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Roksana Amid/Herald

Residents crowded the Glen Cove City Council meeting on Tuesday night.

City Council abruptly ends hearing on '26 spending plan

By **ROKSANA AMID**

ramid@liherald.com

At Tuesday night's City Council meeting, Mayor Pamela Panzenbeck presented her proposed \$69.3 million 2026 budget — her fourth since she took office — highlighting what she called a string of financial successes that have restored fiscal stability to the city. But the meeting grew tense when the council's Republican majority voted to close the public hearing on the spending plan after a single session, an unprecedented move that prompted objections from Democratic council members and residents who pointed out that the move curtailed public participation.

Panzenbeck, who is seeking re-election next month, opened her presentation by reflecting on what she described as a historic

financial turnaround. She credited City Controller Mike Piccirillo for helping to eliminate Glen Cove's general fund deficit, which stood at \$5.3 million in 2020.

"As a result of these surpluses, I'm extremely happy to report that Glen Cove has finally eliminated its general fund deficit, and we now have a surplus," Panzenbeck said, noting that the positive balance of \$87,556, though modest, is a significant milestone.

"The New York state comptroller's office has once again designated the City of Glen Cove as having no fiscal stress," Panzenbeck said.

The proposed 2026 budget is nearly \$3.9 million, or 5.96 percent, larger than the current spending plan. Panzenbeck said the

CONTINUED ON PAGE 9

Chamber set to host annual night of awards

By **ROKSANA AMID**

ramid@liherald.com

The Glen Cove Chamber of Commerce will host its 23rd Annual Awards Celebration on Oct. 24, from 6 to 9 p.m., at Soundview Caterers, at 45 Bayville Ave. in Bayville. This year's theme — A Masquerade Cocktail Affair — promises an evening of recognition, community and celebration, honoring individuals and businesses whose leadership and vision have strengthened Glen Cove.

The chamber's annual awards ceremonies began under the leadership of current chamber President Dr. Maxine Mayreis and Mary Stanco, who first chaired the event committee. Mayreis said that the evening remains one of the chamber's most anticipated events.

"It promises to be a really fun evening, and these people have been invested in Glen Cove and supporting the businesses and the community at large," Mayreis said. "That's

why they were selected."

She emphasized that the purpose of the annual celebration is to "recognize and elevate the people in our community."

Kris Baker, recipient of the Corporate Pinnacle Award, will be honored for his achievements and leadership in corporate and humanitarian endeavors. Baker grew up learning the HVAC trade from his father, later served with the U.S. Army Military Police, and founded Baker Air in 2011. His company provides heating and cooling services in Glen Cove, Port Washington and the surrounding communities.

Allen Hudson III, principal of Glen Cove High School, will receive the Leadership Award for his nearly three decades of service in education and his deep commitment to local youth. A 1991 graduate of the high school, Hudson has spent much of his career giving back to his hometown. During the pandemic, he partnered with

CONTINUED ON PAGE 11

NEWS BRIEFS

Senior medical transportation program

A volunteer-run transportation program that has been a lifeline for Glen Cove’s senior and disabled residents for nearly five decades is now facing a serious shortage of drivers — and its future may depend on new volunteers stepping forward.

Founded in the late 1970s as Glen Cove Rotary Rides, the free service helps those without reliable transportation get to and from medical appointments. It serves residents in Glen Cove, Sea Cliff, Glen Head, Glenwood Landing, Locust Valley, and parts of Old Brookville, providing door-to-door rides Monday through Friday from 9 a.m. to 1 p.m. Riders are picked up from their homes, taken to their appointments, and brought back home or to the Glen Cove Senior Center afterward.

The program is coordinated by Phyllis Burnett, who has managed dispatch and scheduling since 2012. It currently provides transportation for roughly a dozen residents each week, many of whom rely on it regularly. However, a decline in volunteer drivers has made it difficult to meet growing demand.

“We’re looking for people who can just give a few hours a week,” Burnett said. “Even one more driver would make a difference.”

The service, which uses a decom-

missioned Chevrolet Crown Victoria police vehicle, operates on Monday, Tuesday, Thursday, and Friday mornings, traveling as far as Northern Boulevard for appointments. Riders are asked to schedule their trips at least a week in advance, but with limited volunteer availability, securing a ride has become increasingly challenging.

Volunteers can choose which day or days they are available, and no special qualifications are required beyond a valid driver’s license and the ability to pass a background check. Drivers are asked to transport clients to appointments and provide a phone number where they can be reached for pickup afterward.

“This program has been part of our community for decades,” Burnett said. “It’s a small commitment, but it makes a huge difference in people’s lives.”

Those interested in volunteering or seeking more information can call (516) 676-2846 or visit the Glen Cove Senior Center, located at 130 Glen Street, Glen Cove, where applications are available.

Without new volunteers, a service that so many depend on could soon struggle to operate.

—Roksana Amid

Blood drive supports cancer care

The Glen Cove Fire Department will host a community blood drive on Saturday, October 18, from 8 a.m. to 2 p.m., at 10 Glen Cove Avenue, in recognition of Breast Cancer Awareness Month. Organized in partnership with the New York Blood Center, the event invites residents to give the gift of life by donating blood to help patients in need. Breakfast will be served by members of the fire department, creating a warm and community-focused environment for donors. Participants can sign up by contacting Pete Prudente at 516-606-0014 or by scanning the QR code on the event flyer.

According to the Mayo Clinic Health System, blood donations play a critical role in supporting cancer patients, especially those undergoing chemotherapy or radiation. Treatments often damage bone marrow and reduce red blood cell production, which can lead to severe anemia. In fact, roughly 25% of all blood donations in the United States are used to help cancer patients. Donated blood provides red cells to carry oxygen, platelets to help with clotting, and plasma to support immune function—all essential components for patients fighting serious illnesses. Blood donations cannot be manufactured or substituted syntheti-

cally, meaning community blood drives remain a lifeline for hospitals nationwide.

Events like Glen Cove’s annual blood drive demonstrate how local volunteer efforts can make a national impact. Each pint of blood collected has the potential to save up to three lives, providing immediate relief to those recovering from surgery, trauma, or cancer treatment. Organizers encourage residents to donate not only for the benefit of others but also as a meaningful way to honor Breast Cancer Awareness Month. Every donor’s contribution, no matter how small, helps sustain a vital resource that gives hope and healing to patients and families across Long Island and beyond. In addition to donating blood, residents are encouraged to recognize how vital these donations are for patients undergoing treatment. According to the American Cancer Society, Roughly one in-eight women in the United States will develop invasive breast cancer during her lifetime, with more than 300,000 new cases expected to be diagnosed in 2025.

—Roksana Amid



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FISCAL RESPONSIBILITY

We will identify wasteful spending, and operate our city like a professional business. Priorities will include a revitalized downtown, reducing tax-breaks for developers and generating revenue streams that do not burden taxpayers such as the recently imposed sewer lateral fee or the water infrastructure charges.

TRANSPARENCY

Standard operating procedures are a vital component of a well-run business. The city does not have enough across all departments. We will do a day-one review and ensure that all city processes are fair for staff, residents and business owners. We will govern proactively with longer term planning.

ACCOUNTABILITY

We will base decisions on reputable data, another hallmark of a well-run business that is not always evident in our city now. Residents need to know why one financial decision is made versus another, and it should come down to the data and the facts, not who you know.

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★ Vote Row A

MarshaSilvermanForMayor.com

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Fundraiser to keep Glen Cove blooming

By ROKSANA AMID

ramid@liherald.com

The Glen Cove Beautification Commission — the volunteer group behind the city's colorful murals, seasonal flower plantings, and litter-prevention drives — will hold its first-ever fundraising celebration on Thursday, Oct. 30, from 6 to 8:30 p.m. at The Metropolitan, 3 Pratt Blvd. The event aims to raise money to expand projects that keep Glen Cove's parks, beaches, and public spaces clean, green, and visually appealing while building community pride.

Commission Chair Lora Cusumano said the event is designed to help the group scale up its efforts beyond what the municipal budget can cover. "We have been saying we would like to do a fundraiser because if we can get some more donations we will be able to do more great work with either doing beautification things or litter prevention events throughout the city," Cusumano said. "We want to be able to do more for our community."

While the commission is established by the City of Glen Cove and receives an annual budget line, Cusumano said private support will let volunteers take on more projects.

Beautification commissioner Barbara Peebles, who is chairing the event, said the night is about awareness and momentum. "We're a 501c3, and it's our first fundraiser but it's not about just fundraising. Of course, we want to raise some money but this all about community engagement." She added that the group is prioritizing "projects because we want them to be visible so that the whole community sees it," emphasizing that "it's all volunteer."

Peebles said she expects the event to spur new sign-ups by showing how flexible the time commitment can be. "I believe more people will volunteer because they'll be able to better understand that when you volunteer, it could be as little or as much as you want," she said. She noted the commission often pairs its outreach with community events so residents can pick up literature or donate clothing that generates modest revenue for projects.

The commission's recent work includes the 60-foot Mill Hill mural, seasonal cleanups at Pryibil Beach and citywide tulip plantings. The mural also sparked a new partnership. Kiwanis Club of Glen Cove President Ann-Marie Gailius, who lives near the Mill Hill retaining wall, recalled greeting the crew. "I looked out the window and I noticed that the road was closed, and so I went down," she said. During the hot stretch, she brought volunteers cleaning near the wall the first day, two gallons of tea and a box of cookies, returned with more refreshments, and spent some time with volunteers. Gailius said she was "very pleased to see that this time around they were addressing Mill Hill, because this is a very old and very historical part of town."

Peebles said she agreed to lead the inaugural fundraiser to elevate the mis-



Roksana Amid/Herald photos

The Beautification Commission holds cleanups at the Holocaust Memorial and Tolerance Center.



The Beautification Commission holds cleanups every year at Pryibil beach.

sion. "I was happy to volunteer to chair our first fundraising event. A terrific opportunity to raise awareness, engage the community, and raise funds to implement our growing list of projects!" she said.

Cusumano framed the goal simply: "Every dollar raised helps us do more — from planting flowers and trees to keeping our parks and beaches clean. Together, we can make Glen Cove the best place to live, work, or visit."

To purchase tickets, become a sponsor or donate, contact Barbara Peebles at bpeebles@optonline.net. Checks may be made payable to Glen Cove Beautification and mailed to One Laurel Avenue, Glen Cove.



Courtesy Lora Cusumano

Last week volunteers from The Beautification Commission went to Pascucci Field to plant Perennial flowers.



Volunteers planted pink tulips to raise awareness for breast cancer.



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Sections of interest are:

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Creating a Safe Home Environment: Modifying the home to reduce the risk of falls and other accidents.

Medical Care and Support: The importance and benefits of early diagnosis in slowing the progress of the disease and improving quality of life, as well as a list of questions to ask the doctor. Non-Medical Interventions: Different types of therapy, both physical and mental to support physical and mental well-being.

Building a Care Team: Who is on the team and avoiding caregiver burnout.

Coping with Behavioral Changes: Tips on managing new and challenging behaviors, such as agitation, depression, waking and sleep disturbances.

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1321414

THE GREAT BOOK GURU

Faustian bargain

Dear Great Book Guru,
My friends and I have decided this Fall we are going to meet every two weeks to discuss a challenging book - something good - maybe controversial - but really interesting fiction. The book to start us off need not be new - just something that will get us off to a good start.

Falling into Fall

Dear Falling Into Fall,

I read Dave Eggers's "The Circle" many years ago, but I think about it often and it might be just the book for your group. It opens with Mae, a young woman a few years out of college who has been dispiritedly living home with her parents and seemingly stuck at a dead-end job when her fairy godmother of sorts appears - Annie, a close friend from school.

Annie has a coveted position with the Circle, a company which bears a strong resemblance to Google, Facebook, or

perhaps Amazon. Annie hires Mae and suddenly life is golden. The Circle is magical - everyone is young, beautiful, smart, and very, very friendly. The company motto is "to share is to care."

Soon Mae is caught up totally in the company culture - her parents (and she, of course) are given the best health insurance imaginable, her meals are prepared by gourmet chefs, her every need - known and unknown - is met. So, what could be wrong? Nothing really, just that she has no private thoughts. Everything is shared and rated. The company keeps score of these ratings or "likes" which run into the multi-millions.

The novel has echoes of George Orwell's 1984 or a Faustian bargain with the devil... a terrifying look into the present and future. Highly recommended.

Would you like to ask the Great Book Guru for a book suggestion? Contact her at annmdipietro@gmail.com.



**ANN
DIPIETRO**

NEWS BRIEF

Special screening of TATAMI in Manhasset

The Holocaust Memorial & Tolerance Center of Nassau County will host a special screening of TATAMI on Tuesday, Nov. 5, at 7 p.m. at Manhasset Cinemas, located at 430 Plandome Road in Manhasset.

The event will feature a post-screening panel discussion and a dessert reception, offering attendees the opportunity to engage in meaningful dialogue about the film's themes and cultural significance. TATAMI is a powerful drama set against the backdrop of international competition and political tension, exploring courage, resilience, and moral conviction in the face of oppression. The film has garnered critical acclaim for its nuanced storytelling and emotional depth, prompting discus-

sions about integrity and human rights.

The panel discussion following the screening will include educators and experts in film, ethics, and history, providing insight into how TATAMI reflects contemporary and historical struggles for justice and equality. The evening will conclude with a dessert reception, allowing guests to reflect and connect in a community setting that encourages open conversation.

Tickets are \$30 for adults and \$10 for students. Seating is limited and advance registration is encouraged. For more information or to purchase tickets, visit hmtcli.org or call (516) 571-8040.

—Roksana Amid

GLEN COVE HERALD

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Luke Feeney/Herald

The Island F.C., an independent professional soccer club, was unveiled, on Oct. 14 at the Long Island Children's Museum in Uniondale.

The Island F.C. kicks off its future on Long Island

By LUKE FEENEY

lfeeney@liherald.com

The global game is coming to Long Island as The Island F.C., an independent professional soccer club, was unveiled, alongside plans for a new stadium.

