

GLEN COVE
HERALD



A nostalgic summer
Page 3



Fixing public transit access
Page 8



How will schools ban cellphones?
Page 22

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Courtesy Glen Cove City School District

Celebrating a new chapter

Members of the Glen Cove High School Class of 2025 turned their tassels and tossed their mortarboards at their graduation on June 27. More photos, Page 10.

Alvarado earns scholarship from chamber for her winning essay

By **ROKSANA AMID**

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Heather Alvarado, a 17-year-old graduate of Glen Cove High School and a first-generation college student, has been named the recipient of this year's Dr. Glenn Howard Jr. Scholarship, presented annually by the Glen Cove Chamber of Commerce. The award was announced on June 24 at a ceremony at the Glengariff Rehabilitation and Healthcare Center, held in conjunction with the facility's Hawaiian Luau event.

The scholarship, renamed five years ago to honor Howard, celebrates the legacy of a beloved community leader who championed education and public service throughout his life. Howard, a retired principal scientist at Pall Cor-

poration, served as a liaison between the chamber and local government, and helped lead the scholarship program for many years before his death in 2021.

During the ceremony, chamber President Dr. Maxine Cappel Mayreis reflected on Howard's unique character and his impact on the community. "He was like a walking encyclopedia," Mayreis recalled. "He loved reading the essays from our bright students, selecting the winners, and seeing what kind of great product we're getting out of our schools."

This year's scholarship essay prompt asked students to consider how the arrival of a big-box store — like Target or Costco — might impact Glen Cove's economy and community identity.

CONTINUED ON PAGE 11

Welcome to the Glen Cove Herald

Summer has arrived in Glen Cove, and with it comes a renewed sense of energy and possibility — a feeling that this season, and the months ahead, will be truly unforgettable.

We're looking forward to long, sunlit days filled with walks along the shoreline, outdoor concerts, community festivals, and everything that makes life in Glen Cove so enriching. From its celebrated diversity and deep-rooted history to its dynamic arts scene and vibrant downtown, Glen Cove continues to stand out as one of Long Island's most unique and welcoming communities.

Whether you're watching the sunset over Morgan Memorial Park, kayaking in Hempstead Harbor, dining al fresco downtown or exploring our local museums and galleries, Glen Cove offers something for everyone.

This latest edition of the Glen Cove Herald — delivered to every household in the city — includes our newly redesigned Glen Cove Community Guide. Whether you're a longtime subscriber or seeing us for the first time, we invite you to explore the many facets that make our city shine. If you enjoy what you read, we encourage you to support local journalism by subscribing.

Want to know the best spots downtown? Curious about the annual events that turn neighbors

into lifelong friends? Looking for the best places to enjoy summer with loved ones? It's all inside — your guide to experiencing the very best of Glen Cove, all year long.

At the Herald, we take pride in being your trusted source for hyperlocal news and the stories that matter most. We believe that informed citizens make strong communities, and we're committed to delivering thoughtful, accurate and engaging coverage — from City Hall to your neighborhood.

In 2025, that commitment means bringing you even more of what you value — from seasonal highlights and community spotlights to in-depth reporting on the people, places and issues

shaping Glen Cove today and in the future. Whether it's weekend activities or an inspiring story of local impact, you'll find it here.

If you're not already a subscriber, we hope this special edition inspires you to join us. A subscription will ensure that you stay connected — and will help sustain the community journalism that keeps everyone in Glen Cove informed, engaged and united.

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Roksana Amid,
Editor



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Courtesy Gill Associates Photography

Downtown Sounds draws crowds between 1,000 to 2,000 people.

Downtown Sounds hits all the right notes

By **ROKSANA AMID**

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Downtown Glen Cove will once again come alive with the sound of music, as the beloved Downtown Sounds concert series returns for its 28th season on July 11. The free summer tradition, which runs for eight consecutive Fridays through Aug. 29, transforms the city's streets into an open-air stage where thousands gather to enjoy live performances, community spirit, and family-friendly festivities.

The weekly concerts begin at 7:30 p.m. in Village Square, drawing crowds between 1,000 and 2,000 people each night. First launched in 1997 as "Jazz in the Square," the event has evolved into a major regional attraction that welcomes music lovers from across Long Island to downtown Glen Cove.

This year's lineup features a mix of returning favorites and new talent, including Dr. K's Motown Revue, JD Leonard's Decades of Country, Vinyl Revival, Unforgettable Fire, Lovesong, SonMilanes, The Seismatics, and The '80s vs. '90s Show.

"Our goal was to broaden the genres this year," said Jill Nossa, executive director of the Glen Cove Downtown Business Improvement District. "We want the community to feel represented and make the concerts even more inviting for families."

One of the new acts drawing buzz is The '80s vs. '90s Show, led by bassist and vocalist James Lollo. The five-piece group blends nostalgic hits from both decades, covering artists like Madonna, Michael Jackson, Britney Spears, and Ricky Martin in a high-energy, two-hour performance. The lineup for the July 11 show is: Becky Maas a female vocalist James Lollo a male Vocals/ Bass, Justin Goldat on guitar, Joe Borghese on keyboards and Dave Wilson on drums.

"It's a big nostalgic trip when you see our show," Lollo said. "The music speaks to everyone, from teens to people in their 80s. To be part of Downtown Sounds, a tradition I've followed for years, is really an honor."

The concerts are not just for music lovers. To help make the series more inclusive for families, the BID is bringing back Joanie Baloney, a popular face painter from Babylon. She will be onsite offering free face painting for kids on opening night, Aug. 1, and at other dates of the series to be scheduled.

"Last year we brought her in for the last concert and the kids loved it," Nossa said. "This year we're



Courtesy Jill Nossa

Downtown Sounds volunteers Kaylee Rios, Zoe Nossa, Nahla Gomez, Paula Valle and Ella Nossa had their faces painted by Joanie Baloney.



Courtesy GSM Communications

Last year, the Downtown Sounds concert series kicked off with the music of the Dance Mechanics.

making it even more fun for families. The music sells itself, but we want kids to be excited too."

Local youth and community theater groups will also take the stage before the headliners on select nights. Performers include the Glen Cove High School Masquers, Broadway on the Beach, and Jazz Hands, starting at 7 p.m.

Streets will be closed for the concerts, including

School Street, Bridge Street, and Glen Street to Pulaski Street. Attendees are encouraged to bring chairs and arrive early to secure a spot.

"With the 30th anniversary fast approaching, we're committed to keeping Downtown Sounds strong and vibrant," said Delia DeRiggi-Whitton, Nassau County Legislator. "If you've never been, this is the year to join us. You'll be dancing in the streets."



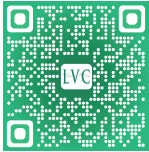
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Book Synopsis: “The Book of Joy” — Part 2 of 4

Lasting Happiness in a Changing World

by His Holiness the Dalai Lama and Archbishop Desmond Tutu

Scientific studies show that we have a “set point” that determines our happiness in life. Once we get accustomed to a new situation we inevitably return to our general state of happiness. However, only about 50% of our happiness is determined by “set point.” The other half is determined by our attitudes and actions, over which we have a great deal of control. According to psychologist Sonja Lyubomirsky, and affirmed by the Dalai Lama, “the three factors that seem to have the greatest influence on increasing our happiness are our ability to reframe our situation more positively, our ability to experience gratitude, and our choice to be kind and generous.

“The Archbishop says that “ultimately our greatest joy is when we seek to do good for others... we are wired to be caring for the other and generous to one another.” He refers to the African concept of Ubuntu “A person is a person through other persons.

“The goal is not just to create joy for

ourselves but, as the Archbishop phrased it “To be a reservoir of joy, an oasis of peace, a pool of serenity that can ripple out to all those around you.” Joy, love, compassion and generosity are all contagious.

Concerning forgiveness, while it may be necessary to counter wrong action, you may choose not to develop anger and hatred towards the actor — not losing sight of the humanity of the person.

Forgiveness frees us from the past. Without it, we remain tethered to the person who harmed us. Until we can forgive them, they hold the keys to our happiness and remain our jailor, Tutu explains. When we forgive, we take back control of our own fate and feelings, we become our own liberator. Studies show that remembering grudges stimulates all of our stress responses while empathizing with our offenders and imagining forgiving them returns the stress responses to normal. Forgiveness, then, is essential to our own health and well-being.

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CRIME WATCH

ARRESTS

- A 39-year-old man from Levittown was arrested on June 18 for second-degree criminal contempt on Elm Avenue.
- A 34-year-old Glen Cove man was arrested on June 18 for 2nd-degree aggravated harassment and first-degree criminal contempt on Forest Avenue.
- A 46-year-old man from Glen Head was arrested on June 15 for possession of an open container of alcohol on Glen Cove Avenue. He was also wanted on four warrants: three for possession of an alcoholic beverage in public, one for consuming alcohol in public, and one for urinating in public.
- A 46-year-old Glen Cove man was arrested on June 15 for criminal trespassing on Tulane Road.
- A 66-year-old Glen Cove woman was arrested on June 13 for aggravated unlicensed operation of a motor vehicle, operating without insurance, and unlicensed operation on Porter Place.
- A 44-year-old Glen Cove man was arrested on June 13 for resisting arrest on Glen Cove Avenue. He was also wanted on warrants for 7th-degree criminal possession of a controlled substance and disorderly conduct.
- A 43-year-old man from Astoria was arrested on June 12 for second-degree aggravated unlicensed operation of a motor vehicle, unsafe lane change, and unlicensed operation on Herb Hill Road.
- A 34-year-old Glen Cove man was arrested on June 11 on a warrant for possession of an open container of an alcoholic beverage.
- A 46-year-old Glen Cove man was arrested on June 9 on a warrant for possessing an open container of an alcoholic beverage on Cedar Swamp Road.
- A 33-year-old Glen Cove man was arrested on June 7 for identity theft, petit larceny, 2nd-degree criminal contempt, and multiple vehicle and traffic violations on Glen Street.
- A 46-year-old Glen Cove man was arrested on June 7 on warrants for petit larceny and trespassing on Glen Street.
- A 29-year-old Glen Cove man was arrested on June 6 for 7th-degree criminal possession of a controlled substance on Woolsey Avenue.
- A 33-year-old Glen Cove man was arrested on June 6 for fourth-degree criminal mischief on Frost Pond Road.

People named in Crime Watch items as having been arrested and charged with violations or crimes are only suspected of committing those acts of which they are accused. They are all presumed to be innocent of those charges until and unless found guilty in a court of law.

NEWS BRIEF

Friends of the Glen Cove library meeting

The Friends of the Glen Cove Public Library will hold their next in-person meeting on Wednesday, July 9, from 11 a.m. to noon in the library’s History Room. The volunteer-led group plays a vital role in supporting the library’s programs, fundraising efforts, and community engagement initiatives. Members help plan events, advocate for library services, and contribute to enhancing the library experience for patrons of all ages.

Meetings are open to the public, and

anyone interested in becoming a Friend of the Library is encouraged to attend. It’s an opportunity for residents to get involved, share ideas, and stay informed about upcoming events and volunteer opportunities. The Glen Cove Public Library is located at 4 Glen Cove Avenue. For more information, visit glen-covelibrary.org or call (516)676-2130. Participation in the Friends group is a rewarding way to give back to the community and help sustain one of Glen Cove’s most valued resources.

GLEN COVE

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HOW TO REACH US

Our offices are located at 2 Endo Blvd. Garden City, NY 11530 and are open from 8:30 a.m. to 5:30 p.m., Monday through Friday.

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August 4 | **Summer Jam: Classics of the 60s & 70s**

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August 11 | **The Glenn Miller Orchestra**

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Morgan Park Summer Music Festival is a not-for-profit organization, administered by an all-volunteer team. No taxpayer money is used or requested for these concerts. Our seasons of professional, family-oriented performances are funded entirely through tax-deductible contributions.

