled collection of more than 130 oil and watercolor paintings by one of America's most celebrated artists. This landmark exhibition marks the first time the museum presents the full scope of its Tiffany paintings; an extraordinary group made possible through a generous, anonymous gift that represents the largest private collection of Tiffany paintings. While Tiffany is best known for his stained-glass windows, lamps, and decorative objects, this exhibition highlights a rarely seen dimension of his artistic practice: the paintings that he personally created at the beginning of his career. These works reveal the artist's hand more directly than those of any other time in his career and illuminate the ideas, colors, and motifs that later shaped the iconic decorative arts produced in his studios. Through Nov. 8.

- **Where:** 1 Museum Drive, Roslyn Harbor
- **Time:** Ongoing
- **Contact:** nassaumuseum.org or (516) 484-9337

Vintage Base Ball

Step back in time at Glen Cove's Vintage Base Ball Game. Teams play by 1860s rules with period uniforms, lighter bats and no gloves. The free, family-friendly event offers a unique look at baseball's early history.

- **Where:** John Maccarone Memorial Stadium, Morris Avenue, Glen Cove
- **Time:** 7 p.m.
- **Contact:** Glen Cove Recreation Department at (516) 676-3766

AUG 15

First Fridays: The Secret Life of Birds

Some birds have come back from the edge of extinction because people chose to pay attention and act. In this session of Wings 2 Roots, young conservationists will hear those stories, then head outside for a Gratitude Walk through the arboretum to observe how this living landscape supports the birds that call it home. Back in the classroom, participants make a personal Habitat Hero Pledge: one real thing they can do for birds in their everyday life. Everyone goes home with a native plant seedling and earns their Junior Habitat Steward certificate. \$25 per child. For ages 5-12. Registration required.

- **Where:** Education Center, 1395 Planting Fields Road, Oyster Bay
- **Time:** 10 a.m.-noon
- **Contact:** plantingfields.org or call (516) 922-9210



AUG 21

Chance the Rapper

Chance the Rapper's 2016 mixtape Coloring Book just turned 10, and he's announced a tour to celebrate. The mixtape that changed everything is back as Chance takes a victory lap built around the project that won three Grammys in one night, broke streaming-only records, and turned him from a Chicago underground hero into a generational artist. The Coloring Book itself instantly reshaped what a hip-hop record could be. The mixtape became the first streaming-only project to win a Grammy, and it earned Chance Best New Artist, Best Rap Album, and Best Rap Performance in a single trip to the podium. Songs like "No Problem," "Same Drugs," "All Night," "Blessings," "Angels," and "Summer Friends" turned into staples of a generation's playlists — and fans have been waiting a decade to hear them performed live in full. The setlist on this tour is built to deliver that, plus cuts from the rest of his catalog and his long-awaited 2025 release Star Line, his first full-length album in six years. Chance is famous for raising the energy in a room and turning shows into church-tent revivals, especially when the gospel-leaning Coloring Book material lands.

- **Where:** The Paramount, 370 New York Ave., Huntington
- **Time:** 8 p.m.
- **Contact:** ticketmaster.com or paramountny.com

AUG 19

Storybook Studio

Families are invited to step into the pages of beloved children's books and watch stories come alive through art at Nassau County Museum of Art. In this highly interactive, collaborative workshop, children ages 4-7 and their parents/ caregivers will team up to explore literature through tactile crafting, playful mechanics, and creative engineering. Begin with an engaging reading of a celebrated storybook, followed by a hands-on art project that transforms abstract themes into beautiful, functional, and kinetic sculptural objects. This is a true partner class! \$25, one adult and child, members \$20. Registration required.