The team, launched by principal owner and chairman Mitchell Rechler and team president Peter Zaratini, is set to debut in March 2027 and will compete in MLS Next Pro, the professional development league of Major League Soccer.

"This is something that did not happen overnight," Rechler said on Oct. 14 at the Long Island Children's Museum in Uniondale. "We have been working on bringing pro soccer to Long Island for 18 years."

Rechler is a managing partner of Rechler Equity Partners, one of the largest real estate developers on Long Island. Zaratini, a former soccer player, is the founder and CEO of Global Concepts, a metropolitan area-based sports management company.

Rechler and Zaratini also revealed their plans to build a privately funded outdoor 2,500-seat stadium — which can be increased to fit 5,000 — at Mitchell Athletic Complex, also in Uniondale.

Preseason games for the Island FC are set to begin in January 2027. Organizers confirmed that the launch was strategically timed to build on the anticipated "national surge in soccer enthusiasm," after the 2026 FIFA World Cup in MetLife Stadium in New Jersey.

The team is estimated to be around \$25 million undertaking. Around \$20 million will be devoted for the new year-round training facility and around \$5

million to launch the club. Stadium designs are anticipated to be released over the next few months, with the intent of breaking ground next spring.

"Over the last few years, we heard consistently about the strength, resilience and pride of Long Islanders," MLS Next Pro President Ali Curtis said, adding that "Long Island is unique because while it's its own community, the special people that live here are from all over the world, and soccer brings people together and is the universal language."

Alongside the launch of a professional team, expanding opportunities for younger players to grow and succeed is another priority of the venture. Enhanced scholarship programs and a strengthened youth-college-pro pathway will be designed to help aspiring athletes to pursue their goals.

Plans are also underway to return a professional women's soccer team to Long Island

"We're building a legacy for Long Island," Zaratini said, adding that the team's mission is to "empower aspiring soccer players through an Island-wide development pathway that ensures every player—regardless of background or gender, can reach their full potential in the game."

Several elected officials attended the announcement. State Sen. Jack Martins, who represents North Shore communities such as Glen Cove and Oyster Bay, said he was thrilled to welcome a new professional team to Long Island.

"We are helping our youth," he said. "We're improving our economy, and we're putting our efforts where they belong, because great sports bring great sportsmanship."

Vote the Panzenbeck Team



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RE-ELECT GRADY FARNAN

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ELECT DANIEL GRABOWSKI

ELECT ELLEN PANTAZAKOS

ELECT JAMES GREENBERG

Paid for by Glen Cove Republican Committee

O'Connell seeks to build on 20-year record

By AINSLEY MARTINEZ

amartinez@liherald.com

Maureen O'Connell, the Nassau County clerk since 2006, is seeking re-election, with a focus on continuing the modernization of county records and expanding services for senior citizens and non-English speakers.

A registered nurse and an attorney, O'Connell, 74, has served in public office for more than three decades, including a term in the Assembly and as deputy mayor of East Williston. In the clerk's office, she says, she is committed to improving access and service for residents.

"When I walked into that office ... there were about 2 million unprocessed documents," she said. "We were not really modernized."

Since then, O'Connell said, the office has undergone a significant transformation. Court and land records are now digitized and available online, allowing attorneys and members of the public to file and access documents without visiting the clerk's office in a building on Old Country Road in Mineola that is notorious for its limited parking.

"We created an electronic database so that a lawyer who wants to start a lawsuit doesn't have to drive over," O'Connell said. "They can electronically file a lawsuit from their home office."

In addition to overseeing deed and mortgage filings, the clerk also serves as the clerk of county Supreme Court. O'Connell said she implemented one of the state's first Supreme Court filing databases, and added digital interfaces with local and state agencies to streamline access to records.

She has also led efforts to digitize historical documents, a process she refers to as "backfilling." "The more we backfill, the better the public is served," O'Connell said. She noted frequent visits from senior



Tim Baker/Herald

A registered nurse and an attorney, Maureen O'Connell has served in public office for over three decades, including a term in the Assembly.

citizens needing access to decades-old property records they have misplaced. "Sometimes that safe place is so safe they can never find it again," she said.

To further assist homeowners, O'Connell created a Property Fraud Alert Program. Property owners can sign up to receive email alerts if any documents — such as deeds or mortgages — are filed relating to their property. The goal is to prevent fraud involving falsified documents.

"Fortunately, we have not seen a lot of it in Nassau — a very minimal amount," O'Connell said. "But the county clerks statewide do see it in some counties."

HERALD ROUNDTABLE

COUNTY CLERK

If she is re-elected, O'Connell said, she plans to focus on expanding parking at the Mineola complex and to continue efforts to digitize older records. She also hopes to expand the effort to adapting services to the growing population of residents for whom English is not their primary language. A language line, which translates conversations between clerk's office employees and visitors in real time, has been implemented to aid communication.

O'Connell said that her dual background in nursing and law has shaped her approach to public service. "As a nurse, you like to help people," she said. "Get the problem solved, and help them resolve whatever issues they're in need of resolving."

A lifelong Nassau County resident, O'Connell grew up in Mineola and now lives in East Williston. She trained at Flushing Hospital School of Nursing, and has a bachelor's degree in health care management from St. Joseph's College and a law degree from St. John's University School of Law. She is an assistant professor of nursing at SUNY Farmingdale, and serves on several local boards, including the Farmingdale School of Nursing advisory board and Harbor Child Care in Mineola.

She remains passionate about her work for the county. "It's just a wonderful job," she said. "I love working, serving in public."

Clerk must be more accessible, Williams says

By AINSLEY MARTINEZ

amartinez@liherald.com

Joylette E. Williams, a professor of English at Nassau Community College, is running for Nassau County clerk. A resident of the Village of Hempstead since 1993, she has built her career in education and local service, and in her campaign is emphasizing administrative experience, accessibility and modernization.

Williams has a Ph.D. in English, is completing a second doctorate in higher education administration at the University of Connecticut and is in her second term on the Hempstead Board of Education. She was first elected in 2022, and re-elected in May after community members urged her to continue her service. Her current term runs through 2028.

"It helps me to understand not only the concerns that residents have throughout the county, but it's very, very rewarding to actually participate in those advocacy roles," Williams said.

Her academic background, she added, which includes several master's degrees and over two decades of teaching, has prepared her for the administrative demands of the clerk's office, which manages the county's legal documents, property records and business filings. She noted her experience with recordkeeping, document management and organizational leadership in higher education.

Williams served as a Hempstead village trustee from 2021 to 2022, and sits on the Town of Hempstead's Industrial Development Agency board. She is also the assistant secretary of the Hempstead chapter of the NAACP, is active in the Hempstead Community Land Trust, the Hempstead chapter of the AARP and the Long Island chapter of the National Coalition of 100



Tim Baker/Herald

Joylette Williams has a Ph.D. in English and is completing a second doctorate in higher education administration at the University of Connecticut.

Black Women. She is a member of the Nassau Alumnae Chapter of Delta Sigma Theta Sorority.

A central goal of her campaign is to digitize county records and to modernize the operating systems of the clerk's office. "Right now it's running like it's 1974," she said.

Williams has spoken with title insurance companies and attorneys who frequent the clerk's office, she said, and has identified inefficiencies, including a lack

of online access to court records that makes it necessary for paralegals to visit the office in person.

The clerk's mobile outreach van is underutilized, she added, and she has proposed increasing its presence across the county, including at libraries and senior centers. She has also proposed extending the office's hours to 7 p.m. one day a week to accommodate working residents.

"The clerk's office needs to be more accessible to all residents of Nassau County, and not just a few areas," Williams said.

If elected, she plans to propose to the Legislature that fees for deed transfers and property transactions be reduced, and has identified seniors, first responders, first-time homebuyers and veterans as populations that could benefit from fee reductions or waivers.

Williams also cited the need for translators in the clerk's office, noting a range of languages, from Spanish to Urdu, that are spoken by residents who visit the office regularly. Increased language accessibility, she said, would ensure equitable service across the county's diverse population.

Her work in civic organizations, Williams said, has helped her better understand residents' needs and leadership strategies. She added that she plans to request a leave of absence from Nassau Community College if she is elected, because both positions are county-funded and cannot be held simultaneously.

Williams was invited to join the ticket by the Democratic Party leadership, and underwent a vetting process that included interviews, reference checks and social media review. Her commitment to public service and community advocacy, she said, motivated her to accept the nomination.

RE-ELECT



"I am proud of my time as a councilwoman, and I am eager to continue with all the progress made so far. I am a long time Glen Cove resident, a mom, business owner, friend, volunteer and more. I love this city. I will continue to work hard for all of Glen Cove and am not done."

DANIELLE FUGAZY SCAGLIOLA

GLEN COVE CITY COUNCIL

EXPERIENCE:

- Financial Journalist for 20+ years
- President of the Glen Cove Education Foundation
- Active Board Member of the Business Improvement District
- Liaison to the GC Youth Bureau & the Glen Cove School District
- Business owner in Glen Cove
- Longtime softball coach
- Longtime PTA member

Paid for by friends of Danielle Fugazy Scagliola

IN THE LAST 2 YEARS:

- Instrumental in helping to get the North Shore Village Theater construction up & running to create a unique experience to our Glen Cove community
- Continued working with LIRR to make commutes more convenient for Oyster Bay riders
- Advocated for upgrades to our streets & sidewalks. Worked to create a more appealing environment in our downtown
- Worked with the BID and Beautification office to display student artwork and senior graduation banners downtown
- Donated \$100,000 to the Glen Cove Schools through the Glen Cove Education Foundation



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John Perrone has spent a lifetime in Glen Cove — raising his family here, supporting our youth programs, and serving our community with dedication and integrity. With more than 40 years of experience as an insurance executive and small business owner, John knows how to identify risks, manage budgets and make informed decisions that protect families and strengthen our city.



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John's vision is simple but powerful — plan wisely, spend responsibly, and always put Glen Cove families first. He believes our best days are still ahead — and with steady leadership and a clear plan, Glen Cove can remain a community we are all proud to call home.

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John's Priorities for Glen Cove

- ★ **Strengthen Financial Stability**
John will work to create new and reliable revenue sources that reduce the burden on taxpayers while securing Glen Cove's long-term financial health.
- ★ **Modernize City Services**
He will bring the Building Department into the 21st century with streamlined processes, improved technology, and faster, more efficient service for residents and businesses.
- ★ **Expand Code Enforcement**
From property upkeep to building compliance, John will ensure fair and consistent enforcement that protects our neighborhoods and enhances quality of life.
- ★ **Innovative Housing Solutions**
John will explore smart, community-focused housing options that respect Glen Cove's character while meeting the needs of families, seniors, and young professionals.
- ★ **Support First Responders & City Workers**
He will stand with our police, fire, EMS, harbor patrol, and all City employees—ensuring safe, fair workplaces and the resources they need to serve our community effectively.

JOHN PERRONE WILL BRING A COMMON-SENSE APPROACH TO CITY HALL!

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Phillips has led county's drive into digital era

By ROKSANA AMID

ramid@liherald.com

Nassau County Comptroller Elaine Phillips traces her drive for public service to a childhood defined by independence, perseverance and the generosity of mentors who opened doors. Born in western Pennsylvania, the youngest of four daughters, she was the first in her family to attend college — a milestone achieved without guidance or financial help after her father's death when she was 12.

"I was kind of left on my own a lot," Phillips recalled. "There was no guidance for college." That changed when she became a Rotary exchange student in Brazil for 13 months — an experience she described as life-changing. "It allowed me to mature and figure out who I wanted to be in life," she said, adding that she still speaks fluent Portuguese nearly five decades later.

Phillips went on to earn both a bachelor's degree in political science and an MBA in finance from Penn State, working as a bartender to pay tuition. Her career began in finance — first at Metropolitan Life, later at J.P. Morgan and Goldman Sachs, where she helped build mortgage-backed securities departments. After taking time off to raise her three daughters, she negotiated a rare job-sharing arrangement at Goldman that allowed her to balance motherhood with high-stakes finance work for nearly a decade.

Public service came later. After serving as mayor of Flower Hill during Superstorm Sandy, she was elected to the State Senate in 2016, where she championed legislation closing a loophole that had allowed those convicted of domestic violence to keep certain firearms. In 2021 she was elected Nassau County's comptroller — a role she calls both humbling and demanding.

Her signature initiative, she said, has been modernizing the county's outdated financial system, which dates back to 1999. "We do our accounting basically



Tim Baker/Herald

Nassau County Comptroller Elaine Phillips is seeking re-election.

using Excel files," Phillips said. "Departments like DPW, purchasing and accounting all had different data — none of it lined up."

Her office led a two-year process to select CGI to implement a cloud-based enterprise resource planning system, dubbed Nassau Forward, that will unify county financial operations and automatically update accounting standards. "It's transformative," Phillips said. "Our goal is to go live between 2027 and 2028."

During her tenure, the comptroller's office also digitized vendor claims, cutting payment times from four months to less than 10 days. "There used to be paper almost to the ceiling," she said. "Now it's all online

HERALD ROUNDTABLE

COUNTY COMPTROLLER

through e-claims." Phillips also overhauled the audit process, emphasizing collaboration and corrective action rather than punitive reports that "collected dust."

She credited her staff for the county's recognition by the Government Finance Officers Association with its Triple Crown award for excellence in financial reporting — the only county in New York state to earn it. Nassau has also received seven bond-rating upgrades during her term.

Looking ahead, Phillips said her top priorities, if re-elected, would be completing the Nassau Forward project, hiring additional accountants and expanding electronic systems for retirees' benefits. "We're still sending out paper checks to some retirees," she said. "We want to move to direct deposit — it's safer and more efficient."

She acknowledged ongoing challenges balancing employee wages and benefits with affordability for residents. "You want to pay your employees a fair wage and provide good health care," Phillips said. "But you also want to make sure people can still afford to live here."