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HERALD SPORTS

A salute to 2024-25 sports champions

By TONY BELLISSIMO

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It was a banner season for many high school athletic programs in the Herald's coverage area. Listed are the Top 20 team accomplishments, in chronological order.

1. Oceanside girls soccer

With one overtime in the books and penalty kicks looming in the Nov. 4 Nassau Class AAA girls' soccer championship game, Oceanside's Kaylin Harrington had one thing in mind when she settled a pass from Chloe Polito about 20 yards from the Massapequa net. "My first instinct was to shoot," Harrington said. "I knew we were getting close to PKs and I had a little space, so I just shot it." It turned out to be the shot heard 'round Oceanside. Harrington's goal 5:35 into the second 15-minute sudden victory OT period gave the Sailors a 2-1 win over the three-time defending champion Chiefs and their first county title since 1978.

2. Wantagh girls soccer

Wantagh entered the Nassau Class A girls' soccer playoffs riding a five-game winning streak and bursting with confidence. And on Nov. 7, the Warriors made history by capturing their first-ever county championship with a 1-0 victory over top-seeded North Shore, which defeated them twice during the regular season. Kayla Mannix continued a storybook postseason by netting the lone goal of the night in the 65th minute off a feed from Shannon Udell. Goalkeeper Gabriella Astaiza, who missed a large portion of the season with an injury, made five saves to shut out a talented Vikings team that scored six goals against Wantagh in two previous meetings.

3. Mepham girls volleyball

Mepham's girls' volleyball made history Nov. 11. It took four sets for the Pirates to secure the Nassau Class AA championship in a revenge-match rematch of last year's county title game against Long Beach, winning 25-21, 17-25, 25-17, 25-20. "They just came together and played incredibly, supporting each other, never got down, had the momentum most of the game; blocking was outrageous, serve receive was best I've seen all year," Mepham coach Tom Wildeman said. Captains Sam Raikos (18 kills and 10 digs) and Makayla Daube (19 assists and 6 kills) led the way for the Pirates, who captured their first-ever county crown.

4. South Side girls volleyball

Wantagh entered the Nassau Class A girls' volleyball championship stage rid-

ing a 10-match win streak dating back to an Oct. 7 five-set victory over South Side, which captured its first seven matches and eight more since. So something had to give with the county title on the line Nov. 11 as the top two seeds went to battle before a jam-packed crowd at East Meadow. However, the matchup didn't live up to the hype and unlike both regular-season meetings failed to go the full five sets. Cate Cammalleri (18 kills) and Abby Magness (13) and Amy Berenbroick (37 assists) led No. 1 South Side to a convincing 25-18, 25-19, 25-10 victory over No. 2 Wantagh. It marked the Cyclones' first county crown since 2019.

5. Massapequa boys volleyball

Coach Elissa DiSalvo didn't exactly have a royal flush in-hand with the Massapequa boys' volleyball roster this year: a good chunk of the 2023 team graduated, multiple positions needed to be changed and the influx of new players meant they had to be brought up to speed. It was only a matter of time before the Chiefs starting jelling together, with practices or games Monday-Saturday, followed by Sunday brunches. It was all by design, because DiSalvo knew that chemistry would be make or break. It all paid off Nov. 12 when Massapequa defeated pesky East Meadow in four sets to capture the Nassau County Division I title.

6. Carey football

There was nothing fake about Carey's dominant run to the Nassau Conference II football championship. Well, actually, there was. Deadlocked with Mepham early in the second half of the Nov. 22 title game, the Seahawks pulled a fake punt on fourth-and-6 from their own 47 that saw Billy Koutsoumaris gain 29 yards. Five plays later, Justin DePietro scored his second of three touchdowns and Carey eventually pulled away for a 28-7 victory and its first county championship since 2014. The Seahawks went on to complete a perfect 12-0 season with a victory over Half Hollow Hills East in the LIC.

7. Wantagh football

A 13-yard run from Dylan Martini on the first play from scrimmage was a precursor for Wantagh's explosive ground game in the Nassau County Conference IV football championship Nov. 22. Led by 232 yards rushing from Martini and 108 by John Gendels, the Warriors rolled to a 48-21 win over Plainedge for the program's first county crown since the spring of 2021. The convincing victory also avenged the only regular season loss for Wantagh, which dropped a 33-27 overtime thriller to the Red Devils Oct. 10.



Media Origin Inc./Herald

Christian Todaro, left, and the Carey Seahawks had an undefeated football season.

8. Massapequa football

Tyler Villalta called it a "just in case" play, one practiced about three times a week for three weeks but never used in a game. And fourth down in overtime of the Nassau Conference I football championship game with the season on the line proved to be the best time to debut that for Massapequa. The call came from Chiefs' offensive coordinator Mike Ambury, and Villalta, the star running back, put it into motion. Operating out of a Wildcat set, which debuted last week, Villalta rolled left and connected with quarterback-turned-wide receiver Joey Diesso for a 17-yard touchdown. Chris Bascetta kicked the extra point to seal Massapequa's thrilling 35-34 win over Farmingdale Nov. 23. The Chiefs went on to beat William Floyd for the L.I. crown.

9. Wantagh girls basketball

Trailing Lynbrook by a point in the waning moments of the Nassau Class A girls' basketball championship game March 10, Wantagh's designed play off a

timeout resulted in a good look but no basket. But in one fell swoop, Kayla Mannix not only saved the ball from landing out of bounds but found Riley Forthofer open in the paint. Forthofer banked in a layup with 7.7 seconds remaining to give Wantagh a thrilling 44-43 victory over top-seeded Lynbrook. Juliana Cerasi had 12 points and freshmen Isabelle Ferraro (10) and Makayla McNeil combined for 19 as second-seeded Wantagh avenged a pair of regular-season defeats to the Owls and captured its first county title since the 2005-06 campaign.

10. Baldwin boys basketball

On the heels of winning a fifth straight Nassau County boys' basketball title, as the No. 5 seed in the tournament no loess, Baldwin was determined to end a two-game drought in the Long Island championship stage. The Bruins did just that March 11 against a familiar foe.

Mical Saint Jean scored a career-high 19 points, point guard Ethan Sainsbury

CONTINUED ON NEXT PAGE

HERALD SPORTS

Local teams enjoy historic title seasons

CONTINUED FROM PREVIOUS PAGE

added a career-high 17 and dished out 10 assists, Chase Timberlake chipped in 12 with 8 steals, Vaughndrea Johnson had 11 points and 11 rebounds, and Gabe Phillips ripped down 16 boards as Baldwin never trailed in its 75-56 victory over Amityville in the AA LIC.

11. Baldwin girls basketball

The ultimate goal of Baldwin's girls' basketball team was made clear on the opening day of practice Nov. 17 and that was to win the final game of the season. On the morning of March 23 at Hudson Valley Community College in upstate Troy, the Bruins turned a dream into reality with a thrilling 50-48 roller coaster victory over Aquinas Institute for the New York State Class AA title. Monique Echols scored the game's final five points, including the go-ahead layup off a bounce pass from Payton Dulin with 1:35 remaining. It was Baldwin's first state championship in seven years and third all-time.

12. Massapequa girls lacrosse

Paige Garguilo scored twice in the fourth quarter and came up with a critical interception to help top-seeded Massapequa defeat No. 2 Port Washington, 11-9, and capture a fifth straight girls' lacrosse county title May 27. Garguilo, who scored five times, wasn't the only clutch player for the Chiefs. In the waning seconds of the third quarter, Port Washington's Catherine Karman beat the buzzer with a low shot on frame. But Massapequa goalie Emily Fitzgerald made the massive save, one of seven for the freshman. Isabella Grosso had a hat trick. Also playing a pivotal role was Reilly Cereghino, who held Violet Ortenzi, who scored 35 goals heading into the final, without a goal.

13. Plainedge flag football

For a second straight season, the Plainedge and East Rockaway girls' flag football teams met with a Nassau County title on the line. And it was Plainedge

repeating last year's championship accomplishment in rainy conditions May 28 as quarterback Gianna Ponticello and receiver Amanda Martone hooked up for a touchdown in each half and the defense stood tall to lead the Red Devils over the Rocks, 12-0, in the Conference C final. Kate Franks (nine flag pulls), Sarah Abdul-Rassoul (eight) and Jennifer Larwood were relentless on defense, and Rebecca Reiter sealed the deal with an interception.

14. South Side girls lacrosse

After heartbreaking semifinal playoff defeats in each of the past three seasons including two by one goal, South Side's girls' lacrosse team wasn't satisfied with just reaching the championship stage this spring.

The top-seeded Cyclones made the most of their opportunity and also program history in a driving rainstorm May 28, knocking off defending Nassau Class C champion Wantagh, 14-8, for their first-ever county title. Bobbie Creo exploded for five goals, Charlotte Rathjen had three goals and two assists, Sienna Connolly had three goals and Skye Korten added a pair to back the goaltending of Tara Cody.

15. Massapequa boys lacrosse

The flame was ignited for Michael Jannotte two years ago following a loss to Port Washington in the Nassau Class A boys' lacrosse semifinals.

It was a slow burn for the Massapequa goalie. And on May 31, on the same field, the senior got his revenge, helping lead the top-seeded Chiefs to a 9-7 win over Port Washington in the Nassau Class A final. The Stevens Tech commit, who made 14 saves in a 9-7 semifinal win over Syosset, remained hot in the county final. He made five of his eight saves in the fourth quarter to help secure the Chiefs' 12th county championship and first since 2019. Nolan Wiczorek had two goals and one assist, eighth-grader Jake Byrnes had a pair of goals, Braden Tucker and Sean Durnin had a goal and an assist each.

16. Wantagh baseball

Wantagh pitcher Dominick Cusamano entered the June 1 winner-take-all Nassau Class A baseball finals Game 3 against Seaford determined to not have it be the last time he would take the mound in his high school career. Cusamano, following strong performances from teammates Christian Danzilo and Gavin Diegman, delivered under the bright lights tossing 6 ¹/₃ innings with five strikeouts to propel top-seeded Wantagh to a 6-1 win for its first county title since 2018. The bats gave Cusamano all the run support he needed in the second inning starting with Frank McNally drawing a bases loaded walk that scored Ryan Tullo. The Warriors extended the lead when Cole Spinelli and Michael Avitabile scored on an error from a hard grounder off the bat of Cusamano.

17. Massapequa baseball

After a heartbreaking loss to start its best-of-three Nassau Class AAA championship baseball series with Farmingdale, Massapequa went on to dominate the final two games and re-claim bragging rights between the crosstown rivals. Jack Scannapieco tossed five scoreless innings and Mikey Smar had a clutch five RBIs in three at-bats with the bases loaded as the second-seeded Chiefs knocked the top-seeded Dalers off their throne with a winner-take-all 12-0 triumph June 1. Massapequa went on to defeat Connetquot for the L.I. crown, 7-0, a week later behind the battery of



Derrick Dingle/Herald photos

Glen Cove's battery mates, pitcher Brianna Simmons, left, and catcher Isabella Damiano, embraced after the softball team's first title in 40 years.

senior southpaw pitcher Thomas Harding and junior catcher Anthony DiNello.

18. Glen Cove softball

With its season hanging in the balance, trailing MacArthur by one run through six innings of the decisive third game of the Nassau Class AA softball championship series June 2, Glen Cove produced a rally for the history books. The Big Red scored twice in the top of the seventh and pitcher Brooke Simmons stranded the potential tying run on third base in the bottom of the frame for a 2-1 victory and the program's first county title in 40 years. Siena Scagliola doubled home Mia Lupinski with the eventual championship-winning run. Lupinski singled home Sommons with the tying run.

19. Wantagh boys lacrosse

The Wantagh boys' lacrosse team made the spectacular look routine. For a second consecutive championship game, the Warriors rallied from a significant deficit to earn a dramatic win, coming back from five goals down to defeat Kings Park 16-15 in the Long Island Class C final June 4. Wantagh, which erased a four-goal deficit in an 11-10 overtime win over South Side in the county final May 31 on a Luke Martini goal, saw Devin Paccione, Dylan Martini, Carter Loughman and Joe Nicholson star in the LIC.