- **Where:** Manes Center, 1 Museum Drive, Roslyn Harbor
- **Time:** 10-11 a.m.
- **Contact:** nassaumuseum.org or (516) 626-5280

AUG 20

Creative Spirits: Stained Glass, Restoration & the Art of Light

Step into the luminous world of stained glass

at Planting Fields as conservator and artist Alyssa Fiehel takes guests behind the scenes of one of the oldest and most captivating art forms in history. In this special edition of Creative Spirits, explore the evolution of stained glass. Part history, part art, and part preservation story, this immersive evening offers a rare opportunity to experience the intersection of craftsmanship and conservation while enjoying themed cocktails inspired by the artistry of stained glass. Registration required.

- **Where:** 1395 Planting Fields Road, Oyster Bay
- **Time:** 6-8 p.m.
- **Contact:** plantingfields.org or call (516) 922-9210

AUG 22

Erosion Explosion/ Geology Beach Walk

Families can observe the power of nature up close at Garvies Point Museum's Erosion Explosion and Geology Beach Walk. Watch a large-scale stream table demonstrate how moving water shapes the landscape, then head outdoors to explore the museum's rocky beach and nature preserve, where you'll discover the unique geological features of Long Island's shoreline.

Sneakers are recommended.

- **Where:** 50 Barry Drive, Glen Cove
- **Time:** 11 a.m.-noon and 2-3 p.m.
- **Contact:** garviespointmuseum.com or (516) 561-8010

Deep Roots Farmers Market

Shop fresh, locally grown produce, baked goods, specialty foods and handcrafted products at the Deep Roots Farmers Market. The weekly market brings together local farmers, food vendors and artisans, offering residents a chance to support small businesses while enjoying a vibrant community gathering in downtown Glen Cove.

- **Where:** 100 Village Square, Glen Cove
- **Time:** 9 a.m.-1 p.m.

AUG 23

Hempstead House Tour

See the grand rooms inside the massive 50,000-square-foot Tudor-style mansion at Sands Point Preserve, the former summer residence of Howard Gould (1912-1917) and later Daniel and Florence Guggenheim (1917-1930). For adults, but children 5+ are allowed. \$10 per person.

- **Where:** 127 Middle Neck Road, Sands Point
- **Time:** Noon and 1:30 p.m., also Aug. 26
- **Contact:** sandspointpreserveconservancy.org or call (516) 571-7901

AUG 25

Summer Breeze Blowout

Celebrate the end of summer with an unforgettable outdoor concert on Sands Point Preserve's Great with The Everly Set. Bringing the timeless sound of the legendary Everly Brothers to life, The Everly Set captivates audiences with soaring harmonies, exceptional musicianship, and irresistible charm. Featuring acclaimed performers Sean Altman and Jack Skuller, the group performs beloved classics that helped define the sound of rock and roll, including "Bye Bye Love," "Wake Up Little Susie," and "All I Have to Do Is Dream." Their dynamic stage presence and authentic harmonies create a nostalgic, feel-good experience that will have audiences singing along, dancing, and celebrating summer's final days. Rain or shine. \$35 per car in advance, \$50 per car day of concert.

- **Where:** 127 Middle Neck Road, Sands Point
- **Time:** 6-8 p.m.
- **Contact:** sandspointpreserveconservancy.org or call (516) 571-7901

AUG 26

Locust Valley Garden Club Bunco Party

Join in a Bunco Party at the Locust Valley Library, sponsored by the Locust Valley Garden Club. Come and play! Open to non-members! Cash prizes, raffles, and refreshments will be provided. \$20 per person. Reserve your seat early as space is limited.

- **Where:** 170 Buckram Road, Locust Valley
- **Time:** 1-3 p.m.
- **Contact:** RSVP to Jane Benstock at (516) 987-9912 or jpbstock@gmail.com

Having an event?

Items on the Calendar page are listed free of charge. The Herald welcomes listings of upcoming events, community meetings and items of public interest. All submissions should include date, time and location of the event, cost, and a contact name and phone number. Submissions can be emailed to kbloom@liherald.com.