Reflecting on her career, she credited her success to teamwork. "I'm as good as the people around me," she said. "You always want to do more — to make government more efficient, save taxpayers money, and keep Nassau in strong fiscal shape."

Wink: Comptroller must be 'fiscal watchdog'

By ROKSANA AMID

ramid@liherald.com

Wayne Wink says Nassau County is once again standing on shaky financial ground — and he believes the comptroller's office should be the first line of defense. The longtime public servant, attorney and former legislator is challenging incumbent Comptroller Elaine Phillips, arguing that the county needs more transparency, oversight and independence from the administration.

"I've always spoken truth to power," said Wink, 58, who currently serves as minority counsel to the County Legislature. "What we need is a fiscal watchdog. What we have is a fiscal lapdog."

A Hofstra University and St. John's University School of Law graduate, Wink grew up in Uniondale, in what he describes as a "barely middle-class" household, and was the first in his family to go to college. He was elected to public office for the first time in the early 2000s and went on to serve 20 years in local government — including as a North Hempstead town councilman, county legislator and town clerk.

Among his legislative accomplishments, Wink cites the creation of Nassau's Silver Alert law, modeled after the Amber Alert system but designed to locate missing seniors with cognitive disorders such as Alzheimer's and dementia. "We've had a number of people saved because of that program," he said. He also helped establish North Hempstead's domestic partner registry before same-sex marriage was legalized in New York, and pushed for "right-sizing" government by transferring underused county assets to towns that could better manage them.



Jeff Bessen/Herald

Among his legislative accomplishments, Wink cites the creation of Nassau's Silver Alert law, modeled after the Amber Alerts system.

Now, as he seeks to return to countywide office, Wink says that Nassau's biggest problems aren't new — they're just unresolved. "When I left the Legislature in 2013, I came back 10 years later and found the same issues: the college, the medical center, the jail, assessments," he said. "They're all repackaged, but the same issues."

One of his top concerns is the county's ongoing fiscal oversight by the Nassau Interim Finance Authority, which was created more than 20 years ago amid

budget turmoil. "No county our size with our affluence and abilities should still be under a control board," he said, adding that sustainable budgeting and stronger auditing practices could allow the county to regain autonomy.

Wink has been especially critical of the county's use of American Rescue Plan Act funds to plug operating deficits. "The only way they're balancing the 2025 budget is to take \$120 million of Covid money," he said. "We're spending down reserves that were built up under Laura Curran," he added, referring to the former county executive. "It's unsustainable." He said that Nassau faces a structural deficit of \$200 million to \$250 million per year in its four-year plan.

Wink argues that genuine transparency begins with full disclosure of how public money is spent — including vendor identities. "The county's 'open checkbook' lists every transaction except who got the money," he said. "That's not transparency."

If elected, he said, his first priority would be to restore field audits, which he claims have disappeared under the current administration. "The comptroller is there to make sure taxpayer dollars are spent wisely," Wink said. "We need to get back to real audits, in the weeds, to find waste, fraud and abuse."

He also called for greater oversight of county contracts, jail operations and agencies such as the Nassau University Medical Center, which he says have faced mounting financial and management issues.

"The county is slowly fading into the fiscal abyss again," Wink said. "We've been here before — and if we keep the status quo, we'll be back there again. Nassau needs new eyes, real accountability, and leadership willing to tell the truth."

At City Hall, concerns grow about transparency

CONTINUED FROM PAGE 1

increase is largely the result of rising personnel costs and contractual obligations.

Among the key cost drivers, she listed \$663,000 in full-time employee salary increases, \$506,000 in pension contributions, \$350,000 in severance payments to retirees, \$275,000 in employee health care premiums and \$186,000 in hourly wages for part-time employees.

She said the budget includes no increase in residential property taxes and features a 4.05 percent tax rate decrease for commercial properties. However, the budget is balanced by the City's move to start collecting a 1.5 percent sale tax that the county historically collected on the city's behalf and turned over to the City in a form of a property tax rebate to residents. The budget's success hinges on the City collecting more than \$3 million in New York State sales tax payments, which the Mayor admitted is an estimate and higher than any amount the county has rebated in the past.

Councilman Grady Farnan praised the proposal, calling it a "solid" budget and moved to close the public hearing. Councilman Mike Ktistakis seconded the motion.

Panzenbeck also voted to close the hearing along with Councilman John Maccarone, while Councilmembers Marsha Silverman, Danielle Fugazy Scagliola, and John Zozzaro voted against the motion to cut off the public comment period.

The vote immediately drew objections from the minority members. Fugazy Scagliola said she could not recall a time when the public hearing on the budget was closed after one meeting. "I'm always an advocate of giving the public an opportunity to speak," she said. "What if somebody was anticipating that they had the next meeting to comment or ask question and now that opportunity is gone? I just don't think that that's prudent behavior."

During last week's pre-council meeting, Panzenbeck told council members they had two weeks to review the spending plan.

Silverman, a council member since 2017, echoed Fugazy Scagliola's concerns, and said the majority's move deprived residents of the chance to engage in one of the most important city processes of the year. "We should never cut off public conversation about anything, especially something that is as important as the budget," Silverman said. "I asked last week for the run rates for 2025 so we could see where you think we will end the year. I still have not gotten that." Additionally, Silverman said she had proposed exploring a city tax rebate program to offset the elimination of the county property tax rebate, an

issue she said could affect the budget if further reviewed.

Budgets have been known to change in the past. For example, in 2022, during Panzenbeck's first year in office, the proposed budget was revised between the two public hearings held in October, increasing from \$63.1 million to \$63.3 million. This year, the public will not have that opportunity to comment — a decision that has left questions about transparency and public engagement lingering.

Zozzaro called the process a farce. "We're pulling the wool over the eyes of our residents," he said. "There's 28,000 people that live in this city. Maybe 1 percent have seen this budget."

You're doing the exact opposite of fiscal responsibility by cutting off the access to public knowledge.

PHILIPPE VOEGTLEN
Glen Cove

Residents, some of whom said they don't typically attend meetings, also voiced concerns. Philippe Voegtlen commended the administration for recent surpluses, but said that closing the hearing early undermined the city's commitment to transparency. "You're doing the exact opposite of fiscal responsibility by cutting off the access to public knowledge," he said.

Resident Daniel Oliva agreed, saying he hadn't expected the budget to come up for a vote on Tuesday. "It seems kind of premature," he said. "I don't see what the harm is in allowing the pub-

lic to digest that information just a little longer."

Despite the objections, the council voted on the budget, and the count was 3-3. City Attorney Tip Henderson explained the consequence of the deadlock: "The charter allows that in the event the budget does not pass, it is automatically adopted. This council did not pass the budget."

Later, asked if the council could take the spending plan up again to allow more review, Henderson said, "It's up to the council," and added that it would be possible "if the mayor put up the same budget again."

Fugazy Scagliola abstained saying she hadn't been given enough time to review the details. "Just because you can do something doesn't mean you should," she said. "Closing out the budget and not letting people have their say, and not letting the council people have their time to thoroughly review the budget, is just not good practice."

Panzenbeck defended her decision. "I didn't expect all the backlash about voting on the budget tonight," she said. "It's a zero percent tax increase."

Fugazy Scagliola reminded Panzenbeck that the issue wasn't the tax increase, but transparency.

Zozzaro responded that waiting two weeks would not have changed the tax rate. "It's a zero percent tax increase today," he said. "In two weeks, will it still be a zero percent tax increase?"

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League of Women Voters mayoral forum

By ROKSANA AMID

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Residents packed the Glen Cove Middle School auditorium on Oct. 9 as Mayor Pamela Panzenbeck and City Councilwoman Marsha Silverman met in a spirited, hour-long debate hosted by the League of Women Voters. The event offered voters a rare side-by-side look at the two candidates' sharply contrasting visions for Glen Cove's future — from downtown revitalization and city finances to transparency, policing, and civil discourse at City Hall.

The evening, moderated by League volunteers, drew residents from across the city. Questions submitted by the public ranged from property taxes and water fees to immigration enforcement and the long-stalled ferry terminal. Both candidates delivered opening and closing statements and fielded more than a dozen questions on the city's most pressing issues.

Statements highlight priorities

Silverman, who is serving her fourth term on the City Council, opened by stressing her financial background and her record on accountability.

"I initially got involved in public service in order to bring transparency, accountability, equal treatment, and access to City Hall," she said, citing her work initiating a state comptroller's audit of the IDA that resulted in a \$1.6 million refund to the city and the establishment of a new procurement policy to ensure fairness in contracting.

She highlighted what she described as growing affordability challenges for residents, mentioning "the water surcharge, the new sewer fees, and the upcoming removal of the Nassau County property tax rebate." Silverman said her first act as mayor would be to meet with department heads to "plan for and operate the city more efficiently, find ways to eliminate waste, and modernize operations to provide a customer-service-oriented administration."

Panzenbeck, seeking a third term, pointed to a long list of visible accomplishments during her tenure. "I love Glen Cove and all of our residents, and it shows," she said. Panzenbeck highlighted major park renovations, infrastructure upgrades, and financial turnaround, emphasizing that "for the first time since 2017, the city has a surplus verified by a third-party auditing firm."

She noted that Moody's has upgraded the city's bond rating three times to Baa1, the highest in two decades, and that Glen Cove has earned a "no fiscal stress" designation from the state comptroller. "I have always believed actions speak louder than words," she said. "It is not what a person says, it is what a person does — and I am a woman of action."

Downtown revitalization and cleanliness

Asked about the persistent problem of vacant storefronts downtown, Silverman said the city needs to rethink how it uses its Industrial Development Agen-



Roksana Amid/Herald

Pamela Panzenbeck and Marsha Silverman answered questions in a forum run by the League of Women Voters.

cy, focusing less on tax breaks for high-density housing and more on attracting "businesses that create jobs and provide services that people want and need." She called for a downtown that "does not shut down at five or six p.m." and serves residents of all ages.

Panzenbeck countered that the administration has already helped bring "a lot of new varieties of restaurants" to downtown, though retail remains a challenge. She said sustaining new shops requires community support. "When we open businesses, our residents don't always support them," she said, noting the prevalence of online shopping. "We need to make a commitment to stop shopping online and support our stores that are actually here."

When a resident asked about litter and dirty parking lots, Panzenbeck responded that "a great many of our parking lots are privately owned" and said code enforcement addresses those cases. "Our own parking lots are cleaned by our city workers and they do a very, very good job at that," she added.

Silverman agreed that the Department of Public Works "works extremely hard and does a great job," but said cleaner streets require "communicating to everyone that we can do better." She praised the Beautification Committee and urged broader participation, saying code enforcement should be "applied equally across the board."

On civil discourse and information sharing

Both candidates were asked how to promote more civility at City Council meetings. Silverman said respect must begin before the gavel drops. "Respect has to start with providing each member of the City Council all information that's required to make decisions," she said, arguing that equal access to background data and rationale for agenda items would lead to "more respect because each of us will be coming to the

table on a level playing field."

Panzenbeck disagreed that information is lacking, noting that council members meet weekly in pre-council sessions. "If anybody has a question and doesn't understand an agenda item or would like more clarification, that is the time to ask — not actually at the meeting," she said. "My door is open. My phone is available. My email is on."

Policing and public safety

The candidates found common ground on law enforcement. Panzenbeck reminded the audience that she "was the person behind the hiring of the 12 new officers" over the past four years and said Glen Cove remains "one of the safest communities in the entire state." She added, "We would never want to defund the police — never ever."

Silverman echoed that sentiment, calling the Glen Cove Police Department "one of the best departments in New York State or even the country." She cited the city's community-based policing model, with officers embedded in schools and senior centers, adding, "We need to invest in them and keep them just the way they are — and even better if that's possible."

ICE enforcement and immigration

On a question about federal immigration enforcement, Silverman said she trusts the local police to keep residents safe while maintaining compassion. She noted that "houses of worship and schools" should remain safe spaces where people "should be allowed to go safely and securely and not be afraid."

Panzenbeck said ICE has operated in Glen Cove "for many, many years," targeting serious offenders. "They have picked up very bad individuals," she said, referencing a high-profile case in which suspects later faced murder charges. "They are not here taking innocent people."

Fiscal responsibility and development

Pressed on balancing growth and fiscal prudence, Panzenbeck said accom-

plishments during her administration were achieved "through capital borrowing, budgeting, and grants," stressing that "we need to put the money first." She contrasted her management approach with the city's deficit prior to her tenure, referencing a year when "the budget tanked."

Silverman rebutted, clarifying that "the budget is the budget of the mayor," not the council. She emphasized using metrics to evaluate investments and returns. "We must invest in infrastructure like our parking garages and water systems," she said, "but we have to do it smartly with the right metrics in place."

Ferry terminal and transparency

On the Glen Cove ferry terminal, Silverman said future operations "have to be financially viable so that it is not on the backs of taxpayers." She praised partnerships with higher levels of government and credited Congressman Tom Suozzi for ongoing efforts.

Panzenbeck said the city "almost did a ferry pilot last year" but delayed it because "it would have been too much for the riders and it would have failed." She said a potential operator has since approached the city to run commuter ferries to Manhattan, adding that "sometimes when a deal is too good to be true, you have to be extra cautious."

Transparency was another focal point. Silverman said she pushed for publishing council minutes online and ensuring "enough advance notice" of meetings and RFPs. "Government in the United States is for the people and by the people," she said. "Transparency will be the cornerstone for public participation."

Panzenbeck maintained that her administration is transparent, explaining that "even a \$20 reimbursement" appears on the agenda. She detailed the city's process for evaluating RFPs, noting that "three city council people were on the RFP committee" for one property and that procedures have since been improved to avoid conflicts.

Closing remarks

Silverman concluded by calling for "leadership that listens, that plans for the future, and that puts our community first." She cited flooding, infrastructure, and affordability as urgent priorities but said Glen Cove's "waterfront, history, and diversity" offer great opportunity. "A vote for me is a vote for you," she said.