20. Massapequa softball

The Long Island Class AAA softball championship between Massapequa and Riverhead June 6 did not disappoint. There was no shortage of excellent pitching, clutch defensive plays, and some timely hitting with the title on the line. In a game that went to extra innings, Massapequa put together a couple of two-out hits in the bottom of the eighth, and with the winning run at third base in the form of Sienna Perino, who tripled, Annalisa Kohn slapped a base hit to walk it off, giving the Chiefs a thrilling 2-1 victory.



Wantagh's girls' basketball team won a thrilling Nassau Class A title game over Lynbrook with a basket in the closing seconds.

8 Transit improvements reflect inclusivity

July 3, 2025 – GLEN COVE HERALD

By ROKSANA AMID

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For 90-year-old Glen Cove resident Carmen Bonilla, a small blue bus named “Carlita” has become a lifeline.

Bonilla relies on Able-Ride, the NICE Bus paratransit service, to travel from her home to the Glen Cove Senior Center and 10 Medical Plaza for doctor visits when her son is unavailable. Being able to travel on her own, she said, has helped her stay healthy and independent.

“It was not hard to sign up,” Bonilla said through translator Cristian Cueva-Bonilla, a volunteer at Glen Cove EMS and the Senior Center.

Bonilla’s experience highlights a critical need in Glen Cove, where more than a third of residents are over 60. Many live on fixed incomes or rely on family for transportation. Now, a new initiative from Age-Friendly Glen Cove is aiming to make local transit systems more accessible, particularly for older adults and people with disabilities.

The city has been awarded a 2025 AARP Community Challenge Flagship Grant—one of only five in New York State and part of a \$4.2 million national investment in projects that improve livability. The \$6,600 grant will fund “Ready to Ride,” a new campaign based at the Glen Cove Senior Center that will teach residents how to navigate public transit systems, both digitally and in person.

“Progress on our mission of making this city a place where people of all ages can thrive requires centering the needs of community members with disabilities,” said AJ Kuhr, director of Age-Friendly Glen Cove. “Ready to Ride directly addresses the link between mobility, independence, and social engagement.”

The program launches July 23 with a digital tools



Courtesy Age Friendly Glen Cove

The Able Ride bus stops at 10 Medical Plaza in Glen Cove because of the Glen Cove Disability Task Force.

workshop focused on the Long Island Rail Road. A second session on July 30 will introduce participants to Able-Ride. Both are free and open to the public, with Spanish-language interpretation available.

As transit agencies phase out printed schedules and staffed booths, Glen Cove residents have increasingly faced challenges navigating digital-first systems. The workshops will cover apps like TrainTime, reading QR codes, and planning trips online—skills many seniors find intimidating but increasingly necessary.

The campaign also includes group transit trips so participants can practice their skills in real-world settings. In addition, community volunteers will conduct

audits to assess the accessibility and safety of Glen Cove’s transportation infrastructure, including the Loop Bus and LIRR stations.

The Glen Cove Disability Task Force is playing a key role in the effort. The task force successfully advocated for Able-Ride to expand service to 10 Medical Plaza and worked with the city to update the municipal website to support screen readers for visually impaired users.

“As a grassroots group of community members invested in making Glen Cove more inclusive of people with disabilities, the Disability Task Force helps inform our work at Age-Friendly Glen Cove,” Kuhr said. “Progress on our mission of making this city a place where people of all ages can thrive requires centering the needs of community members with disabilities.”

Councilwoman Marsha Silverman, a founding member of the task force, said the project stemmed from a request by a visually impaired resident concerned about pedestrian safety.

“We said, why limit it to the visually impaired?” Silverman said. “Even though it’s at the Senior Center, Age-Friendly serves all ages, so we expanded our efforts to cover different needs.”

Age-Friendly Glen Cove has a strong track record of community impact. A 2024 walkability audit, supported by AARP New York, led to the creation of a new accessible pedestrian path through downtown Glen Cove.

“This grant validates what our residents have known all along,” Kuhr said. “Transportation is the thread that connects independence, community, and well-being.”

The Disability Task Force is now developing a broader action plan focusing on civic engagement, transit access, emergency preparedness, and pedestrian infrastructure. Community members who wish to get involved can email glencovedisabilitytaskforce@gmail.com.



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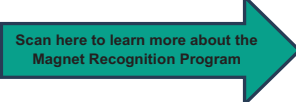
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“It’s relentless, keeping you up at night and preventing you from doing even the most mundane tasks. Things that I used to take for granted, like wearing shoes and going grocery shopping. Two of my three children were getting married last year and I wasn’t even sure I was going to be able to attend their weddings,” shares Rose W.

Rose was diagnosed with peripheral neuropathy in 2015, a degenerative condition affecting almost 5% of people over the age of 55.

“My doctor sat me down and said, ‘Rose I’m so sorry to tell you this, but you have peripheral neuropathy. I’m going to prescribe you gabapentin to manage the discomfort but overall, neuropathy is untreatable.’ My first thought was, ‘we can cure cancer but you can’t stop my feet from hurting?’ It felt like a cruel joke.”

While neuropathy can be caused by a number of things including diabetes and chemotherapy, over 23% of neuropathy cases are classified as idiopathic. In layman’s terms, the cause is unknown.

This was the case with Rose. “Basically every question I had was met with an ‘I don’t know.’ It was depressing to say the least.”

Eventually, Rose was forced to quit her job because the numbness had started to set in



and prevented her from driving.

Fortunately for Rose, she came across an article in the local newspaper featuring Jae Won Kim L.Ac and his innovative approach to treating peripheral neuropathy. “At first, I thought it had to be a sham. After so many specialists told me there was no hope, here was this acupuncturist in the article claiming a 90% success rate in treating

neuropathy! I just had to call, and I can’t begin to tell you how grateful I am that I did.”

Jae Won Kim, founder of Westbury Acupuncture, says that cases like Rose’s are incredibly common. “Almost all of my neuropathy patients have been told at one point or another that there is no hope.

I like to think I specialize in offering hope.”

To quote the New York Times, “Chinese medicine proves itself where Western medicine fails.”

“Acupuncture has been treating complicated, chronic conditions like neuropathy for thousands of years,” shares Jae Won. “I start with a foundation based on this time-tested science and my clinical experience. I then tailor treatments based on a number of factors including the severity of your neuropathy, how long you’ve had it, whether or not there are any underlying factors, things of that nature. It’s because of

these personalized treatment programs that we’re seeing such incredible results!”

Four months after treatment, Rose is back at work and thriving. “Being back at work isn’t even the most exciting part,” exclaims Rose. “Not only was I able to attend my son’s wedding, but I could walk down the aisle! It was the most magical moment and I have Jae Won to thank for it.

To think, I might’ve missed that.” Rose held back tears.

If you or someone you love is suffering with chronic pain that presents as burning, tingling, or ‘pins and needles,’ or you’ve recently been diagnosed with Peripheral Neuropathy, it’s important to know that there are options.

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Valedictorian Mert Suyabatmaz offered insight and advice for the years after graduation.

Photos courtesy Glen Cove City School District

Tassels turned and dreams launched

By ROKSANA AMID

ramid@liherald.com

Glen Cove High School celebrated the Class of 2025 with a heartfelt commencement ceremony on June 27, featuring music, speeches, and tradition. The event began with “Pomp and Circumstance” by the school band, followed by the Pledge of Allegiance led by Senior Class President Isabel Basil and a welcome from Assistant Principal Dr. Ursula Moorer. The National Anthem, performed by the Concert Choir under Edward Norris, and the Alma Mater, conducted by senior Paloma Supica, set a reflective tone. Speakers included Principal Allen Hudson III, Superintendent Dr. Maria L. Rianna, and Board President Maria Elena Venuto. Highlights featured speeches by Salutatorian Natalia Piasta, Honorary and Student Council President Isabel Basil, Faculty Speaker Chris Barry, and Valedictorian Mert Suyabatmaz. The Concert Choir performed “In My Life,” and graduates turned their tassels as the orchestra, led by Kay Twak, closed with the recessional “Graduation Day.”



Jolie Prezeau stood on the grounds of the high school one last time as a student in the district.



It was an emotional day for Carolina Esposito and Lianna McFaddin.



Debora Zavala, Michael Mazarredo and Jocelyn Portillo Godoy.



High School Principal Allen Hudson congratulated Dakota Rios on her accomplishments as a student in the district.

Scholarship winner is set to attend Baylor

CONTINUED FROM PAGE 1

Alvarado's essay stood out for its clarity, insight and personal connection to the topic, Mayreis said. "When one jumps off the page, you know that's the one," Mayreis said.

In her essay, titled "Preserving the Heart of Glen Cove: Balancing Growth and Community," Alvarado wrote about her deep roots in the city and the importance of supporting small businesses. She recalled growing up around her family's martial arts dojo on Glen Street, which her parents ran for over a decade.

"I grew up having that small business sort of mentality," she wrote, noting that her parents sold the business to her uncle just before the pandemic. "So I always had a connection with that small business feel (when) you get that joy from seeing these familiar faces."

Alvarado warned that the convenience of big-box stores could come at the expense of Glen Cove's small-town charm and community connections. "That convenience could cost us the charm and uniqueness we've built," she wrote. "Personally, I want to live in Glen Cove when I'm older. I want to raise a family here, walk these same streets, and still feel the warmth and connection that's always made this city feel like home."

Alvarado will attend Baylor University in the fall, where she plans to major in health science and business, and she has



Courtesy Glen Cove Chamber of Commerce

Heather Alvarado, seventh from left, a 17-year-old graduate of Glen Cove High School and a first-generation college student, was presented with this year's Dr. Glenn Howard Jr. Scholarship by the Glen Cove Chamber of Commerce.

already demonstrated a strong commitment to service. She volunteered for 150 hours at Glen Cove Hospital, and has logged over 650 hours of community service overall with several organizations in Glen Cove. She was president of DECA at the high school, as well as the World Language Honor Society and the Pre-Med Club. As a member of the Select Chorale, she performed at local elementary schools and retirement homes, and

sang "La Vie en Rose" at the chamber's Paris-themed gala.

Her volunteer efforts also included reading to young people and presenting lessons for the Science National Honor Society. After she graduates from college, she wants to become a pediatrician.

"I love working with kids," Alvarado told the Herald. "I really want to give back. I feel like I can combine my passion for medicine and learning with

helping the youth."

Her dedication to Glen Cove and her faith have guided her journey. "I give all the honor and glory to the Lord, because without him, it also wouldn't have been possible," she said. "My parents taught me what it is to work hard, what it is to be resilient, to be determined. I honestly couldn't have done it without them."

Heather's mother, Elsy Escobar, graduated from Glen Cove High School in 2000 with honors. Her father, Hender Alvarado, went to high school in Roslyn. Both immigrated to the United States as teenagers — Escobar from El Salvador and Alvarado from Colombia, after being raised in Venezuela.

Mayor Pamela Panzenbeck presented a citation to Alvarado on behalf of the city. "We are all here for you should you need us," she said.

Schools Superintendent Maria Riana, who was also in attendance, added, "We are very, very proud of you. I know the things you will be doing in the future will be noteworthy, and from the heart."

For Alvarado, the scholarship represents more than financial assistance — it symbolizes the strength of community. "All the scholarships I've gotten through Glen Cove really show that the community can help you," she said. "It shows that you're not alone when you apply to these schools, when you strive for something better. Glen Cove isn't just where I live — it's where my roots have been built."



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NEIGHBORS IN THE NEWS



Courtesy Gaitley Stevenson-Mathews

Mary Stanco is celebrating 20 years as a dedicated real estate professional serving the Glen Cove community.

Mary Stanco celebrates 20 years in G.C.