Island Vibes brings summer fun to Pryibil Beach 19

The city's Island Vibes summer series returned to Pryibil Beach Aug. 12, bringing live music, food trucks and family activities to the Glen Cove waterfront.

The event, which runs from 6 to 9 p.m., will feature the Roadkill Country Outlaws performing country hits and honky-tonk favorites. Guests can also enjoy dinner, desserts and refreshments from a rotating selection of food trucks and vendors.

Island Vibes launched last Wednesday, Aug. 5, with the Bobby Bahama Band, marking the first of a five-week series at Pryibil Beach. The series was expanded this year after a strong turnout for last summer's inaugural Island Vibes event.

Attendees are encouraged to bring beach chairs and blankets and enjoy the music, food and sunset views overlooking the Long Island Sound. The event is free and open to everyone, according to the event listing.

Island Vibes will continue Aug. 19 with That Diva Band, Aug. 26 with a freestyle night featuring DJ Master Jay, and Sept. 2 with entertainment to be announced. All events are scheduled from 6 to 9 p.m. at Pryibil Beach on East Beach Road.

—Roksana Amid



Friends and family gathered at Pryibil Beach to enjoy an evening of music, food and fun during Island Vibes.

Courtesy Gaitley Stevenson Mathews



Attendees waited in line at the food trucks during the Island Vibes event at Pryibil Beach.



Beachgoers relaxed in their chairs and enjoyed cool drinks while taking in the summer evening at Pryibil Beach.



The Bobby Bahama Band performed live music for beachgoers during Island Vibes at Pryibil Beach.



Beachgoers enjoyed the summer atmosphere at Pryibil Beach during the city's Island Vibes event on Aug. 12.

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OPINIONS

That unforgettable Mets team of 40 years ago

Two weeks ago, the Mets honored their 1986 team on the 40th anniversary of its World Series championship season. That was the last time the Mets won it all, and unfortunately, it looks like it will be a while before they reach that pinnacle again. That 1986 team was one for the

ages, replete with stars, superstars and gritty players who never quit.

It was also a team known for what might have been. No Mets squad before or since has had a better season, or such a complete unit with so much talent, ego, disparate personalities and a man-

ager who could fit all the pieces together and make them work so remarkably close to perfection.

The team won 108 regular-season games, the ninth-highest in history, and finished 21½ games ahead of their closest NL East rival, the Phillies. The most spectacular superstar was Dwight Gooden, a boy wonder who at 21 had more pitching achievements than anyone ever at his age. Similarly, Darryl

Strawberry, a young slugger with limitless ability, seemed to be headed to the Hall of Fame.

Gary Carter was baseball's leading catcher, and a clutch power hitter who *did* have a Hall of Fame career. Team leader Keith Hernandez was a fierce competitor, and generally acknowledged to be the best defensive first baseman ever. Other players, though not quite superstars, were top-flight talent who knew how to win: pitchers Ron Darling, Bobby Ojeda and Jesse Orosco and fielders Ray Knight, Howard Johnson, Mookie Wilson, Kevin Mitchell, Tim Lincecum and Lee Mazzilli. There were also brawlers like Wally Backman and Lenny Dykstra, who would do virtually anything to win.

The ringmaster of this assemblage was Manager Davey Johnson, who was not only one of the first managers to use a computer, but also relied on gut instinct. Johnson was a unique old-school/analytics composite.

The playoff series against the Astros, highlighted by a sixth-game, 16-inning come-from-behind win, put the Mets in the Series against the Red Sox, which proved to be a classic. The

Mets were one out away from losing the sixth game, and the Series, when they staged a miracle comeback to win, and then took Game Seven as well. They were on top of the baseball world, and looking like a dynasty for years to come.

But it wasn't to be. The first sign of what was to come went largely unnoticed at the time. Gooden was missing from the ticker-tape parade up Fifth Avenue. Fans were told he had overslept after too much celebration, but the reality, as would become known the following year, was that Gooden was a drug addict and had

missed the parade because he was on a cocaine binge. While he would have several more good seasons, he was never the same.