Panzenbeck closed by reaffirming her lifelong ties to Glen Cove. "I love being your mayor and take my duties very seriously," she said. Highlighting the city's national recognition — including Money Magazine's ranking of Glen Cove as one of the best places to live — she added, "My works have been genuine, not something I have done for political gain. Actions speak louder than words, and I am a woman of action."

Antonio Mazilu, a co-owner of Scoop N Fruit, serves up delicious seasonal treats year-round.



Roksana Amid/Herald

Masquerade theme adds festive flair to awards

CONTINUED FROM PAGE 1

Island Harvest and NOSH to create the Glen Cove High School Food Pantry, which supported more than 450 families.

Hudson's work extends beyond the school, to programs such as Game 7 AAU Basketball, Alumni for Youth, and the I Am My Brother and I Am My Sister initiatives. His belief that "people will never forget how you made them feel," inspired by Maya Angelou, continues to guide his leadership.

Adam and Ian Siegel, owners of The Shoppe by Trubee Hill, will receive the Small Business Achievement Award. The couple created their candle company, By Trubee Hill, in 2020, during the pandemic, selling hand-poured soy wax candles at local markets. In 2022 they opened The Shoppe by Trubee Hill — the first retailer in Glen Cove's Village Square — expanding their offerings to home décor, pantry goods, and gifts for every season.

Their commitment to community engagement includes frequent charity shopping events. The business has been voted Best Gift Shop on Long Island in the Herald's Long Island Choice Awards for four consecutive years.

Dean Mayreis, recipient of the Community Service Award, has spent decades volunteering around Glen Cove. Known for his behind-the-scenes dedication, Mayreis, who is married to Maxine, has offered vital support to chamber events, including Culinary Delights, fairs and festivals.

"Glen Cove, during the summer, is very busy, with all kinds of activities and events," Mayreis said. "It takes a lot of volunteers to do that, so I'm just one of them."

He added that volunteering helps connect residents with one another. "If everybody in town volunteered one, two or three days a year," he said, "they could enjoy the rest of the year while other people volunteer, and make it just a continuous party."

Antonio and Olga Mazilu, founders

of Scoop N Fruit Ice Cream, will receive the New Business Award, which celebrates entrepreneurial vision and community involvement. The couple moved to Glen Cove in 2016, determined to open a business that would serve their neighbors and families. "We didn't want to move anywhere else," Antonio said. "The reason why we opened up the business here is because we wanted our friends, families and our kids to have something in the community, and not have to go somewhere else."

Their dessert shop, on School Street, offers New Zealand-style, real fruit ice cream blended with fresh fruit, along with crepes, waffles and seasonal specialties like a cinnamon and Honeycrisp apple flavor. "Our kids go to school here, and the community is great," Antonio said. "We're right by the water. This reminds me of Romania. It felt like home."

Maxine Mayreis said the awards night is designed to celebrate the honorees' accomplishments and foster community pride. "The people who are coming are there to support the honorees," she said. "They do want to spend the time to praise them and hear all that they do and create excitement around it. It's their time to shine in the spotlight."

Residents can support the event by attending or purchasing sponsorships. "People can show their appreciation and their support to these individuals by showing up and attending the event," Mayreis added. "We have sponsorships at different levels and a video display ad. People can take them out individually, to support their honoree, or they can join together."

Guests will enjoy a three-hour cocktail affair featuring hors d'oeuvres, a grazing and carving station, soft drinks, coffee, tea, raffle baskets and a 50/50 raffle. A cash bar will be available. Attendees are encouraged to dress for the occasion — masks are welcome, and will also be provided.

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A legacy of support

For more than four decades, the Adelphi NY Statewide Breast Cancer Hotline & Support Program has been a lifeline for patients and survivors across Long Island and New York State. It remains one of the oldest breast cancer programs in the country staffed by professionally trained and supervised volunteers — many of whom are survivors themselves. Their empathy, compassion, and understanding provide hope to those navigating one of life's most difficult challenges.

In 2025, the American Cancer Society estimates that approximately 316,950 women — and approximately 2,800 men — will be diagnosed with invasive breast cancer.

Guided by its powerful motto, "You are not alone," Adelphi's Breast Cancer Program offers free, comprehensive support to those affected by breast cancer — through every stage of the journey. Services include a 24/7 hotline staffed by more than 65 trained volunteers, a Peer-to-Peer program, professional counseling provided by licensed social workers (in English and Spanish), crisis intervention, referrals, and support groups available in person, by phone, and via Zoom. Educational forums and community events are also held throughout the year to empower patients, survivors, and their families.

At the heart of Adelphi's mission are its volunteers — the voices of understanding on the hotline, the compassionate peers who lead groups, and the advocates who share their stories to inspire others. Many first came to Adelphi seeking support during their own diagnoses and now give back so that others never have to feel alone. Their courage and generosity remind us of the power of community and connection.

Early detection remains one of the most effective ways to improve outcomes, and Adelphi encourages everyone to stay informed, perform regular self-exams, and schedule annual screenings.

Read on to learn about the hotline's compassionate volunteers. Their inspiring stories truly reflect that we are all a powerful community that stands strong — together.

To learn more about the Adelphi NY Statewide Breast Cancer Hotline & Support Program, call (800) 877-8077 or visit breast-cancer.adelphi.edu.

Finding Purpose After Breast Cancer



**Sandee Janin,
Long Beach**
Age at diagnosis: 65
Diagnosed in 2016

In 2016, at the age of 65, I found a lump in my breast. A visit to my doctor confirmed my worst fear — I had Stage 3C breast cancer. During my career, I worked in downtown Manhattan, just a mile from the World Trade Center. My treatment plan was aggressive and included a double mastectomy, radiation and chemotherapy.

To this day, that diagnosis remains one of the most traumatic experiences of my life — something that still affects me daily. Even after successful treatment, I continue to live with lymphedema from the removal of lymph nodes. It impacts what I can wear and how I feel in my body — a constant reminder of my cancer journey.

Three years ago, as I was preparing to retire, a friend told me about the Adelphi NY Statewide Breast Cancer Hotline & Support Program. They were looking

for volunteers, and I thought it might be a meaningful way to spend my time. During my own diagnosis, I had felt so alone. I wanted to be a source of comfort and understanding for others who were just beginning their journeys.

Now, as a volunteer, I help callers navigate their diagnoses and treatments. I've found that they often learn from my experience just as much as I learn from theirs. Supporting others has been healing for me, and I often wish I had known about the program when I was in treatment.

As I approach the 10-year anniversary of my diagnosis in 2026, it feels like a kind of graduation — a milestone that comes with both gratitude and uncertainty. For nearly a decade, I've seen my oncologist regularly while on hormone therapy, and now I'm learning what it means to move forward.

Looking back, I'm deeply grateful for my husband, who cared for me throughout my treatment, and for the perspective breast cancer has given me. It's taught me to be more mindful of time and intentional about how I spend it. Today, I'm honored to devote that time to supporting other breast cancer patients.

If I could share one piece of advice with someone newly diagnosed, it would be this: This too shall pass.



By the numbers

Stay vigilant and know the facts

Breast cancer is the most common cancer diagnosed in women (excluding skin cancer) and second only to lung cancer as a cause of cancer death in women. About 1 in 8 women, or approximately 13 percent of the female population in the U.S., will be diagnosed with breast cancer in her lifetime and 1 in 833 men.

In 2025, an estimated 316,950 women will be diagnosed with invasive breast cancer in the U.S. In addition, 59,080 new cases of non-invasive ductal carcinoma in situ (DCIS) will be diagnosed. As of Jan. 1, there were more than 4.3 million women in the U.S. with a history of breast cancer. The ACS projects this number will increase to 5.3 million by 2035. Chances are, you know at least one person who has been personally affected by breast cancer.

But there is hope. When caught in its earliest, localized stages, the five-year relative survival rate is 99 percent. Advances in early detection and treatment methods have significantly increased breast cancer survival rates in recent years.

- An estimated 2,800 new cases of invasive breast cancer will be diagnosed in men in the U.S.
- Breast cancer is the most common cancer in American women, except for skin cancers. It is estimated that in 2025, it's estimated that approximately 30% of all new female cancer diagnoses will be breast cancer.
- On average, every two minutes a woman is diagnosed with breast cancer in the United States.
- Approximately 66 percent of breast cancer cases are diagnosed at a localized stage, before cancer has spread outside of the breast, when it is easiest to treat.
- The five-year relative survival rate for cancer diagnosed at the localized stage is 99 percent.
- Approximately 15 percent of women diagnosed have a family history of breast cancer. Those with a first-degree relative (mother, sister, daughter) with breast cancer are nearly twice as likely to develop breast cancer themselves.
- Breast cancer death rates have dropped by 41 percent since 1989, as a result of earlier detection through increased awareness and mammography screening, as well as advances in treatments. Despite this drop, Black women are 40 percent more likely to die of breast cancer than white women overall and are twice as likely to die if they are younger than age 50.
- There are more than four million breast cancer survivors in the U.S. today, including those who have completed treatment and those still undergoing treatment. More than 150,000 of these survivors are living with metastatic breast cancer.
- Half of U.S. women who develop breast cancer are 62 years of age or younger when they are diagnosed.
- About 9% of all new breast cancer cases in the U.S. are diagnosed in women younger than 45 years old.
- Younger people, particularly those under age 35 at the time of their original breast cancer diagnosis, face a higher risk of breast cancer recurrence.
- Evidence is growing that regular physical activity reduces breast cancer risk, especially in women after menopause. Exactly how physical activity might reduce breast cancer risk isn't clear, but it may be due to its effects on body weight, inflammation, hormones, and energy balance.

Courtesy American Cancer Society

From the director's desk: Knowledge paves the way to empowerment

By Reyna Machado

At the Adelphi NY Statewide Breast Cancer Hotline & Support Program, we've always believed that no one should have to face breast cancer alone. For more than 40 years, our dedicated volunteers — many of them survivors themselves — have walked beside thousands of individuals through some of the most difficult moments of their lives. Each call, counseling session, and support group is a testament to the power of community, compassion and connection.

Since 1980, the Adelphi Breast Cancer Program has provided free support and resources for women on Long Island and across New York State, including access to our 24/7 hotline, bilingual counseling and early detection services at no cost. Early detection truly saves lives, and we encourage everyone to take charge of their breast health by scheduling regular screenings, learning how to perform self-exams, and advocating for their care.

When found early, breast cancer is highly treatable — and that knowledge can make all the difference. Our mission is to ensure that every individual has access to the information, healthcare, and sup-



Reyna Machado

port they need to detect breast cancer early and navigate their journey with confidence.

Recognizing that survivorship looks different for everyone, Adelphi recently launched the Survivorship, Treatment, Education, and Peer Support (STEP) Program to meet the unique psychosocial

needs of young women diagnosed with breast cancer, metastatic breast cancer patients, and their loved ones — helping improve quality of life and foster resilience.

During Breast Cancer Awareness Month, we extend our deepest gratitude to our volunteers, who remain the heart of our program. Many have personally benefited from Adelphi's services and now find fulfillment in giving back — offering hope, resources and encouragement to others who are just beginning their journey. They are the bridge between awareness and action — the reassuring voices who remind callers to schedule mammograms, who share their stories to ease fear, and who embody the message that healing and hope are always possible.

Whether it's answering calls on the hotline, providing education at community outreach events, or inspiring others through their survivorship, our volunteers truly make a difference every day.

Together, we're not just raising awareness — we're building a community where no one faces breast cancer alone.

Reyna Machado MA, MBA, is Executive Director of the Adelphi NY Statewide Breast Cancer Hotline and Support Program

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Julia Brockway-Marchello, MD
Breast Medical Oncologist
MSK in Nassau

HEALTH MEMO

The Parker Jewish Institute re-opens outdoor pickleball court

At the Parker Jewish Institute for Health Care and Rehabilitation, adaptive pickleball is back in session. The Parker Jewish Institute has re-opened its 26-by-30-foot outdoor pickleball court, on its patio level, for patients and residents.

This popular activity is modified by Parker's recreational leaders to help participants have fun while achieving their physical- and occupational-therapy goals. An easy sport for beginners to learn, pickleball also promotes social interaction.

As the fastest-growing sport in America, pickleball offers older adults a host of benefits. This includes both functional and cognitive-related improvements, as well as a reduction in self-reported pain.

On Parker's pickleball court, participants must wear appropriate footwear, for safety. Parker's recreational leaders begin each session with simple movement and stretching, followed by an explanation of rules and goals. During the warm-up, participants get ample opportunity to practice with equipment, whether it's swinging a paddle or practicing serves.

Parker's Director of Therapeutic Recreation works with patients and residents



who want to schedule court-time. In this adaptive version of the sport, participants are escorted to the court and seated, and for those in wheelchairs, the chair is locked as a safety measure. Recreational staff stand ready on either side of the nets, providing safety reminders and helping to keep the ball in play. Staff members offer hydration during play, and follow each participant's plan of care.

"We are thrilled to re-open Parker's



pickleball court and offer another season of healthy, outdoor fun for our residents and patients," said Michael N. Rosenblut, president and CEO of Parker Jewish Institute. "Our residents and patients enjoy spending time in the fresh air, together. And by playing adaptive pickleball, they are also building strength, endurance and range of motion. At Parker, people look forward to their sessions, while also improving their overall well-being."

About The Parker Jewish Institute for Health Care and Rehabilitation

The Parker Jewish Institute for Health Care and Rehabilitation is headquartered in New Hyde Park, New York. The facility is a leading provider of Short-Term Rehabilitation and Long-Term Care. At the forefront of innovation in patient-centered health care and technology, the Institute is a leader in teaching and geriatric research. Parker Jewish Institute features its own medical team, and is nationally renowned as a skilled nursing facility, as well as a provider of community-based health care, encompassing Home Health Care, Medical House Calls, Palliative Care and Hospice. Parker Jewish Institute is also home to Queens-Long Island Renal Institute (QLIRI), led by an interdisciplinary team of experienced Nephrologists and Dialysis Registered Nurses, a Renal Social Worker, and a Registered Renal Dietitian.