Mary Stanco is celebrating 20 years as a dedicated real estate professional serving the Glen Cove community. A lifelong resident and Sales Manager at Laffey Fine Homes, Stanco has built a reputation as one of Nassau County’s top agents, known for her unmatched market knowledge, integrity, and commitment to her clients. Over the past two decades, she has guided countless families through buying and selling homes, earning numerous industry certifications and accolades along the way. Her passion for Glen Cove and her tireless community involvement have made her not just a trusted Realtor, but a true pillar of the city she calls home

—Roksana Amid



Courtesy office of Pamela Panzenbeck

The Glen Cove Mayor's Trophy Tournament for ages 8 to 15 was a fun weekend for the Glen Cove community.

Glen Cove Mayor's trophy tournament

The 2025 Mayor's Trophy Tournament was a home run. From great plays to team spirit, it was a fantastic weekend on June 27 of youth baseball at John Maccarone Memorial Stadium. Mayor Pamela Panzenbeck was proud to join the players, families, and coaches for this Glen Cove tradition.

—Roksana Amid

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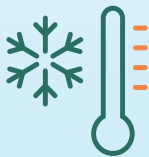


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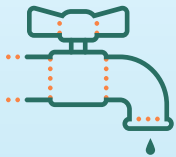


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A vibrant celebration of Indian culture, heritage

By JORDAN VALLONE

jvallone@liherald.com

Nassau County officials joined forces with the Indian American Forum, India Association of Long Island, and India Day Parade USA to host Indian American Night on June 22 at Eisenhower Park's Harry Chapin Lakeside Theatre.

The event, part of the Nassau County Department of Parks and Recreation's International Nights series, was held under the leadership of Dr. Bobby Kumar Kalotee, chairman of the Nassau County Human Rights Commission. On a warm Sunday evening, hundreds gathered with picnic baskets and lawn chairs along the serene lakeside to enjoy a vibrant showcase of Indian culture. More than 110 children, from toddlers to teens, performed traditional and contemporary Indian dances representing various local dance schools.

Young performer Sia Nandrajog, who traveled from California for the event, captivated the audience with a standout performance. All participants received certificates, T-shirts and personal pan pizzas in appreciation of their efforts.

The program began with the American national anthem sung by Hanika Reddy Parvathala, followed by the Indian national anthem led by Jyoti Gupta and her group. Nassau County Legislator Rose Walker delivered opening remarks, thanking the organizers and attendees.

Kalotee introduced and congratulated the evening's honorees for their community contributions. The diverse group included physicians, a pharmaceutical consultant, entrepreneurs, and civic leaders. Honorees included: Dr. Narendra Mal Lodha, Dr. Purna Chandra Prasad Atluri, Dr. Dinesh Jaiswal, Vinod Goyal, Sunita Manjrekar, Senthilkumar Sivaprakasam, Ravindra Kumar and Riya Shah. Anju Sharma and Nilima



Tim Baker/Herald

The Nassau County community celebrated Indian American Night at Eisenhower Park, drawing hundreds for a vibrant event filled with food, culture and fun. Organizers received a citation for County Executive Bruce Blakeman for their contributions to the event and Indian American heritage.

Madan were specially recognized for their selfless service to the community.

IAF Chairperson Indu Jaiswal and Cultural Coordinator Bina Sabapathy were applauded for their efforts in organizing the event. Participating dance schools included Hamsaasya School of Dance, Mudra Dance Studio, Nritya Saagaram Dance Academy, New York Tamil Academy, RS International NY, Rhythm Dance Academy, and Sadhanalaya School of Dance.

A musical tribute to Father's Day featured a medley by the JKJ Team led by Jyoti Gupta, and a special performance by Mittal Anil and daughter Advita, students of Dinesh Kumar Prabhakar.

The event was supported by numerous community

leaders and officials, including Deputy Parks Commissioner Dave Franklin; Human Rights Commissioners Wioletta Dusza and Vimal Goyal; Comptroller Elaine Phillips; North Hempstead Town Supervisor Jennifer DeSena; Town Clerk Ragini Srivastava; and members of the Asian American Affairs Office.

Also in attendance were community advocates Jasbir Singh, Beena Kothari, Anju Sharma, Nilima Madan, Dr. Neeru Bhambri, Dr. Jag Kalra, Gobind Gupta, Brahashitha Gupta, Sujata Seth, Anu Gulati, Dr. Urmillesh Arya, Dr. Rajendra Modi, and many others.

The celebration served as a testament to the unity and cultural richness of Long Island's Indian American community.

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'Now More Than Ever' at Pride Gala

By JACK SCHWED

Intern

PFY, formerly Pride For Youth, a non-profit dedicated to supporting the LGBTQ+ communities, hosts a fundraising gala each year to celebrate Pride, but this year's event also served as a call to action.

The PFY's 2025 Pride Gala, dubbed "Now More Than Ever," was held at the Westbury Manor on June 4.

"Now, more than ever, not only does our agency need support, the whole community needs support," Tawni J. Engel, PFY's associate executive director, said. "We need people who are willing to speak up and speak out."

Engel is responsible for securing corporate sponsorships for PFY fundraising events, such as the gala. In the past, she said, the organization has received large donations, but this year, many corporations pulled out, resulting in the loss of thousands of dollars.

"That speaks to these corporations that were very much, just last June, waving their Pride flags on all of their marketing materials," she said. "This year, they've completely pulled out and said, 'No, we can't put our face to this anymore because it's too controversial.'"

PFY has also been receiving hateful comments on social media, Engel added.

"There's a lot that we're facing on a daily basis that is very, very stressful,"

she said. "(But) it's just the tip of the iceberg of what's going on across the country right now."

At the gala, she aimed to educate attendees about the current political climate and its impact on the LGBTQ+ communities. She stated that recent efforts to pass anti-LGBTQ+ legislation can be likened to "rolling back the clock 50 years," which has left her clients "hurting."

Engel said the Bellmore-based PFY tries to provide a space where people can feel welcome and comfortable being themselves. Of the 35 programs and services that the organization offers, she said, an increased need for counseling services has stood out.

"People really (need) support mentally and emotionally and (to come) together and (feel) a solidarity with their community," she said.

Around 200 people attended the June 4 gala, raising about \$80,000. In previous years, the organization also received a grant, enabling it to expand services beyond just LGBTQ+ youth, which led to the adoption of the PFY acronym.

During the gala, Juli Grey-Owens, executive director of Gender Equality New York, and Glen Cove City Council-

member Martha Silverman were honored for their commitment to LGBTQ+ advocacy. Grey-Owens founded the non-profit GENY in 2019 to advocate for transgender, gender nonbinary and intersex New Yorkers.

Last June, Nassau County banned transgender athletes from playing at county-owned facilities on teams aligned with their gender identity. Since then, GENY has held several transgender rights rallies, including one on May 31.

"We held a large transgender rights rally to make sure that people were aware of the fact that we're still here," Grey-Owens said. "We still exist, and the attacks on our community should stop."

Access to gender-affirming healthcare, especially for those under age 19, is one aspect of the transgender

community under attack. Eliminating this would prohibit a transgender girl from receiving hormone blockers, which can pause puberty while she decides whether she wants to transition, Grey-Owens said.

She explained that this would cause the girl to undergo male puberty, resulting in the development of an Adam's

apple, a deep voice and facial hair. She said this can heighten gender dysphoria, a disconnect between one's biological sex and gender identity, which can range in intensity from "manageable to debilitating."

GENY is pushing the passage of Shield Law 2.0, which would expand protections for gender-affirming and reproductive healthcare.

Silverman, who's running for mayor of Glen Cove, has hosted a Pride flag-raising event every year since becoming a member of the Glen Cove City Council.

"I'm really proud that we have the event and fly the flag, showing that Glen Cove is welcoming to everyone," she said.

"To this day, people are not treated equally," she noted. "Until every single person, regardless of race, religion, gender identity and sexuality, is treated equally, Pride is a necessity."

Silverman said people could work to uplift the LGBTQ+ communities by having conversations.

"I hope someday we can get to the point where we don't need to celebrate our differences," Silverman said. "But, until every single person is treated equally, we need to. We need to celebrate our differences, so we recognize our similarities."

I hope someday we can get to the point where we don't need to celebrate our differences.

MARTHA SILVERMAN
Glen Cove City Councilmember

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STEPPING OUT



Zesty Steak



Grilled Chicken and Pineapple Skewers

July 4th entertaining al fresco-style

Welcome the nation’s birthday in good taste

By Karen Bloom

Barbecue season is heating up! Whether fireworks are part of your holiday weekend plans, certainly some time at the grill will be very much on the agenda. There’s no better way to celebrate than with good food, great company and a sizzling grill. Whether you’re planning a backyard bash or a cozy cookout, make this year’s Fourth of July feast one to remember.

Sure, burgers and hot dogs are always a hit — and a holiday standard — but why not kick things up a notch? Impress your guests with flavorful additions like chorizo sausages, ribs, or maybe some spice-up marinated chicken. If that’s a bit too exciting for you, then you can always spruce up the classics by going for unique flavors. Jalapeño hotdogs, anyone?

Make sure to marinate: Don’t underestimate the power of a good marinade. Prepping your meat a day or two ahead lets those bold flavors soak in — and yes, even hot dogs and burgers can benefit from a tasty soak. Marinating your meat before you grill can seriously enhance its flavors.

Don’t forget your vegetarian friends and family: Got vegetarian friends or just want to lighten things up? Grilled vegetables like zucchini, bell peppers and asparagus add vibrant color and bold flavor to your spread. Try veggie kebabs or marinated portobello mushrooms as hearty meatless options.

Keep it healthy (but delicious): Unlike the other holidays that we associate with eating (such as Thanksgiving), it’s totally possible to keep your feast healthy. Fourth of July doesn’t have to mean food coma. Use clean ingredients and simple swaps — think avocado-oil mayo in your coleslaw or a touch of honey instead of sugar in cornbread. Add a big salad, fresh fruit and grilled corn for balance.

Put a twist on the standards: Whatever you choose, you can seriously wow your guests by putting a modern take on a traditional recipe. For instance, if you’re making coleslaw this time around, then you can experiment with different flavors, such as jalapeño, apple, or even spicy Thai peanut. You can add the same variation to different dishes, such as baked beans, mac and cheese, and even your condiments.

Turn your grill into a flavor playground — and serve up a celebration your guests won’t forget.

Zesty Steak

- 1/4 cup soy sauce
- 2 tablespoons honey
- 1 tablespoon orange juice
- 1 tablespoon Montreal Steak Seasoning (or any spicy season of your choice)
- 1/2 teaspoon ground ginger
- 2 pounds boneless beef sirloin or flank steak

Mix soy sauce, honey, orange juice, steak seasoning and ginger in small bowl. Place steak in large resealable plastic bag or glass dish. Add marinade;

turn to coat well.

Refrigerate 1 hour or longer for extra flavor. Remove steak from marinade. Discard any remaining marinade.

Grill over medium-high heat 6 to 8 minutes per side or until desired doneness.

For added flavor, try a tasty topper on your meat.

Dijon Mustard Aioli: Blend Dijon and whole-grain mustard with creamy Greek yogurt, garlic, tarragon and white pepper for a rich, tangy topping.

Mushrooms and Blue Cheese: Mix hearty mushrooms and full-flavored blue cheese with your favorite savory spices and a splash of sherry wine

Smoky Bacon Jam: Start with the finest cuts of bacon browned to crispy perfection then add caramelized onion and an accent like brown sugar or balsamic vinegar.

Tomato Jam: Experiment with your favorite varieties to find the perfect balance of crushed tomatoes, sweet gherkins and seasonings.

Grilled Chicken and Pineapple Skewers with Lemon-Cucumber Salsa

- 8 skewers
- 1 pineapple
- 2 tablespoons vegetable oil
- 1/2 teaspoon salt
- 1 3/4 pounds boneless skinless chicken breasts, diced into 1-inch pieces

- Lemon-Cucumber Salsa**
- 1 lemon, supremed
 - 1 cucumber, diced
 - 1/2 red onion, diced
 - 1 tablespoon wildflower honey
 - 1 teaspoon ground black pepper

Soak wooden skewers for 15 minutes prior to grilling.