Strawberry had troubles of his own, and left the Mets for the Dodgers after the 1990 season. Like Gooden, Strawberry had serious drug problems, and never played again as a regular after 1991.

Several other key players in the '86 soon left the Mets. After a contract squabble, Knight left for Baltimore. Mitchell was traded because he was considered a disruptive influence, and

Dykstra was always a self-destructive wild man. He was traded to the Phillies in '89. After he retired, Dykstra served in prison for crimes including bankruptcy fraud, money laundering, grand theft and making terrorist threats.

For a host of reasons, the Mets never again had the cohesion they had in 1986. I should add that Strawberry went on to overcome his drug problems, and cancer, and is now a true model citizen. I've met him a number of times and seen him interact with young kids. You couldn't ask for a nicer guy. Gooden has had his ups and downs but is also, by all accounts, a good guy. Certainly he has been that way whenever I've seen him at events.

I've also had the chance to meet other 1986 Mets, including Hernandez, Darling, Teufel and Wilson, and they're all a credit to the game. Gooden, Strawberry, Hernandez and Howard Johnson were elected to the Mets Hall of Fame, and Carter was inducted into the Baseball Hall of Fame in Cooperstown.

Most of all, to Mets fans, the '86 team will always bring back great memories. Let's go, Mets!

Peter King is a former congressman, and a former chair of the House Committee on Homeland Security. Comments? pking@liherald.com.



PETER KING

On progressive Democrats, misbehavers and oldsters

As the midsummer mark came and went, the nation was dealing with two types of heat waves. One has scorched communities throughout the country with conditions that were never anticipated by any weather forecaster. The other is

occurring in Washington, D.C., and around the country, in the form of political scandals and party upheavals whose results will play out in November.

It's difficult to choose one event as the most dramatic, but it's worth recounting them one by one.

The Michigan Democratic primary produced an unexpected victory by progressive candidate Dr. Abdul El-Sayed. President Trump won the state of Michigan in three elections, but with his popularity at an all-time low, a far-left candidate who won on the issue of affordability shouldn't be counted out. And New York City residents shouldn't be surprised by the Michigan result, considering that there's a socialist mayor in City Hall.

Republicans of every color of the

political spectrum are jumping for joy over the Michigan results, but the socialist-aligned El-Sayed could well upset the apple cart thanks to a very unpopular president, who is losing support nationally from independents and some Republicans. A Trump-endorsed candidate might not be as popular in November as party officials think.

Back in the nation's capital, Republicans are facing numerous headwinds. Two members of Congress have been accused of conduct that is disqualifying in the current climate. Rep. Chuck Edwards, of North Carolina, dropped his re-election bid after the House Ethics Committee released a report finding that he engaged in inappropriate conduct with congressional staff members. And as of this writing, Rep. Max Miller, of Ohio, was vowing to continue campaigning for re-election despite growing calls for him to drop out amid reports of alleged spousal abuse.

Ordinarily, the missteps of two House members would be of no consequence, but House Republicans have a very small majority, and the potential loss of two seats is a big deal in what promises to be a difficult election year. On top of

that, Republicans are dealing with the problem of rapidly aging Senate members, who are no longer reliable votes when they're needed. Former Senate

Majority Leader Mitch McConnell, of Kentucky, has been hospitalized for weeks, and his potential to return to work is questionable.

Like the House, the Senate is a big headache for Republicans. There the average age is 64, compared with the average age of 57 for the House. Sen. Charles Grassley, of Iowa, is 92, and he has many old-timers to keep him company on the Senate floor. While Sen. Bernie Sanders, the Vermont independent, is 84, and Angus King, the independent from Maine, is 82, the Democrats aren't in trouble if either of them is sidelined. Contrast these old guys with Senators Jon Ossoff, of Georgia, and Andy Kim, of New Jersey, who are 39 and 44, respectively.