Parker Jewish Institute
HEALTH CARE AND REHABILITATION

Parker Jewish Institute • (718) 289-2212 • iscacco@parkerinstitute.org

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HEALTH MEMO

Queens-Long Island Renal Institute Offers Home Hemodialysis; Certified Home Health Care available through Parker Jewish Institute

Queens-Long Island Renal Institute (QLIRI), located at The Parker Jewish Institute, now offers a state-of-the-art Home Hemodialysis Program. Those patients who also require Certified Home Health Care can access it conveniently through QLIRI's affiliate, Parker Jewish Institute.

QLIRI's Home Hemodialysis Program allows patients to transition from an in-center setting to receiving hemodialysis from the comfort of their home, using the Tablo Hemodialysis System. Enrolled patients are first trained by a registered nurse. The nurse provides step-by-step guidance four days a week over the course of four weeks, or longer if necessary. Through training, patients learn to use the system before transitioning to home hemodialysis.

If needed, patients of Parker's Certified Home Health Care Agency receive individualized nursing, medical, and

rehabilitation services, so they can maintain maximum independence in the comfort of their homes. Home-care services can include skilled-nursing care; physical, occupational and speech therapy; home-health aides; medical social services; medical supplies; and 24-hour telephone availability.

Call with questions! 718-289-2600. To learn more about QLIRI's Home Hemodialysis Program, visit qliri.org. For more on Parker's Certified Home Health Care, visit parkerinstitute.org.



Queens-Long Island
Renal Institute, Inc.



Queens-Long Island Renal Institute is located at the Parker Jewish Institute

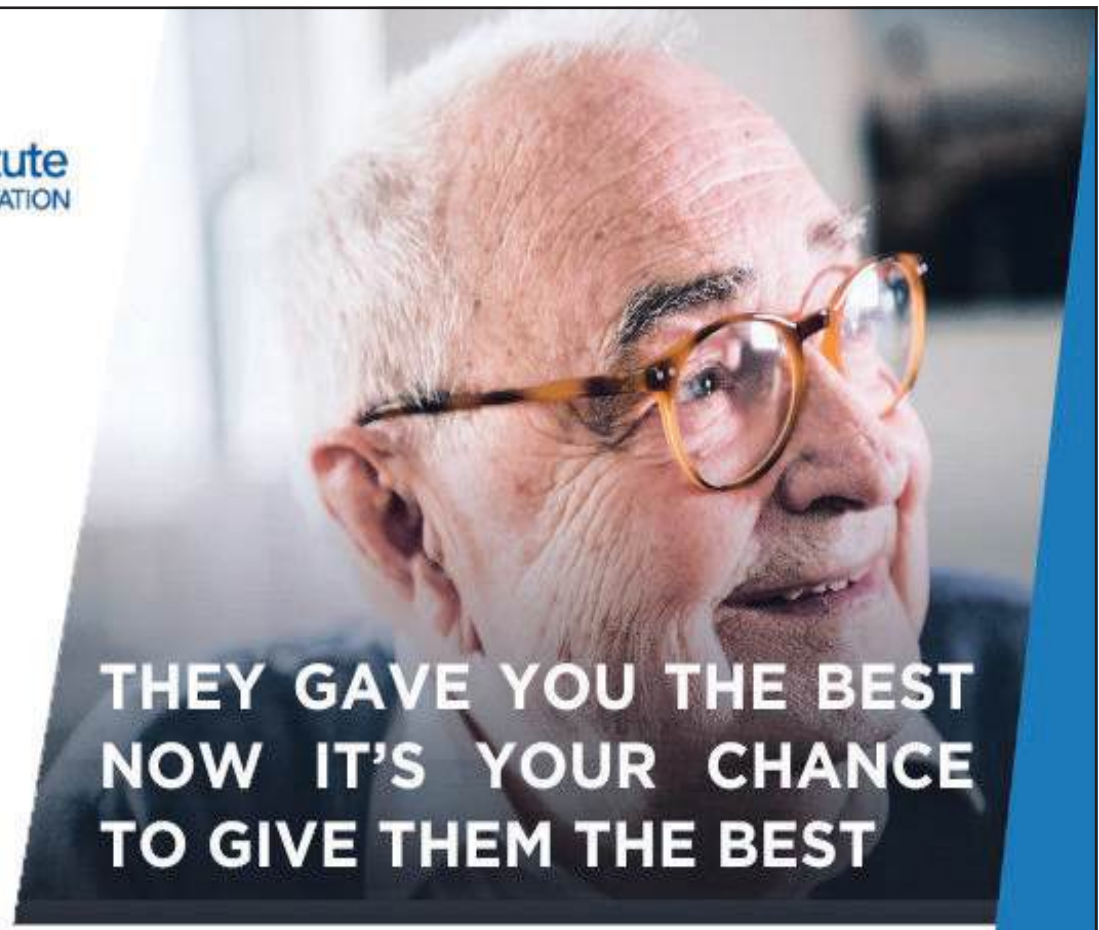
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THINGS TO KNOW OYSTER BAY FEST

Getting ready for the 42nd Oyster Fest

By WILL SHEELINE

wsheeline@liherald.com

The East Coast’s largest waterfront festival is returning to the heart of Oyster Bay this month, bringing with it two days of seafood, live music, and community celebration. The 42nd annual Oyster Fest will take place Oct. 18 and 19 along Audrey Avenue and Theodore Roosevelt Memorial Park, where more than 150,000 visitors are expected to gather. Presented by the Town of Oyster Bay and the Oyster Bay-East Norwich Chamber of Commerce, the beloved festival celebrates the town’s maritime heritage while supporting local charities.

Here are three things to know before you go.

1

■ It’s all about local flavor

The Oyster Fest is staying true to its name by featuring oysters harvested exclusively from Long Island waters, thanks to the participation of more than a dozen oyster farmers with the Long Island Oyster Growers Association. The bivalves will be served in nearly every style imaginable — raw on the half-shell, grilled, fried, in po’ boy sandwiches, Buffalo-style, or stirred into rich chowders.

But oysters aren’t the only thing on the menu. Visitors can dig into lobster rolls, seared scallops, ahi tuna steaks, seafood paella, and a full lobster dinner. For those looking for something different, this year’s expanded food court includes an Oktoberfest tent with bratwurst and apple fritters, a Corrado Pizza truck and more.

2

■ There’s more than food to enjoy

Beyond the food stalls, the festival will be filled with activities and entertainment for all ages. The Craft Beer Garden returns with expanded seating and sweeping views of Oyster Bay Harbor. Local favorite Oyster Bay Brewing Company will be pouring its most popular selections, including a seasonal Oktoberfest brew.

Live music will fill the air across three stages, featuring tribute acts such as Simply Stapleton, Echoes of the Eagles, and Glass Houses, alongside local bands like Kamellot and Ready in Ten. The Oyster Shucking and Eating Contests will take place Saturday afternoon. Families can also enjoy the amusement rides and family fun zone, while the Kings of the Coast pirate show and the John J. Harvey Fireboat return to the waterfront.

3

■ The festival gives back – while helping the oysters in the bay

While the Oyster Fest is a highlight of the fall season, it’s also an important fundraiser for local nonprofits. Proceeds from the event support organizations like the Boys and Girls Club of Oyster Bay-East Norwich, ensuring the celebration benefits the community that hosts it.

The festival also plays a role in protecting the marine environment it celebrates. Through the town’s shell recycling program, oyster shells collected during the event will be reused to strengthen the local marine ecosystem.

For more information, visit TheOysterFest.org. Volunteers can help by contacting the Department of Environmental Resources at environmental@oysterbay-ny.org.



Long Island Heroes Celebration

WEDNESDAY, OCTOBER 22, 2025
8:00 A.M. TO 10:00 A.M.

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The American Red Cross Heroes Celebration is the signature fundraising event for the American Red Cross on Long Island, serving Nassau and Suffolk counties.



Event Co-chairs: James Quent, Greg Lavine, and Jennifer Solomon

For tickets, sponsorships, journal ads and to learn more, please visit redcross.org/LIheroes



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Energy projects continue to raise concerns

October 16, 2025 - GLEN COVE HERALD

By WILL SHEELINE

wsheeline@liherald.com

Concerns over battery energy storage systems were a focus of discussion during the Oct. 7 Town of Oyster Bay board meeting, as residents and officials expressed shared frustration over the state's handling of the proposed Propel Energy and Jupiter Power projects in Glen Head.

The projects, which would include underground cables and large-scale lithium-ion batteries, has drawn widespread opposition from residents who question its safety and necessity. Douglas Morgenthaler of Glen Head argued that the Public Service Commission, or PSC, and the governor's office have not adequately considered community input.

"The batteries are not going away," Morgenthaler said. "The Oyster Shore website is still up and operating. There's new batteries being proposed in the Town of North Hempstead, in Glenwood Landing. These are integral to the use of wind power and solar power in New York State, and we now have new fire codes that are supposed to make batteries safe for us."

Morgenthaler said that despite recent updates to state fire codes, the danger posed by lithium-based batteries

remains unchanged.

"Whether it's a new battery or an old battery, whether the codes are new or the codes are old, or the codes are written in some magical language, it still burns, and still burns at roughly 3,000 degrees," he said. "The fires are still almost impossible to extinguish. The fire departments on Long Island are volunteer. None of them have the manpower to babysit fires that can't be put out for days on end."

Morgenthaler urged the board to continue opposing the project, warning that the cables bringing power into the facility are a key link in the system. Town Supervisor Joseph Saladino thanked Morgenthaler for his remarks and called Town Attorney Frank Scalera to address the issue.

Scalera explained that the town has retained an outside law firm to challenge the project and examine legal, safety, and scientific concerns surrounding battery storage.

"We hired a law firm to first look at the law, then look at the safety issues and the scientific issues," he said. "We are taking a very proactive stance.

We've hired the law firms. We've hired the experts. We are fighting every step of the way."

He also criticized the state's legislative process, noting that new fire codes were implemented after the law authorizing large-scale battery installations was already passed.

Scalera and Saladino encouraged residents to write letters and send emails to the PSC and Gov. Kathy Hochul's office to demand further review of the project.

The attorney acknowledged the difficulty of the process, describing interactions with the state as dismissive.

"It almost seems like, okay, any request you're making of the Public Service Commission or of the applicant is burdening them," he said. "I don't particularly like that type of attitude."

Saladino agreed that many resident requests had been ignored.

"The people generally don't want this," he said, "and yet they're being forced to tolerate it without a large level of compromise made to support the concerns and embrace the issues that the

people have brought forth."

Morgenthaler also cited recent battery fires across the country as evidence of ongoing risk.

"In the last two weeks, there have been two more battery fires," he said. "It doesn't make us feel any more confident that this is the right thing to be doing."

He also raised questions about the costs of the Propel project. "They're spending more than \$36 million per mile of cable being laid, and they're worried about cost," he said. "That's not enough?"

He pointed to companies developing fuel cell technologies, like Bloom Energy, as examples of innovation that could replace the need for battery storage.

Saladino thanked Morgenthaler and other residents for their persistence.

"This town board is as outraged as you are," he said. "We are taking every step possible, including bringing in experts from an outside law firm to assist in fighting a project that doesn't take into consideration the residents' safety and concerns. We are with you."

The supervisor again urged residents to take their concerns to the state level. He particularly encouraged them to write to, email and call their elected officials and state representatives, to help apply pressure on the governor's office.

The fires are still almost impossible to extinguish.

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STEPPING OUT



Photos courtesy Kevin Chu/KCJP

Everyone is welcomed into "Saltwater Stories" through a stylized wave tunnel.



At the mock store modeled after Freeport's Two Cousins Fish Market, kids role play as fishmongers and customers.



Visitors are introduced to the exhibit's many components.

THE SEA IS CALLING

Children's Museum's 'Saltwater Stories' is rooted in local maritime traditions

By Abbey Salvemini

Long Island Children's Museum sets sail on a bold new chapter with "Saltwater Stories: We Need the Sea and the Sea Needs Me," its first new permanent exhibition in over a decade. The 1,900-square-foot immersive installation, which officially opened last week, invites families to explore Long Island's rich nautical heritage, celebrating the people, traditions and cultures that have long relied on the sea.

Our coastal identity comes to life through storytelling, interactive play and local traditions. Kids (and grown-ups!) can climb into a full-size bay house, sort the day's catch in a bustling fish market, explore the wonders under the sea and even hop inside a 500-pound hand-carved canoe. That canoe — a mishoon (Indigenous dugout canoe) commissioned by the museum — was created through the collaboration of Shinnecock Cultural Steward Chenae Bullock, her mentor Darius Coombs of the Mashpee Wampanoag tribe and apprentice Shane Weeks of the Shinnecock Nation. Welcomed by the museum in June, it now takes up residence within "Saltwater Stories."

A culmination of more than 15 years of museum programming and partnerships with local fishermen, Indigenous communities and historians, it anchors Long Island's past to its future with creativity and care. The concept first took shape several years ago, sparked by the museum's long-running partnerships with tradition bearers and a desire to give families a more personal connection to the natural world around them.

Museum President Erika Floreska describes the exhibit as "authentic, playful and beautiful."

Director of Exhibits Margo Malter traces its roots back to weekend programs begun in 2009, when local baymen and fishermen shared firsthand stories about life on the water. Over the years, those early conversations grew into a deeper exploration of Long Island's maritime culture. The turning point came in 2019, when the museum received a grant from the Institute of Museum and Library Services. That funding allowed the team to assemble a cohort of community advisors — fisherfolk, Indigenous leaders, historians, and educators — whose voices helped shape Saltwater's foundation.

"We like to say the exhibit is informed by community, for the community," Floreska adds.

From the stories of generations of baymen to the bustling fish markets of the Nautical Mile, the exhibit's components are rooted in the everyday lives of Long

Islanders past and present. It also highlights the connections between the traditions of immigrant communities who share seaside cultures, offering opportunities for shared experiences and dialogue.