Heat grill to medium-high heat.

Remove rind from pineapple and dice into 1-inch pieces.

In small bowl, combine oil, salt and pepper. Add chicken and pineapple; toss to coat.

Alternating chicken and pineapple, pierce onto skewers.

Grill skewers 8 minutes each side, or until chicken is cooked thoroughly.

To make Lemon-Cucumber Salsa: In medium bowl, combine lemon, cucumber, onion, honey and pepper. Serve lemon-cucumber salsa over cooked chicken skewers

Tip: Supreme citrus fruit by cutting off top and bottom of fruit then cut away peel and pith, leaving no white on outside of fruit. Slice each segment into wedges by cutting toward center of fruit along membrane.



Rick Springfield

We’re gonna party like it’s 1980-1989! Rocker (and ageless heartthrob) Rick Springfield gave us the soundtrack of our glory days: “Jessie’s Girl,” “Don’t Talk to Strangers,” “An Affair of the Heart,” “Love Somebody,” “Human Touch,” “On the Dark Side,” and many more of the most iconic songs of that era. The Grammy-winning musician is back on the road this summer with the 2025 edition of his I Want My 80s Tour. This time around he brings along special guests John Waite, Wang Chung and Paul Young. Over the past four decades, he’s worn many hats as an entertainer and performer. The creator of some of the finest ‘80s power-pop, he’s sold 25 million albums and scored 17 U.S. Top 40 hits. Also an accomplished actor and an author, both his candid 2010 memoir “Late, Late at Night” (which Rolling Stone named one of the 25 greatest rock memoirs of all time) and his 2014 comedic novel “Magnificent Vibration” earned rave reviews and spots on the New York Times Best Sellers’ list.

Wednesday, July 9, 7 p.m. *Flagstar at Westbury Music Fair, 960 Brush Hollow Rd., Westbury. Tickets available at livenation.com.*



He said, she said

Share in some lively repartee when four comedians — two men, two women — sling barbs at one another in The Ivy League of Comedy’s “Skirmish of the Sexes.” Laugh the night away with tales of love and not-love, bad dinners and good dates, broken cars and unbroken dreams. Check out this take on the age-old dichotomy of who’s right and who’s wrong. The lineup features Tony Deyo, known for his sharp, quick material and near-perfect timing; Calise Hawkins, a single mom who stands out with her hair, but also her smile and onstage likability. Also Shaun Eli, rightfully called one of America’s smartest comics. Whether it’s a story about dining with a vegetarian or fighting a parking ticket in criminal court, master storyteller Shaun shows you hilarity in the ordinary. And Ophira Eisenberg, who delivers a unique blend of smart irreverent standup and storytelling.

Thursday, July 10, 7:30 p.m. \$40, \$30. *Jeanne Rimsky Theater at Landmark on Main Street, 232 Main St., Port Washington. Tickets at landmarkonmainstreet.org or (516) 767-6444.*

YOUR NEIGHBORHOOD

CALENDAR

JULY 3

On Exhibit
Nassau County Museum of Art's unveils its new exhibition, "At Play," a survey of artists' perennial fascination with entertainment in all forms. Framing this topic between the nineteenth century Belle Époque and today, the exhibit includes works by Pablo Picasso, Reginald Marsh, Everett Shinn, and Max Beckmann among many others. The works are gathered to represent a wide range of expressions, from entertainment-related activities to the fascinating personalities involved. It encompasses dance, music, theater, movies, circus, boating, and beach scenes, along with horseracing and various sports, both active and passive. Also featured are archival items from The Metropolitan Opera and the New York Philharmonic, including costumes by Marc Chagall for Die Zauberflöte, vintage fashion items by such designers as Alfred Shaheen, and iconic costumes from the Folies-Bergère in Paris. On view until Nov. 9.

- **Where:** 1 Museum Drive, Roslyn Harbor
- **Time:** Ongoing
- **Contact:** nassaumuseum.org or (516) 484-9337



JULY 15

The Gin Blossoms
Take a trip down memory lane with Gin Blossoms when their highly anticipated 2025 tour visits Long Island. With their timeless hits, infectious melodies, and nostalgic vibes, Gin Blossoms promises to deliver a concert experience that will transport fans back to the heyday of '90s alternative rock. The band rose to fame in the '90s with hits like "Hey Jealousy," "Found Out About You," and "Til I Hear It from You," that still resonate today. Their jangly guitars, catchy hooks and heartfelt lyrics captured the spirit of the decade and earned them a dedicated following that continues to grow. With their dynamic stage presence and infectious energy, Gin Blossoms knows how to keep the crowd on their feet and singing along to every word. Their latest tour is a nostalgic journey through the band's greatest hits, as well as new songs that are sure to captivate. Whether you're reliving the memories of the '90s or discovering Gin Blossoms for the first time, their music will leave a lasting impression. And, of course, one of the highlights of any Gin Blossoms concert is the connection they share with their fans. Whether it's through their heartfelt lyrics or their engaging stage banter, Gin Blossoms creates a sense of camaraderie that makes every concert feel like a reunion with old friends. \$82, \$71.75, \$60.25, \$49.25, \$37.25.

- **Where:** The Paramount, 370 New York Ave., Huntington
- **Time:** 7:30 p.m.
- **Contact:** ticketmaster.com or paramountny.com

JULY 12

Lights of Hope North Shore
The American Cancer Society Cancer Action Network hosts a tribute and fundraising event to honor those affected by cancer.

- **Time:** 6-8 p.m.
- **Contact:** Morgan Memorial Park, Germaine Street and Landing Road

Twilight tunes on the terrace

Enjoy a summer evening at Old Westbury Gardens with some smooth jazz, swing rhythms and popular favorites performed by the Paul Effman Band in the open air. Bring a blanket or lawn chair, grab a spot and soak in the sounds and scenery. Rain date is July 13. \$25 \$22.50, seniors (62+), members receive 20% off.

- **Where:** 71 Old Westbury Road, Old Westbury
- **Time:** 6:30-8 p.m.
- **Contact:** oldwestburygardens.org or call (516) 333-0048

JULY 4

Bicycle Parade
Celebrate Independence Day at the annual Children's Bicycle Parade. Youngsters are invited to decorate their bicycles, scooters, wagons, strollers, or battery-powered vehicles in red, white and blue. With refreshments. Helmets and safety gear are encouraged.

- **Where:** Robert M. Finley Middle School, 1 Forest Ave.
- **Time:** 9:30 a.m.
- **Contact:** (516) 671-4600

JULY 6

Summer tunes
The Lords of 52nd Street kick off Glen Cove's 2025 Summer Concert Series at Morgan Memorial Park. Enjoy the original band behind Billy Joel's biggest hits.. With special guests Glen Cove High School Select Chorale and Shyezee, a standout from "The Voice" Season 26. Bring your own lawn chairs or blankets and enjoy a night of music under the stars.

- **Where:** Germaine Street
- **Time:** 7 p.m.
- **Contact:** morganparkmusic.org

Walking with the Olmsteads

Step into a world where history and horticulture intertwine on this guided walking tour of Planting Fields. Explore the stunning landscapes shaped by the renowned Olmsted Brothers firm and discover how W.R. Coe's vision transformed this estate into a living masterpiece. As you wander through lush gardens, winding pathways, and historic structures, you'll uncover stories of the Coe family's lasting influence and the artistic brilliance of the Olmsteads' naturalistic designs. From vibrant seasonal blooms and majestic trees to elegant architectural details, each stop reveals a new chapter in this extraordinary estate's history. Also take the time to visit the Main House.

- **Where:** 1395 Planting Fields Road, Oyster Bay
- **Time:** 10:30-11:30 a.m.; also July 13
- **Contact:** plantingfields.org or call (516) 922-9210

JULY 9

Blood Drive
Donate blood and help save lives at Glen Cove Public Library. Appointments are preferred but walk-ins will be welcomed as

- **Where:** 130 Glen St.
- **Time:** 6 p.m.
- **Contact:** (516)-759-9610

space allows. Donors should eat, drink and bring a valid photo ID. Masks are optional.

- **Where:** 4 Glen Cove Ave.
- **Time:** 1-7 p.m.
- **Contact:** (516) 676-2130 or visit nybc.org

Sock Hop and 1950s Celebration

Break out your poodle skirts and leather jackets. The Glen Cove Senior Center hosts a1950s celebration. Enjoy a lively sock hop featuring retro music, dancing, and classic diner-style treats. Guests are encouraged to dress in their best '50s attire for this fun throwback afternoon.

- **Where:** 130 Glen St.
- **Time:** Noon
- **Contact:** (516)-759-9610

Tunes with The Clusters

Join Circle of Friends for a special evening of music and nostalgia with The Clusters, the legendary oldies vocal group, at Glen Cove Senior Center. Enjoy their soulful harmonies and timeless renditions of doo-wop, Motown, and R&B classics from the 1950s through the 1980s. Open to the public. Dinner included with \$10 fee.

- **Where:** 130 Glen St.
- **Time:** 6 p.m.
- **Contact:** (516)-759-9610

JULY 10

Library Walking Club
Participate in Glen Cove Public Library's at-your-own-pace hour walk, every Thursday. All fitness levels are welcome. Registration required.

- **Where:** 4 Glen Cove Ave., Glen Cove.
- **Time:** Ongoing Thursdays, 9:15 a.m.
- **Contact:** glencovelibrary.org or (516) 676-2130

JULY 11

Little Learners' Green Thumbs
Planting Fields Little Learners series continues with adventure for the little ones in this hands-on program. Kick things off by reading an exciting gardening book, learning all about the wonders of growing food. Then, get hands dirty helping to refresh the Education Center's veggie garden, giving the plants some much-needed love. Next get creative and make a gardening-inspired craft to take home. And to top it all off, you'll also get to bring home your very own plant to care for and watch grow. For ages 2-5. Registration required. \$15 per child.

JULY 13

Bring on some country
The Morgan Park Summer Music Festival continues with a high-energy evening of country hits. Enjoy Kenny & Luke's Country Beach Party, a tribute to the music of Kenny Chesney and Luke Bryan. Set against the backdrop of Glen Cove's scenic waterfront, this free, family-friendly concert invites guests to bring lawn chairs, picnic blankets, and snacks for a relaxing night under the stars. Take in the beachy, upbeat atmosphere perfect for fans of modern country music.

- **Where:** Morgan Memorial Park, Germaine St.
- **Time:** 7 p.m.

Having an event?

Items on the Calendar page are listed free of charge. The Herald welcomes listings of upcoming events, community meetings and items of public interest. All submissions should include date, time and location of the event, cost, and a contact name and phone number. Submissions can be emailed to kbloom@liherald.com.

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NEWS BRIEFS



Courtesy Reggie Spinello

Worshippers at the Church of St. Rocco adorn the statue of their patron saint with money and trinkets.

The “best feast” celebrates 50 years

The Church of St. Rocco in Glen Cove will celebrate a major milestone this summer with the 50th annual Feast of St. Rocco, honoring five decades of faith, family, food, and fun. Known across Long Island as the “Best Feast in the East,” the event will run from Thursday, July 24 through Sunday, July 27, transforming the church grounds at 18 Third Street into a lively hub of cultural celebration. What began in 1974 as a modest gathering of Italian-American parishioners looking to preserve their heritage has blossomed into one of the North Shore’s most beloved traditions. Thousands of visitors now attend each year to enjoy live music, games, raffles, carnival rides, and, most famously, a wide variety of homemade Italian food prepared by parishioners—including zeppole, cannoli, sausage and peppers, baked clams, and more.