Not everyone is sitting still when it comes to the large number of aging elected officials. Nick Tomboulides, the head of U.S. Term Limits, a nonpartisan group, is seeking to limit the number of terms that federal officials can serve in office to three terms, or six years, in the

House and two terms, or 12 years, in the Senate. Tomboulides says that "incumbency is the problem for elected officials who can easily be re-elected and view their positions as a lifetime job."

What compels public officials to stay in office long after their shelf life seems to have expired? Some simply love the job and enjoy the prestige that comes with it. They have no problem getting restaurant reservations, and love being catered to by the airlines. Others actually focus on getting things done, and their experience is of great value when it comes to government problem-solving. But today there are many much younger people who are ready, willing and able to take on the challenge of public life.

To date, Congress has been largely unwilling to discipline its members when they engage in unprofessional conduct. Many members know about colleagues who break the rules but are afraid to blow the whistle on them. And as for the aging senators, it's up to the voters to give them a hard look, and not just vote for the most familiar faces.

Jerry Kremer was a state assemblyman for 23 years, and chaired the Assembly's Ways and Means Committee for 12 years. He currently chairs the Capitol Insight Group, a government relations firm. Comments? jkremer@liherald.com.



JERRY KREMER

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HERALD EDITORIAL

Vote on issues, not the scoreboard

Every election season follows a familiar script. News reports dissect the latest polls. Campaigns celebrate statistical bump as if they've won a championship. Political commentators debate momentum, speculate about strategy and spend countless hours analyzing who's ahead and who's falling behind.

Somewhere along the way, the issues that will shape our neighborhoods often become secondary.

Elections aren't sporting events, and voters shouldn't approach them as if they're rooting for a favorite team. Polls may provide a snapshot of public opinion at a specific moment, but they are not ballots and do not evaluate policies.

The danger of treating elections like horse races is that the conversation shifts away from substance. Instead of asking how candidates plan to solve problems, voters are encouraged to ask who appears more likely to win. Instead of examining competing visions for the future, too many people focus on campaign tactics, fundraising totals and social media trends. Who has the best ideas for addressing housing costs, improving public safety, strengthening schools and the many other challenges ahead must not be forgotten.

Our communities need voters who are informed, engaged and motivated to familiarize themselves with the choices

before them. Every election, from town boards and county legislatures to state-wide offices, affects the quality of life in our neighborhoods. Decisions made by those officials influence taxes, zoning, infrastructure, emergency services, transportation, parks and economic development.

Polling has a legitimate place in politics. It can reveal public concerns and identify emerging issues. But it also has limitations. It reflects opinions only at the time respondents are surveyed, and history has shown that polls can miss late shifts in public sentiment.

More important, polls do not tell voters which candidate has the best ideas or values. That requires looking beyond campaign commercials, viral video clips and carefully crafted slogans. Voters should compare candidates' positions on the issues that matter most.

How would they address property taxes? What are their plans for housing, public safety and education? How would they manage taxpayer dollars? What are their priorities for infrastructure and economic growth?

Fortunately, the information is available. Attend candidate debates and forums. Read policy proposals and campaign websites. Learn about incumbents' records instead of relying solely on their promises. Ask candidates thoughtful questions when they appear

before civic groups and community organizations. Read the Herald, which follows local government throughout the year, not just during campaign season.

The closer elections become, the more intense the horse-race coverage usually gets. Headlines focus on who gained two percentage points or whose campaign appears to have more energy. Yet when the votes are counted and the campaign signs come down, those numbers quickly fade into history.

When Election Day arrives, the latest polls will no longer matter. The decisions made by those who are elected will. Budgets will be adopted, services funded, roads repaired, development approved and taxes set. Those choices affect residents long after campaign momentum has faded.