Visitors are welcomed by a nine-foot high immersive, stylized wave tunnel. Visible from the three entries to the museum's second floor, this wow-moment hooks you into the gallery and recreates that first introduction to the sea for many of us — a day at the beach. Lighting and sound effects give a transportive transition into "Saltwater Stories."

Among the exhibit's many features, young visitors can role-play life on the bay in a walk-in replica of a bay house, where a "magic window" lets them observe real-time changes in weather, tides and marsh life. Nearby, in a classic Long Island fish market, you can sort, weigh and sell the day's catch — mimicking the work of generations who lived off the sea. Also everyone will enjoy "Lifting the Ocean's Lid," an early learner area where kids can get a close-up look at what lives under the sea.



- Saturday and Sunday, 10 a.m.-5 p.m.; Tuesday through Friday, 10 a.m.-4 p.m.
- View the events calendar at licm.org for additional information or call (516) 224-5800
- Long Island Children's Museum, Museum Row, Garden City

as a standout example, where digital features are used to make the environment feel dynamic and real.

To create the immersive "magic window," the team hired a videographer to capture time-lapse footage of a local marsh over the course of several days, including scenes at night and during a storm. With the push of a button, kids can change the view outside the window — transforming from day to night or calm to stormy — making the experience both magical and grounded in the real world.

"Observing the natural world was a big educational goal for me," Malter explains.

By blending real footage with playful interaction, young visitors notice environmental details they might otherwise overlook — fostering a sense of wonder and curiosity rooted in the rhythms of local life.

The phrase "we need the sea and the sea needs me" serves as the exhibit's guiding inspiration.

Even the quintessential Long Island Islander — Billy Joel — has a place here. Everyone can watch a video of his "The Downeaster 'Alexa'," commercial fishing's unofficial anthem.

To help families turn inspiration into action, a resource guide on the museum website provides ideas for local, family-friendly activities that extend the learning into the home. Floreska points to community programs like Freeport-based "Operation Splash," where families can participate in cleaning up local shorelines.

As a permanent fixture now, "Saltwater Stories" continues the museum's commitment to ignite curiosity, encourage stewardship and strengthen our bond with the environment — reminding us all that the sea's story is deeply intertwined with our own.



Anthony Rodia

Anthony Rodia is back with his "Laugh Till It Hurts" tour. Building on the success of his previous outing, this is his biggest and most ambitious yet. Born and raised in Westchester, Rodia came out of the womb making people laugh. In his 20s he tried a few open mics, but ultimately took a different career path. In 2019, Rodia returned to comedy and left his day job to become a full-time stand-up comic. With a background steeped in family traditions, Italian-American culture and the ups and downs of modern life, Anthony's comedy feels like a conversation with your funniest friend. His blend of observational humor, self-deprecation and witty impressions has led him on his path as one of the most exciting rising stars on the comedy scene.

Saturday, Oct. 18, 7 and 9:30 p.m. \$144.75, \$108.75, \$98.25, \$86.50, \$76.25, \$64.75. The Paramount, 370 New York Ave., Huntington. Tickets available at ticketmaster.com or paramountny.com.



Nassau Pops Symphony Orchestra Gala

Maestro Louis Panacciulli and the Nassau Pops Orchestra return to the Tilles Center for their annual gala supporting the Cerebral Palsy Association of Nassau County, joined again by Tony Danza and his band. Danza's latest cabaret show, "Sinatra and Stories," blends personal anecdotes, humor and some classic tunes. He pays tribute to the music of 'Ol Blue Eyes, whose music formed the soundtrack of his childhood. He brings his trademark charisma and storytelling — along with touch of soft shoe and ukulele-strumming — to his selection of Sinatra's timeless classics. Swing into an afternoon of great tunes and fascinating stories — all to benefit this vital organization.

Sunday, Oct. 19, 3 p.m. Tickets start at \$30. Tilles Center for the Performing Arts, LIU Post Campus, 720 Northern Blvd., Brookville. Tickets available at npsa.org/tickets or tillescenter.org.

YOUR NEIGHBORHOOD

CALENDAR

OCT 17 Eldercare Fraud/Scam Workshop

The City of Glen Cove and the Glen Cove Police Department, in collaboration with the FBI, host special presentation to help protect seniors and caregivers from eldercare fraud and scams. FBI Special Agent Theresa McKeever joins Glen Cove police officers to share real cases, highlight how scammers target seniors, and provide practical prevention tips. This important event is free to attend and open to all seniors and caregivers.

- **Where:** Glen Cove Senior Center, 130 Glen St.
- **Time:** 1:15 p.m.
- **Contact:** Lt. Nagle at (516) 676-2000

OCT 18 Deep Roots Farmers Market

Shop fresh and local at the Deep Roots Farmers Market! Enjoy a vibrant selection of Long Island-grown produce, artisanal goods, fresh baked items, handmade crafts, and more. The market also features live music, family-friendly activities, and community vendors. Come support local farmers and makers, rain or shine!

- **Where:** 100 Garvies Point Road
- **Time:** 9 a.m.-1 p.m.

Fall Foliage Walking Tour

Explore Sands Point Preserve's natural environment on a guided tour. Examine the preserve's unique physical features and wildlife, as well as critical conservation issues and helpful practices to create a healthy, sustainable environment. Environmental educator Hildur Palsdottir engages everyone in hands-on nature discovery activities as participants observe the changing season. Meet at Castle Gould's Clock Tower. \$15, \$10 members; children \$5, free for members.

- **Where:** 127 Middle Neck Road, Sands Point
- **Time:** 10-11:30 a.m.
- **Contact:** sandspointpreserveconservancy.org or call (516) 571-7901

Blood Drive

The City of Glen Cove hosts a community blood drive. All donors are welcome; walk-ins or by appointment. Donations help save lives in our region. Whether you've given before or are a first-time donor, your contribution is deeply appreciated. Bring a valid ID and come prepared to give — every drop counts.

- **Where:** Polish National Home of Glen Cove, 10 Hendrick Ave.



OCT 25 Little Feat

One of America's most distinctive and longest-running rock bands, Little Feat is back in a big way with a revitalized lineup, a stellar new record — its first album of original material in over a decade. The venerable six-piece is touring in support of 'Strike Up the Band,' their first new studio album reliant on new material since 2012's Rooster Rag. It's Little Feat's triumphant return to rock 'n' roll with plenty of swampy Southern soul. The band builds on a deep, over 50-year history. Little Feat used a combination of elite musicianship and brilliant, idiosyncratic songwriting to create a repertoire that transcends all boundaries. California rock, funk, folk, jazz, country and rockabilly mixed with New Orleans swamp boogie led to a powerful sound that has kept the audience dancing for decades. Their groove — in songs like "Dixie Chicken," "Spanish Moon," "Fat Man in the Bathtub," and "Feats Don't Fail Me Now" — was so infectious it allowed them to endure and press on even when losing their founder, Lowell George, and founding drummer, Richie Hayward. They're in top form now with Scott Sharrard on lead/vox and Tony Leone on drums/vox, and with founder Bill Payne on keys/vox, Fred Tackett on guitars/vox, Kenny Gradney on bass, and Sam Clayton on percussion/vox. Fifty years on, they've been up and they've been down and they know where they belong — standing or sitting behind their instruments, playing for you. And anything's possible, because the end is not in sight. Tickets are \$141.25, \$120.25, \$99.75, \$77.75, \$66.25

- **Where:** The Paramount, 370 New York Ave., Huntington
- **Time:** 8 p.m.
- **Contact:** ticketmaster.com or paramountny.com

- **Time:** 8 a.m.-2 p.m.
- **Contact:** (516) 676-2000

Enchanted Forest

Nassau County Museum of Art invites families to another Super Family Saturday program. This magical adventure includes hands-on art activities themed around transformation, fantasy, and discovery, plus a special trail through the site's fall forest. \$20 non-member adults, \$10 members and children.

- **Where:** Manes Center, 1 Museum Drive, Roslyn Harbor
- **Time:** Session 1, 11 a.m.-12:30 p.m.; Session 2, 1-2:30 p.m.
- **Contact:** nassaumuseum.org or (516) 484-9337

OCT 19 Princesses and villains meet-up

Bring the family to Sands Point Preserve for a trick-or-treat adventure like never before! The Princesses are back at Hempstead House, and this time, they're bringing 10 enchanting characters! Your favorite princesses and four mischievous villains will be joining in on the fun! Little princes and princesses will kick off the celebration by decorating their own trick-or-treat bags, then embark on an exciting journey through the castle's magical rooms. In

each room, they'll meet a different beloved character or villain, collect sweet treats to fill their bags, and capture unforgettable memories with royal portraits. Reservations required. \$70 per child, includes access to event and grounds, adults free.

- **Where:** 127 Middle Neck Road, Sands Point
- **Time:** Sessions at noon, 12:30 p.m., 1 p.m.
- **Contact:** sandspointpreserveconservancy.org or call (516) 571-7901

OCT 20 FAME Fall Fundraiser

Friends of Arts and Music Enrichment invites all to a special evening dedicated to supporting music and arts programs that inspire, educate, and transform students' lives. The fall fundraiser includes exclusive raffles, interactive art experiences, and special performances, all while raising funds to ensure that every student has access to creative opportunities. This year's event honors veteran art teacher Jean Bennardo, recipient of the 2025 Tree of Inspiration Award, for her decades of dedication to arts education. Guests will enjoy passed hors d'oeuvres and a cash bar as they celebrate and support arts enrichment in Glen Cove. \$70 per person.

- **Where:** The Cove, 74 Shore Road

- **Time:** 5:30-8:30 p.m.
- **Contact:** famegc.org

OCT 21 Pre-Council Meeting

The public is invited to attend the meeting, where upcoming agenda items will be reviewed and discussed ahead of the formal City Council session. This meeting provides an opportunity for early insights and informal discussion.

- **Where:** Glen Cove City Hall, 9 Glen St.
- **Time:** 6:30 p.m.
- **Contact:** (516) 676-2000

Planning Board meets

The board reviews and discuss upcoming development projects and community planning initiatives.

- **Where:** Glen Cove City Hall, 9 Glen St.
- **Time:** 7:30 p.m.
- **Contact:** (516) 676-2000

OCT 22 HMTC Book Club

Holocaust Memorial and Tolerance Center of Nassau County welcomes all to its

book club meeting on "The Paris Architect" by Charles Belfoure. Led by Dr. Linda Burghardt, Scholar-in-Residence at HMTC, this engaging virtual discussion explores the moral complexities and courageous choices faced by ordinary people during the German occupation of Paris in World War II. The novel follows Lucien Bernard, an architect who risks his life designing hiding places for Jews, raising thought-provoking questions about resistance, ethics, and humanity. This book club is a welcoming space for readers to reflect, share perspectives, and connect through literature with a focus on history and tolerance.

- **Where:** Online via Zoom
- **Time:** 1-2 p.m.
- **Contact:** hmtcli.org or (516) 571-8040

OCT 25 Downtown BID Halloween Parade and Festival

Celebrate Halloween at the Downtown Business Improvement District's annual Halloween Parade and Festival. Enjoy festive fun, costume contests, family activities, and local vendors throughout downtown Glen Cove. Ideal for all ages.

- **Where:** Glen and School Streets
- **Time:** 1-3:30 p.m.
- **Contact:** (516) 759-6970

NOV 11 Veteran's Day Tribute

The City of Glen Cove and VFW Post 347 welcome all to honor and remember the brave men and women who served our country at Glen Cove Public Library.

- **Where:** 4 Glen Cove Ave.
- **Time:** 11 a.m.
- **Contact:** (516) 676-2000

Having an event?

Items on the Calendar page are listed free of charge. The Herald welcomes listings of upcoming events, community meetings and items of public interest. All submissions should include date, time and location of the event, cost, and a contact name and phone number. Submissions can be emailed to kbloom@liherald.com.







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The Smithtown News

HOST



JOAN CALIENDO
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EXPERT PANEL + Q&A
11:30AM – 12:30PM

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12/4/25 & 12/11/25 ISSUES OF YOUR
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CONTEST RULES:

Who can enter: There will be 2 categories:
Students in grades k-5. Students in 6-12
One entry per student
Deadline: Entries must be received by 5 p.m.
Friday, October 31, 2025
Grand prize: Winners will have their design printed as wrapping paper in the Herald and will be featured in an article in their local Herald newspaper.
Entry format: Please use an 8 1/2 by 11 inch piece of unlined paper. All entries should have the student's name, age, address, telephone number, email, grade and school printed on the back. Design can be reflective of all religious holidays. Entries will not be returned.
Mail or hand-deliver to:
Wrapping Paper Contest
Herald Community Newspapers
2 Endo Boulevard, Garden City, NY 11530 OR
Scan and email to: ekimbrell@liherald.com
(No Photos of Artwork Will Be Accepted).
Winners will be notified by email or phone by November 14

HELPFUL HINTS

- Must use 8 1/2 x 11" unlined paper, copy paper or construction paper.
- Be creative & original.
- Use bright colors.
- Fill the entire page.
- Choose paint, crayon, chalk, markers, pens, or other creative materials.
- Remember your design will be used to make a real sheet of wrapping paper.

For more information contact Ethan Kimbrell at ekimbrell@liherald.com or 516.569.4000 x 313

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THINGS TO KNOW FALL FOLIAGE ON LONG ISLAND

Don't worry leaf peepers – the fall colors will appear soon

Although it's mid-October, most trees across Long Island are still holding onto their green leaves, a sign that the region's fall color is arriving later than usual this year. Unseasonably warm temperatures and above-average rainfall have slowed the transformation, but nature's annual show is just beginning. Over the next few weeks, the Island's parks, arboretums, and scenic byways will start to glow with yellows, oranges, and deep reds — and for those who know where and when to look, it's one of the most rewarding times of year to explore the outdoors.