This year’s golden anniversary hon-

ors the dedication of generations of volunteers and community members who have kept the feast going strong. A central feature of the event is the Sunday morning Mass at 10:15 a.m., followed by a traditional procession through the streets of Glen Cove with the statue of St. Rocco. Feast hours for 2025 are Thursday and Friday from 6 to 11 p.m.; Saturday from 3 to 11 p.m.; and Sunday beginning at 3 p.m., with closing expected around 9 p.m. Credit cards will be accepted in the dining room and at various booths to make purchasing easier for guests. Admission is free, and all are welcome to join in the celebration.

Organizers encourage attendees to follow the Church of St. Rocco, Glen Cove NY Facebook page for updates or changes. For more information, visit strocoglen Cove.com or call 516-676-2482.

—Roksana Amid

Cove Animal Rescue needs your help

Cove Animal Rescue in Glen Cove is calling on the community for support as the nonprofit faces growing financial pressure amid rising costs and a surge in animals needing care.

In a recent letter to supporters, Board President Janine Fakiris said the organization has always been dedicated to giving homeless and abandoned animals a second chance at life. With the help of donors, Cove Animal Rescue has provided food, medical treatment, shelter, and adoption services for countless dogs and cats over the years. But like many nonprofits, the shelter is now grappling with the economic challenges affecting families and businesses across Long Island.

“Donations are down, costs are rising, and the number of animals needing help continues to grow,” Fakiris wrote. “Simply put, we are struggling to keep up.”

The shelter emphasized that every contribution—whether \$5, \$50, or a

donation of supplies—can make a meaningful difference. Donations help cover food, veterinary care, clean bedding, and other essentials that support animals as they await forever homes.

Located at 40 Shore Road, Cove Animal Rescue is more than just a shelter. It serves as a vital resource for animals in crisis and the people who care for them. The organization encourages residents to give if they are able, saying the need is greater now than ever before.

Supporters can make secure donations online at coveanimalrescue.org or send checks by mail to Cove Animal Rescue, 40 Shore Rd., Glen Cove, NY 11542. The group can also be contacted at coveanimalrescue@gmail.com or by phone at 516-676-5913.

“Together, we can continue to be the voice and shelter for those who cannot speak for themselves,” Fakiris said.

—Roksana Amid

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1307407

Hochul pushes cell phone ban in schools

By BRIAN NORMAN & ROKSANA AMID

bnorman@liherald.com

Solidifying plans to implement the state's from arrival to dismissal school cell phone ban, Gov. Kathy Hochul met with school leaders from Nassau and Rockland counties and New York City on Long Island last week.

The new distraction-free policy that was part of the latest state budget goes into effect on Aug. 1. The law restricts cell phones on K-12 schools across New York. Several other states have bell-to-bell bans or restrictions, but New York will be the largest state to have a full ban.

Hochul said she is a firm believer that the policy will help children become more engaged and, ultimately, high-functioning adults.

"I believe that as a result of this cell phone ban, we will have young people who are finally liberated from the addictive qualities of social media and the cell-phone they never seem able to put down," Hochul said at the office of the Hicksville school district on June 24. "Across the country, 74 percent of teachers have said it is impossible to teach and connect with our young people anymore because they're competing with TikTok dance videos, and that kids aren't learning the way they used to."

In an email to the Herald, Andrew J. DiNapoli, Assistant Superintendent for Human Resources for the Glen Cove City School District said that following the recent updates issued by Hochul, the Glen Cove City School District Policy Committee convened to review the state's new requirements. He said as part of this process, the committee formed an advisory team com-



Brian Norman/Herald

Gov. Kathy Hochul visited the Hicksville school district on June 24 to talk about their plan to implement the distraction-free schools policy.

posed parents, teachers, and administrators, representing both elementary and secondary levels. He added that student input was also gathered at the secondary level to help inform the district's response to the upcoming policy changes.

"With respect to device storage, the district is working collaboratively with stakeholders in identifying practical solutions that align with state mandates and reflect the current structure and operational needs of the district," DiNapoli wrote. Regarding accountability, the district plans to implement a progressive response model, consistent with the New York State School Boards Association policy template and the recommendations of the Advisory Team.

DiNapoli added that the "progressive response model," means consequences will start with initial steps, like reminders or warnings, and will become more serious if violations continue.

"The goal is to help students understand and follow the policy while keeping the learning environment focused," he wrote.

The proposal has stirred strong reactions among Glen Cove residents, including Jeanne Sharkey Zaino, who responded to a Herald Facebook poll. "The children were allowed cell phones during 9/11 and Columbine," said Zaino, whose children were in school at the time. "If I had kids in schools I would be opposed to Hochul's plan. I can see not using (phones) during class, etc."

Some Glen Cove residents say the change is long overdue. Jon Lauter, a former New York City high school teacher, said that the impact of smartphones on student focus has been undeniable. "The barrage of instantaneous dopamine hits and the ability to find information immediately has caused students to have zero attention span and zero intellectual curiosity," Lauter said. "The last thing you want in an active-shooter situation is a bunch of kids making noise on their phones."

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JULY
10

Your Health

This Your Health edition highlights mental health—an essential yet often overlooked part of wellness—offering expert advice, local resources, and real stories to support emotional well-being and manage stress, anxiety, and depression.

JULY
10

Summer Dining

Explore the best of seasonal flavors with our Summer Dining special section—featuring local hotspots, refreshing recipes, outdoor eats, and tips for savoring summer bites.

AUG.
14

Back to School

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LEGAL NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: Suozznation Studios LLC. Articles of Organization were filed with the Secretary of State of New York, (SSNY) on 03/06/2025. NY Office location: Nassau County. SSNY has been designated as an agent of LLC upon whom process against it may be served. SSNY shall mail a copy of the process to: 2 Glen Cove Avenue UNIT 123, Glen Cove, NY 11542 Purpose: To engage in any lawful act or activity. 153730

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COUNTY OF NASSAU
KeyBank, N.A., successor by merger to First Niagara Bank, N.A., successor by merger to New Alliance Bank f/k/a The New Haven Savings Bank, Plaintiff
AGAINST
Mushtaq Qureshi, a/k/a Mushtaq A. Qureshi a/k/a Mushtaq Ahmed Qureshi; Donna Johnston, a/k/a Donna L. Johnston; et al., Defendant(s)
Pursuant to a Judgment of Foreclosure and Sale duly entered April 16, 2025, I, the undersigned Referee, will sell at public auction at the North Side Steps of the Nassau County Supreme Court at 100 Supreme Court Drive, Mineola, NY 11501 on July 28, 2025, at 2:00PM, premises known as 22 Madison Avenue, Glen Cove, NY 11542. All that certain piece or parcel of land, with the buildings and improvements thereon erected, situate, lying and being in the Town of Oyster Bay, County of Nassau, State of New York, Section: 0031 Block: 0000F-00 Lot: 00174. Approximate amount of judgment \$624,937.29 plus interest and costs. Premises will be sold subject to provisions of filed Judgment Index# 606352/2023. Foreclosure auction will be held "Rain or Shine".
Joseph Trotti, Esq., Referee
LOGS Legal Group LLP
Attorney(s) for the Plaintiff

175 Mile Crossing Boulevard
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Dated: June 5, 2025
154252

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Sealed Bids for Bid No. 2025-001 General Construction, Bid No. 2025-002 Electrical Construction, and Bid No. 2025-003 Plumbing Construction for Permanent Packed Tower Aeration Systems at Duck Pond Road Station will be received by the City of Glen Cove Purchasing Agent, located at City Hall, 9 Glen Street, Glen Cove, N.Y. 11542 until 10:00 a.m. (Local Time), on Thursday, August 14, 2025. Bids will then be publicly opened and read aloud on Thursday, August 14, 2025, at 11:00 a.m. (Local Time) in the 2nd Floor Conference Room at City Hall, 9 Glen Street, Glen Cove, N.Y. 11542
This project consists of three separate contracts for compliance with Wicks Law and generally consists of the construction of two (2) new packed tower aeration systems including two (2) new building enclosures, new piping, valves, standby generator, and all appurtenances and accessories as shown on the Drawings and specified herein. The work also includes all associated connections to the existing wells at the site, power, controls, SCADA, all wiring and devices, site paving and restoration, and other utility work as shown and called for in conformance with the Contract Documents.
Contractors shall comply with all NYS Environmental Facilities Corporation (NYS EFC), Minority/Women's Business Enterprise (M/WBE) and Service-Disabled Veteran Owned Business (SDVOB) Program requirements as well as

applicable USEPA Community Grant requirements, City, County, State and Federal Laws and Regulations.
The Contract Documents consist of Advertisement for Bids, Instructions to Bidders, Bidder's Checklist, Bid Form, Bid Bond, Statement of Surety's Intent, Agreement, Performance Bond, Payment Bond, Maintenance Bond, General Conditions, Supplementary Conditions, EFC Terms and Conditions, NYSEFC Mandatory State Financial Assistance Terms and Conditions, EPA Special Grant Requirements, Standard Title VI/Non Discrimination Assurances, State of New York Department of Labor Prevailing Wage Rate Schedule, Davis-Bacon Prevailing Wage Rates, Technical Specifications, Contract Drawings and any Addenda.
Complete digital sets of Bidding Documents, drawings and specifications, will be available on Thursday, July 3, 2025 and may be obtained online on the City of Glen Cove's BidNet page, <https://www.bidnetdire ct.com/new-york/cityofglencove>. Neither Owner nor Engineer will be responsible for full or partial sets of the Contract Documents, including Addenda if any, obtained from sources other than the issuing office. All Bidders must obtain a set of the Contract Documents and All Addenda.
A site meeting will be held by the City on Tuesday, July 15, 2025 at 10:00 a.m. (Local Time) at 105 Duck Pond Road, Glen Cove, NY 11542. Bidders shall contact and RSVP to the pre-bid meeting by emailing Yelena Quiles at purchasing@glencoven y.gov by Friday, July 11, 2025. Bidders are strongly encouraged to have an authorized representative of their firm attend this meeting.
Each Bid must be accompanied by a certified or bank cashier's check made payable to OWNER, or a Bid Bond issued by a surety licensed to conduct business in the state where the Project

is located and having a Best Rating of A- or better from A.M. Best Company and named in the current list of "Companies Holding Certificates of Authority as Sureties on Federal Bonds and as Acceptable Reinsuring Companies" as published in Circular 570 (amended) by the Financial Management Service, Surety Bond Branch, U.S. Department of the Treasury, in an amount not less than ten percent of the amount of the Bid submitted. The list may be ordered from the Government Printing Office Bookstore, 26 Federal Plaza, Room 110, New York, NY 10278, (212) 264-3825.
This project is to be funded in whole or in part using funds from the New York State Environmental Facilities Corporation (NYSEFC). All projects funded by the NYSEFC must conform to the goals stated in NYS Executive Law - Article 15-A and 17-B. The Contractor will agree to make documented "good faith efforts" to utilize a combined goal of 30% Minority Business Enterprise(s) and Women's Business Enterprise(s) for this project; and a 6% Service-Disabled Veteran Owned Business goal. Grant administration for the project is managed by the Glen Cove Community Development Agency (CDA).
All Bidders please be advised that this project may be funded entirely or at least in part from a Federal assistance agreement between EPA and the City of Glen Cove. In accordance with State, local or tribal laws and regulation as well as Federal laws and Uniform Grant Guidance (UGG) - 2 CFR Part 200, 40 CFR Part 33 and/or 40 U.S.C. Part 1101 et seq., all Bidders shall acknowledge the Federal requirements and provisions for construction contracts including, but not limited to: the Davis-Bacon Act; EPA's Disadvantaged Business Enterprise (DBE) program; Build America, Buy America (BABA) Act; and American Iron and Steel (AIS) Act. Grant administration for the project is managed by the Glen Cove Community