An informed vote is one of the most powerful tools any citizen possesses. It should be based not on who appears to be winning, but on who has earned the public's confidence with his or her ideas, experience and clear vision for the future.

This election season, ignore the scoreboard. Study the issues. Evaluate the candidates. Ask difficult questions. Then cast your ballot based on informed judgment. That is how democracy works best, and how our communities will be best served.

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OPINIONS

Where's the best place to live? Take a guess.

Glen Cove was voted the 37th-best place to live by Money magazine a couple of years ago. I must say that while I'm proud of this distinction, I disagree. I believe that Glen Cove is the very best place to live. When we travel to other towns and cities, we realize just how

special our community is.

How many towns have three beautiful beaches within a six-mile span? How many have a municipal golf course with a view of the water? How many have spectacular parks and recreational facilities for all to enjoy?

And how many have wonderful, caring residents whom we call neighbors?

Growing up in Glen Cove exposes children to people of every ethnic and religious background, preparing them for the future. We have every religion represented, with churches and temples alike. We learn how to be friends and gain an understanding of other cultures. As I always say, we have people of every economic background living

together in our community.

In Glen Cove we take care of our veterans by providing support and services. We hang banners honoring our beloved veterans, both living and deceased, in beautiful Morgan Park. We also care for and restore our veterans' monuments, honoring those who fought for our country.

Glen Cove provides services for senior citizens. We are designated an Age-Friendly Community, and have an award-winning senior center where nutritious meals are offered five days a week, along with evening events, exercise classes, art lessons, dance classes, bingo and birthday celebrations.

Our youth bureau offers after-school care, homework help, summer camp programs and a very special Summer Youth Employment Program. This summer, the SYEP kids cleaned the creek, painted fire hydrants and created beautiful murals. Stop down at the stadium to see the American flag and eagle mural on the equipment building, and the adorable paintings on the refreshment stand. The SYEP kids are so proud of their work beautifying their hometown.

Summer days and evenings are full of activity at Prybil Beach. People stroll at sunset until 8 p.m. most evenings. The pier is full of fishermen, and families play on the new sand volleyball courts.

As you head into Stanco Park, the parking lot is often full. Our pickleball, tennis and basketball courts are completely occupied, with others waiting their turn. The golf course has made a fantastic transition, as the new sprinklers are doing their job. Our regular golfers are very complimentary and happy with the results.

Crescent Beach is the place to go for a peaceful beach experience. So many Glen Covers are happy to have it open this year to swim or relax in the sun. Morgan Park is another place to do just that, and walk through the different levels of the park. Take time to notice all the refurbishments there.

We have been full of activity this year, getting people out of their houses. Events have been sponsored by numerous volunteer organizations and the city itself. Car shows, concerts, dance festivals, food truck festivals, street fairs and so much more — something for every-

one.

A Glen Cove family favorite is National Night Out, when members of the Glen Cove Police Department connect with local residents. Evenings like this one help build strong communities. How about a shout-out to our Police Department and other first responders? They're always here for us in times of need.

Our Vintage Baseball Game and Guns & Hoses game are family-friendly and free for all. Watch parties for the FIFA World Cup and Knicks playoff games were exciting for everyone. Our local teams will be starting their seasons soon.

Each fall, our Volunteer Fire Department holds an open house showcasing its talents and fire-safety techniques. Children can experience a smoke house and learn important safety lessons.

Our Deep Roots Farmers Market is held every Saturday in Village Square. There residents can shop for fresh produce, baked goods and other wonderful items while supporting local farmers, small businesses and vendors.

Take time to enjoy the rest of the summer of 2026 by getting out of the house and joining in our spectacular events.

Pamela Panzenbeck is the mayor of Glen Cove.



**PAMELA
PANZENBECK**

While I'm proud of Glen Cove's mention in Money magazine, I disagree with it.

FRAMEWORK by Tim Baker



Mega Man fans at the Cradle of Aviation's Long Island Retro Gaming Expo — Uniondale



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