—Brian Kacharaba



■ Peak color hits in mid to late October

While the Hudson Valley and Adirondacks often burst into color weeks earlier, Long Island's trees tend to turn later thanks to its coastal climate. Typically, the Island's peak foliage arrives between Oct. 20 and Oct. 30, when cooler nights and bright, dry days combine to ignite the leaves into a fiery mix of red maples, golden oaks, and copper beeches. This year's delayed transition means that the most striking colors may extend into early November — a rare treat for leaf-peepers. Watching the change unfold gradually across Nassau and Suffolk counties also allows residents to enjoy multiple weekends of fall beauty before the leaves drop for good.



■ State parks offer the best views

For those planning a fall outing, Long Island's state parks provide some of the best opportunities to experience the season up close. Caumsett State Historic Park Preserve in Lloyd Harbor boasts miles of wooded trails, meadows, and salt-water vistas where gold and crimson leaves contrast against the blue of Long Island Sound. Bethpage State Park in Farmingdale offers wide fairways and walking paths that make for easy, colorful strolls. Out east, Caleb Smith State Park in Smithtown and Connetquot River State Park in Oakdale are ideal for spotting wildlife against the backdrop of changing trees. Even smaller gems like Sagamore Hill and Planting Fields Arboretum in Oyster Bay turn into painterly landscapes, perfect for photography, picnics, or quiet reflection.



■ Foliage reports help you plan your trip

If you're wondering when to grab your camera or plan a weekend drive, the New York State "I LOVE NY" foliage tracker is your best resource. Updated every Wednesday through late October, it compiles on-the-ground reports from parks and tourism agencies statewide. The map highlights which regions are "just starting," "near peak," or "past peak," helping travelers find the perfect timing for fall color. For Long Islanders, that might mean a scenic drive east along Route 25A through Cold Spring Harbor, Northport, and Huntington, or down the Long Island Expressway toward the North Fork wine trail. By keeping an eye on the tracker, residents can make the most of autumn's brief but brilliant display — before the wind and rain sweep it all away.



PUBLIC NOTICES

LEGAL NOTICE
CITY OF GLEN COVE
ZONING BOARD OF APPEALS
NOTICE OF PUBLIC HEARING
PLEASE TAKE NOTICE that the continuation of a PUBLIC HEARING will be held by the Glen Cove Zoning Board of Appeals on Thursday, October 23, 2025, at 7:30 p.m. at the Council Chambers, City Hall, 9 Glen Street, Glen Cove, New York, when all interested persons will be given an opportunity to express their views. The hearing will be on the application of Shore Auto Sales, Inc. for an appeal of a Stop Work Order issued for the property located at 6/8 Chadwick Street, Glen Cove, NY, in the B-2 Central Commercial District, and designated on the Nassau County Land and Tax Map as Section 22, Block N-1, Lot 488. The above application is on file at the city offices located at 9 Glen Street, Glen Cove, NY where it may be seen during regular business hours of the usual business days until the time of the hearing.

Dated: October 14, 2025
BY ORDER OF THE BOARD OF ZONING APPEALS OF THE CITY OF GLEN COVE
TERI MOSCHETTA, CHAIRPERSON
156360
LEGAL NOTICE
PLEASE TAKE NOTICE THAT the Glen Cove City Council adopted the following Ordinance at the City Council Meeting of October 14, 2025:
BE IT ORDAINED, that the City Council hereby amends Sec. 265-43. Schedule XI: Parking Prohibited at All Times, as it relates to Forest Avenue, as follows:
Remove:
Name of Street:Forest Avenue
Location: From a point 348 feet east of Dosoris Way to a point 46 feet east therefrom
Add:
Name of Street:Forest Avenue
Side:South
Location: From a point 300 feet east of Dosoris Way to a point 215 feet east therefrom
This Ordinance shall take effect 3 days after

publication.
Tina Pemberton
City Clerk
156358
LEGAL NOTICE
Adoption Citation
File No 2024-47747
SURROGATE COURT- NASSAU COUNTY
THE PEOPLE OF THE STATE OF NEW YORK
By the Grace of God Free and Independent
TO: Sally Gamal Shukry
A petition having been duly filed by Sarin who are domiciled in Nassau County.
YOU ARE HEREBY CITED TO SHOW CAUSE before the Surrogate's Court, Nassau County, at the Nassau County Court House, 262 Old Country Road, Mineola, NY 11501 on November 20, 2025 at 11:00 am o'clock in the forenoon of that day why an order should not be approved allowing the adoption of a child whose first name is LOGAN, DOB February 21, 2015, who is alleged to be your birth child; and finding that your consent to the adoption, pursuant to Domestic Relation law §111 is not required.
State any further relief requested:

PLEASE TAKE FURTHER NOTICE that your failure to appear shall constitute a denial of your interest in the child which may result, without further notice to you, in the adoption of other disposition of the custody of child.
s/ HON. RHONDA E. FISCHER, Acting Surrogate
s/ DEBRA KELER LEIMBACH, Chief Clerk
Dated: Attested and Sealed
October 3, 2025
(seal)
Name of Attorney for the Petitioner: Faith Getz Rouso, Esq.
TEL: (516)500-9292
Address of Attorney: 377 Oak Street, Suite 104, Garden City, NY 11530
This citation is served upon you as required by law. You are not obliged to appear in person. If you fail to appear, it will be assumed that you consent to the proceedings, unless you file written verified objections thereto. You have a right to have an attorney-at-law appear for you.
156249

Voting early, in-person for upcoming general election

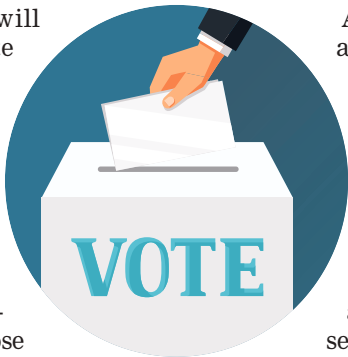
Early voting for the upcoming general election in Nassau County will take place from Saturday, Oct. 25, through Sunday, Nov. 2. All polling sites are accessible to voters with physical disabilities, and any eligible voter residing in the county may vote at any early voting location during the designated days and hours. Voters who cast a ballot during early voting will not be permitted to vote again on Election Day.

Voting hours are scheduled as follows: Oct. 25 and 26 from 9 a.m. to 6 p.m.; Oct. 27 from 7 a.m. to 6 p.m.; Oct. 28 and 29 from 10 a.m. to 7 p.m., with the Board of Elections remaining open until 8 p.m. on those two days; and Oct. 30 through Nov. 2 from 9 a.m. to 6 p.m. On Election Day, Nov. 4, voters must go to their assigned polling place to cast a ballot.

Early voting sites across the county include Temple Beth Am in Merrick, the Freeport Recreation Center, Massapequa Town Hall South, St. Frances de Chantal Church in Wantagh, the West Hempstead Public Library, and the Yes We Can Community Center in Westbury, among others. A complete list of early voting locations is available at NassauVotes.com or by calling (516) 571-8683.

Voters who wish to register for the

general election must do so by Oct. 25, 2025. Registration applications submitted by mail must be received by the Nassau County Board of Elections by that date, and in-person registration is available at the board's offices or participating state agencies through Oct. 25. To learn how to apply to vote, visit Elections.NY.gov.



Any registered voter may also apply for an early mail ballot. Applications must be received by the board of elections no later than 10 days before the election, or in person by Nov. 3. Ballots will be mailed beginning 46 days before the election and will continue to be sent immediately after completed applications are processed.

Voters may apply for an early mail ballot online through the state's Early Mail Ballot Request Portal, in person at the Nassau County Board of Elections at 240 Old Country Road in Mineola, or by designating another person to deliver and return their application. Visit Elections.NY.gov/request-ballot for more.

If you're planning to vote in person on Election Day, visit VoterLookUp.Elections.NY.gov.

—Jordan Vallone

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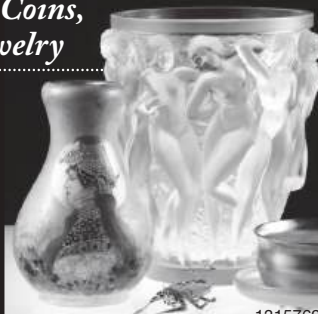
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OPINIONS

We will remain the leader of the free world

American foreign policy is at a watershed moment, comparable to the critical years after World War II, when the United States and our allies were forced to accept that the euphoria of victory over Nazi Germany and imperial Japan had been supplanted by the reality of the Iron Curtain and the threat of Soviet expansion. The Cold War had begun.



PETER KING

The NATO alliance was formed to prevent Joseph Stalin from emulating Adolf Hitler's march through Europe after the Munich Conference capitulation in 1938, which had given Hitler virtually free rein to invade and seize Czechoslovakia. A decades-long struggle would continue through various iterations and crises until the collapse of the Soviet Union in 1991 — a struggle that today's isolationists would have labeled an "endless war." Fortunately, neither American political party elected isolationists during those defining 45 years. Pre-World War II isolationism had long since been consigned to the ash heap of history.

The fall of the Soviet Union in 1991 created a sense of euphoria similar to

that of 1945 and '46. Eastern Europe was liberated from the yoke of Soviet communist rule, and the Soviet republics declared their independence from Moscow. One of them was Ukraine, which, tragically, had been brutalized for centuries by Russia.

Ukraine was also left with thousands of Soviet nuclear weapons. In 1994, in keeping with the spirit of the Soviet demise, Ukraine gave up those weapons in return for guarantees of security from the United States, Britain and Russia, in what was known as the Budapest Agreement. All indicators seemed to foresee a reformed Russia, and no aggression of the type that drew the U.S. into the two world wars of the 20th century.

I accompanied President Bill Clinton and Secretary of State Madeleine Albright to Moscow in September 1998 for meetings with Russian President Boris Yeltsin and other Russian officials to strengthen economic and cultural ties between our two nations. The dialogue between the leaders was extremely positive. Then, after the Sept. 11 terrorist attacks in 2001, the newly elected Russian president, Vladimir Putin, was among the first foreign leaders to pledge President George W. Bush his full support.

There would be fits and starts with Russia during the later Bush years, including an incursion into Georgia, and then a promise by Secretary of State Hillary Clinton in 2009 that the Obama administration would "reset"

the relationship with Russia. That reset never worked, and Russia seized Crimea from Ukraine in 2014. There was no Russian aggression during the first Trump administration, but then, in February 2022, Putin launched an invasion of Ukraine — the first invasion of a sovereign European nation since the end of World War II.

Ukraine, under its newly elected reform president, Volodymyr Zelensky, was expected to succumb in days or weeks. President Joseph Biden even offered to have American jets provide Zelensky safe passage out of Ukraine. But with the U.S. and NATO countries supplying weapons and logistical support, Zelensky and Ukraine have fought Russia to a stalemate for over three and a half years — longer than America's war against Nazi Germany.

Russia has suffered more than a million casualties, and has had to resort to using North Korean troops. Its economy is in shambles. NATO has admitted two previously neutral nations, Sweden and Finland, and remains committed to

defeating Russian aggression, having supplied more funding to Ukraine than the U.S. Unfortunately, President Trump has shown reluctance to stand with Ukraine, ascribing equal blame for the war to Zelensky — even berating him in the White House, telling him he had no cards to play.

Trump met with Putin in Alaska, and implored him to meet with Zelensky to reach a compromise. Putin implied that he would, but reneged. Realizing he was being played, Trump denounced Putin in his speech to the United Nations General Assembly last month, and just hours later, met one on one with Zelensky. Then, going full circle, Trump released a statement hailing Zelensky's leadership, saying that Ukraine was in a position to "fight and win," and pledging to continue to supply weapons to NATO for Ukraine's use against Russia.

Trump's turnabout will prevent a catastrophic replay of Munich and halt Putin's attempt to rebuild the Russian empire. This defeat of Russian aggression in Europe will simultaneously send a clear message to China not to move against Taiwan or other Pacific nations such as the Philippines and Japan. The United States will remain the leader of the free world.

Peter King is a former congressman, and a former chair of the House Committee on Homeland Security. Comments? pking@liherald.com.

Staying sane in the age of information overload

I'm tired. In fact, I'm exhausted. I'm overwhelmed. It's not from going to the gym. It's not from being glued to my TV, watching my favorite baseball team trying to survive the playoffs.

It's the torrent of information that has been drowning me 24 hours a day, with no promise of abating. Is there any hope that the flood will end and that I'll have a respite from information overload? Is there any hope that the barrage will shut down over the weekend, when we try to pay less attention to our laptops and cell-phones? Or are



JERRY KREMER

we doomed to being perpetually overwhelmed by the greatest avalanche of facts, figures, news, emails, text messages and robocalls since the dawn of the high-tech era?

There is no one culprit that we can identify whose elimination would give us a reprieve from the onslaught. One of the biggest offenders of them all is,

of course, the White House, which engages in a strategy known as Flood the Zone. Every day, it releases so many "hot" news items that it would take you or me two or three days just to get through them. In addition to the media flood, President Trump holds free-wheeling news conferences that can last well over an hour. Generally, those events generate other news stories on top of the daily pressroom output.

Then there's the smartphone app challenge. I checked my phone and found that I am attached to Facebook, Instagram, TikTok and X and have subscriptions to the Daily News, the New York Post, The Washington Post, The New York Times, Newsday, Newsday TV, the Huffington Post, Apple News, The Hill, CNN, The Weather Channel and some others that I've forgotten. I know that over the course of the day, I tap into every one of those outlets for some type of information.

Once a week, I get a text telling me that, on average, I'm on my phone for a minimum of six hours a week. That doesn't sound like a lot of hours, but

imagine waiting at a bus stop for six hours. It's a long time.

Beyond all these challenges is the introduction of artificial intelligence into our lives. No matter how hard you

try, there's no way to escape the onslaught of articles, studies, memos and office talk about AI. Just a few years ago, if someone had uttered the words artificial intelligence, they would have been largely ignored. These days, those words hover over us like a threatening storm cloud, with most of us having no idea whether it will help or harm us.