Development Agency (CDA).
Domestic Preference: This project is subject to the Build America, Buy America Act (BABAA) requirements under Title IX of the Infrastructure Investment and Jobs Act (IIJA), Pub.L. 117-58, §§ 70901-70953. Absent an approved waiver, all iron, steel, manufactured products, and construction materials used in this project must be produced in the United States. The following waivers apply to this Contract: 1. BABAA De Minimis, Small Grants, and Minor Component. 2. BABAA Amended SRF Design Planning Waiver
Each Bidder must complete and submit with their bid the "Iranian Investment Activities Certification" provided in the Bid Form in compliance with General Municipal Law 103-g, Iranian Energy Sector Divestment.
Each Bidder must complete and submit with their Bid the "Certification of Compliance with New York State Labor Law Section Two Hundred One-G" provided in the Bid Form regarding the implementation of a written policy addressing sexual harassment prevention in the workplace.
The Bidder to whom the OWNER proposes to award the Contract will be required to furnish performance and payment bonds and the necessary insurance certificates as prescribed in the General Conditions and the Supplementary Conditions upon the execution of the Agreement within seven (7) days of the Notice of Award.
Bidders are required to execute a non-collusive bidding certification

required by Section 103-d of the General Municipal Law of the State of New York.
The attention of Bidders is particularly called to the conditions of employment to be observed and the minimum wage rates to be paid under the contracts. Prevailing wages established under the Davis-Bacon Act will apply to this contract. The contract documents contain requirements addressing prevailing labor wage rates, labor standards, nondiscrimination in hiring practices, goals for minority and female participation, MWBE participation, and, for projects over \$2,000. Provisions under 2 CFR Part 200 will apply to the awarded contract. Bidders must submit documentary evidence of disadvantaged business enterprises, if applicable, who have been contracted and to whom commitments shall be submitted concurrently with the bid. For purposes of calculating the DBE Eligible Contract amount, it shall be the full amount of the submitted bid.
The attention of Bidders is particularly called to the requirements as to the conditions of employment to be observed and the minimum wage rates to be paid under the contracts. All Contractors and their subcontractors must be registered with the NYS Bureau of Public Work and Prevailing Wage Enforcement prior to submitting a bid and evidence of registration submitted with the bid. Bidders are required to comply with all applicable standards, orders or regulations issued pursuant to the Clean Air Act (42 U.S.C. 7401-7671q), the

Federal Water Pollution Control Act as amended (33 U.S.C. 1251- 1387), Copeland Anti-Kickback Act (40 U.S.C. 3145), Byrd Anti-Lobbying Amendment (31 U.S.C. 1352), Debarment and Suspension (Executive Orders 12549 and 12689). Bidders are also required to comply with the anti-discrimination provisions of Sections 290-301 of the Executive Law of the State of New York. The City of Glen Cove, in accordance with the provisions of Title VI of the Civil Rights Act of 1964 (78 Stat. 252, 42 U.S. C.§§ 2000d to 2000d-4) and the Regulations, hereby notifies all bidders that it will affirmatively ensure that any contract entered into pursuant to this advertisement, Minority and Women-Owned Business Enterprises (M/WBEs) will be afforded full and fair opportunity to submit bids in response to this Invitation for Bidders and will not be discriminated against on the grounds of race, color, or national origin in consideration for an award.
The OWNER reserves the right to reject any or all of the Bids received, to readvertise for Bids, to abandon the project, to waive any or all informalities in any Bid received and to accept any proposal which the OWNER decides to be for the best interest of the OWNER.
Bidders must submit questions electronically, through the BidNet platform, until 4:00pm EST on Thursday, July 24, 2025. All questions must be posted on the BidNet platform. No questions will be answered by email. The authorized contact person for this

procurement is Yelena Quiles, Purchasing Agent of the City of Glen Cove. All contact with Ms. Quiles shall be made by e-mail to purchasing@glencoven y.gov. Phone calls are not accepted. No oral requests for information, clarification or interpretation will be honored. Ms. Quiles will compile all responses which pertain specifically to this project and will post the answers to this BidNet list of registered proposers on or by Monday, August 4, 2025. The answers will also be posted on the BidNet website, <https://www.bidnetdire ct.com/new-york/Cityofglencove> as an addendum to City of Glen Cove Bid No. 2025-001, Bid No. 2025-002, and Bid No. 2025-003. The proposer shall be responsible to check the City of Glen Cove's BidNet site to check for any addenda issued for this procurement. Any addenda that is created for this procurement shall be binding and take precedence over the section of the original Bid Document which it replaces. No contact with any City or funding agency personnel regarding this project is allowed until such time as an award has been made. Contact with personnel other than Ms. Quiles is grounds for elimination from the procurement process.
CITY OF GLEN COVE
Date: June 24, 2025
By: Yelena Quiles, Purchasing Agent
154428

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OPINIONS

A tribute to Glen Cove's heroes

Glen Cove is a wonderful community to live in. We are blessed to have dedicated first responders and city workers.

Very few communities have their own police force, as we do. Glen Cove is ranked as the fourth-safest city in New York. The ladies and gentlemen of the GCPD are members of our community

as well. Like the rest of us, many of them live and work here, raising their families in Glen Cove. In addition to their law enforcement duties, they run programs in the local schools and work with our students.

Our Fire Department consists entirely of

volunteers. When a fire call goes out, these men and women leave their homes and families to save others without thought of what they may be walking into. They are selfless and courageous.

Glen Cove's Emergency Medical Service is a combination of paid EMTs and volunteers. They are skilled at what they do, and respond with precision

and compassion to every call.

Our Harbor Patrol works on the local waters, ensuring safety for all those out on the water. They respond to emergencies at all hours of the day and night.

The Glen Cove Auxiliary Police work diligently in capacities that are so necessary, directing traffic, crossing schoolchildren, working at our many special events and also keeping us safe.

One morning in May, there was a terrible fire in an apartment building. As mayor, I, along with the deputy mayor, go to fires where people are displaced from their homes.

On this particular morning, we arrived at 3:30 to see many of our various first responders all working together. It is a profound sight to see the professionalism and respect they have for one another.

When we got the call, we understood that the police were already on the scene. They entered the building, and moments later the fire trucks arrived. People were taken from the second floor safely by the firefighters, and everyone got out of the building.

On the ground, auxiliary personnel

were closing the road, and EMS experts were there, checking the other first responders' vitals and treating police and firefighters for smoke inhalation. The quiet manner in which the EMTs did their job was extraordinary. Mutual

respect was evident. Our first responders all worked seamlessly together, performing their tasks in tandem with one another.

In a community such as Glen Cove, it is the spirit of heroism that elevates us all. Those first responders know that their service extends far beyond their official duties. They are our neighbors, our friends and our protectors.

Many serve across disciplines — police officers who are also volunteer firefighters, EMTs who also serve as police officers.

As we celebrate Independence Day, we should recognize that our first responders embody the values that make America great: service before self and courage in the face of danger.

The coordination I witnessed that May morning represents the Glen Cove way. When a crisis strikes, we respond together. Police, fire, EMS, auxiliary officers and city leadership work as one unified team.

This cooperation extends beyond emergencies. Our first responders take part in community activities and safety programs that form bonds with residents.

As your mayor, I witness their commitment every day. That's why I have committed to vehicle and equipment upgrades for all of our first responders, to make sure they have the resources they need for their safety and the safety of our residents.

On this Fourth of July weekend, as we celebrate the nation's independence with our children's bike parade, barbecues and fireworks, let's also celebrate the men and women who keep us safe while we enjoy our freedoms. When you see a Glen Cove police officer, firefighter, EMT or auxiliary officer, please take a moment to thank them. Their sacrifice and service make our celebrations possible.

Glen Cove's strength lies in our people, especially those who choose to serve others. Our first responders remind us that heroism is found in ordinary people doing extraordinary things for their neighbors.

Happy Fourth of July, Glen Cove. Thank you to all who serve, and thank you to the families who support them in their noble calling.

Pamela Panzenbeck is the mayor of Glen Cove.



**PAMELA
PANZENBECK**

Our first responders embody the values that make America great.

Reading to repair our hearts and minds

How does what we read every day affect our lives?

Daily newspapers and TV news drown us with torrents of repetitive and sometimes conflicting accounts of events across America and the world. The best of them are stan- chions of democracy, and we need these dailies to offer a wide-angle lens, to see what we cannot see from our own front yards.

We need our weeklies to bring us stories about people we know in our communities, a narrower lens that focuses on local events and individuals. Weeklies are the

lifeblood of community life — the pages where our neighbors are hailed as heroes, and school athletes have their moment in the sun.

Newspapers in this country struck their roots in liberty, and until the Trump era, citizens could rely on the accounts of events they read in the paper. Today, with overt threats against freedom of the press and news outlets co-opted by political power players, we

need to double down on the demand for honest and unbiased reporting. (It's useful to note here that my column is by definition an opinion piece, my own views, not the policies of the Herald).

So we push, push for our free press against an incoming tide of political pressure. We need journalists to challenge the leaders in whom we put our faith and trust. We need the pragmatists and the idealists and the investigators to keep our newspapers relevant and alive.

From my perch, an even greater need is for more people to read books, any books, all books, nothing banned. The impulse to ban a book comes from a place of intolerance and ignorance. No one ever became gay or trans or hypersexual because they read a book on the subject. Book banning comes from a small place, fear of someone different or a way of life that doesn't conform to the majority.

Why are school libraries being thinned and censored? Why was a reference to Jackie Robinson's military service temporarily removed from the U.S. Department of State website? Apparently, part of a sweep to remove any references to diversity, equity and inclusion.

How did these values become dirty words?

These days, various media compete for our attention. Teenagers, especially, are vulnerable to the sound and light

shows coming from their phones. It's hard to curl up with a book when the phone gives you games and shocking fake news and social media to keep you jacked up. Parents who used to read to their young children are often distracted themselves by their phones and other devices.

As our political world spirals into confusion and mistrust, and as our president and his minions draw the country in and out of real and threatened violence here and overseas, where can a thinking person turn for comfort? What can help keep us grounded and hopeful as we celebrate our democracy on the Fourth of July?

Put down the phone. Pick up a book. Stand in someone else's shoes, in another time and place. Escape the political convulsions of this moment and feel buoyed by a character's life and loves; feel grounded by the universal values humans share.

I'm not sure how you become a reader of books if you never have been, but I

do know it's possible. I know folks in their adulthood who finally found the peace and the time to start reading. It's comforting, it's edifying, and the connection between reader and character can be profound.

The books I'm reading this summer fall under the banner of "repairing the world," which comes from the concept in Judaism to work toward making the world better. John Steinbeck wove the theme of repairing the world into his great novel "East of Eden," exploring the tension between free will and destiny in human experience. Gorgeous stuff.

The books on my list are "Twist," by Colum McCann, a story about a team of seamen who fix underwater internet cables around the globe; "Prophet Song," by Paul Lynch, a novel about a fight against a totalitarian takeover in Ireland; "The Return," by Hisham Matar, a man's search for his father, who was "disappeared" by the Qaddafi regime; and "Western Lane" by Chetna Maroo, a debut story of summoning strength while moving through grief.

These books explore the boundary places in our lives, the broken places, and offer visions for doing good in a fractured world.

Copyright 2025 Randi Kreiss. Randi can be reached at randik3@aol.com.



**RANDI
KREISS**

Put down the phone. Pick up a book. Stand in someone else's shoes.

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In Congress, July 4, 1776

The Declaration of Independence was first published on July 6, 1776, in a newspaper, the Pennsylvania Evening Post. We are proud to commemorate that high point in American journalism by reprinting that historic document.

When in the Course of human events, it becomes necessary for one people to dissolve the political bands which have connected them with another, and to assume among the Powers of the earth, the separate and equal station to which the Laws of Nature and of Nature’s God entitle them, a decent respect to the opinions of mankind requires that they should declare the causes which impel them to the separation.