Once upon a time, watching television was a respite from the pressures of the day. Today, watching TV can leave you dazed and confused by hour after hour of commercials for countless drugs, all of which, apparently, will save humanity. On top of the drug tsunami, there are countless other ads that dominate the time you would like to just sit back and watch your favorite show, uninterrupted.

To add to the desperation for some chill time, there's today's typical news

All 'breaking' news all the time — and for goodness' sake, don't forget podcasts.

program. How many times in a half-hour can there be so much "breaking" news? And the repetition of the same stories can be head-splitting.

Last, but by far not least, is the introduction into our space of the podcast. Today, almost every media, political, religious, sports or entertainment personality has a podcast of some kind. They have rotating guests, and offer a mountain of opinions on the subjects of the moment. Many of them are interesting and informative, but how many hours in a day do we have to partake in this newest information vehicle?

So that is my ongoing nightmare. It is mine, but it's the nightmare that we all face. We're just human beings; we're not robots. At least for now, they can't implant a chip in our brain to help us fend off the cascade of facts, figures, opinions, ideas, theories and concepts that flood our every waking hour. So we'll have to find new ways to help ourselves live a normal life, and still be adequately informed people.

Jerry Kremer was a state assemblyman for 23 years, and chaired the Assembly's Ways and Means Committee for 12 years. Comments about this column? jkremer@liherald.com.

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HERALD EDITORIAL

Real journalists, reporting real stories

In an age of uncertainty and skepticism toward the media, one mission has remained unwavering: to inform, empower and connect our community with journalism rooted in truth and integrity.

That mission defines Herald Community Media, publisher of 27 community weekly newspapers serving Nassau and Suffolk counties and a touch of New York City. It is the foundation of everything we do — every story we report, every question we ask and every issue we print.

The Herald's purpose has never been clearer or more vital, especially now, during election season. Across the nation, trust in media has declined as misinformation spreads faster than facts and as social media platforms blur the line between opinion and truth. Yet despite this turbulence, the need for reliable local journalism has never been greater. We know you depend on us not only to tell you what's happening, but also to help you understand why it matters — to your neighborhood, your family and your future.

This summer, the Pew Research Center published "How Americans View Journalists in the Digital Age," an in-depth look at how the public perceives our profession. Pew surveyed nearly 9,400 U.S. adults and convened a number of focus groups, and found both optimism and concern. Most Americans still believe journalists are vital to our soci-

ety's well-being — but many also express frustration, feeling that the media's credibility and influence have declined amid political division and technological upheaval.

Yet within those findings lies a message of hope and direction. Americans say what they value most in their news providers is honesty, intelligence and authenticity — qualities that have guided the Herald's reporting since its founding in 1964. Our journalists live by those values every day. We verify information carefully, we listen with compassion and we report with clarity and context. We are not distant observers; we are your neighbors, your fellow community members and your partners in truth.

At a time when the term "media" often evokes distrust, the Herald reaffirms its promise: to deliver accurate, objective and trustworthy local journalism. That means being transparent about how we report, being accountable when we err, and being authentic in how we connect with you.

Authenticity, as editors across the country have noted, may be the most powerful defense against today's flood of misinformation and artificial intelligence-generated content. Real, local journalism can't be practiced from behind a desk or from a distant city. It requires trained professionals who show up in the community, ask hard questions and share the stories of other real-life

people.

Every week, Herald journalists attend school board meetings, interview local business owners, chronicle civic debates, and celebrate the achievements of neighbors doing extraordinary things. We are not reporting *on* the community from afar — we are reporting *within* it, with care, empathy and purpose.

Readers deserve to know how stories come together — how sources are verified, why certain facts are included and how conclusions are drawn. We are committed to correcting mistakes quickly and publicly, because credibility is not earned by claiming perfection but by demonstrating honesty.

As Pew's research highlights, Americans long for media that is clear, fair and accountable. The Herald's commitment to those ideals has not wavered for more than six decades, and it will not waver now. Our mission — to inform, empower and connect our community with journalism rooted in truth and integrity — is our responsibility, our calling and our promise. As a locally owned family business, our commitment is to our communities, not to Wall Street.

In a world increasingly driven by algorithms and artificial noise, the Herald's voice remains steady: local reporting by real journalists, telling real stories that matter. That is how we serve. That is how we strengthen our community. And that is how we continue.

LETTERS

There's often been bias in journalism

To the Editor:

Re Nick Buglione's column in the Oct. 2-8 issue, "I was proud to be a reporter — but things have changed": I, too, would like to put to rest the argument that Facebook, Instagram, Tik-Tok and other social media have any role in serious journalism. It's indeed unfortunate that so many people rely on these geysers of rumor, gossip, misinformation and lies for their news.

But the journalism profession has never been as idealistic and innocent as Mr. Buglione seems to suggest it once was. In fact, long before social media invaded our world, the press's coverage of important events was at times nakedly partisan, ignorant and dishonest.

In the 19th century, for example, some newspapers accepted hefty sums of money from politicians for favorable coverage of their campaigns. At least one paper from that era, William Randolph Hearst's New York Journal, ran sensationalized stories about Spanish atrocities in Cuba, which, many believe, helped drum up support for American involvement in the Span-



OPINIONS

A clearer view: understanding and treating cataracts

Have you noticed that your vision is becoming a little hazy, like you're looking through a foggy window? If so, you might be experiencing the effects of cataracts.

What, exactly, is a cataract? Imagine the lens of your eye is like the lens of a camera. It's a clear, natural part of your eye that focuses light onto the retina, which is at the back of your eye. The retina then sends signals to your brain, creating the images you see.



CAROLYN SHIH

A cataract is simply the clouding of this natural lens. It's a bit like a clear camera lens becoming

frosted over. This clouding prevents light from passing through properly, leading to blurry, hazy or dim vision.

Cataracts typically develop slowly and painlessly, so you might not even notice a change in your vision at first. As they progress, however, you may experience cloudy or blurry vision, the fading or yellowing of colors, an increased sensitivity to light, difficulty with night vision, halos around lights, frequent changes in your eyeglass or

contact lens prescription, or double vision in one eye.

The most common cause of cataracts is aging, but other factors can also contribute to their development, including family history, medical conditions, previous eye injury or surgery, smoking, excessive alcohol consumption, or prolonged exposure to ultraviolet radiation from sunlight.

When cataracts begin to interfere with your daily life, making it difficult to read, drive or watch TV, it's time to consider cataract surgery. It's one of the most common and routinely successful surgical procedures performed today.

The surgeon makes a tiny incision in the eye, and then uses a special tool to break up and remove the cloudy natural lens. Then a new, clear artificial lens — called an intraocular lens, or IOL — is implanted in its place. The new lens becomes a permanent part of your eye and requires no special care.

With modern cataract surgery, you have options for your new lens. Your doctor will help you choose the best one to fit your lifestyle and needs.

Monofocal IOL: This is the most common type of IOL. It provides clear vision at a single distance, usually for

distance (i.e. driving, watching a Broadway show). You will likely still need glasses for reading, using a computer and other close-up tasks.

Toric lenses (astigmatism correction): Astigmatism occurs when the cornea is shaped more like a football than a baseball, causing blurry or distorted vision. Toric IOLs have a special design that corrects both your cataract and your astigmatism in a single procedure.

Extended depth of focus lenses: These lenses create a single, elongated focal point to provide a continuous range of vision. They offer excellent distance

vision and a solid range of intermediate vision — great for computer work or seeing a car dashboard — with a lower chance of nighttime glare or halos than other multifocal designs. You may still need glasses for very fine print.

Light adjustable lenses: These are the only IOLs that can be customized after they have been implanted. The lenses are made of unique, photosensitive material. After a few weeks of healing, your surgeon uses a special light-delivery device to fine-tune the lenses' power to your exact visual needs (distance, near or a blend), eliminating any small remaining prescription errors. Once

the optimal vision is achieved, the lens is "locked in" and the adjustments are permanent. This offers the highest level of precision and customization.

Femtosecond cataract surgery: precision with lasers: While traditional cataract surgery is very safe and effective, many surgeons now offer laser-assisted surgery. It uses a highly precise, computer-controlled laser to perform several key steps of the surgery that were traditionally done by hand with a blade. The laser creates the tiny incision, opens the lens capsule and even softens the cataract before it is removed. This allows for extraordinary accuracy and consistency, can lead to a more predictable outcome and a faster recovery, and is a safer procedure for certain patients.

Cataracts are a normal part of aging, but they don't have to define your vision. With simple preventive measures and highly effective surgical options, you can look forward to a world that is once again clear, vibrant and full of light. If you have any concerns about your vision, don't hesitate to speak with your eye doctor.

Dr. Carolyn Shih is an assistant professor at the Donald and Barbara Zucker School of Medicine at Hofstra/Northwell, and works at South Shore Eye Care, a member of the Northwell Health Eye Institute.

LETTERS

ish-American War.

Closer to our time, the press remained curiously silent about the 1940s Levittown covenant restricting home ownership in that community to white people. And in 2002, when President George W. Bush justified our invasion of Iraq by insisting that the country's weapons of mass destruction posed a threat to America, few newspapers questioned his claim.

I'm sure Mr. Buglione enjoyed a wonderful working relationship with his Herald colleagues 20 years ago. And while I've no reason to doubt his statement that Herald reporters were genuinely committed to presenting the news accurately, we'd be hard-pressed to find a time when the press — in general — has been entirely squeaky clean.

RICHARD J. CONWAY
Massapequa

Koslow's a better choice than Blakeman

To the Editor:

It can be an easy win for a candidate with name recognition who has enough money and government power to bombard us with fliers, signs and TV ads

each day. Bruce Blakeman, our current Nassau County executive, has this power. We need to look beyond the hype.

It's time for a more centrist candidate. Blakeman and his team are entrenched in national politics, pleasing President Trump by doing such things as training a group of our county police officers to work in tandem with the president's controversial ICE force, setting aside cells in our county jail for nonviolent ICE detainees, and creating a volunteer, private militia that Blakeman can use when and how he decides.

On the other hand, Seth Koslow is a centrist candidate for county executive with years of experience as a Queens district attorney, a private-practice lawyer and a current member of the Nassau County Legislature. He has lived in Nassau County his entire life, and is raising his family here. He is very concerned about our taxes in Nassau, and has said that he would order a full, independent audit of county spending to see where our money is being spent.

Koslow has stated that he would share ideas with his Republican counterpart in Suffolk County, because he believes in the idea of people on both sides working together for the benefit of the county. He has said he would disband Blakeman's private militia because he believes that our excellent

county police force is more than capable of handling our citizens' safety.

The bottom line is that Seth Koslow is a highly qualified local resident who would concentrate solely on the needs

of our county. This makes him and his team best suited to run our county.

ELAINE RAUCH
Lynbrook

FRAMEWORK by Jackie Adamo



Waiting to hail a gondola? — Castello, Venice

Destiny

INTERNATIONAL

REALTY

As the President and Founder of Destiny International Realty, Grace serves the Gold Coast of Nassau County as well as the greater New York Metropolitan area with her team of outstanding real estate professionals to provide exemplary customer service, extensive knowledge and guidance, impeccable integrity, and uncompromising dedication to their clients and customers. With over 30 years of real estate industry experience, Grace has built valued relationships which have grown into treasured friendships with her numerous clients. Her passion for serving others combined with her extraordinary work ethic create a winning combination to foster successful results and smooth transactions. Whether you are a buyer or a seller, Grace's years of experience and knowledge are put to work for your benefit and your success.

As a seller, Grace provides an in-depth empirical evaluation of your property and offers information on current market condition Influences resulting in strategic pricing to sell your property at the best price and terms to satisfy your goals. Grace provides beautiful marketing, professional photography, strategic advertising, mailings, print and online exposure, Grace is also a certified real estate negotiator. As a buyer, Grace searches tirelessly to find the right home to fit your needs, your desires and your dreams. She will inform you about the areas and their amenities, answer your questions, guide you through the process, provide her real estate concierge service which is comprised of attorneys, lenders, home inspectors, surveyors, architects, builders, and other professionals who play an important role to accomplish your goals and achieve a smooth transaction.

Grace is honored to have been selected by the finance minister of a foreign country to be the broker for the Prince of that nation to find a suitable estate for the royal family and their staff. Grace is also applauded by a wonderful couple who achieved multimillionaire status starting from modest means through her extraordinary, perceptive real estate guidance.

Awards and Memberships

A+ accredited rating with the Better Business Bureau
 Marquis Who's Who in America
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 New York State Assessors Association
 Years of Community Service as Chairman of the Board of Assessment Review
 Power Agent - Less than 1% of realtors in the nation are Power Agents

Client Reviews

Grace Slezak is an extremely honest, candid and compassionate broker. She has vast knowledge of the real estate business and provides very helpful guidelines for both the buyer and the seller throughout the course of the transaction. I have sold and purchased properties with Grace as my agent...there is absolutely no one else I would call. She guided us through the process every step of the way and was always readily available. She returns calls immediately and provides information that is both relevant and extremely beneficial. During the course of a very difficult purchase, she went above and beyond her required duties and provided invaluable information and guidance for all parties involved. She's a gem!

★★★★★

Grace dedicated a great deal of time and resources to getting our home sold and sold for more than we could have ever expected. Her knowledge of real estate laws, rules, and regulations were unsurpassed. She was both fair and honest which are two qualities that are hard to find in anyone but especially difficult to find in a field that involves sales. Grace was also extremely helpful to us in obtaining a new residence. Based on our experiences with Grace it will be very easy to recommend her to anyone. I found Grace to be extremely professional, personable and detail oriented. I have purchased homes for over ten years using her as the broker. I definitely recommend her for buying or selling a home.

★★★★★

I have known Grace Slezak, of Destiny Realty, for over 4 years. We had completed multiple transactions (both residential and commercial) very successfully, Grace is the consummate professional. Her attention to detail is second to none. We even completed two transactions during the pandemic, which added many additional complications, and yet she remained consistently attentive to their successful completion, I would absolutely recommend (and have done so) Grace to anyone looking for a realtor who will become a friend.

★★★★★

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