We hold these truths to be self-evident, that all men are created equal, that they are endowed by their Creator with certain unalienable Rights, that among these are Life, Liberty and the pursuit of Happiness. That to secure these rights, Governments are instituted among Men, deriving their just powers from the consent of the governed. That whenever any Form of Government becomes destructive of these ends, it is the Right of the People to alter or to abolish it, and to institute new Government, laying its foundation on such principles and organizing its powers in such form, as to them shall seem most likely to effect their Safety and Happiness. Prudence, indeed, will dictate that governments long established should not be changed for light and transient causes; and accordingly all experience hath shown, that mankind are more disposed to suffer, while evils are sufferable, than to right themselves by abolishing the forms to which they are accustomed. But when a long train of abuses and usurpations, pursuing invariably the same Object evinces a design to reduce them under absolute Despotism, it is their right, it is their duty, to throw off such Government, and to provide new Guards for their future security. Such has been the patient sufferance of these Colonies; and such is now the necessity which constrains them to alter their former Systems of Government. The history of the present King of Great Britain is a history of repeated injuries and usurpations, all having in direct object the establishment of an absolute Tyranny over these States. To prove this, let Facts be submitted to a candid world.

He has refused his Assent to Laws, the most wholesome and necessary for the public good.

He has forbidden his Governors to pass Laws of immediate and pressing importance, unless suspended in their operation till his Assent should be obtained; and when so suspended, he has utterly neglected to attend to them.

He has refused to pass other Laws for the accommodation of large districts of people, unless those people would relinquish the right of Representation in the Legislature, a right inestimable to them and formidable to tyrants only.

He has called together legislative bodies at

places unusual, uncomfortable, and distant from the depository of their Public Records, for the sole purpose of fatiguing them into compliance with his measures.

He has dissolved Representative Houses repeatedly, for opposing with manly firmness of his invasions on the rights of the people.

He has refused for a long time, after such dissolutions, to cause others to be elected, whereby the Legislative Powers, incapable of Annihilation, have returned to the People at large for their exercise; the State remaining in the mean time exposed to all the dangers of invasion from without, and convulsions within.

He has endeavoured to prevent the population of these States; for that purpose obstructing the Laws of Naturalization of Foreigners; refusing to pass others to encourage their migrations hither, and raising the conditions of new Appropriations of Lands.

He has obstructed the Administration of Justice by refusing his Assent to Laws for establishing Judiciary Powers.

He has made Judges dependent on his Will alone, for the tenure of their offices, and the amount and payment of their salaries.

He has erected a multitude of New Offices, and sent hither swarms of Officers to harass our people, and eat out their substance.

He has kept among us, in times of peace, Standing Armies without the Consent of our legislature.

He has affected to render the Military independent of and superior to the Civil Power.

He has combined with others to subject us to a jurisdiction foreign to our constitution, and unacknowledged by our laws; giving his Assent to their acts of pretended legislation:

For quartering large bodies of armed troops among us:

For protecting them, by a mock Trial, from Punishment for any Murders which they should commit on the Inhabitants of these States:

For cutting off our Trade with all parts of the world:

For imposing taxes on us without our consent:

For depriving us in many cases, of the benefits of Trial by Jury:

For transporting us beyond Seas to be tried for pretended offences:

For abolishing the free System of English Laws in a neighbouring Province, establishing therein an Arbitrary government, and enlarging its Boundaries so as to render it at once an example and fit instrument for introducing the same absolute rule into these Colonies:

For taking away our Charters, abolishing our most valuable Laws, and altering fundamentally the forms of our Government:

For suspending our own legislature, and declaring themselves invested with Power to legislate for us in all cases whatsoever.

He has abdicated Government here, by declaring us out of his Protection and waging War against us.

He has plundered our seas, ravaged our Coasts, burnt our towns, and destroyed the lives of our people.

He is at this time transporting large armies of foreign mercenaries to compleat the works of death, desolation and tyranny, already begun with circumstances of Cruelty & perfidy scarcely paralleled in the most barbarous ages, and totally unworthy of the Head of a civilized nation.

He has constrained our fellow Citizens taken Captive on the high Seas to bear Arms against their Country, to become the executioners of their friends and Brethren, or to fall themselves by their Hands.

He has excited domestic insurrections amongst us, and has endeavoured to bring on the inhabitants of our frontiers, the merciless Indian Savages, whose known rule of warfare, is an undistinguished destruction of all ages, sexes and conditions.

In every stage of these Oppressions We have Petitioned for Redress in the most humble terms: Our repeated Petitions have been answered only by repeated injury. A prince, whose character is thus marked by every act which may define a Tyrant, is unfit to be the ruler of a free People.

Nor have We been wanting in attention to our British brethren. We have warned them from time to time of attempts by their legislature to extend an unwarrantable jurisdiction over us. We have reminded them of the circumstances of our emigration and settlement here. We have appealed to their native justice and magnanimity, and we have con-jured them by the ties of our common kindred to disavow these usurpations, which would inevitably interrupt our connections and correspondence. They too have been deaf to the voice of justice and of consanguinity. We must, therefore, acquiesce in the necessity, which denounces our Separation, and hold them, as we hold the rest of mankind, Enemies in War, in Peace Friends.

We, therefore, the representatives of the United States of America, in General Congress, Assembled, appealing to the Supreme Judge of the world for the rectitude of our intentions, do, in the Name, and by Authority of the good People of these Colonies, solemnly publish and declare, That these United Colonies are, and of Right ought to be Free and Independent States; that they are absolved from all Allegiance to the British Crown, and that all political connection between them and the state of Great Britain, is and ought to be totally dissolved; and that as Free and Independent States, they have full Power to levy War, conclude Peace, contract Alliances, establish Commerce, and to do all other Acts and Things which Independent States may of right do. And for the support of this Declaration, with a firm reliance on the Protection of Divine Providence, we mutually pledge to each other our Lives, our Fortunes and our Sacred Honor.

The Declaration was signed first by John Hancock, president of the Continental Congress, and then by 55 others representing the 13 original states.

OPINIONS

Building a fiscally responsible future in Glen Cove

Summer is here, and now is the time that Glen Covers look forward to enjoying beaches, parks and other outdoor amenities. Preserving and maintaining these and other natural assets is critical, and requires investment and fiscal discipline.

The City of Glen Cove, with its historic charm and coastal beauty, stands at a pivotal moment. After years of fiscal instability, including deficits, interfund borrowing and reliance on one-time revenues, I have been advocating for fiscal discipline through longer-term planning, minimizing tax incentives for developers and generating new revenue streams.



MARSHA SILVERMAN

As a City Council member, I implemented several new fiscal policies, and in 2023, the city achieved a “No Fiscal Stress” designation, signaling a turning point that took several years to achieve.

While improvements have been made, Glen Cove continues to rely on poor fiscal practices such as using one-shot revenues for operating expenses. Now the challenge is to build on the city’s improved status while eliminating those poor practices, thereby creating a more fiscally sound foundation for the

future.

Effective municipal finance begins with a multi-year outlook rather than year-to-year decision-making. According to the 2018 audit by the state comptroller, Glen Cove lacked a formal multi-year financial plan, relying instead on debt and interfund transfers to plug budget gaps. Even when operating surpluses occurred, they were created by selling off city property such as the waterfront property for Garvies Point — a one-shot revenue, not fiscal discipline. When economic uncertainties arise, increased fiscal discipline can and will sustain essential services without resorting to quick fixes such as selling assets or implementing water fees and other hidden “taxes” for Glen Cove taxpayers.

To create a fiscally sound foundation, we must minimize tax breaks for developers. Historically, Glen Cove has issued overly generous payment-in-lieu-of-taxes agreements to spur development. They theoretically helped fund growth, but often left the city with reduced tax revenue and without new ongoing revenue sources.

In addition, the PILOT for Garvies Point revitalization included a payment schedule based on building completion, and erroneously did not include a required timeline for construction. This

has resulted in the city and school district receiving no tax revenue from this development since 2023, and they will not receive revenue until further development is completed, which may not ever occur. Yet the city is still required to provide services for the Gravies Point buildings. This was a bad deal for Glen Cove.

The city’s “No Fiscal Stress” designation in 2023 signaled a turning point.

We should learn from this mistake and make better decisions going forward. I strongly believe that in order to encourage appropriate development with fiscal prudence, Glen Cove should 1) cap PILOT terms in order to ensure that projects return to the tax rolls within a fixed period, and 2) require developers seeking city approvals to provide community benefits such as contributions to affordable-housing requirements, infrastructure support for first responder agencies, water infrastructure, and other tangible community benefits. Reserving incentive packages for projects with measurable community benefits (such as public amenities) ensures that tax subsidies do not undermine long-term fiscal stability.

Another pillar of fiscal soundness is generating new revenue streams without burdening taxpayers. Sustaining Glen Cove’s services and infrastructure without raising taxes requires innovative approaches that draw on the city’s

existing assets, natural resources and strategic locations. By leveraging grants, partnerships and income-generating opportunities that don’t rely on resident contributions, the city can diversify its revenue in a fiscally responsible manner. Utilizing such methods will lighten the burden on property taxes while allowing the city to maintain service levels and invest in future growth.

Glen Cove’s recent “No Fiscal Stress” rating and credit upgrade mark a milestone. While it took several years of incremental improvements, it is just the beginning. Maintaining and further improving the city’s fiscal health will require making systematic choices that prioritize planning, accountability and equitable growth, including multiyear budgeting, preventing dependencies on one-shot revenues, creating new revenue streams, and limiting developer incentives to ensure that short-term gains don’t compromise long-term fiscal soundness.

Placing fiscal discipline at the center of decision-making, through disciplined implementation and transparent stewardship, the city can create opportunities for public amenities such as a community center. It can chart a path of prosperity built on solidarity, fairness and shared responsibility, without shifting the tax burden onto its residents.

Let’s stop selling Glen Cove out.

Marsha Silverman is a member of the Glen Cove City Council.

LETTERS

Mamdani’s lessons for Long Island

To the Editor:

Zohran Mamdani’s unexpected and resounding victory in the New York City Democratic mayoral primary holds some important lessons for Long Island.

But for them to be learned, it is first necessary to discard stereotypes and appraise Mamdani’s views with an open mind. Automatic negative reactions are unhelpful and unthinking. Such is the case with South Shore Democratic Congresswoman Laura Gillen’s contention that Mamdani “is too extreme to lead New York City. His entire campaign has been built on unachievable promises and higher taxes...” Gillen also detects “a disturbing pattern of unacceptable antisemitic comments” on Mamdani’s part.

If they look past the scary label of “democratic socialist,” Long Islanders may find that Mamdani bears some resemblance to ... Donald Trump! The Queens assemblyman began his long-shot campaign by soliciting the views of New York

City voters who had supported Trump in 2024. The top reason many expressed was Trump’s emphasis on affordability. And so Mamdani made that the centerpiece of his effort to forge the broadest possible electoral coalition.

“Both Donald Trump and our campaign can see the disillusionment in politics, the inability for so many to celebrate crumbs that cannot feed themselves and their families,” Mamdani told The New York Times in a post-primary interview.

The presumptive Democratic mayoral nominee offered solutions for unaffordability — a rent freeze, accelerated housing construction, reduced-price public transport, free day care — that would likely appeal to many Long Islanders. As Herald readers know, Nassau and Suffolk are becoming wildly unaffordable for middle-income families, with the result that many are moving away. Maybe suburban politicians should consider adopting versions of what Mamdani proposes. They might find future election results to be surprisingly favorable.

On the issue of antisemitism, it’s essential to acknowledge that criticism of the Israeli government’s pol-

FRAMEWORK by Tim Baker



A sandcastle contest entrant at the Town of Hempstead’s Salute to Veterans — Point Lookout

icies does not, a priori, equate with disrespect for Jews. Mamdani has in fact called Hamas’s Oct 7, 2023, murders of Jews “a horrific war crime.” And he has indeed condemned the Netanyahu government’s conduct of its war on Gaza.

It is to be hoped that Long Islanders of

good will can take advantage of the opportunity Mamdani presents for an overdue and respectful discussion of Israel’s military actions.

KEVIN J KELLEY
Atlantic Beach



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